Report from the Pacific Association Representatives

USATF Anaheim Annual Convention-Delegation Chair-Irene Herman-Funded

- 1)Mark Winitz-overall introduction and LDR activities, Men OTF-Funded
- 2) George Kleenman Official Funded- At Large
- 3) Deborah Sample- Youth Funded -At Large
- 4) Jim Hume-Certification Chair- Funded
- 5) Jim Marheineke-Youth Coach-Funded
- 6) Joanne Camargo-Youth Chair -Funded
- 7) Joseph Ols-Master TF- Funded
- 8) Mike Bower-Officials Chair-Funded
- 9) Shirley Connors- Official Funded- At Large
- 10) Dave Shrock-President-Funded
- 11) Tom Bernhard-MLDR –Funded
- 12) Al Hernandez-Collegiate Coaches-Funded
- 12) Beth Price-WLDR- Funded
- 13) Fred Baer-Women TF-Funded
- 14) Charlie Sheppard- Para-athletes-Funded
- 15) Jon Price-RW-Funded
- 16) Jere Summers-No Report



2014 USATF Annual Meeting

PA/USATF DELEGATE REPORT

From: Mark Winitz

December 24, 2014

INTRODUCTION

The 2014 USATF Annual Meeting (Anaheim, Calif., December 2-5) was an action-packed and productive one. Although the convention was overshadowed by the controversy regarding the selection of USATF's nominee for the IAAF Council position, the various meetings that I attended were dynamic and fruitful. The quantity and quality of knowledgeable volunteer leadership, participation and contributions at these meetings is, perhaps, at the highest level of all national governing bodies for Olympic sports in the U.S.

My full schedule at the convention—as the Secretary of Men's LDR, a member of the Men's LDR Executive Committee, and a member of the Law & Legislation Committee—unfortunately, left me with no time to attend the Open Men's Track & Field Committee meetings as PA/USATF's representative. My relatively late appointment to this position (as a PA alternate delegate)—two weeks before the start of the convention—left me no time to adequately plan my schedule around the meetings that I was already committed to. My meeting commitments/time schedule conflicted with the Open Men's T&F meetings, which I communicated to Irene.

So, this report concentrates on key items of business from the committee meetings that I did attend with an emphasis on the topics that I feel will be of information value for the PA.

LAW AND LEGISLATION

This year was a very busy one for L&L, although, technically, 2014 was not an "L&L year" for USATF. Usually, no new proposed amendments to USATF's Bylaws and Operating Regulations are allowed for consideration in even-numbered years (only in odd-numbered years). This year, however, the USOC performed an audit of USATF's governance policies and operations. Subsequently, USATF's Board of Directors appointed a Governance Task Force to study and put forth, on behalf of and approved by the Board, an amendments package to address the continued governance concerns from the USOC. This amendments package was thoroughly discussed and debated by the L&L Committee in Anaheim. A similar scenario occurred in 2008 when the USOC mandated that USATF streamline its Board and a restructuring occurred.

The recommendations in this year's amendments package addressed the role of USATF's Board, the role of USATF's committees, and the responsibilities of USATF's CEO, President and Board Chair. USATF's CEO Max Siegel, President and Board Chair Stephanie Siegel, and Becky Oakes (a USATF Board of Directors member who co-chaired the USATF task force which reviewed USATF's governance structure) attended each L&L meeting

Ms. Oakes said the purpose of the Board's recommendations in the package are to "bring USATF in line with the best business practices of other NGBs."

One "emergency" proposed amendment (independent of the amendments crafted by the task force per the USOC's recommendations) was introduced by L&L Committee member, David Greifinger, on behalf of the USATF Athletes Advisory and Youth Committees. The amendment proposal addressed USATF Bylaws article 10 (Officers and Their Duties) concerning the selection procedures for USATF's nominee for the 27-member IAAF Council. Until 2009, USATF's membership elected its nominee to the IAAF Council. The membership ceded this duty to the USATF Board during restructuring at the 2008 Annual Meeting.

The amendment proposed to return the selection of USATF's IAAF nominee to the membership while giving USATF's Board the authority to *overturn* the membership's selection with a different nominee by a majority vote of USATF board members.

