

USATF RULES COMMITTEE SCORECARD

Committee Actions as of _____4 December, 2015 _____

Approved on Dec. 6, 2015 for 2016

	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action	Item	Conf	Action
1	5	AA	21	4	A	41	6	R	61	4	A	81	5	A
2	5	A	22	4	A	42	5	A	62	4a	A	82	6	R
3	6	T	23		W	43	4	A	63	5	AA	83	5	AA
4	4	A	24	4a	AA	44	4	A	64	4	A	84		
5	4	A	25	6	R	45	4	A	65	4	A	85		
6	5	AA	26	5	AA	46	4	A	66	5	A	86		
7	5	AA	27	5	A	47	6	R	67	5	AA	87		
8	5	AA	28	5	A	48	5	R	68	4	A	88		
9	5	AA	29	4	A	49	5	R	69	4	A	89		
10	6	W	30	5	AA	50	4	A	70	4	A	90		
11	5	A	31	4	A	51	4	A	71	5	AA	91		
12	4	A	32	4	A	52	4	A	72	5	A	92		
13	6	R	33	4	A	53	6	R	73	5	A	93		
14	4	A	34	5	A	54	5	R	74	4	A	94		
15	4	A	35	4	A	55	5	AA	75	4	A	95		
16	5	A	36	4	A	56	5	A	76	5	AA	96		
17	4	A	37	4	A	57	5	A	77	5	A	97		
18	6	R	38	4	A	58	5	A	78	6	R	98		
19	4	A	39	4a	A	59	4	A	79	5	AA	99		
20	4	A	40	4	A	60	4	A	80	4	A	100		

Conference Call Actions:

1=Grammar / Punctuation
5=Discuss / Refer

2=Housekeeping
6=Recommend Reject

3=Current Practice
7=Recommend Table

4=Recommend Approval
W=Withdrawn a=amended

Final Actions: A=Accepted AA= Accepted As Amended R=Rejected T=Tabled W=Withdrawn

Summary of Actions: 54 Accepted,15 Approved as Amended, 11 Rejected, 1 Tabled, 2 Withdrawn

Full Listing of Approved and Amended Items from 12/6/2015

Item 1 – Amend the submission. For National Championships, other than Youth, prior to filing ...

Item 6 – Replace the submission. Amend Rule 300.1(b) as follows:
 The Track and Field (~~and Cross Country~~) individual programs are divided into (~~six~~) divisions for ...
 At the end of the chart, add:
Indoor National Championship only:
High School Division and 15 – 18 USATF Club Relays only

Item 7 – Amend the submission. (~~In the Indoor National Championships only, athletes may run relay events only in the 15-16 and 17-18 Divisions as the High School Division.~~) USATF Club team members must be from the same Club and High School team members must be from the same High School.

Item 8 – Amend the submission. (3) There are no other USATF teams within 50 miles of the Permanent Residency of the team.

Item 9 – Replace the submission. Amend Rule 301 as follows:
11-12 DIVISION (~~Mini Javelin – 300g~~) Aero Javelin - 450g Effective 1 January, 2017
 Add the following at the end of the Rule:

7-8	9-10	11-12	13-14	15-16	17-18	High school	Usatf club relays15-18
55m	55m	55m	55m	55m	55m		
200m	200m	200m	200m	200m	200m		
400m	400m	400m	400m	400m	400m		
800m	800m	800m	800m	800m	800m		
1500m	1500m	1500m	1500m	1500m	1500m		
		3000m	3000m	3000m	3000m		
	1500m rw	1500m rw	3000m rw	3000m rw	3000m rw		
4x200	4x200	4x200	4x200	4x200	4x200	4x200 **	4x200**
4x400	4x400	4x400	4x400	4x400	4x400	4x400 **	4x400**
						4x800**	4x800**
						DMR**	DMR**
		55m H	55m H	55m H	55m H		
						55m H **	55m H**
						shuttle relay	shuttle relay
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump		
			Triple Jump	Triple Jump	Triple Jump		
Shot put 2k	Shot put 6lb	Shot put 6lb	Shot put B4k G 6lb	Shot put B12lb G 4k	Shot put B12lb G 4k		
	High Jump	High Jump	High Jump	High Jump	High Jump		
			Pole Vault	Pole Vault	Pole Vault		
These **	Events	Are for at	Indoor	Nationals	ONLY **		

Item 24 – Amend the submission. If the (~~track manufacturer or stadium~~) facility operator mandates a lesser maximum, this shall apply.

Item 26 – Amend the submission. (~~and the setting of a competitor's starting blocks other than by an individual designated by the starter~~)
 Add to the end of Rule 302.2(e): The setting of a competitor's starting blocks other than by the competitor or an individual designated by the starter is prohibited.

- Item 30 – Amend the submission. Add the deleted Rule 144.5 and Note as a new Rule 302.5(t).
- Item 55 – Amend the submission. Except for Youth competitions, the team shall compete as named and in the declared order.
- Item 63 – Amend the submission. (b) Each marker shall be ((comprised of)) a single piece only.
(c) For the Pole Vault ...
- Item 67 – Amend the submission. ... from the uprights, which should for Youth and Masters and shall for all others extend 35-40mm above ...
- Item 71 – Amend the submission. ... of the complete implement with its head in a spherical shape ((-or harness)), to the inside surface ...
- Item 76 – Delete the last line of the submission. Change the Rule citation to Rule 214.2.
- Item 79 – Amend the submission. A Pit Lane may be used ((for any Championship race)) as determined by the Sport Committee ((or as an option by the Games Committee)). ... If, ((after returning to the race at the expiration of the applicable period)) at any time, the athlete receives an additional Red Card ...
- Item 83 – Amend the submission –

Equipment

2. (a) Trail-Running does not specify the use of a particular technique ((or specific equipment)) in its progression.
(b) The MUT Council or Games Committee may, however, impose or recommend obligatory ((security)) equipment applicable to the conditions expected or possibly to be encountered during the race ((which would allow the athlete to avoid a situation of distress or, in the case of an accident, to give the alert and wait in safety for the arrival of help)).
(c) A survival blanket, whistle, supply of water and a food reserve are the minimum elements which each athlete should possess.
(d) If specifically permitted by the Games Committee, athletes may use poles such as hiking poles.

