

PAUSATF Masters Championships
 San Mateo College, San Mateo, CA - 6/5/2016

Men's 100 Meters (Open)

Final

PL Athlete	Team	Final	Pts	Division
1 Mullin, Joshua	Unattached	11.72		Open

Men's 100 Meters (30-34)

Final

PL Athlete	Team	Final	Pts	Division
1 Sugiura, Akihiko	Unattached	12.04	10	30-34

Men's 100 Meters (35-39)

Final

PL Athlete	Team	Final	Pts	Division
1 Sullivan, Michael	Unattached	12.16	10	35-39

Men's 100 Meters (40-44)

Final

PL Athlete	Team	Final	Pts	Division
1 Phan, Derick	Unattached	12.73	10	40-44

Men's 100 Meters (45-49)

Final

PL Athlete	Team	Final	Pts	Division
1 Spiller, Matthew	Unattached	13.57	10	45-49

Men's 100 Meters (50-54)

Final

PL Athlete	Team	Final	Pts	Division
1 Holland, Doug	Unattached	12.93	10	50-54
2 Crippen, Rand	Unattached	13.89	8	50-54
3 Shell, Bradley	Unattached	14.33	6	50-54
4 Manzano, Larry	Unattached	14.68	5	50-54
5 Ols, Joseph	Unattached	14.76	4	50-54

Men's 100 Meters (55-59)

Final

PL Athlete	Team	Final	Pts	Division
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PL Athlete	Team	Final	Pts	Division	
HPL					
1	Benasley, Anthony	Unattached	12.14	10 55-59	
1	2	Kibort, Mark	Unattached	12.27	8 55-59
1	3	Duhon, BJ	Unattached	13.23	6 55-59
2	4	Marcisz, Zdzislaw	Unattached	13.35	5 55-59
3	5	McDaniels, Robert	MacCanDo Tenderloin	14.08	4 55-59
4					

Men's 100 Meters (60-64)
Final

PL Athlete	Team	Final	Pts	Division	
HPL					
1	Torie, Phillip	Unattached	12.90	10 60-64	
1	2	Kupriyanov, Aleksand	Unattached	14.51	8 60-64
1					

Men's 100 Meters (65-69)
Final

PL Athlete	Team	Final	Pts	Division	
HPL					
1	Christensen Mr, Kevi	U.S. Marine Corps	15.61	10 65-69	
2	2	Bell, Robert	Unattached	17.55	8 65-69
3					

Men's 100 Meters (70-74)
Final

PL Athlete	Team	Final	Pts	Division
HPL				
1	Squires, Jack	Unattached	15.23	10 70-74
2	Owyong, Cliff	Unattached	16.87	8 70-74

Men's 100 Meters (75-79)
Final

PL Athlete	Team	Final	Pts	Division
HPL				

1	Davis, Steven	Unattached	15.44	10	75-79
2	Rowan, Terry	Empire Runners Club	16.00	8	75-79

Men's 100 Meters (80-84)

Final

PL	Athlete	Team	Final	Pts	Division
1	Dodson, Bill	West Valley Joggers	18.12	10	80-84
2	Tuck, Carl	West Valley Joggers	21.43	8	80-84

Men's 200 Meters (30-34)

Final

PL	Athlete	Team	Final	Pts	Division
1	Sugiura, Akihiko	Unattached	25.06	10	30-34

Men's 200 Meters (35-39)

Final

PL	Athlete	Team	Final	Pts	Division
1	Yakoushkin, Dimitry	Unattached	23.80	10	35-39
2	Sullivan, Michael	Unattached	25.29	8	35-39

Men's 200 Meters (40-44)

Final

PL	Athlete	Team	Final	Pts	Division
1	Veale, Ivory	Unattached	24.67	10	40-44
2	Hoffer, Michael	Unattached	24.85	8	40-44

Men's 200 Meters (45-49)

Final

PL	Athlete	Team	Final	Pts	Division
1	Spiller, Matthew	Unattached	27.77	10	45-49

Men's 200 Meters (50-54)

Final

PL	Athlete	Team	Final	Pts	Division
1	Murrey, Paul	Unattached	23.92	10	50-54
2	Scharf, David	Tamalpa Runners, Inc	27.08	8	50-54
3	Crippen, Rand	Unattached	29.24	6	50-54
4	Ols, Joseph	Unattached	30.05	5	50-54

Men's 200 Meters (55-59)
Final

PL Athlete	Team	Final	Pts	Division
1 Kibort, Mark	Unattached	25.21	10	55-59
2 Cottong, Brent	Houston Elite	26.81	8	55-59
3 Marcisz, Zdzislaw	Unattached	27.57	6	55-59