Stephanie Hightower, who had been lobbying to unseat Bob Hersh as USATF's IAAF Council member, did not favor this proposal. Hersh has won election to the IAAF Council as USATF's nominee for four consecutive 4-year terms and has risen to the position of IAAF's Senior Vice-President.

Subsequently, following talks between Mr. Greifinger and Ms. Hightower, a compromise was reached. The L&L Committee approved the compromise, which gives USATF's Board the authority to overturn the membership's selection with a different nominee if it determines by a two-thirds vote of its total board members who are not conflicted that different candidates should be nominated. This compromise was part of L&L's final Bylaws and Operating Regs amendments package distributed at the USATF meeting's Closing General Session and approved by the delegates.

Shortly after that approval, the delegates cast their votes at the closing session, recommending Hersh as their IAAF Council nominee over Hightower by a margin of 392-70. The Board met immediately after the Closing General Session. By a vote of 11-1, it overturned the vote of its constituents and placed Hightower in nomination. (The IAAF Congress, as a whole, will elect its new Council in Beijing next August at the IAAF World Track & Field Championshops.)

LONG DISTANCE RUNNING/CROSS COUNTRY

Here is a summary of the major items of business and discussion related to LDR that occurred at the Annual Meeting:

• Rules of Competition – Discussion and Amendments

Gun/Net Times in Road Events

Given the reality that today's road races use a combination of methods to time and score their events and determine awards (by gun time, net time, or a combination of both), the Rules Committee considered and passed several rules amendments related to this:

Rule 163.1 (as amended)

In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to place competitors using "net time order", "first-across the line" or a combination of both to determine placing and awards. See Rule 165.16.

Rule 165.16 (new rule)

In non-championship races conducted partly or entirely outside the stadium, the Games Committee may elect to determine times and places based "net times", "gun times" or a combination of both to determine placing and awards provided that:

- (a) The basis for determining times and places and awarding prizes and trophies is clearly stated in the entry materials and any listings of prizes and trophies to be awarded.
- (b) To determine "net time" and place:
 - i. A net time for each competitor is calculated as the difference between the raw (un-rounded) times recorded by transponder timing systems at the start and finish.
 - ii. The official places of the competitors are determined by ranking them by net time. If two or more athletes have the same net time, they are tied.
 - iii. The official times are determined by rounding up the net times to the next full second. See Rule 165.11(c).
 - iv. In the event that no start and/or finish time is recorded for one or more competitors, the Referee shall determine the official places and times for the competitors affected based on all available evidence.
- (c) In the event a record is clamed, the "gun time" (the time from the flash/smoke of the pistol or approved apparatus to the transponder timing at the finish) shall be submitted, except in the case of Masters records. See Rule 265.8.

Rule 265.8 (existing rule, unchanged)

Properly rounded net times provided by transponders may be used for American Masters LDR records provided: the competitor wins his/her division as defined for the Masters age groups listed in Rule 320 beginning at age 40 and only including other record eligible competitors; the transponder mat defining the start time is placed completely before the start line; and the transponder mat defining the end time is placed.

Rule 341.10 (new rule)

An event chosen as a Masters Long Distance Running Championship shall use a transponder timing system as the primary timing and recording system, using either Net or Gun Timing.

Breaking Team Ties in LDR, Cross Country, and Race Walking

Rule 7.9(b) was amended specifying that team ties between two or more teams (whether scoring by time or place) shall be resolved <u>in favor of the team whose last scoring member finishes nearer to first place</u>. This change brings USATF's rules in line with IAAF tie-breaking procedures.

Protest Period for Professional Section of LDR Events

Rule 146.2(a) was amended decreasing the protest period for the <u>professional section</u> of road races from one hour to <u>30 minutes</u>. The protest period for non-professional sections of road races remains at 24 hours.

Snowshoe Racing

A proposed rules amendment that would allow snowshoe racing for Mountain and Trail events was <u>tabled</u> by the Rules Committee for further discussion.

• 2016 U.S. Olympic Marathon Trials

USATF CEO Max Siegel announced that the 2016 U.S. Olympic Team Trials – Men's and Women's Marathon will deliver a record \$600,000 prize money, The Olympic Trials Marathons, to be contested Feb. 13, 2016 in Los Angeles, will award \$300,000 prize money to women and \$300,000 to

men. The top three finishers from each race who meet Olympic time standards will make the team for Rio.