Start

3. The races shall be started ((by the firing of a gun. The commands for races longer than 400m shall be used (Rule 162.2(b)). In races which include a large number of athletes, five-minute, three-minute and one-minute warnings before the start of the race should be given.)) in conformance with Rule 242.

Aid Stations

5. ((Since trail racing is based on self-sufficiency, each athlete shall be autonomous between aid stations in relation to clothing, communications, food and drink. Accordingly,)) Aid stations shall be sufficiently spaced out according to the organizers' plan so as to respect the autonomy of athletes but taking in account health and safety.

((Double parenthesis)) indicates removal. Underline indicates addition.

Item 1 – Tabled 2015 Item 31 – Submitted by Bob Podkaminer, Rules Committee. Amend Rule 146.3 as follows:

Protests, at the discretion of the Games Committee or the Referee, may be made orally or in writing. For National Championships, they must be made in writing. Any protest should, in the first instance, be made orally to the Referee or to the Chief Official of the event by an athlete, or by an official representative of an athlete. Such person may only protest if they are or have an athlete competing in the same round of the

event to which the protest relates or are competing in a competition on which a team points score is being conducted. For National Championships other than Youth, prior to filing a written protest or appeal, the person making the protest or appeal shall have the right to review any official material relevant to the incident.

Reason: *This would allow the viewing of official video or of Official's reports to aid in decision making as to whether a protest or appeal is warranted.*

Item 2 – Tabled 2015 Item 56 – Submitted by Kenny Emerick, Rules Committee on behalf of Ivars Ikstrums. Insert New Rule 193.11 as follows:

Aero Javelin – The shaft, tip and tail shall be made out of synthetic material. The grip may be made of synthetic material or wound with cord which is similar to that used on traditional javelins. The minimum weight shall be 450 g. The diameter of the shaft shall be constant over the length of the shaft, not varying by more than ± 2 mm from the nominal shaft diameter. The profiles of the head and tail are not specified.

Aero Javelin Specifications (all dimensions in mm)

<u>Dimension</u>	<u>Min</u>	<u>Max</u>
<u>Overall Length</u>	<u>1765</u>	<u>1785</u>
<u>Length of head*</u>	<u>140</u>	<u>160</u>
<u>Distance from tip to CG**</u>	<u>760</u>	<u>770</u>
<u>Diameter of shaft</u>	<u>20</u>	<u>28</u>
<u>Length of grip***</u>	<u>115</u>	<u>120</u>
<u>Location of front of grip from tip</u>	<u>755</u>	<u>770</u>
<u>Length of tail</u>	<u>175</u>	<u>195</u>

* The maximum diameter of the head shall not exceed the nominal shaft diameter by more than 10 mm.

** The grip is not required to cover the CG.

*** The maximum grip diameter shall not exceed the nominal shaft diameter by more than 8 mm.

Item 3 – Tabled 2015 Item 69 – Submitted by Phil Greenwald, Rules Committee. Insert New Rule 257 as follows:

SNOWSHOE RACES Continue Table

Item 4 – Tabled 2015 Item 70– Submitted by Bob Hersh, Rules Committee. Delete Rule 261.1(d) Note: **((NOTE: For American Record and All-Comers Records in Men's and Women's Track and Field and in Men's and Women's Race Walking, there shall also be specific American Indoor Records and All-Comers Indoor Records.)**

Add a note to Rule 261.1, as follows:

NOTE: In each of the above categories, a national record may be achieved indoors or outdoors, provided the facilities comply with applicable rules. There shall also be a specific national indoor record in each category.

Amend headings for Rule 267 to correspond to structure of Records and Indoor Records (rather than Outdoor and Indoor Records)

Item 5 – Tabled 2015 Item 71 – Submitted by Bob Hersh, Rules Committee. Amend Rule 262.4(a) as follows: For all (~~outdoor~~) records up to and including 200 Meters and 200 Meter Hurdles and for the Long Jump and Triple Jump, if the competition is held outdoors, the component of the wind velocity in the direction of the running shall be measured by an approved mechanism that accurately determines such component.

Item 6 – Replace the submission. Amend Rule 300.1(b) as follows:

The Track and Field (~~and Cross-Country~~) individual programs are divided into (~~six~~) divisions for ...
At the end of the chart, add:

Indoor National Championship only:

High School Division and 15 – 18 USATF Club Relays only

Item 7 – Tabled 2015 Item 78 – Submitted by Inez Finch, President, Georgia Association.

Amend Rule 300.1(e) as follows:

Competitors must compete in their own divisions only. No athlete may compete in younger or older divisions in individual, relay, or team events. USATF Clubs must be members from the same Club and High School team must be members from the same High School.

Item 8 – Tabled 2015 Item 79 – Submitted by Inez Finch, President, Georgia Association. Amend Rule 300.1(h)iii as follows:

Athletes that have no parent/legal guardian residing in an Association may compete in a bordering Association for 'just cause' (~~with the~~) provided that:

- (1) The team they are requesting a transfer to, in the bordering association, is less than 50 miles of their original Association Permanent Residency.
- (2) The athlete can commute daily to practice with that team.
- (3) There are no other USATF teams within 50 miles of the Permanent Residency of the team.
- (4) It shall be the sole responsibility of the applying parent to secure and furnish all necessary documentation to substantiate any request to consideration of application of this rule.

The athlete must have the prior approval in writing of both the Youth Chair and Membership Chair of both the Association of 'Permanent Residency' and the Association of 'Non-Residency' placed on file in the National Office.