Men's 200 Meters (60-64)
Final

PL Athlete	Team	Final	Pts	Division
1 Booze, James	Unattached	28.48	10	60-64
2 Mcnamee, John	SC Striders Track Cl	28.57	8	60-64
3 Kohls, David	Unattached	29.86	6	60-64

Men's 200 Meters (65-69)
Final

PL Athlete	Team	Final	Pts	Division
1 Goodwin, Christopher	San Francisco Track	31.32	10	65-69
2 Harmon, Richard	Unattached	35.88	8	65-69

Men's 200 Meters (70-74)
Final

PL Athlete	Team	Final	Pts	Division
1 Squires, Jack	Unattached	33.62	10	70-74
2 Duffy, Dennis	SC Striders Track Cl	34.64	8	70-74
3 Picker, Robert	Unattached	37.25	6	70-74

Men's 200 Meters (80-84)
Final

PL Athlete	Team	Final	Pts	Division
1 Eklund, James	Unattached	37.88		80-84

Men's 400 Meters (35-39)
Final

PL Athlete	Team	Final	Pts	Division
1 Williams, D'marcus	Unattached	52.25	10	35-39
2 Lanier, Warren	Unattached	1:07.16	8	35-39

Men's 400 Meters (40-44)
Final

PL Athlete	Team	Final	Pts	Division
1 Schaefer, Josh	San Francisco Track	58.93	10	40-44
2 Fry, Chris	Unattached	1:02.79	8	40-44

Men's 400 Meters (50-54)
Final

PL Athlete	Team	Final	Pts	Division
1 Ols, Joseph	Unattached	1:09.37	10	50-54
2 Manzano, Larry	Unattached	1:17.68	8	50-54

Men's 400 Meters (55-59)
Final

PL Athlete	Team	Final	Pts	Division
1 Cottong, Brent	Houston Elite	1:00.48	10	55-59

Men's 400 Meters (65-69)
Final

PL Athlete	Team	Final	Pts	Division
1 Goodwin, Christopher	San Francisco Track	1:06.93	10	65-69

Men's 400 Meters (70-74)
Final

PL Athlete	Team	Final	Pts	Division
1 Duffy, Dennis	SC Striders Track Cl	1:17.99	10	70-74
2 Picker, Robert	Unattached	1:22.14	8	70-74
3 Mathies, Drue	Trkac Racing Team	1:27.61	6	70-74

Men's 400 Meters (80-84)
Final

PL Athlete	Team	Final	Pts	Division
1 Eklund, James	Unattached	1:21.27	10	80-84
2 Dodson, Bill	West Valley Joggers	1:25.99	8	80-84

Men's 800 Meters (40-44)
Final

PL Athlete	Team	Final	Pts	Division
1 Fry, Chris	Unattached	2:29.29		40-44

Men's 800 Meters (45-49)
Final

PL Athlete	Team	Final	Pts	Division
1 Knorz, Christopher	River City Rebels	2:10.89	10	45-49
2 Downie, Kevin	Strawberry Canyon Tr	2:17.90	8	45-49

Men's 800 Meters (50-54)
Final

PL Athlete	Team	Final	Pts	Division
1 White, David	Empire Runners Club	2:13.86	10	50-54
2 Kawano, Koji	San Francisco Track	2:16.81	8	50-54
3 Mann, Jeff	Strawberry Canyon Tr	2:19.56	6	50-54

Men's 800 Meters (60-64)
Final

PL Athlete	Team	Final	Pts	Division
1 Gerbrechtsmeier, Joe	Unattached	2:31.29	10	60-64
2 Tjogas, Paul	Unattached	2:41.87	8	60-64

Men's 800 Meters (65-69)
Final

PL Athlete	Team	Final	Pts	Division
1 Goodwin, Christopher	San Francisco Track	2:56.30	10	65-69
2 Brusher, William	Strawberry Canyon Tr	3:09.72	8	65-69

Men's 800 Meters (70-74)
Final

PL Athlete	Team	Final	Pts	Division
1 Lawson, Charles	Unattached	2:32.52	10	70-74
2 Utterback, Arnold	Buffalo Chips Runnin	3:04.29	8	70-74
3 Mathies, Drue	Trkac Racing Team	3:14.33	6	70-74
4 Lewitz, Joel	Unattached	4:04.37	5	70-74

Men's 1500 Meters (35-39)
Final

PL Athlete	Team	Final	Pts	Division
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  1 Sullivan, Michael      Unattached          6:50.27      10 35-39
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Men's 1500 Meters (40-44)
Final