On a broader scale, Siegel announced that USATF achieved an 84.2 percent increase in revenue from 2011 to 2014, from \$19 million in 2011 to \$35 million in revenue in 2014.



Convention Report by George Kleeman

With shortened Annual meeting this year I was able to attend all of the Rules Committee meetings, the opening and closing sessions plus the Officials Awards and Happy of Fame Sub Committee meeting, the Equipment and Implement Specifications Sub Committee meeting, the Olympic Committee Seminar on harassment, Referee Training Seminar, the International Technical Officials meeting and parts of the two sessions of the Officials Committee.

The Rules Committee dealt with 102 items. Forty-seven were approved as submitted;, eleven were approved as amended; fourteen were withdrawn; sixteen were rejected and 14 tabled including three from last year. Twenty eight were of a general nature affecting multiple committees; fifteen affected field events; three had to do with timing; twenty-five had to do with LDR/XC or MUTS;, twenty=two dealt with Youth rules; seven with Masters sports; and two race walking, The biggest change was to allow net timing for out of stadium non championship competitions. Master championships and non-championships can use either system of time as long as it is advertised in the entry material. In fact it is possible to have Masters use net timing even in races where the open division uses gun time. It is incumbent on the meet management to specify how awards will be given out and which timing system will be used for each division. '

Team Championships in LDR, Race Walking and MUTS are scored by time. Team Championships in cross country (open, junior, masters, and youth) are scored by place. Ties between two or more teams are to be broken by the higher place (closest to first) of the last scoring individual on the team.

A box collar for the pole vault is now mandated for youth meets.

For the javelin throw to be legal any part of the point must strike the ground first and not the tip as previously required.

In race walking championships the circuit for events 10k and longer shall be a maximum of 2000 m.

More details on rule changes can be found on line where I have posted all of the rule changes on both the PAUSATF and USATF Officials web pages.

The results of the Officials elections will be reported by others.

Thanks to a nomination from Dave Shrock and seconded by me, John Mansoor received a Presidential award for his long time serve to USATF and the Pacific Association.

We again had several finalists in the Officials Award category but no winners. Shirley Connors for the Andy Bakjian Award, John Murray for the Horace Crow Field Official Award, and Tiffany Banks for the Charles Ruter Track Officials award.

irene@ireneinsures.com

From: Sample, Deborah <DSample@wccusd.net>

Sent: Friday, December 19, 2014 3:04 PM

To: HEIKEMANSOOR@aol.com
Cc: irene@ireneinsures.com
Subject: USATF CONVENTION 2014

Categories: Red Category

ANNUAL YOUTH WORKSHOP

USATF 2014

THIS YEAR'S YOUTH WORKSHOP HAS GROWN AND CONTINUES TO GROW. MEMBERS ARE UP TO 124 FOR THE YEAR OF 2014.

LIONEL LEACH SAID THAT WE NOW HAVE OVER 8600 YOUTH MEMBERS IN YOUTH TRACK AND FIELD. LIONEL ALSO FEELS THAT THE YOUTH ORGANIZATION IS EING DIVIDED. THE CEO BROUGHT IN SPONSORS SUCH AS HERSHEY AS A PARTNERSHIP WITH USATF.

EVERYONE WHO ATTENDED THE YOUTH WORKSHOP WAS ASKED TO TAKE THE SAFE SPORTS TEST WHICH INCLUDED WATCHING A VIDEO ON SIGNS ON HOW TO CATCH A PEDOPHILE. THE VIDEO WAS 1 AND ½ HOURS LONG. THEY SET UP TIME FOR EVERYONE TO WATCH. 7AM, 10AM, 1PM AND 4PM. JOANNE CAMARGO AND I WENT AT 10AM. AFTER WATCHING THE VIDEO WE WERE GIVEN THE ANSWERS TO THE TEST THAT OTHERS WILL NEED TO TAKE.

ALL OF THE COACHES AND VOLUNTEERS NEEDS TO TAKE THIS TEST AND THEY MUST COMPLETE

IT BEFORE THEY CAN REGISTER THEIR TEAM OR CLUB.

THEY WANT ALL CLUBS TO RENEW THEIR BACK GROUND SCREENING WITH TC LOGIC ALONG WITH THE SAFE SPORTS TEST IN ORDER TO GET THEIR CLEARENCE. SAFE SPORTS NEED TO BE COMPLETED BY 0CT. 1ST 2015.

