

*Hampton-Phillips Classic Track Club All Comers Meet*

*March 5, 2016*

*Pinole Valley High School*

*2900 Pinole Valley Road, Pinole CA, 94564*

*Deborah Sample Meet Director 510-672-8538*

*Athletes \$5.00, Spectators Free*

*Ribbons 1<sup>st</sup> thru 6<sup>th</sup>, and Participants*

*7am Registration, 9am Start Time*

---

*Schedule of Events*

*Events*

*Age Groups*

|                     |  |
|---------------------|--|
| <i>1500/3000 RW</i> | <i>11-12, 13-14, 15-18, open</i>                           |
| <i>100 meter</i>    | <i>6 &amp; under, 7-8, 9-10, 11-12, 13-14, 15-18, open</i> |
| <i>400 meter</i>    | <i>6 &amp; under, 7-8, 9-10, 11-12, 13-14, 15-18, open</i> |
| <i>1500 meter</i>   | <i>7-8, 9-10, 11-12, 13-14, 15-18, open</i>                |
| <i>50 meter</i>     | <i>5 &amp; under (no charge)</i>                           |
| <i>800 meter</i>    | <i>7-8, 9-10, 11-12, 13-14, 15-18, open</i>                |
| <i>200 meter</i>    | <i>6 &amp; under, 7-8, 9-10, 11-12, 13-14, 15-18, open</i> |
| <i>4x100 relay</i>  | <i>6 &amp; under, 7-8, 9-10, 11-12, 13-14, 15-18, open</i> |

---

*Field Events*

|                      |  |
|----------------------|--|
| <i>Turbo Javelin</i> | <i>11-12, 9-10, 7-8, 6 &amp; under</i>               |
| <i>Long Jump</i>     | <i>15-18, 13-14, 11-12, 9-10, 7-8, 6 &amp; under</i> |