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  PL Athlete              Team                Final        Pts Division
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  1 Devey, Neville        Unattached          4:00.70      10 40-44
  2 Selby, Jason          Empire Runners Club 4:34.63      8 40-44
  3 Schaefer, Josh        San Francisco Track 4:39.52      6 40-44
  4 Higareda, Sergio      Trkac Racing Team   4:46.55      5 40-44
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Men's 1500 Meters (45-49)
Final

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  PL Athlete              Team                Final        Pts Division
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  1 Knorzer, Christopher  River City Rebels   4:31.46      10 45-49
  2 Downie, Kevin         Strawberry Canyon Tr 4:36.15      8 45-49
  3 Lee, John              2ndWind Athletics  4:44.93      6 45-49
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Men's 1500 Meters (50-54)
Final

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  PL Athlete              Team                Final        Pts Division
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  1 White, David          Empire Runners Club 4:28.79      10 50-54
  2 Mann, Jeff            Strawberry Canyon Tr 4:41.66      8 50-54
  3 Kawano, Koji          San Francisco Track 4:52.09      6 50-54
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Men's 1500 Meters (55-59)
Final

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  PL Athlete              Team                Final        Pts Division
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  1 Kirk, Jeffrey         Santa Cruz Track Clu 4:59.80      10 55-59
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Men's 1500 Meters (60-64)
Final

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=====
  PL Athlete              Team                Final        Pts Division
=====
  1 Tjogas, Paul          Unattached          5:43.42      10 60-64
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Men's 1500 Meters (65-69)
Final

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  PL Athlete              Team                Final        Pts Division
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  1 Beckert, Arthur       Tamalpa Runners, Inc 5:32.95      10 65-69
  2 Buzbee, Michael       Unattached          5:59.41      8 65-69
  3 Brusher, William      Strawberry Canyon Tr 6:20.68      6 65-69
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Men's 1500 Meters (70-74)

Final

PL Athlete	Team	Final	Pts	Division
1 Utterback, Arnold	Buffalo Chips Runnin	6:17.13	10	70-74
2 Mathies, Drue	Trkac Racing Team	6:33.29	8	70-74
3 Lewitz, Joel	Unattached	8:29.18	6	70-74

Men's 1500 Meters (80-84)

Final

PL Athlete	Team	Final	Pts	Division
1 Eklund, James	Unattached	8:29.18	10	80-84

Men's 5000 Meters (65-69)

Final

PL Athlete	Team	Final	Pts	Division
1 Buzbee, Michael	Unattached	22:27.53	10	65-69

Men's 5000 Meters (70-74)

Final

PL Athlete	Team	Final	Pts	Division
1 Mathies, Drue	Trkac Racing Team	24:33.91	10	70-74

Men's 5000 Meters (75-79)

Final

PL Athlete	Team	Final	Pts	Division
1 Grosas, Ronald	Unattached	27:45.37	10	75-79

Men's 100m Hurdle (50-54)

Final

Wind: 1.6

PL Athlete	Team	Final	Pts	Division
1 Shell, Bradley	Unattached	19.25	10	50-54
2 Ols, Joseph	Unattached	20.59	8	50-54

Men's 100m Hurdle (55-59)

Final

PL Athlete	Team	Final	Pts	Division
1 Duhon, BJ	Unattached	15.59	10	55-59
2 Conley, Brian	Unattached	16.29	8	55-59
3 McDaniels, Robert	MacCanDo Tenderloin	17.34	6	55-59
4 Marcisz, Zdzislaw	Unattached	21.34	5	55-59

Men's 100m Hurdle (65-69)

Final

Wind: 1.6

PL Athlete	Team	Final	Pts	Division
1 Baskauskas, Edward	Unattached	20.68	10	65-69
2 Harmon, Richard	Unattached	23.58	8	65-69

Men's 110m Hurdle (35-39)

Final

Wind: 1.6

PL Athlete	Team	Final	Pts	Division
1 Yakoushkin, Dimitry	Unattached	17.22	10	35-39

Men's 110m Hurdle (45-49)

Final

PL Athlete	Team	Final	Pts	Division
1 Spiller, Matthew	Unattached	25.42	10	45-49

Men's 300m Hurdle (60-64)

Final

PL Athlete	Team	Final	Pts	Division
1 Mcnamee, John	SC Striders Track Cl	51.67	10	60-64
2 Larsen, Bob	SC Striders Track Cl	55.79	8	60-64