Item 9. Replace the submission. Amend Rule 301 as follows:

11-12 DIVISION (~~Mini Javelin 300g~~) Aero Javelin - 450g Effective 1 January, 2017

Add the following at the end of the Rule:

7-8	9-10	11-12	13-14	15-16	17-18	High school	Usatf club relays15-18
55m	55m	55m	55m	55m	55m		
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800m	800m	800m	800m	800m	800m		
1500m	1500m	1500m	1500m	1500m	1500m		
		3000m	3000m	3000m	3000m		
	1500m rw	1500m rw	3000m rw	3000m rw	3000m rw		
4x200	4x200	4x200	4x200	4x200	4x200	4x200 **	4x200**
4x400	4x400	4x400	4x400	4x400	4x400	4x400 **	4x400**
						4x800**	4x800**
						DMR**	DMR**
		55m H	55m H	55m H	55m H		
						55m H ** shuttle relay	55m H** shuttle relay
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump		
			Triple Jump	Triple Jump	Triple Jump		
Shot put 2k	Shot put 6lb	Shot put 6lb	Shot put B4k G 6lb	Shot put B12lb G 4k	Shot put B12lb G 4k		
	High Jump	High Jump	High Jump	High Jump	High Jump		
			Pole Vault	Pole Vault	Pole Vault		
These **	Events	Are for at	Indoor	Nationals	ONLY **		

Reason: *This 450 gram Finnish flight training javelin (The "Finnjav™", which is generically called the Aero Javelin in this rule change) provides a smoother progression from the 300 gram Mini Javelin to the 600 and 800 gram javelins thrown in the older age groups. The weight increment and the visibility of the javelin tip by the thrower's eye make it feel like a real javelin but keep the safety aspects of the smaller implement.*

The other major issue that the Aero Javelin helps to solve is that of learning quality javelin flight skills. According to USATF biomechanics reports from the last 15 years, American javelin throwers need better flight skills. Part of the success enjoyed by international-level Finnish throwers is due in part to good flight skill training when first learning to throw. The Finnjav has been in use in Finnish youth programs for over 10 years. The carefully designed flight characteristics of the Finnjav make it clear even to a beginning athlete or coach that only throws that use techniques that transfer to the heavier implements will fly far - in other words, you have to hit it right, and when you do, you know it.

NEW ITEMS (IAAF CONFORMANCE)

Item 10 – Withdrawn

Item 11 – Amend Rule 115 as follows: (IAAF 2)

1. At the discretion of the Games Committee, National Technical Officials (NTOs) serve as assistants to the Referee to provide event oversight or can be appointed as a Referee at major Championships.
2. The NTOs, serving in an oversight capacity, shall appoint one Chief among those already appointed for the competition if one was not previously appointed.

Item 12 – Amend Rule 125.1 as follows: (IAAF 6,7)

One or more Referees, as appropriate, shall be appointed for the clerking area, for track events, for field events, for Combined Events, for video review and for running and Race Walking events outside the stadium. The Video Referee should operate from the Video Control Room and should be in communications with all other Referees. The Referee for track events and for events outside the stadium shall have no jurisdiction over matters within the responsibilities of the Chief Judge of Race Walking events. See rules 230 and 232.

Item 13 – Rejected

Item 14 – Amend Rule 125.3 as follows: (IAAF 8)

A Track Referee when appointed to oversee the starts, is designated the Start Referee. The Start Referee has the authority to make a final decision on any facts related to the start of a race where there is disagreement with a decision of the Starter. This authority is not granted in cases when the start involves the 'commencement of a start' coupled with an illegal reaction time (~~detected~~) indicated by a ((false start detection apparatus)) start information system, unless, for any reason, the Referee determines that the information provided by the (~~apparatus~~) system is obviously inaccurate or not fully considered in the determination of the rule violation.

Item 15 – Add Rule 125.4 as follows and renumber: (IAAF 39, 78)

The appropriate Referee, for running or field events, shall ensure the positioning of the wind gauge per Rule 163.11.

Item 16 – Amend Rule 125.9 as follows: (IAAF 10)

A Referee shall have the authority to warn or disqualify from competition any competitor for acting in an unsporting or improper manner or under Rule 162.12 Note 1. Warnings may be indicated to the competitor by showing a yellow card, exclusions by showing a red card. Warnings and disqualifications shall be entered on the results card. Those warnings and disqualifications decided by the Referee shall be communicated to the Competition Secretary and to the other Referees.

NOTE 1: The Referee may, where the circumstances justify it, disqualify an athlete without a warning having been given, such as in Rule 144.3(a).

NOTE 2: When disqualifying an athlete from competition under this Rule, if the Referee is aware that a yellow card has already been given, the Referee should show a second yellow card followed immediately by a red card.

NOTE 3: If a yellow card is given and the Referee is not aware that there is a previous yellow card, it shall, once this is known, have the same consequence as if it had been given in association with a red card. The

relevant Referee shall take immediate action to advise the athlete or his/her representative of the disqualification.

Item 17 – Amend Rule 127.5 as follows: (IAAF 11)

When an Umpire observes that a competitor has run in a lane other than the assigned lane or that a relay baton has been passed outside the exchange zone, ~~((it is recommended that))~~ the umpire should immediately mark the track with a suitable non-permanent material where the ((athlete ran outside the lane or where the baton was passed)) incident occurred or make a similar notation on paper or by electronic means.

Item 18 – Rejected

Item 19 – Amend Rule 128.6 as follows: (IAAF 46)

When a fully automatic timing device is used, the Chief Photo Finish Judge shall be responsible for the functioning of the system and before the start of competition shall with the technical staff involved to become familiar with the equipment, checking all applicable settings. At the beginning of each session, ((when a fully automatic timing device is used,)) the Chief Photo Finish Judge, in cooperation with the Chief Photo Finish Operator, the Starter and the Referee, shall initiate and supervise tests to ensure that the fully automatic timing equipment complies with the alignment, automation and zero control function specified in Rule 165.10(a).

Item 20 – Amend Rule 129.3 as follows: (IAAF 12, 13)

One or more Recall Starters shall be ~~((provided))~~ assigned when possible to assist the Starter. ~~((The Chief Starter shall assign a specific task and position to each Recall Starter, who))~~ Each Recall Starter is obliged to recall the race if any fault is observed. All Recall Starters shall have the authority to recall the competitors, by appropriate means, in any race in which, in his/her opinion or that of the Starter, the start was not fair. If Recall Starters are assigned to observe one or more competitors, they shall place themselves so that each competitor can be clearly seen. After a recalled or aborted start, the Recall Starter shall report his observations to the Starter who shall decide whether and to whom a warning or disqualification shall be issued.

