



## USATF Region 14 Junior Olympics (JOs) Combined Events Championships

Saturday & Sunday, June 13 & 14, 2015  
Whitney High School (Rocklin, California)

**Deadline to register: Wednesday, June 10<sup>th</sup> at 9:00 pm**

There is no pre-qualification required to enter. This is the **ONLY** Region 14 Combined Events competition to qualify for the USATF National Junior Olympics in Jacksonville, FL. This event will be hosted by the Youth Division of the Pacific Association for athletes from both the Pacific Association and Central California Association.

### Meet Directors

- Maura Kent at (916) 412-7288 or [bookoutgen@yahoo.com](mailto:bookoutgen@yahoo.com)
- Lee Webb at (510) 304-7172 or [lee\\_webb@nhusd.k12.ca.us](mailto:lee_webb@nhusd.k12.ca.us)

### How to qualify for USATF Junior Olympic Nationals

The top two finishers in each age group qualify for the National JOs in Jacksonville, Florida. The third place finisher in each age group may also qualify if that athlete meets the required point standards. Required third place points in each age group:

Group 2 Girls	9-10 year old	930 points
Group 2 Boys	9-10 year old	597 points
Group 3 Girls	11-12 year old	2,294 points
Group 3 Boys	11-12 year old	2,041 points
Group 4 Girls	13-14 year old	2,709 points
Group 4 Boys	13-14 year old	2,527 points
Group 5 Girls	15-16 year old	3,907 points
Group 5 Boys	15-16 year old	4,986 points
Group 6 Girls	17-18 year old	4,271 points
Group 6 Boys	17-18 year old	5,579 points

## Entry Fees

Group 2	9-10 year olds	born in year 2005 or 2006	\$15
Group 3	11-12 year olds	born in year 2003 or 2004	\$15
Group 4	13-14 year olds	born in year 2001 or 2002	\$15
Group 5	15-16 year olds	born in year 1999 or 2000	\$20
Group 6	17-18 year olds	born in year 1997 or 1998 (or turn 18 after August 2, 1996)	\$20

## Registration Process for Region 14 Combined Events

Club must be a current 2015 USATF sanctioned club (if you want to compete as a club team member). If three steps below are not followed, your athlete CANNOT register into the meet. All teams or unattached athletes must have the following in place:

1. 2015 USATF membership number **NO EXCEPTIONS**
  - [www.pausatf.org](http://www.pausatf.org)
    - Click on the “Membership” link near the top of the page
  - Athlete must register using full legal name (no nicknames)
2. Birthdate verified on USATF website
  - Pacific Association: fax (916-983-4624) or email ([heikemansoor@aol.com](mailto:heikemansoor@aol.com)) your birth certificate to Heike Mansoor. Write membership number and club name (or unattached athlete) on each birth certificate
  - Central California Association: contact Tikee Miller @ (661) 444-6634 or [tikeemiller@yahoo.com](mailto:tikeemiller@yahoo.com) for verification process
3. Create a Coach-O account for team or unattached athlete

## How to advance from Region 14 Combined Events to Nationals

Return to [www.coacho.com](http://www.coacho.com) within 24- to 48-hours after the Region 14 Track & Field Championships that will be held on June 27-28. For these two days (**June 29-30**) all Region 14 results from both the Combined Events and Track & Field meets will be loaded into Coach O so you can pay and advance forward your athlete(s) into the USATF National Junior Olympics. Don't miss this registration window (June 29-30)!

Registration is completely online and conducted by the parent or coach. The Pacific Association does NOT process advancements on behalf of athletes. If you have any questions please contact a meet director before you leave Whitney High School on June 13 or 14.

# USATF Region 14 Combined Events Championships

## Schedule of Events

### Saturday, June 13

- 9:00 am Group 5 boys – 15-16 years old  
Group 6 boys – 17-18 years old  
**Decathlon** (100m, Long Jump, Shot Put (12 lbs), High Jump, 400m)
- 9:00 am Group 2 boys – 9-10 years old  
**Triathlon** (Shot Put (6 lbs), High Jump, 400m)
- 10:00 am Group 5 girls – 15-16 years old  
Group 6 girls – 17-18 years old  
**Heptathlon** (100m Hurdles, High Jump, Shot Put (4k), 200m)
- 12:00 pm Group 2 girls – 9-10 years old  
**Triathlon** (Shot Put (6 lbs), High Jump, 200m)

### Sunday, June 14

- 9:00 am Group 5 boys – 15-16 years old  
Group 6 boys – 17-18 years old  
**Decathlon** (110m Hurdles, Discus Throw (1.6k), Pole Vault, Javelin Throw (800g), 1500m)
- 9:00 am Group 5 girls – 15-16 years old  
Group 6 girls – 17-18 years old  
**Heptathlon** (Long Jump, Javelin Throw (600g), 800m)
- 9:15 am Group 3 girls – 11-12 years old  
**Pentathlon** (80m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 800m)
- 10:15 am Group 3 boys – 11-12 years old  
**Pentathlon** (80m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 1500m)
- 11:15 am Group 4 girls – 13-14 years old  
**Pentathlon** (80m Hurdles, Shot Put (6 lbs), High Jump, Long Jump, 800m)
- 12:15 pm Group 4 boys – 13-14 years old  
**Pentathlon** (80m Hurdles, Shot Put (4k), High Jump, Long Jump, 1500m)