Men's 400m Hurdle (35-39)

Final

PL Athlete	Team	Final	Pts	Division
1 Bundy, Andrew	San Francisco Track	1:12.30	10	35-39

Men's 1500m Walk (55-59)

Final

PL Athlete	Team	Final	Pts	Division
1 DeMeester, Paul	Unattached	7:53.92	10	55-59

Men's 4 x 400m Relay (60-69)

Final

PL Team	Sq	Final	Pts	Division
1 No Team	A	5:50.57		

Women's 100 Meters (30-34)

Final

PL Athlete	Team	Final	Pts	Division
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1	Rombach Rau, Laura	Unattached	12.28	10	30-34
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Women's 100 Meters (35-39)
Final

PL	Athlete	Team	Final	Pts	Division
1	Mason, Pam	Unattached	15.54	10	35-39
2	Balasubramanyam, Aar	Unattached	16.35	8	35-39

Women's 100 Meters (45-49)
Final

PL	Athlete	Team	Final	Pts	Division
1	Hussain, Aseam	Unattached	17.97	10	45-49

Women's 100 Meters (55-59)
Final

PL	Athlete	Team	Final	Pts	Division
1	Upshaw, Joy	Unattached	13.41	10	55-59
2	Belfield, Suzan	Unattached	15.49	8	55-59
3	Hayashi, Yuko	MacCanDo Tenderloin	17.60	6	55-59

Women's 200 Meters (55-59)
Final

PL	Athlete	Team	Final	Pts	Division
1	Upshaw, Joy	Unattached	28.42	10	55-59
2	Belfield, Suzan	Unattached	32.68	8	55-59

Women's 400 Meters (Open)
Final

PL	Athlete	Team	Final	Pts	Division
1	McGregor, Anna	Unattached	1:00.15	10	Open

Women's 800 Meters (45-49)
Final

PL	Athlete	Team	Final	Pts	Division
1	Laub, Amy	Wolfpack Running Clu	2:58.58	10	45-49

Women's 800 Meters (50-54)
Final

PL	Athlete	Team	Final	Pts	Division
1	Johnson, Gabrielle	Joy's Jack Rabbits T	2:50.76	10	50-54

2 Peras, Livia Santa Cruz Track Clu 3:03.89 8 50-54

Women's 800 Meters (55-59)

Final

PL Athlete	Team	Final	Pts	Division
1 Brennan Erler, Eilee	Unattached	2:43.83	10	55-59

Women's 800 Meters (60-64)

Final

PL Athlete	Team	Final	Pts	Division
1 Miller-Robinett, Jil	Impala Racing Team	3:06.41	10	60-64

Women's 1500 Meters (45-49)

Final

PL Athlete	Team	Final	Pts	Division
1 Heung, Angela	Trkac Racing Team	7:15.61	10	45-49

Women's 1500 Meters (50-54)

Final

PL Athlete	Team	Final	Pts	Division
1 Kern, Michelle	Unattached	5:35.75	10	50-54

Women's 1500 Meters (55-59)

Final

PL Athlete	Team	Final	Pts	Division
1 Brennan Erler, Eilee	Unattached	5:30.12	10	55-59

Women's 1500 Meters (60-64)

Final

PL Athlete	Team	Final	Pts	Division
1 Miller-Robinett, Jil	Impala Racing Team	6:06.67	10	60-64

Women's 5000 Meters (45-49)

Final

PL Athlete	Team	Final	Pts	Division
1 Heung, Angela	Trkac Racing Team	27:43.23	10	45-49

Women's 5000 Meters (55-59)

Final

PL Athlete	Team	Final	Pts	Division
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PL Athlete	Team	Final	Pts	Division
1 Mims, Inka	Unattached	23:25.17	10	55-59

Women's 80m Hurdle (55-59)

Final Wind: 1.6

PL Athlete	Team	Final	Pts	Division
1 Upshaw, Joy	Unattached	13.20	10	55-59

Women's 100m Hurdle (Open)

Final

PL Athlete	Team	Final	Pts	Division
1 McPhee, Hanna	Unattached	16.88	10	Open

Women's 300m Hurdle (55-59)