NOTE: *For events conducted with a staggered start, it is recommended that there be at least two Recall Starters.*

Item 21 – Add Rule 132.3, Rule 132.4 as follows and renumber: (IAAF 14)

3. In events in which athletes are competing with different specifications, such as implement weight or hurdle heights, the relevant differences should be clearly indicated in the results or a separate result shown for each category.

4. The following standard abbreviations should be used in the preparation of start lists and results where applicable:

<u>Did not start – DNS</u>	<u>Qualified by standard in field events – Q</u>
<u>Did not finish – DNF</u>	<u>Qualified without standard in field events – q</u>
<u>Disqualified – DQ</u>	<u>Advanced to next round by Referee – qR</u>
<u>No valid trial recorded – NM</u>	<u>Advanced to next round by Jury of Appeal – qJ</u>
<u>Qualified by place in track events –</u>	<u>Yellow Card – YC Second Yellow Card –</u>
<u>Q</u>	<u>YRC</u>
<u>Qualified by time in track events – q</u>	<u>Red Card – RC</u>

Item 22 – Amend Rule 137.1 as follows: (IAAF 4,5, 17)

One ~~((or more Measurement Judges))~~ Chief Measurement Judge and an adequate number of assistants shall be appointed when any technological or scientific distance measurement is to be used.

Replace the submission. Amend Rule 301 as follows:

11-12 DIVISION ~~((Mini Javelin – 300g))~~ Aero Javelin - 450g Effective 1 January, 2017

Add the following at the end of the Rule:

**Proposed Amendments USATF Rules Of Competition
2015 Annual Meeting – Houston. TX**

pg. 8

7-8	9-10	11-12	13-14	15-16	17-18	High school	Usatf club relays15-18
55m	55m	55m	55m	55m	55m		
200m	200m	200m	200m	200m	200m		
400m	400m	400m	400m	400m	400m		
800m	800m	800m	800m	800m	800m		
1500m	1500m	1500m	1500m	1500m	1500m		
		3000m	3000m	3000m	3000m		
	1500m rw	1500m rw	3000m rw	3000m rw	3000m rw		
4x200	4x200	4x200	4x200	4x200	4x200	4x200 **	4x200**
4x400	4x400	4x400	4x400	4x400	4x400	4x400 **	4x400**
						4x800**	4x800**
						DMR**	DMR**
		55m H	55m H	55m H	55m H		
						55m H **	55m H**
						shuttle relay	shuttle relay
Long Jump	Long Jump	Long Jump	Long Jump	Long Jump	Long Jump		
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Shot put 2k	Shot put 6lb	Shot put 6lb	Shot put B4k G 6lb	Shot put B12lb G 4k	Shot put B12lb G 4k		
	High Jump	High Jump	High Jump	High Jump	High Jump		
			Pole Vault	Pole Vault	Pole Vault		
These **	Events	Are for at	Indoor	Nationals	ONLY **		

Item 23 – Withdrawn

Item 24 – Amend Rule 143.3(c) as follows: (IAAF 20)

When a competition is conducted on a synthetic surface, that part of each spike which projects from the sole or heel, must not exceed 9mm, except in the High Jump and Javelin Throw, where it must not exceed 12mm. (~~Competitors shall also comply with any instruction from organizers as to length of spikes.~~) If the facilities operator mandates a lesser maximum this shall apply. For non-synthetic surfaces, the maximum length of spike shall be 25mm. Each spike must be constructed so that it will, at least for the half of its length closest to the tip, fit through a square sided 4mm gauge.

Item 25 – Rejected

Item 26 – Amend Rule 144.3(d) as follows: (IAAF 25)

Provision of advice or other support by any official of the competition not related to, required or allowed by the specific role of the official in the competition at the time. This includes items such as coaching advice, providing take-off point information in a jumping event, and time or distance gaps in a race. Specifically excluded from providing assistance is indicating the take-off point for a failure in the horizontal jumps, time announcements allowed in Rule 163.15.

Move the following to the end of Rule 302.2(e) The setting of a competitor's starting blocks other than by the competitor or an individual designated by the starter is prohibited.

Item 27 – Add Rule 144.3(d) as follows and renumber: (IAAF 25)

The use of any mechanical aid, unless the athlete can establish on the balance of probabilities that the use of such an aid would not provide an overall competitive advantage over an athlete not using such aid..

Item 28 – Amend Rule 144.3(f) as follows: (IAAF 25)

- (f) Physiotherapy and/or medical treatment necessary to enable an athlete to participate, or continue participation once in the competition area, may be provided by members of the official medical staff appointed by the Games Committee and clearly identified as such. Accredited team medical personnel

approved by the Meet Doctor specifically for this purpose may be permitted in the medical treatment area outside the competition area. In neither case shall the intervention delay the conduct of the competition or a competitor's trial in the designated order. Such attendance or assistance by any other person, whether immediately before competition once an athlete has left the Clerking area, or during competition, is assistance under Rule 144.6.

Item 29 – Amend Rule 144.3(j) as follows: (IAAF 26)

Personally carrying or wearing articles of ((personal)) equipment such as wrist chronometers ((and)), heart rate monitors, speed distance monitors ((or)), stride sensors or similar devices during a race provided that such devices cannot be used to communicate with any other person.

Item 30 – Delete Rule 144.5 to eliminate conflict with Rule 144.3(k) as follows: (Previous IAAF compliance)

~~((In a field event, an athlete may not leave the immediate area of the event and engage in dialogue with persons outside the area.~~

~~**NOTE:** Athletes competing in an event on the infield may not, during the competition, cross to the outside of the track.))~~

Move the deleted to a new Rule 302.5(t)

Item 31 – Add Rule 144.6 Note as follows: (IAAF 23, 24)

NOTE 3: In cases under Rule 144.3(a), disqualification may be made without warning.

