
 **USATF USA Track and Field** 
**Pacific Association-USATF 3,000-meter
Race Walk Grand Prix Championships**

**Mount Diablo High School
2450 Grant Street, Concord, CA 94520
JUDGED RACE WALK (USATF SANCTIONED, CONDUCTED UNDER USATF RULES)**

Date: Sunday, May 22, 2016

Times: Men's Race Walk, **3:00 PM** Women's Race Walk, **3:30 PM**

Ages: 5 to 100+

Location: The entrance to the track is behind (southwest of) the school and its parking lot.

Race walkers must be USATF members to be eligible for awards. Join USATF on-line at <http://www.pausatf.org/> or www.usatf.org.

Fees: \$25.00 pre-register by April 30, 2016; \$30.00 race day

Registration: Make checks payable to the Elisabeth M. Price. By mail, postmarked by April 30, 2015 to Beth Price, 2210 Andromeda Way, Reno, NV 89509-3802

- RACE DAY REGISTRATION ON SITE, 1:30 to 2:45 (men) or until 3:15AM. (women)

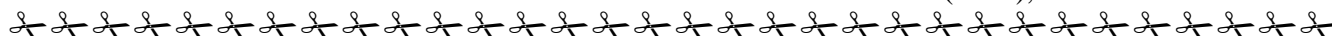
If possible, please bring one or more people along as volunteers to help with such jobs as lap scoring, handing water to athletes during the race, timing, coordinating the finish line, and on-site registration. It typically takes 15 to 20 volunteers, in addition to the judges, to put on a race. Please let Marc Kaiser, kaiserthegael@yahoo.com, Race Director, know who is coming as a volunteer. Thank you.

RESULTS: Will be posted after each race.

AWARDS: PA-USATF Grand Prix medals for first three female and male walkers.

SPONSOR:

PACIFIC RACEWALKERS ORGANIZATION (PRO),



USATF-SANCTIONED ALL-COMER RACE

3,000-METER JUDGED RACEWALK

SUNDAY, May 22, 2016

Waiver: Must be signed by each entrant. Entrants under 18 also need parent or guardian signature.

Last Name _____ First Name _____ Race Day Age _____

Address _____ City _____ State _____ Zip _____

Telephone number _____ E-mail _____

Gender: F _____ M _____ 2015 USATF number _____ Birth Date (mm/dd/yyyy) _____

PA-USATF Club/Team Name (optional) _____ Fitness Walker (check if you want to race in this category)

I know that a track race is a potentially hazardous activity. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely compete in the event. I assume all risk associated with participating in this event including, but not limited to, falls, contact with other participants, the effects of weather, and track conditions, all such risks being known to and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Pacific Racewalkers Organization (PRO), their officers, directors, race directors and agents; Mount Diablo High School, Mount Diablo Unified School District, Concord, California; USATF; all sponsors; their representatives and successors, from any and all claims or liabilities, real or alleged, of any kind, arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purpose. I understand that the Pacific Racewalkers Organization reserves the right to reject any application and/or issue special entry invitations at their discretion.

Entrant Signature _____ **Guardian Signature** _____ **Date** _____