Final

PL Athlete	Team	Final	Pts	Division
1 Upshaw, Joy	Unattached	51.15	10	55-59

Women's Long Jump

1. Rombauch-Rau, Laura - 5.79 (Open) 10
2. McPhee, Hanna - 4.56 (Open) 8

1. Caudle, Charlene - 3.04 (50-54) 10

1. Upshaw, Joy - 4.65 (55-59) 10

Hammer Throw

1. McKee, Meagan - 60.89 (Open) 10
2. Haapanen, Amy - 61.62 (Open) 8

1. DiContreras, Kathy - 30.60 (50-54) 10

1. Feenan, Geraldine - 23.39 (55-59) 10

1. Patterson, Linda - 24.23 (60-64) 10

1. Pappia, Elsbeth - 22.58 (75-79) 10

Weight Throw

1. Contreras, Kathy - 11.01 (50-54)
10

1. Feenan, Geraldine - 8.69 (55-59) 10

1. Patterson, Linda - 9.34 (60-64)
10

1. Padia, Elsbeth - 7.58 (75-79) 10

Discus

1. Summers, Jere' - 57.60 (Open) 10

2. McPhee, Hanna - 19.63 (Open) 8

1. Contreras, Kathleen - 18.87 (50-54)10

1. Swanson, Michele - 18.30 (55-59) 10

2. Feenan, Geraldine - 17.22 (55-59)
8

1. Patterson, Linda - 18.33 (60-64) 10

2. Duley, Cathy - 11.84 (60-64) 8

1. Slouber, Kathy - 19.27 (65-69) 10

1. Padia, Elsbeth - 19.46 (75-79)
10

Shot Put

1. McPhee, H. - 7.63 (Open) 10

1. Nickolopolous, J. - 8.40 (35-39) 10

2. Mason, P. - 7.28 (35-39) 8

1. Clausen de Contreras, K. - 8.52 (50-54) 10

2. Johnson, G. - 7.71 (50-54) 8

1. Feenan, G. - 7.83 (55-59) 10

2. Swanson, M. - 5.97 (55-59) 8

1. Patterson, L. - 7.76 (60-64) 10

2. Duley, C. - 5.06 (60-64) 8

1. Slouber, K. - 7.28 (65-69) 10

1. Padia, E. - 8.41 (75-79) 10

Javelin

1. Nickolopolous, Jody - 15.62 (35-39) 10

1. DiContreras, Kathy - 17.67 (50-54) 10

1. Feenan, Geraldine - 13.20 (55-59) 10

1. Patterson, Linda - 19.21 (60-64) 10

1. Duley, Cathy - 8.92 (65-69) 10

1. Padia, Elsbeth - 22.02 (75-79) 10

Triple Jump

1. Mason, Pamela - 8.91 - (35-39)

10

1. Caudie, Charlene - 6.58 - (50-54) 10

Super Weight

1. Contreras, Kathy - 6m.72 - (50-54) 10

1. Feenan, Geraldine - 4m.61 - (55-59)
10

1. Patterson, Linda - 6m.03 - (60-64) 10

High Jump

1. Rombachrau, Laura - 1.55 (30-34) 10

Pole Vault

1. Li, Vivian - 2.45 (Open)

Men's

Long Jump

1. Tran, Andrew - 6.16 (Open)
10

1. Sullivan, Mike - 6.28 (35-39) 10
2. Bundy, Andrew - 5.13 (35-39)
8

1. Hoffer, Michael - 6.22 (40-44) 10

1. Holland, Doug - 4.85 (50-54) 10

2. Shell, Brad - 4.62 (50-54) 8

3. Crippen, Rand - 4.28 (50-54) 6

4. Manzano, Larry - 3.68 (50-54) 5

5. Ols, Joseph - 3.64 (50-54) 4

1. Heinze, Michael - 4.68 (55-59) 10

2. Bibby, Doug - 3.49 (55-59) 8

1. Kohls, David - 4.27 (60-64)
10

2. Putnam, Randy - 3.38 (60-64) 8

1. Harmon, Richard - 3.76 (65-69) 10

2. Bell, Robert - 2.95 (65-69) 8

Hammer Throw

1. Boffaloe, Bryce - 59.94 (Open) 10

1. Noyes, Jerry - 51.92 (50-54) 10

2. Carpenter, Jeff - 42.92 (50-54) 8

3. Beach, Ron - 36.93 (50-54) 6

4. Dibley, David - 35.21 (50-54) 5

5. Rosati, Paul - 34.05 (50-54) 4

6. Ols, Joseph - 25.43 (50-54) 3

7. Boyd, James - 24.94 (50-54) 2

1. Venning, Mike - 45.25 (55-59) 10