Item 32 – Delete Rule 144.7. Move to New Rule 163.15. (IAAF 25, 40)

Intermediate times and preliminary winning times may be officially announced and/or displayed. Otherwise such times must not be communicated to the athletes by persons in the competition area without the prior approval of the Referee. This permission shall only be given when there are no time displays visible to athletes at the relevant point and in circumstances where such times will be provided to all athletes in the race.

Item 33 – Add Rule 144.10 as follows: (IAAF 22)

Disqualification shall occur for a competitor who does not follow the provision of Rule 143 in any way and
(a) refuses the direction of the relevant Referee to comply, or
(b) participates in the competition.

Item 34 – Amend Rule 145.2 as follows: (IAAF 27)

Any competitor who shall refuse to obey the directions of the Referee or other proper official, or who shall conduct himself/herself in an unsportsmanlike manner, or who is offensive by action or language to the officials, spectators, or competitors at any competition ~~((may be disqualified)), or under Rule 162.16 shall~~ render that competitor liable to disqualification by the Referee from ((future competition)) participation in all further events, including individual events of a Combined Event, simultaneous events and relays, at the meet . If such disqualification occurs, any performance accomplished up to that time ...

Item 35 – Amend Rule 146.9 Note as follows: (IAAF 28)

NOTE: The relevant Referee shall, after making a decision on a protest, immediately inform the Competition Secretary of the time of the decision. If the Referee was unable to communicate this orally to the relevant teams/athletes, the official time of the announcement will be that of posting of the amended result or of the decision at the Technical Information Center.

Item 36 – Amend Rule 147 as follows: (IAAF 29)

For all competitions held completely in the stadium, mixed events between male and female participants shall not normally be permitted. However, authorization for such mixed competition in field events and in races of 5000 meters or longer may be made for a competition by the Chair or designee of the appropriate sport committee or council. ~~((Where))~~ For mixed competitions ((are)) conducted in Field Events, separate result cards ((should)) shall be used and results declared for each gender. For races, the gender of each athlete shall be shown in the result.

Item 37 – Amend Rule 160.3 as follows: (IAAF 30)

The nominal length of an outdoor track shall preferably be 400 meters. It shall consist of two straights and two turns. The inside of the track shall be bordered by a raised curb of suitable material approximately 5cm high and 5cm wide. The curb may be raised to permit surface water to drain away, in which case the maximum height shall be 6.5cm. The curb on the two straights may be omitted and a white line 5cm wide substituted. If a section of the curb on the curve has to be removed temporarily for field event competitors, its place shall be marked with a white line 5cm wide and by plastic cones or flags (minimum height 20cm) placed on the white line so that the edge of the base of the cone or flag pole coincides with the edge of the white line closest to the track, and placed at intervals not exceeding 4m (~~to prevent any athlete running on the line~~). This shall also apply for the section of the steeplechase track where runners divert from the main track to negotiate the water jump, at intervals not exceeding 10m.

Item 38 – Amend Rule 160.4 as follows: (IAAF 35)

~~((The))~~ In races including at least one curve, the direction of the running or walking ~~((in any race around a curve on the oval track))~~ shall be left hand inside, except that for track events longer than 100 miles ...

Item 39 – Amend Rule 160.5 as follows: (IAAF 31)

The maximum allowance for lateral inclination of the track should not exceed 1:100, with the inclination to the inside lane, unless an exemption from the IAAF exists. The downward inclination in the running direction shall not exceed 1:1000.

Item 40 – Amend Rule 160.7 Note as follows: (IAAF 32)

NOTE: *The 1500m start line or any other curved start line may be extended out from the outside bend lane to the extent that the same synthetic surface is available.*

Item 41 – Rejected

Item 42 Amend Rule 162.13 as follows:

Any competitor(s) charged with a false start shall be disqualified and a red ~~((card/flag shall be placed on the respective lane marker(s), or))~~ and black (diagonally halved) card shall be raised in front of the respective athlete(s), and a corresponding indication, such as a red flag, may be placed on the respective lane marker(s). For Combined Events, see Rule 200.3(c); For Youth, see Rule 302.2(d); For Masters, see Rule 332.2(c).

Item 43 – Amend Rule 163.2 as follows: (IAAF 38)

In running events, ~~((including hurdle races and Steeplechases))~~ except as stated in Rule 170.5, no competitor may place any mark or marker upon the running surface or alongside it for his/her assistance.~~((except as allowed in relay races. See Rule 170.11.))~~

Item 44 – Amend Rule 163.6(c) as follows (IAAF 92)

(c) In any track event of 20,000 meters or more or in any road race, a competitor may leave the ~~((road or track))~~ marked course with the permission and under the control of a judge or other authorized official, provided that by going off or returning to the course the athlete does not lessen the distance to be covered.

Item 45 – Amend Rule 163.14 as follows: (IAAF 15, 16)

The wind gauge may be started and stopped automatically and/or remotely, and the information conveyed directly to the competition computer. Whenever the wind gauge is connected to a computer system, a Wind Gauge Operator ~~((shall))~~ may be appointed to assure that ~~((the))~~ such wind gauge is properly transmitting the wind readings to the computer and that the computer is properly recording those readings.

Item 46 – Amend Rule 164.5 as follows: (IAAF 43)

In order to confirm that the camera is correctly aligned and to facilitate the reading of the Photo Finish image, the intersection of the lane lines and the finish line shall be colored black in a suitable design. Any

such design must be solely confined to the intersection, for no more than 2cm beyond, and not extended before, the leading edge of the finish line. Black marks 5cm by 2cm may also be placed on each side of the intersection of the middle lane and the finish line.

Item 47 – Amend Rule 165.10(f) as follows: (IAAF 44, 45)

The system must automatically determine and record the finish times of the athletes and must be able to produce a printed image which shows the time of ~~((every))~~ any athlete. Additionally, the system shall provide a tabular overview which shows the time of every athlete. Subsequent changes of automatically determined values and manual input of values (such as start time, finish time), shall be indicated by the system automatically in the time scale of the printed image and the tabular overview.