THE YOUTH BOARD WENT OVER HOW TO SET UP A MEET, AND GAVE THE NEW STANDARDS FOR THE TIMING SYSTEM HI TEK MEET MANAGER NEEDS TO BE 4.0

FUTURE STARS: ATHLETES CAN GO TO THE USATF WEB SITE AND TYPE IN FUTURE STARS AND # POST PICTURES OF THEM COMPETETING, EACH MONTH THERE IS A THEME FOR THE ATHLETES TO PARTICIPATE IN. IE; TECHNOLOGY TIPS, COACHING TIPS, FITNESS FREE, GO MEALS, GROUP ME, PERSONAL TRAINER, ECT.

WE MUST MAKE SURE THAT ALL CLUBS REGISTER THEIR ATHLETES AS A MEMBER OF USATF. ALL CLUBS MUST PUT IN THEIR PRACTICES ON THE CALANDER ON THE WEB SITE. AS A MEMBER THE YOUNG ATHELTES WILL BE INSURED IF THEY ARE INJURED AT PRACTICE OR AT A MEET. IF ALL OF THE CLUBS HAVE THEIR ATHLETES JOIN USATF AND THE ATHLETES GET INJURED, THIS WILL ALLOW THEM INSURANCE IF THEY ARE SUED BY THE PARENT. BY BEING A MEMBER OF USATF THE ATHLETES WILL GET MEDICAL CARE.

MY OVERALL PROPECTIVE ON THIS YEARS YOUTH WORKSHOP

IT WAS VERY INTERESTING, BEING BROUGHT UP TO SPEED OF WHAT IS GOING ON BEHIND THE SCEENS. NEW EQUIPMENT BEING INTRODUCED TO THE COACHES. THE AREO JAVLIN AND THE TOM PETTROFF JAVLIN, BOTH JAVLINS WERE TABLED UNTIL FURTURE EVALUATION IS DONE.

I ENJOY GOING TO THE YOUTH WORKSHOP AND WILL CONTINUE TO ATTEND.

REPORTED BY: DEBORAH SAMPLE; PAUSATF TRACK AND FIELD CHAIR

Hume's 2014 Convention Report.docx

From: Jim Hume, PA/USATF CertChair

Date: Monday, January 5, 2015

In as much as the 2014 USATF Annual Meeting was shortened by one day, there were meetings I might have attended but for time conflicts. I concentrated on the following meetings:

- 1. National Officials Committee...Other than the usual awards and business, the main points of interest were:
 - The National Officials Committee is receiving more money on their budget;
 - Since USATF itself has more income, some money will be allocated toward official's expenses at the national championship meets;
 - The NOC/Nike will be supplying every official with a polo shirt by 2016; and
 - Jimmy Stuart was reelected as the national certification chair for a four year term. Doug Alan ran unopposed and was elected NOC treasurer. E. Scott Ross was elected Awards Chair.
- 2. National Certification Sub-committee...Jimmy Stuart is working at developing on-line testing. He has convened a group of people to rewrite the Apprentice Level exam and is exploring ways to post this exam online. His plan is to have all ReCertification exams on-line. No certification chair supported this plan and I heartily disagree with the idea of on-line exams.
 - Within the Pacific Association we do not see these questions as an EXAM but rather a rules review. Working with the questions is not a case of "Gotch-ya!" but rather an opportunity for study.
 - Within the Pacific Association we have years of experience of having potential officials attend an "Introduction" clinic, take an exam/rules review home and do nothing with it. This is why we went to a system which incorporates the rules review with the clinic.
 - A large number of our officials are not agile when using the computer and/or do not have computers which are agile enough to do "on-line" work.

Hume's 2014 Convention Report.docx

- And most important, when the new procedures were adopted they stated...
 - RULES, REGULATIONS, AND PROCEDURES
 - FOR CERTIFYING COMPETITION OFFICIALS
 - NATIONAL OFFICIALS COMMITTEE
 - OF USA TRACK & FIELD
 - Revision 2011-1D
 - Adopted by the Officials' Executive Committee on December 1, 2012.
- Certification

- SECTION 14
 - TESTS

All testing requirements for the certification disciplines and requirements contained in this document shall be listed in a separate document which shall be updated by the National Vice-Chair of Certification as needed to keep abreast of rule changes, procedure changes, etc.