2. Patterson Jr., George - 36.15 (55-59) 8

3. Munsky, Larry - 32.33 (55-59) 6

4. McKee, Ron - 31.30 (55-59) 5

1. Schmidt, Gary - 40.02 (60-64) 10

1. Konen, Hank - 45.81 (65-69) 10

2. John, Gary - 39.09 (65-69) 8

1. Rheams, Larry - 38.54 (70-74) 10

2. Wuest, Gary - 30.49 (70-74) 6

1. Burke, Ed - 47.42 (75-79) 10

2. Patterson Sr., George - 25.26 (75-79) 8

3. Sanchez, Roberto - 25.25 (75-79) 6

4. Burns, John - 24.79 (75-79) 5

1. Dawson, Gary - 17.36 (80-84)
10

Weight Throw

1. Carpenter, Jeff - 16.77 (50-54) 10
2. Noyes, Ed - 15.67 (50-54) 8
3. Rosati, Paul - 14.54 (50-54) 6
4. Beach, Ron - 13.69 (50-54) 5
5. Dibley, David - 12.48 (50-54) 4
6. Boyd, James - 9.74 (50-54) 3
7. Ols, Joseph - 9.38 (50-54) 2

1. Patterson Jr., George - 12.84 (55-59) 10
2. Munski, Larry - 11.42 (55-59)
8

1. Schmidt, Gary - 14.39 (60-64)
10

1. Konen, Hank - 17.56 (65-69)
10
2. John, Gary - 14.14 (65-69) 8

1. Rheams, Larry - 14.76 (70-74) 10
2. Wuest, Gary - 11.96 (70-74) 8

1. Burns, John - 11.08 (75-79) 10
2. Patterson Sr., George - 9.41 (75-79) 8

1. Dawson, Greg - 8.73 (80-84) 10

Discus

1. Endler, Dave - 46.01 (30-34) 10

1. Yakoushkin, Dimitry - 34.84 (35-39) 10
2. Boyd, Cory - 30.14 (35-39) 8

3. Sullivan, Mike - 29.58 (35-39)	6
4. Lander, Warren - 24.94 (35-39)	5
1. Hoffer, Michael - 38.20 (40-49)	10
1. Miranda, John - 37.16 (45-49)	10
1. Rosati, Paul - 42.56 (50-54)	10
2. Shell, Brad - 35.58 (50-54)	8
3. Dibley, David - 34.54 (50-54)	6
4. Garvey, John - 31.16 (50-54)	5
5. Ols, Joseph - 28.68 (50-54)	4
6. Boyd, James - 23.11 (50-54)	3
1. Peterson, Tom - 38.80 (55-59)	10
2. Chappell, Scott - 38.28 (55-59)	8
3. Endler, Scott - 37.86 (55-59)	6
4. Patterson Jr., George - 35.27 (55-59)	5
5. Munski, Larry - 32.87 (55-59)	4
6. Bibby, Doug - 32.34 (55-59)	3
1. Schmidt, Gary - 38.89 (60-64)	10
2. Lloyd, Dan - 35.73 (60-64)	8
3. Crider, Lonnie - 31.30 (60-64)	6
1. Prnjak, Gerald - 42.75 (65-69)	10
2. Konen, Hank - 39.81 (65-69)	8
3. Bell, Robert - 24.62 (65-69)	6
4. Harmon, Richard - 24.36 (65-69)	5

1. Wuest, Gary - 33.57 (70-74) 10

2. Rheams, Larry - 29.96 (70-74) 8

1. Burke, Ed - 32.74 (75-79) 10

2. Burns, John - 29.32 (75-79) 8

3. Sanchez, Roberto - 25.20 (75-79) 6

1. Dawson, Gary - 13.28 (80-84) 10

1. Reed, Ian - 26.91 (85-89) 10

Shot Put

1. Boyd, C. - 10.77 (35-39)

1. Harrison, R. - 14.52 (45-49) 10

2. Miranda, J. - 10.84 (45-49) 8

1. Rosati, P. - 14.15 (50-54) 10

2. Shell, B. - 11.82 (50-54)

8

3. Dibley, D. - 10.94 (50-54) 6

4. Garvey, J. - 9.84 (50-54) 5

5. Ols, J. - 9.20 (50-54) 4

6. Boyd, J. - 6.44 (50-54) 3

1. Peterson, T. - 13.02 (55-59) 10

2. Patterson, G. - 11.36 (55-59) 8

3. Marcisz, Z. - 11.29 (55-59) 6

4. Munski, L. - 11.21 (55-59)	5
5. Bibby, D. - 9.97 (55-59)	4
6. McKee, R. - 9.49 (55-59)	3
1. Lloyd - 13.17 (60-64)	10
2. Schmidt, G. - 11.91 (60-64)	8
3. Crider, L. - 9.06 (60-64)	6