Item 48 – Amend Rule 166.1(b) as follows: (IAAF 47)

~~((Unless otherwise provided within this Rule, no fewer than three (3) athletes from any one heat shall advance to the next round of competition.))~~ In all rounds before the final (preliminary rounds), unless otherwise provided by alternate tables permitted under Rule 166.1(h), at least the first and second place in each heat shall qualify for the next round and it is recommended that at least three in each heat shall qualify. Except where Rule 167 applies, other athletes may qualify by place or by time according to Rule 166.1(h), the particular competition regulations, or as determined by the Games Committee. When athletes are qualified according to times, only one system of timing shall be applied.

Item 49 – Amend Rule 168.3 as follows: (IAAF 51)

All races shall be run in lanes. Each athlete ~~((shall jump each hurdle and))~~ shall keep to and go over the hurdles in his or her own lane throughout except as provided in Rule 163.5. In addition to the applicable provisions of Rule 163, a competitor shall be disqualified if:

- (a) His/her leg or foot is, at the instant of clearance, beside the hurdle (on either side) below the horizontal plane of the top of any hurdle; or
- (b) In the opinion of the Referee, he/she deliberately knocks down any hurdle; or
- (c) The athlete directly or indirectly knocks down or significantly displaces a hurdle in another lane.

Item 50 – Amend Rule 168.5 as follows: (IAAF 50)

The hurdles shall be made of metal or some other suitable material with the top bar of wood or some other suitable non-metallic material and shall consist ...

Item 51 – Amend Rule 170.11 as follows: (IAAF 55)

The Distance Medley Relay race and the 4x1500m race shall be run without the use of lanes.

Item 52 – Amend Rule 170.16 as follows: (IAAF 56)

~~((The))~~ A baton shall be used for all relay races held in the stadium and shall be carried by hand throughout the race. Competitors ...

Item 53 – Amend Rule 170.18 as follows: (IAAF 57)

Runners, before receiving and/or after handing over the baton, should remain in their respective lanes or maintain position until the course is clear to avoid obstruction to other competitors. Rule 163.5 shall not apply to these athletes. Should any runner ~~((willfully))~~ impedes a member of another team by running out of position or lane at the finish of the leg, ~~((the team of the impeding runner shall be disqualified))~~ Rule 163.4 shall be applied.

Item 54 – Amend Rule 170.19 as follows: (IAAF 58)

~~((Assistance by pushing or by any other method shall result in disqualification.))~~ If during the race a runner takes or picks up the baton of another team, the team of that runner shall be disqualified. The other team should not be penalized unless an advantage is obtained.

Item 55 – Amend Rule 170.20 as follows: (IAAF 59)

... Each member of a relay team may run one leg only. Except for Youth competitions, the team shall compete as named and in the declared order. If a team does not follow this Rule, it shall be disqualified

Item 56 – Add Rule 180.5 as follows and renumber: (IAAF 68)

If, for any reason, a competitor is hampered in a trial or the trial cannot be correctly recorded, the Referee shall have the authority to award the competitor a substitute trial. No change in the competition order shall be permitted. A reasonable time shall be allowed for the replacement trial according to the particular circumstances of the case. In cases when the competition has progressed before the substitute trial is awarded, it should be taken before any other subsequent trials are then made by the competitor.

Item 57 – Amend Rule 180.6(b) as follows: (IAAF 65)

Twelve (12) competitors and ties, unless otherwise provided in the published meet information, that remain after applying Rules 180.16, 181.9(a), and 181.9(b) shall advance to the competition proper. ...

Item 58 – Amend Rule 180.6(d) as follows: (IAAF 66, 67)

A competitor who has ~~((achieved the qualifying standard))~~ been determined to have qualified for the competition proper shall not be allowed to continue in the qualifying competition.

Item 59 – Amend Rule 180.9(d) as follows and renumber: (IAAF 69)

*** Renumber Rule 180.9(d) as new Rule 180.10 with the title **Time Allowed for Trials.** Move note at end of current 180.9 to 180.9(c). ***

Item 60 – Amend Rule 180.17 as follows: Move NOTE portion to 180.20. (IAAF 61, 73)

In the jumping events, the length of the run is unlimited. The minimum length of runways is 40m for the Long Jump, Triple Jump and Pole Vault. The minimum length is measured from the relevant take-off line or from the 'zero' line. For the High Jump, the ~~((apron is a))~~ minimum width of the runway apron shall be 16m and the length shall be 15m ~~((semicircle surrounding the standards)).~~ On athletic fields used for Championship competitions, the minimum length suggested for runways is ~~((20m))~~ 25m for the High Jump apron and 45m for the Long Jump, Triple Jump, and Pole Vault runways. The runway should have a width of 1.22m ±0.01m (4 ft.). The runway should be bordered by white lines 5cm in width (except in the High Jump). ~~((In addition, meet management may mark the entire runway outside its edge to indicate the distance from the take-off board or the top of the back of the stop board.~~

NOTE: ~~Suggested methods of marking are as follows:~~

~~At the take off area: mark lines 2.5cm wide and 30cm long from 1.5m to 4.5m in 15cm intervals from the top of the back of the stop board. Stenciled numbers may be added to show the distance from the take-off board or top of the back of the stop board.~~

~~Along the runway: mark lines 2.5cm wide and 15cm long from 6.0m from the back of the top of the stop board to the end of the runway in one meter intervals. Stenciled numbers may be added to show the distance from the take off board or top of the back of the stop board.))~~

Item 61 – Amend Rule 180.18 as follows: (IAAF 79)

In the Javelin Throw, the length of the runway shall be not less than 30m. ~~((For Championships, the minimum length shall be 33.5m.))~~ Where feasible, the minimum length ~~((should be 36.5m))~~ shall be 33.5m. The runway shall be marked by two parallel lines 5cm wide and 4m apart.

Item 62 – Amend Rule 180.19(a) as follows: (IAAF 75, 77)

The maximum allowance for lateral inclination of runways for jumping events and the Javelin Throw shall not exceed 1:100, unless an exemption from the IAAF exists.