All required tests will be administered by the local Association Certification Chair except where noted in this document. All tests will be open-book and have no time limit unless noted otherwise on the test.

For any certification discipline listed in this document that allows an Association to add additional requirements, Associations will be allowed to supplement the required test with additional tests or questions. Associations will also be allowed to use their own tests in-lieu of the National Officials Committee developed tests as long as the replacement tests cover all of the same topics as the National Officials Committee developed tests.

- 3. Safe Sport Certification...I attended a Safe Sport Certification clinic which consisted of signing in before the clinic, watching an 86 minute video presentation and signing in at the end of the video. I was disappointed that there were no training materials offered. It seems that most of the officials are expected to go through study and exam on-line.
 - I have the same objections to Safe Sport on-line study/exams as I have for certifying officials on-line.
- 4. **Martin Johnson**, USATF Colorado Officials Chair and Officials Coordinator and **Patty Rouse**, USATF Kentucky secretary hosted a clinic entitled *New Officials Training A Practicum Based Approach*.

Mike Bower and I attended the clinic. I dislike the use of the word "Practicum" and much prefer "Learn by Doing" for that is what the clinic advocates...training by having the students actually go through the steps to run a throw, a horizontal jump or a vertical jump.

Hume's 2014 Convention Report.docx

This approach is not significantly different in how we have approached instruction for field event officiating. If the weather allows, we go outside for the instruction. If the weather does not allow, we use tape and create rings and runways inside. Our clinics are usually too early in the year for vertical jump pits to be set up outside.

This clinic season we are hosting two clinics, one youth and one high school, where the second half of the clinic will be a meet with the new students being mentored while being the officials for meet.

Jim Marheineke (Sub-Committee Chair Youth/High School Coaches)

Opening Session

It was great to see John Mansoor recognized with a Presidential Award for his service. The memorial video for the various people involved with USA Track and Field in various capacities was wonderfully made and a fitting tribute to their service and contributions to the sport.

World Class high jumper, Brigetta Barrett, gave a moving speech about the growth of USA Track and Field and the power we have as an entire community. She then introduced CEO Max Siegel who gave a detailed presentation about the economic stability that has been established in the past few years and his vision of using the monetary product of that stability to improve each of the various groups of constituents. Much of that stability comes with seven new additions of corporate sponsorships including Rosetta Stone, which also will give quality and unique benefits to members of our organization.

Youth Coaches Association/General Session

The National Youth Track Coaches Association (NYTCA) is a small group of coaches (membership count is 65 people) from across the country who coach at the youth level. The Coach O website has been a wonderful sponsor of the group because it has provided a national website many associations use for meet entries, it has provided a forum to spread the word of the NYTCA and Coach O has purchased the awards given out to all of the Regional Coach of the Year recipients. Unfortunately, the NYTCA has not had enough nominations for members of the group to present all of the allotted awards over the past few years. If membership can increase, then more recognition can be given to deserving coaches who do so much for the youth of the sport.

There was discussion regarding the mandate by the USOC and thus by USATF to have all coaches, volunteers and officials working with youth to become certified through Safe Sport. Certification must be renewed every two years. A large number of people in the room had already or were planning on attending one of the Safe Sport training courses offered during the Annual Meeting. Normally, someone needs to watch an on-line video and answer questions for the test. In Anaheim, the video was shown and the questions and answers for the test were given out following the video.

Lionel Leach, who is the Division Chair for the Youth Executive Board, spoke about some of the key items that were likely to come up during the week. He informed the group about Article 17 and the issue of whether or not the President of USATF is automatically the Chair of the Board of Directors. Both of these were issues being discussed with the Law and Legislative group and he told the group that we could meet prior to the Closing Session if we wanted to discuss these items further and have more insight before the vote that might occur.

Lefty Martin spoke to the group next and provided details about how World Youth Staff is chosen. He encouraged people to apply if they are interested and feel like they are qualified. One issue that prevents some coaches from selection is their failure to have the appropriate background check. This is much different from staff selection for the World Youth Olympics which is controlled by the USOC. Ron Williams, Arrionne Allen and Norine Richardson then spoke about their experiences traveling to the World Youth Olympics this past summer and their

philosophy with the athletes on the trip.

