

Revised 6/27/2016



Region 16 Combined Event Championships
Chabot College

25555 Hesperian Blvd,
Hayward, CA 94545

Saturday – July 2, 2016
Sunday – July 3, 2016

This competition is open to all Pacific Association youth athletes aged 9-18 (18-year-olds must not turn 19 before 7/31/2016) The top two (2) finishers in each division, and any other point qualified finishers, will qualify to compete in the Combined Event competition at the USATF National Junior Olympics to be held at Sacramento State, July 25-31, 2016. This event will be hosted by the Pacific Association Youth Committee.

This event will follow all 2016 USATF rules

Entry Deadline: June 29, 2016 9:00 PM PDT

Enter online at: <http://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=260226>

NO LATE ENTRIES WILL BE ACCEPTED

Meet Director:

Charlotte Sneed
pa.youthcommittee@gmail.com
925-628-0273

Registration for Region 16 Combined Events

- 2016 USATF membership required **NO EXCEPTIONS**
 - Athlete must register using full legal name (no nicknames)
 - Athlete's age must be verified on USATF website
 - To verify age email a photo quality copy of athlete's birth certificate to Heike Mansoor (heikemansoor@aol.com). Include athlete's name and USATF membership number in the subject line
- In order to register as a club team member, the club must be a 2016 USATF Pacific Association sanctioned club
- Enter through athletic.net only. **No day of meet registration**
- **Enter online at:**
<http://www.athletic.net/TrackAndField/MeetResults.aspx?Meet=260226>

Entry Fees:

Triathlon-- 9-10 Girls and Boys	\$15.00
Pentathlon-- 11-12, 13-14 Girls and Boys	\$15.00
Heptathlon-- 15-16, 17-18 Girls and Boys	\$25.00
Decathlon-- 15-16, 17-18 Girls and Boys	\$25.00

Per USATF Rule 305.2(d)

The combined events shall advance the **top two** placed individuals and **any others who meet a performance standard** at the Regional Championship. The performance standard for all events is the average of the 8th place in the last three National Junior Olympic Championships.

The host Association shall qualify a like number.

2016 Combined Event Standards:

Event	STANDARD
Triathlon – 9/10 G	988
Triathlon – 9/10 B	584
Pentathlon-11/12 G	2438
Pentathlon-11/12 B	2164
Pentathlon-13/14 G	2661
Pentathlon-13/14 B	2575
Heptathlon-15/16 G	4082
Heptathlon-17/18 W	4373
Decathlon-15/16 B	4947
Decathlon-17/18 M	5920

Except as otherwise provided, scoring shall be based on the current IAAF Scoring Tables for Combined Events.

- *Boys hurdle races shorter than 110 meters are scored from the men's 110 Meter Hurdles tables. Girls hurdle races shorter than 100 meters are scored from the women's 100 Meter Hurdles tables. Times for the 11-12 Boys' 80 Meter Hurdles shall be multiplied by 1.13 prior to entering the tables; for the 11-12 Girls' 80 Meter Hurdles, multiply by 1.07.*

USATF Region 16 Combined Events Championships

Schedule of Events

Saturday, July 2:

8:30 AM

Decathlon (100m, Long Jump, Shot Put (12 lbs), High Jump, 400m)

- Group 5 boys – 15-16 years old
- Group 6 boys – 17-18 years old

9:00 AM

Heptathlon (100m Hurdles, High Jump, Shot Put (4k), 200m)

- Group 5 girls – 15-16 years old
- Group 6 girls – 17-18 years old

9:15 AM

Pentathlon (100m Hurdles, Shot Put(6-lbs), High Jump, Long Jump, 800m-girls/1500m-boys)

- Group 4 boys—13-14 years old
- Group 4 girls—13-14 years old

10:00 AM

Pentathlon (80m Hurdles, Shot Put(6lb-B/4K-G) , High Jump, Long Jump, 800m-girls/1500m-boys)

- Group 3 girls– 11-12 years old
- Group 3 boys—11-12 years old

Sunday, July 3:

8:30 AM

Decathlon (110m Hurdles, Discus Throw (1.6k), Pole Vault, Javelin Throw (800g), 1500m)

- Group 5 boys – 15-16 years old
- Group 6 boys – 17-18 years old

9:00 AM

Heptathlon (Long Jump, Javelin Throw (600g), 800m)

- Group 5 girls – 15-16 years old
- Group 6 girls – 17-18 years old

9:00 AM

Triathlon (Shot Put (6 lbs), High Jump, 400m-boys/200m girls)

- Group 2 girls-- 9-10 years old

10:00 AM

- Group 2 boys-- 9-10 years old