Item 63 – Amend Rule 180.20 as follows: (IAAF 62, 63)

(a) No marks shall be placed on a runway, but a competitor may place one or two markers, supplied or approved by the Games Committee, alongside the runway to assist in the run-up or take-off. If such

markers are not supplied, a competitor may use adhesive tape but not chalk or similar substance or anything that leaves indelible marks. For the High Jump, markers may be placed in the runway apron.

(b) Each marker shall be a single piece only.

(c) For Pole Vault, the Games Committee should place suitable and safe distance markers beside the runway at each 50cm between the points 2.5m to 5m from the 'zero' line and at each 1.0m from the 5m to the 15m point.

((NOTE 1: For method of measurement, see Rule 148. For rules relating to records in the field events, see Rule 264. For specifications of implements, circle, runways, throwing cage, sectors, and landing areas, see Rules 180-195; for specifications of Long Jump/Triple Jump take-off boards, see Rule 185.5 and 185.6; for specifications of High Jump/Pole Vault apparatus, see Rule 181.10-19.))

NOTE 1: Meet management may mark the entire runway outside its edge to indicate the distance from the take-off board or the top of the back of the stop board. Suggested methods of marking are as follows:

(a) At the take-off area: mark lines 2.5cm wide and 30cm long from 1.5m to 4.5m in 15cm intervals from the top of the back of the stop board. Stenciled numbers may be added to show the distance from the take-off board or top of the back of the stop board.

(b) Along the runway: mark lines 2.5cm wide and 15cm long from 6.0m from the back of the top of the stop board to the end of the runway in one meter intervals. Stenciled numbers may be added to show the distance from the take-off board or top of the back of the stop board.

NOTE 2: *For rules applicable to runways for Indoor competitions, see Rules 218-221.*

NOTE 3: *For Youth Athletics exception, see Rule 302.5(l).*

Item 64 – Amend Rule 180.22 as follows: Delete Rule 180.12 and Rule 180.13. (IAAF 64)

(a) In all throwing events, no flags or markers displaying a distance will be placed in the landing sector.

(b) A distinctive flag or marker may ((also)) be provided to mark the existing World Record and, when appropriate, the existing Area, National or Meet Record. The marker shall be placed along, and outside the landing area / sector.

(c) The Games Committee should place a wind sock near the take-off in all jumping events and near the discus and javelin, to enable competitors to determine the approximate direction and strength of the wind.

Item 65 – Add Rule 181.7 Note as follows: (IAAF 70)

NOTE: For Combined Events, see Rule 200.6.

Item 66 – Amend Rule 181.14(b) as follows: (IAAF 74)

Pole Vault: A white line 1cm wide shall be drawn on the ground at right angles to the axis of the runway, in line with the back-end of the box ('zero' line). ((such that the edge of the line nearer to the competitor shall coincide with the back end of the box. This line shall)) A similar line, up to 5cm wide, shall appear on the surface of the landing area and be prolonged as far as the outside edge of the uprights ((, and may also go on the surface of the landing bed)). The edge of the line nearer to the approaching competitor shall coincide with the back end of the box. This will facilitate the determination of the zero point and the checking of the uprights.

Item 67 – Amend Rule 181.17 as follows: (IAAF 76)

... They must not extend more than 55mm from the uprights, which should for Youth and Masters and shall for all others extend 35-40mm above the pegs. ...

Item 68 – Add Rule 182.3(c) as follows: (IAAF 71, 72)

The competitor touches the crossbar or the vertical section of the uprights when running-up without jumping.

Item 69 – Amend Rule 187.21 as follows: (IAAF 80, 81)

... The board shall be ((10cm (± 2mm))) 10cm (± 8mm) high in relation to the level of the inside of the circle adjacent to the stop board. The board shall be painted white. ...

Item 70 – Amend Rule 187.23 as follows: (IAAF 79)

Arc - All javelin throws shall be made from an arc of a circle drawn with a radius of 8m at the end of a runway 4m wide. This arc shall consist of a painted stripe or made of wood or other similar material, but not metal, at least 7cm in width. It shall be white and sunk flush with the ground. Lines shall be drawn from the extremities of the arc at right angles to the parallel lines marking the runway. These lines should be 75cm in length, from the inner edge of the runway line, and at least 7cm in width.

Item 71 Amend Rule 195.8 as follows:

Length – The maximum overall length of the complete implement as thrown, measured from the bottom ((~~surface~~)) of the complete implement with its head in a spherical shape, to the inside surface of the middle of the handle (grip) shall not exceed ((~~406.4mm~~)) 410.0mm at any time.

NOTE ((1: ~~The overall length for Masters is 410.0mm.~~

NOTE 2)): *An implement presented for inspection must be measured for length with all components at their maximum lengths as designed by the manufacturer. Once the implement has been inspected and approved for competition, the implement shall not be altered or adjusted other than to be repaired by the Inspector of Implements.*

Item 72 Amend Rule 200.3(c) as follows: Make appropriate modifications to Rule 302.2(d) and Rule 332.2(c). ((~~No penalty shall be imposed for the first false start, but the Starter shall disqualify the offender or offenders on the second false start.~~)) False starts are called on individuals, not on the field. For a first false start by a competitor, a yellow and black (diagonally halved) card shall be raised in front of the respective competitor(s), and a corresponding indication, such as a yellow flag, may be placed on the respective lane marker(s). For a second false start, the respective competitor(s) shall be disqualified.

Item 73 – Add Rule 200.12 Note as follows: (IAAF 83)

NOTE: Rule 200.12(a) shall not be applied when more than two competitors are tied for total points.

Item 74 – Amend Rule 210 as follows: (IAAF 84)

With the exceptions stated in this Section and the requirement for wind measurement as set out in Rule 163.10, the Rules of Competition in Sections I to IV shall apply to indoor competitions.

Item 75 – Add Rule 212.11 as follows: (IAAF 85)

BREAK LINE - The break line shall be an arced line marked after each turn, 5cm wide, across all lanes other than lane 1. See Rule 160.8(c) and Rule 160.9 for description and additional markings.