Larry Seifert gave the treasurer's report.

Ron Williams encouraged the group in attendance to publicize the NYTCA to their local groups and try to grow the membership.

Coaching Education General Session

After the meeting was officially opened, Terry Crawford and Larry Judge spoke about the success of Level I schools. In 2014, USATF held a Level I school in Nassau, Bahamas and is considering future schools in other Caribbean countries. Level I schools now have a new text book and the Level I curriculum has been accredited so that attendees can earn continuing education units following the school. Level II schools have also been a success and standardized testing has been implemented for all event groups. Level II will also work on an accreditation in the near future. While Level III certification continues, an increasing number of coaches have taken advantage of the USATF Level III/IAAF Level V Academies. Recertification standards for Level I are being finalized. Coaches must be re-certified every four years starting with those who earned Level I certifications prior to the end of 2012 and they must have those completed by the end of 2016. Level I Regional Coordinators have been established with a goal of hosting 50 Level I schools per year. The location for the 2015 Level II School will be announced in February, 2015.

National Senate of High School Track Coaches Association

Den Helberg, Executive Chair, spoke about the objectives of the National Senate which is to provide support for grass-roots efforts of high school coaches to improve coaching education opportunities within state associations in conjunction with USATF, USTFCCCA and NFHS. He spoke about membership details and the National Senate website.

Becky Oates from NFHS spoke about the rule changes in high school for the 2015 season and the rationale behind their changes.

Cathy Sellers spoke about the USOC and Paralympics but more importantly how high school coaches can be models of inclusion for athletes in the sport. By allowing athletes with special needs to feel welcome as part of their teams, they are truly being ambassadors of the sport.

Don closed the meeting by discussing improvements that can be made to the National Senate Handbook that has been drafted.

Coaching Advisory Council General Session

Following a few business items, Terry Crawford first spoke about funds for Coaching Grants and the opportunities to use the grants like the Podium Project, Mentorship programs and the USATF/IAAF Academy. Second, she spoke some USOC mandates that have effects on the Coaches' Committee such as the Safe Sport Program. She introduced the concept of a national coaching matrix built upon the National Coaching Registry and emphasizing the benefits of being a coach who has gone through the USATF Coaching Education courses.



December 17, 2014 Joanne Camargo Youth Chair Pacific Association

- The 2016 USATF Junior Olympic Nationals will be held in Sacramento, California. The 2016 USATF Cross Country Nationals will be held in Hoover, Alabama. The 2016 USATF Youth Nationals will be hosted by Hershey in partnership with USATF in Lisle, Illinois. Instead of Opening Ceremonies there will a cookout paid for by USATF and Hershey. We all were left out of the bidding process for this meet. This is in direct violation of Article 18 regarding the power of the USOC has over us to run our own youth committee. Max Siegel made this agreement to run the meet this way without any input from the youth committee chairperson. The Youth National Championships will be held in conjunction with Hershey every 4 years.
- The Indoor Youth Nationals is no longer a pilot program. The numbers for the past 4 years was 300, 360, 1000 and now 3000. It's given in conjunction with Hershey at the Ocean Breeze Athletic indoor track and field complex in Staten Island, New York. Rings will be given to 15-16, 17-18 winners.
- The National Office Youth Committee has decided to use Atkins Timing only for all of our National Championship meets. The cost will be split between the National Office and the LOC.
- The Coach-O online registration contract will expire in 2015. They will continue as our online registration company through the 2015 track and field season only. The 2015 cross country online registration season will be done by a new online company. USATF is currently putting out an RFP to find another online registration company.
- All adults on youth team rosters over 18 will have to be TCLogic background checked or their team will not be renewed for the season. All officials are required to do TCLogic as well. TCLogic's contract is coming up for renewal and it will be renewed. There will be no RFP going out for this business.

The National Office wants to charge for any t-shirts with the USATF wings logo on it sold at our championship meets. **2014 USATF ANNUAL MEETING NOTES, ANAHEIM**

From: Fred Baer

WOMEN'S TRACK & FIELD COMMITTEE

(Including some notes from Men's T&F Exec Committee and High Performance Committee meetings, which I also attended).

