



The 2nd Big Valley Track Club Meet

Sponsored by Big Valley Ford of Stockton.

"The Only One who can Beat me is ME..."

Saturday, April 11th 2015

San Joaquin Delta College

5151 Pacific Ave, Stockton, CA 95207

What do you need to know?

® USATF Membership: Not required but desired

® **Registration:** * Registration into the meet must be received by midnight April 8th, 2015

* Clubs / schools register at **Coach O**

* http://coachoregistration.com/track/entry/ca_valley

® **No same day registration ... no exceptions!**

® Cost:

* \$7 per athlete

* Free for spectators

* Payment will be collected at time of online registration

® Awards: Top 6 in each heat / flight will receive a ribbon (given after each heat / flight is completed). Medals will be given for the top 3 in each Event.

Medals can be picked up by coaches or parents

® Results: Results will be posted after each event is over and on the PA/USATF website within 2-days after the meet is completed; field event results will be posted as soon as they are loaded into the computer

® Snack Bar: Snack bar will open at 7:00 am (**Delta College does not allow BBQs to be used anywhere on campus, not even in parking lots**)

® Access to clerking area: Coaches are encouraged to come with their athletes to the Clerking area for 0,1 and 2 age groups. Clerking area is only for running events. All field events check in at the field event location

® Access to infield: No coaches on infield except coaches clearly displaying 2015 PA/USATF membership ID cards and assisting 0,1 and 2 long jumpers setting marks. Coaches must leave when the event begins

® Questions: Contact Coach Emosi Raura @ earaura@gmail.com or (209) 647-9164

Driving Directions

® From Reno/Sacramento: Take I-5 South towards LA. Exit on March Lane making a left on the Light. Make a left on Pershing Ave and make a right to the side of the Track and then parking on the parking Lot.

® From Elk Grove/Sacramento: Take I-99 South towards Fresno then Take left on Hammer Lane towards Pershing Ave then make a left. Make a left after you pass the Track and then find parking on the parking Lot.

® From Bay Area: Take I-580 East towards Livermore/Stockton. Keep left to take US-205 towards Tracy/Stockton. Stay left and take I-5 North towards March Lane. Exit on March Lane making a Right on the Light. Make a right on March Lane and make a left on Pershing Ave and make a right to the side of the Track and then parking on the parking Lot.

Meet Timeline

* Packet pick-up opens 7:00 am

* Club coach's / Unattached parents meeting (infield) 8:00 am

* Field events begin (Rolling Schedule) 8:30 am

* Running events begin (Rolling Schedule) 9:00 am

Age Groups

* 0, 1, 2 and 3 can compete in up to 3 events

* 4 and 5/6 can compete in up to 4 events

Age Group	Birth Year	Age Group	Birth Year
0	2009 or Later	4	2001 - 2002
1	2007 - 2008	5/6	1997 - 2000
2	2005 - 2006		(1996 if 18 on or before July 27th)
3	2003 - 2004		



Depending on number of Athletes in each Event the 800m and 1500m Races will be combined with boys and girls for each age group to compete in one heat, during designated time in Schedule. All Field Events will begin at 8:30am and it will be on a rolling schedule. All Running events will begin at 9:00am and will be on a rolling schedule also unless advised during the Meet.

Running Events

- 1500m (All age groups)
- 4 x 100m Relay (All age groups)
- 80m Hurdles (3)
- 100m Hurdles (4M/W, 5/6 Women)
- 110m Hurdles (5/6) Men
- 50m Run – Group 0
- 800m Run (All age groups)
- 100m Dash (All age groups)
- 400m Run (All age groups)
- 4 x 200m Relay (All age groups)

Field Events

- *Discus (5/6, 4,3)
- Turbo Javelin (3,2,1,0)
- Shot Put (0,1,2,3,4,5/6)
- Long Jump (Starting Groups 1Boys & Girls)
- High Jump (5/6, 3,4,2)
- Javelin (4,5,6)

GROUP 0 – EVENTS

- 50Meters
- 100meters
- Long Jump
- Shot Put
- Turbo Javelin

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