Item 76 – Amend Rule 214.2 as follows and renumber: (IAAF 85)

((~~a) For races of 400m or less, each athlete shall have a separate lane at the start.~~))

(b) Races of up to and including 300m shall be run entirely in lanes.

(c) Races over 300m and less than 800m shall start and continue in lanes until the end of the second turn.

(d) In races of 800m each athlete may be assigned a separate lane, or no more than two per lane, or a group start may be used, preferably using lanes 1 and ((~~3~~)) 4. In these cases, athletes may leave their lane, or those running in the outer group may join the inner group, only after the break line marked at the end of the first turn, or if the race is run with two turns in lanes, at the end of the second turn.

(e) Races longer than 800m shall be run without lanes using an arced start line or a group start. If a group start is used, the break line shall be at the end of either the first or second turn to coincide with the starting stagger.

(f) In the 400 Meters, at least one half-hour rest shall be allowed between heats, semi-final, and final respectively. In races of 800m or longer, at least 45 minutes rest shall be allowed between heats and final.

Item 77 – Amend Rule 218 as follows: Move 218.3 Note to end of Rule 218. (IAAF 86)

2. ((~~In the~~)) The 4x400 Meter Relay and the indoor Sprint Medley Relay ((~~, the first two turns shall be run in lanes. Thus the same break line will be used as for the individual 400 meter race.~~)) shall be run according to Rule 214.2(c).

3. ~~((In the))~~ The 4x800 Meter Relay ((, the first turn shall be run in lanes. Thus the same break line will be used as for the individual 800 meter race.)) shall be run according to Rule 214.2(d).

Item 78 – Rejected

Item 79 – Amend Rule 230.3(c) and Add a new Rule 230.3(j) as follows: (IAAF 88, 89)

- (c) Except as provided in Rule 230.3(j), when red cards from three different Judges have been sent to the Recorder or Chief Judge on the same competitor, that competitor is disqualified and shall be notified of this disqualification by the Chief Judge or the Chief Judge's Assistant by being shown a red paddle. Any disqualified athlete who fails to leave the course or track or comply with directions given under Rule 230.6(j) to enter and remain for the required period in the Pit Lane may be liable to further disciplinary action in accordance with Rule 145.2.

- (j) A Pit Lane may be used as determined by the Sport Committee. In such cases an athlete will be required to enter the Pit Lane and remain there for the applicable period as set out in the entry material once they have received three Red Cards and are so advised by the Chief Judge or someone delegated by him. If, at any time, the athlete receives an additional Red Card from a judge other than one of the three who had previously sent a Red Card, he shall be disqualified. An athlete who fails to enter the Pit Lane when required to do so shall be disqualified by the Referee.

Item 80 - Amend Rule 241.2(e) as follows: (IAAF 95)

The Organizing Committee shall delineate, by barriers, tables or markings on the ground, the area from which refreshments can be received or collected. It should not be directly in the line of the measured route. Refreshments shall be placed so that they are easily accessible to, or may be put by authorized persons into the hands of, the athletes. Such persons shall remain inside the designated area and not enter the course nor obstruct any athlete. No official shall, under any circumstances, ~~((run))~~ move beside an athlete while he is taking refreshment or water.

Item 81 – Delete from Rule 251.5 and move to 15.5 as follows: (IAAF 97)

The race distance must be declared and the course briefly described at the time invitations are extended. For International Selection competitions, the distances should be approximately: Men: ~~((12))~~ 10 km, Women: ~~((8))~~ 10 km, Junior Men: 8km, Junior Women: 6km.

Item 82 –Rejected

Item 83 – Amend Rule 254 by replacing the existing rule with the following: (consider all underlined).

TRAIL RACES

Course

1. (a) Trail Races take place on a variety of terrain (including dirt roads, forest paths and single track footpaths) within a natural environment in open country (such as mountains, desert, forests or plains) that is mainly off-road.
- (b) Sections of macadamized surfaces or concrete are acceptable but should be the minimum possible for the desired course and must not exceed 20% of the total distance of the race. There shall be no set limit on distance or altitude gain or loss.
- (c) The Games Committee shall, prior to the race, announce the distance and total ascent / descent of the course which must have been measured and provide a map and detailed profile of the course together with a description of the technical difficulties to be confronted during the race.
- (d) The course must represent the logical discovery of a region.
- (e) The course must be marked in such a way that athletes receive sufficient information to complete it without deviating from it.

Equipment

2. (a) Trail-Running does not specify the use of a particular technique ~~((or specific equipment))~~ in its progression.
- (b) The MUT Council or Games Committee may, however, impose or recommend obligatory ~~((security))~~ equipment

applicable to the conditions expected or possibly to be encountered during the race (~~which would allow the athlete to avoid a situation of distress or, in the case of an accident, to give the alert and wait in safety for the arrival of help~~)).

- (c) A survival blanket, whistle, supply of water and a food reserve are the minimum elements which each athlete should possess.
- (d) If specifically permitted by the Games Committee, athletes may use poles such as hiking poles.

Start

- 3. The races shall be started in conformance with Rule 242.

Medical

- 4. (a) A hands-on medical examination during the progress of an event by the official medical staff appointed by the Games Committee and identified by armbands, vests or similar distinctive apparel shall not be considered assistance.
- (b) An athlete shall retire at once from the race if ordered to do so by the Medical Delegate or a member of the official medical staff.

Aid Stations

- 5. Aid stations shall be sufficiently spaced out according to the organizers' plan so as to respect the autonomy of athletes but taking in account health and safety.

Race Conduct

- 6. Assistance may only be provided at aid stations.

Equipment

- 2. (a) Trail-Running does not specify the use of a particular technique (~~or specific equipment~~) in its progression.
- (b) The MUT Council or Games Committee may, however, impose or recommend obligatory (~~security~~) equipment applicable to the conditions expected or possibly to be encountered during the race (~~which would allow the athlete to avoid a situation of distress or, in the case of an accident, to give the alert and wait in safety for the arrival of help~~)).
- (c) A survival blanket, whistle, supply of water and a food reserve are the minimum elements which each athlete should possess.
- (d) If specifically permitted by the Games Committee, athletes may use poles such as hiking poles.