Chair Sue Humphrey provided a year in review; expressed concern about Board of Directors appointees & terms of office.

There will be more money in track & field in 2015

Subcommittee reports:

Coaches Advisory (see separate notes by me)

Coaches Ed – Reported on all of the schools held in 2014.

Development & High Performance – Rose Monday/Duffy Mahoney

Development budget will be increased to between \$280K and \$290K (up from \$200K).

Juniors: Megan Watson: Junior Pan AM Games in Canada in 2015; World Juniors 2016 in Russia Law & Legislation: Wendy Truvillion reported

Brooks Johnson stated his opposition to the proposed legislation by the Board of Directors.

USATF Foundation: Gave out 51 grants this year, ranging from \$3K to \$10K. Next round of grants will be awarded in February. Can help clubs with grants of \$2K to \$3K

Standards & IAAF (Bob Hersh)

IAAF has a new standards system for World Championships – just one standard (no longer A&B) – which the IAAF expects will fill 75 per cent of the fields; remainder of fields will be filled by IAAF descending order list after all entries are in.

Both USA women's relay teams are already qualified for 2015 World Championships from World Relays in Bahamas 2014

Qualifying period for most events opened Oct. 1 and continues through Aug. 10, 2015.

Field sizes: 56 for 100 & 200; 48 for 400 & 800; 45 for 1500 & steeplechase; 16 for relays; no limit in 5K & 10K; 32 in all field events.

Championships are Aug. 22-30 in Beijing.

World Relays return to Bahamas, May 2 & 3. IAAF likes having the meet in a country with "relay success"

Future World Relays are planned for odd years (2017 & 2019)

NACAC will have a senior championship meet in 2015 in San Jose, Costa Rico Event winners will qualify for World Championships – This will provide an opportunity for automatically qualifying in those few events where USA (or any country) doesn't have a qualifying mark.

The IAAF's World Athletics Series has a renovation project. "Our (T&F) audience is "old" The large steering committee met in February and September and has created four working groups.

2015 USATF indoor championships will be at Reggie Lewis Center in Boston area, a 3-day meet (Friday through Sunday).

Indoor championships can be innovative with event distances. So the 2015 championships will run the 300, 600, 1000, mile, and two mile – in order to add some excitement to the indoor championships.

Staffs for 2015 and 2016 teams were selected during M&W closed Executive Committee meetings but have not yet been announced (subject to review by USATF Board of Directors and also USOC (for Olympic Games).

HIGH PERFORMANCE DIVISION:

Some additional notes:

USATF training camp for 2015 World Championships will be in Japan, opening Aug. 10 and continuing until Aug 24 or 25 – with athletes then going to Beijing.

For the 2016 Olympics in Rio, the USA team will train in Texas since USOC processing will be in Texas.

For the 2015 Pan AM Game, USATF will use the U.S. ranking list as of May 31 to select the U.S. team, since games entry deadline is early (before US champs).

COACHES ADVISORY COMMITTEE – Cliff Rovelto, Kansas State, chair.

Announced strategic goals for 2015-2017:

#1 To increase representation and establish a strong voice for the Coaches Advisory Committee (CAC) within USATF.

#2 To increase active participation of coaches at every USATF Annual Meeting.

#3 To passionately advocate for an inclusive, synergistic, visible role for Coaches that affects governance, education, involvement, and performance in track and field at all levels.

Terry Crawford reported on

The USATF Coaching Matrix and Coaches Registry;

Also on USOC Mandates:

USAC Safe Sport Program

Updated Business Operating Plan

RECORDS COMMITTEE:

Records / applications from each committee were reviewed.

M&W Track & Field, Race Walking, M&W LDR, Master LDR, Masters T&F, Master Race Walking. No report from Youth Athletics.

Discussion included:

Positive drug tests that affected ratified marks and what procedure to follow to have marks vacated/deleted.

The LDR record application form was reviewed with the intent to update it, including the outdated back-up hand-timing section; also the need for a spaced for the transponder judge's signature.

Questions were raised about USATF awarding championships to events that do not comply with proper paperwork/processing for records.

The committee discussed having periodic reviews of record applications during the year for faster ratification and more timely recognition for athletes.

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• All Level I coaches must be recertified every 5 years. This requirement consists of a 25

All volunteers are required to go online and go through the online signature verification process. All volunteers are required to do this before their annual membership will be renewed. Check the USATF website.