1. Bell, R. - 7.98 (65-69)	10
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1. Wuest, G. - 11.76 (70-74)	10
2. Rheams, L. - 11.46 (70-74)	8

1. Burke, E. - 11.59 (75-79)	10
2. Burns, J. - 9.39 (75-79)	8
3. Sanchez, R. - 7.79 (75-79)	6

Javelin

1. Lopez, Brian - 53.72 (30-34)	10
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1. Yakoushkin, Dimitry - 43.56 (35-39)	10
2. Sullivan, Mike - 35.95 (35-39)	8

1. Hoffer, Michael - 51.18 (40-44)	10
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1. Dibley, David - 38.98 (50-54)	10
2. Shell, Brad - 34.78 (50-54)	8
3. Rosati, Dave - 34.74 (50-54)	6
4. Boyd, James - 27.61 (50-54)	5
5. Ols, Joseph - 26.86 (50-54)	4
6. Manzano, Larry - 24.06 (50-54)	3

1. Cottong, Brent - 34.30 (55-59) 10
2. Patterson Jr., George - 34.06 (55-59) 8
3. Bibby, Douglas - 25.70 (55-59) 6
4. Munski, Larry - 18.67 (55-59) 5

1. Christensen, Kevin - 33.67 (60-64) 10
2. Schmidt, Gary - 32.63 (60-64) 8
3. Kohls, David - 31.34 (60-64) 6
4. Crider, Lonnie - 28.36 (60-64) 5
5. Putnam, Randy - 26.80 (60-64) 4

1. Harmon, Richard - 28.13 (65-69) 10
2. Baskauskas, Ed - 27.91 (65-69) 8
3. Bell, Robert - 21.44 (65-69) 6

1. Wuest, Gary - 32.49 (70-74) 10
2. Rheams, Larry - 26.59 (70-74) 8

1. Burns, John - 30.83 (75-79) 10
2. Burke, Ed - 25.70 (75-79) 8

Triple Jump

1. Tran, Andrew - 13.43 - (Open) 10

1. Sullivan, Michael - 7.22 - (35-39) 10

1. Crippen, Rand - 10.19 - (50-54) 10
2. Shell, Brad - 9.66 - (50-54) 8
3. Ols, Joseph - 7.66 - (50-54) 6
4. Manzano, Larry - 7.22 - (50-54) 5

1. Putnam, Randal - 7.21 - (60-64) 10

Super Weight

1. Noyes, Ed - 7m.56 - (50-54)	10
2. Ols, Joseph - 4m.34 - (50-54)	8
1. Schmidt, Gary - 7m.21 - (60-64)	10
1. John, Gary - 7m.22 - (65-69)	10
1. Wuest, Gary - 5m.76 - (70-74)	10
1. Patterson, Sr - 4m.93 - (75-79)	10
2. Burns, John - 4m.92 - (75-79)	8
1. Dawson, Gary - 3m.94 - (80-84)	10

High Jump

1. Yakoushkin, Dimitry - 1.70 - (35-39)	10
2. Bundy, Andrew - 1.60 - (35-39)	8
1. Parks, Terry - 1.65 - (50-54)	10
2. Crippen, Rand - 1.60 - (50-54)	8
3. Hanson, Richard - 1.60 - (50-54)	6
4. Shell, Bradley - 1.50 - (50-54)	5
5. Ols, Joseph - 1.35 - (50-54)	4
1. Bibby, Douglas - 1.35 (55-59)	10
1. Larsen, Bob - 1.25 - (60-64)	10
2. Putnam, Randal - 1.20 - (60-64)	8
3. Christensen, Kevin - 1.15 - (60-64)	6
1. Harmon, Richard - 1.30 - (65-69)	10
2. Baskauskas, Edward - 1.25 - (65-69)	8
3. Bell, Robert - 1.15 - (65-69)	6

1. Squires, Jack - 1.30 - (70-74) 10

1. Burns, John - 1.15 - (75-79) 10

2. Lloyd, Daniel - 1.10 - (60-64) 8

Pole Vault

1. Irizarry, Edwin - 3.95 (Open)
10

1. Rau, Josh - 4.10 - (30-34)

1. Yakoushrin, Dmitry - 3.50 (35-39) 10

2. Kwon, Daniel - 3.65 (35-39) 8

1. Hans, Ponpen - 3.95 (45-49)
10

2. Summers, Doug - 2.75 (45-49) 8

1. Hans, Florine - 3.65 (50-54) 10

2. Shell, Brad - 2.45 (50-54) 8

3. Ols, Joseph - 2.15 (50-54) 6

1. Stoll, John - 3.65 (55-59) 10

1. Bell, Robert - 2.15 (65-69) 10

Decathlon

1. Shell, Bradley (50-54) - 3214 10

- 14.33 (100m)

