

Reach for a Star, 03/22/2015 PA LDR Committee Meeting Agenda

Meeting to be held near the Start/Finish line at 9:45.

Approval of 11/15/2014 (PA XC Champs) Meeting minutes.

Discussion of XC Grand Prix Issues

Discussion of Road Grand Prix Issues

Discussion of Ultra Grand Prix Issues

Discussion of any PA LDR Rule Issues (see Appendix D)

Discussion of Project to Update LDR Guide

Formation of a formal LDR Executive Committee

Discussion on Transgender Athletes competing in the PA LDR Grands Prix

New Business

Appendix A, PA XC GP Schedule

Date	Day	Race	Location
8/22/2015	Sat	15th Annual UC Santa Cruz XC Challenge	Santa Cruz
8/29/2015	Sat	23rd Annual Phil Widener Empire Open	Santa Rosa
9/13/2015	Sun	30th Annual Golden Gate Park Open	San Francisco
9/26/2015	Sat	11th Annual Garin Park XC Challenge	Hayward
10/3/2015	Sat	17th Annual Presidio Challenge	San Francisco
10/10/2015	Sat	7th Annual Willow Hills XC Open	Folsom
10/24/2015	Sat	18th Annual Aggies XC Open	Martinez
11/1/2015	Sun	20th Annual John Lawson Tamalpa Challenge	China Camp
11/14/2015	Sat	5th Annual Rebels XC Challenge	Sacramento (Ancil Hoffman Park)
11/22/2015	Sun	30th Annual PA Cross Country Championships	San Francisco (Golden Gate Park)
12/12/2015	Sat	USATF National Club Championships	San Francisco (Golden Gate Park)

Appendix B, PA Road GP Schedule

Date	Race	Location	Points	Prize Money
3/7/2015	NorCal John Frank Memorial 10-Mile	Redding	1.5	\$4,350
3/22/2015	Reach for the Stars 5K	Brisbane	1	\$2,900
4/12/2015	Credit Union SACTOWN Ten Mile Run	Sacramento	1	\$2,900
4/26/2015	Capital City Classic 12K	Sacramento	1	\$2,900
5/10/2015	Pacific TherX 5K 4Play	Portola Valley	1	\$2,900
5/25/2015	Marin Memorial Day 10K	Kentfield	1	\$2,900
7/4/2015	Freedom Fest 5K	Morgan Hill	1	\$2,900
7/12/2015	Miracle Mile	San Rafael	1	\$2,900
10/18/2015	Humboldt Redwoods Half Marathon	Weott	1.5	\$2,900
11/8/2015	Clarksburg Country Run Half Marathon	Clarksburg	1.5	\$2,900
12/6/2015	California International Marathon	Sacramento	2	\$2,900
12/13/2015	Christmas Relays	San Francisco	1	\$2,900

Appendix C, PA Ultra GP Schedule

DATE	EVENT/DISTANCE	LOCATION	POINTS
Feb. 7	Jed Smith 50K	Sacramento	1
Mar. 7	Way Too Cool 50K	Cool	1
Apr. 4	American River 50M	Sacramento	1.6
Apr. 19 (Sun.)	Ruth Anderson 100K/50M/50K	San Francisco	2.0/1.6/1.0
May. 2	Miwok 100K	Stinson Beach	2
May. 9	Quicksilver 100K/50K	San Jose	2.0/1.0
May. 16	Silver State 50M and 50K	Reno	1.6/1.0
May 17 (Sun.)	Ohlone Wilderness 50K	Fremont	1
Jun. 20	PCTR Summer Solstice 24 Hour	Crissy Field	3.3/2.0
Jun. 27	Western States 100M	Squaw Valley	3.3
Jul. 18	Tahoe Rim Trail 100M	Spooner Lk SP	3.3
Aug. 8	Skyline 50K	Castro Valley	1
Aug. 29	Tamalpa Headlands 50K (USATF National Championship)	Muir Beach	1
Sept. 12	PCTR Headlands 100M	Rodeo Beach	3.3
Oct. 10	Dick Collins Firetrails 50M	Castro Valley	1.6
Nov. 7	Rio Del Lago 100M	Beal's Point	3.3
Nov. 28	Quadruple Dipsea (28.4M)	Mill Valley	1

Appendix D, Proposed Ultra GP Rules

1. Generalize the Division Winners discounts exception for WS100 to make it apply to all 100 Mile Trail Races. Ideally this should have been done when Tahoe Rim Trail 100 was added without the discount.
2. Recognize the extra expense for National Championship races and exempt them from the discount.

We propose the following changes to Rule 10:

1. *delete* second sentence of first paragraph (beginning "as long as . . . ")
2. The following Grand Prix races are exempt from this requirement of discounted entries, although directors may provide them at their option, in whole or in part:
 - a. All 100-mile trail races;
 - b. Races that are designated "USATF Championships," and must commit to providing a prize-purse for the purpose of thus serving."

Rule 4.6:

4.6	An athlete competing for a club on the Road Running and/or Cross Country Grand Prix may compete for another club on the MUT Grand Prix only under the following conditions:
	(a) The club for which the athlete is competing does not in the current season field a team or teams in the MUT Grand Prix and has no intention of doing so. Note: Both clubs for which the athlete is competing must have mutually exclusive programs in respect to head-to-head competition. For example, Club A competes in road running only. Club B competes in road running and MUT running. Member of Club A cannot join Club B for only MUT running, but must join Club B for road running also.
	(b) The President of the club files a written notice with the Pacific Association notifying them of the above and releasing their athletes to compete for another club in the MUT Grand Prix only.
	(c) Athletes that wish to compete for another club in the MUT Grand Prix file written notice with the Pacific Association stating the club for which they want to compete in the MUT Grand Prix, prior to their first MUT race in which they desire to score for the club.

Rule 23:

23.0 SAVING CLAUSE, OTHER

23.1	Failure of literal or complete compliance with provisions of these by-laws in respect to dates, times of notice, or proposals which, in the judgment of the members in attendance at meetings of the LDR committee, do not cause substantial injury to the rights of members, shall not invalidate any of the actions of this committee.
23.2	If literal or complete compliance with a provision of these by-laws in a specific circumstance operates counter to the LDR committee goals of encouraging continuing development of post collegiate distance running athletes and providing competitive opportunities to these athletes and club teams within the Pacific Association boundaries, the committee may, with two-thirds majority vote, choose to make an exception to that provision in that circumstance.