- 4.62 (LJ)

- 11.82 (SP)

- 1.50 (HJ)

- DNF (400m)

- 19.25 (100 H)

- 35.58 (DT)

- 2.45 (PV)

- 34.78 (JT)

- DNF (1500m)

2. Ols, Joseph (50-54) - 2389 8

- 14.76 (100m)

- 3.64 (LJ)

- 9.01 (SP)

- 1.35 (HJ)

- 1:09.37 (400m)
- 20.59 (100 H)
- 25.61 (DT)
- 2.15 (PV)
- 22.36 (JT)
- 7:06.84 (1500m)

1. Bell, Robert (65-69) - DQ

- 17.55 (100m)
- 2.95 (LJ)
- 7.98 (SP)
- 1.15 (HJ)
- 1:40.44 (400m)
- DNS (100 H)
- 24.62 (DT)
- 2.15 (PV)
- 21.44 (JT)
- 8:08.07 (1500m)

Pentathlon

1. Hoffer, Michael (40-44) - DQ 10

- 6.22 (LJ)
- 51.18 (JT)
- 24.85 (200m)
- 38.20 (DT)
- DNS (1500m)

1. Ols, Joseph (50-54) - 1029 10

- 3.64 (LJ)
- 22.36 (JT)
- 30.05 (200m)
- 25.61 (DT)
- 7:06.84 (1500m)

1. Kohls, David (60-64) - DQ

- 4.27 (LJ)
- 31.34 (JT)
- 29.86 (200m)
- DNS (DT)
- DNS (1500m)

1. Harmon, Richard (65-69) - 797 10

- 3.76 (LJ)
- 28.13 (JT)
- 35.88 (200m)
- 23.29 (DT)
- DNF (1500m)

Throws Pentathlon

Men's

Name (age division) HT - SP - DT - JT - WT = TOTAL

1. Paul Rosati (50 - 54) 34.05 - 14.06 - 41.69 - 31.63 - 14.54 = 3290
10
2. David Dibley (50 - 54) 35.21 - 10.59 - 32.05 - 36.70 - 12.43 = 2828
8
3. Joseph Ols (50 - 54) 25.43 - 9.01 - 25.61 - 22.36 - 9.13 = 1952
6

1. George Patterson Jr. (55 - 59) 36.15 - 11.00 - 34.34 - 31.69 - 12.55 = 3147
10

1. Gary Schmidt (60 - 64) 40.02 - 11.79 - 38.88 - 32.63 - 14.25 = 3437

1. Larry Rheams (70 - 74) 38.54 - 11.46 - 29.06 - 26.59 - 14.76 = 3587
10
2. Gary Wuest (70 - 74) 30.49 - 11.76 - 29.76 - 32.49 - 11.43 = 3358
8

1. John Burns (75 - 79) 24.79 - 9.39 - 29.32 - 29.46 - 11.08 = 3315
10
2. Edward Burke (75 - 79) 47.42 - DNS - 32.74 - 25.70 - DNS = 2581
8

Women's

Name (age division) HT - SP - DT - JT - WT = TOTAL

1. Katherine Clausen de Contreras (50 - 54) 30.60 - 8.52 - 18.75 - 17.67 - 11.01
= 2662 10

1. Geraldine Feenan (55 - 59) 23.39 - 7.83 - 17.22 - 12.57 - 8.50 = 2303
10

Team Scores

- | | | |
|---|-----------------------|-----|
| 1 | San Francisco Track | 129 |
| 2 | Trkac Racing Team | 105 |
| 3 | Weight City | 54 |
| 4 | SC Striders Track Clu | 44 |
| 4 | Strawberry Canyon Tra | 44 |
| 5 | Impala Racing Team | 40 |
| 6 | Mt. Diablo Heat Track | 38 |

7	Empire Runners Club o	36
7	Buffalo Chips Running	36
8	Houston Elite	28
9	West Valley Joggers &	26
9	U.S. Marine Corps	26
10	River City Rebels	20
11	Tamalpa Runners, Inc.	18
12	MacCanDo Tenderloin Y	16
13	Santa Cruz Track Club	10
13	So Cal Track Club	10
13	Yolo Track	10
13	Wolfpack Running Club	10
13	Woodside Wildebeests	10
14	Joy's Jackrabbits	8
15	2ndWind Athletics	6