- The National Office will give \$100,000 per year to the youth committee and we will need to decide how those funds will be used. The youth committee has actually negotiated to get approximately \$1,000,000 now through the 2020 season.
- Hershey and National will give book scholarships to graduating seniors by zones, paid for by the Hershey organization.
- USATF, under the direction of Arionne Allen, started a new program last year called Future Stars. This program will engage new youth members online. Each month a new theme will be communicated online. To stay connected to USATF, there will be monthly contests with give-a-ways. The youth athletes will also receive tips from elite youth athletes. Future Stars is online now. The program has still not taken off yet because it is not being communicated very well at all to our youth members and their families.
- There are options for championship meet logos. It will be made available to us from USATF National headquarters. Look under the USATF Resource Center. You must use these logos only from USATF. You cannot use your own custom logo. Period.
- In the 800 meter race, we can no longer put 2 athletes in the same lane for a maximum of 12 athletes in each race. We must now use the waterfall start as done in the longer distance races.
- www.safesport.org the USOC has an initiative about sexual abuse awareness in our sport. This is a mandated awareness and prevention program. Background screening is part of the program. This year at the annual convention in Anaheim, we had the option of taking our session on safe sport training. Every adult over 18 must complete the safe sport training by October 2015. Last year Anna Salter gave a rather explicit presentation about the type of persons (with videos) who are convicted, incarcerated pedophiles. Please do Google Anna Salter to find more information about her work.
- For our 11-12 year old javelin throwers, there was a push and a vote to replace the current turbo javelin with a new one from Finland called the Finnjav. It will become the javelin for the 11-12 year olds in the near future. The vote was tabled for this year. The Finnjav is sold by VS Athletics amongst other suppliers. The creator, Tom Petranoff was a world record holder in the javelin. He states that it helps train throwing the javelin correctly. It's an aerodynamic obvious replacement for the 600 gram javelin. The cost is \$79 retail. You can check it out on the web by going to www.turbojav.com
- Major racewalk help is now available. Contact www.DHTrack@aol.com. They are coming up with information to help all level of coaches become better teachers of the racewalk. Coaches should put more time and energy into promoting this sport. NAIA gives racewalk college scholarships to our high school athletes. We need to promote racewalk in high school, like immediately.

- The High School Coaches Association speaks about Junior and High school participation of handicapped and disabled athletes becoming a part of the USATF program. We have over 1 ½ million participants currently participating in track and field in this country. Moving forward we are going to include them in our annual National Championship program.
- Pole vault injuries came up again this year. The pole vault accounts for the most injuries in track and field, over 17%. Starting with the 2015 season, all high schools will have to meet the AFPF standard for pole vault. They will have to add additional landing padding. This padding will go down into the sides of the box. This is additional padding to the already existing padding. The cost is around \$600 to install the padding to comply with the new ruling.
- USATF, USOC, NCAA, NHS have come together regarding an educational opportunity for pole vault. There is a free online course (30 minutes). Every coach and anyone doing pole vault is encouraged to take this free online course for pole vault. It is available on the USATF website. USATF.org
- Effective immediately, 8 and under athletes can no longer use starting blocks, even if they know how. Coaches can train their athletes the proper use of starting blocks, but cannot allow their athlete to use them at our track meets. This applies to the 8 and under athletes only.

Joseph Ols – Trip Report, 2014 USATF National Convention. Anaheim, CA December 2-5, 2014

- 1. 2015 Budget
 - Nat'l has 2 new CFOs so bottom lines TBD. We are budgeted for \$5K to NMN Some grass roots development issues could be desired.
 - Sandy Pashkin raised issue: May be 400m & 800m MTF races at Bejing world championships (Aug 27-30). Would prob pay ~3days accommodation, but no travel could we pay this IF events occur and IF USA athletes are selected and IF they are not included in the USATF athlete roster (for costs).
- 2. Budget Direction Committee: Have had same budget for 8yrs. Gary would like to update the organizing of how we spend our \$\$.Generally feel \$\$ should be pushed towards Regions, but tbd if Regional Coordinators can spend add'1 \$\$ well.
- 3. Records Changes
 - Sandy leaving USATF Records (remaining on World Records). Process going fwd: Jeff Brower will take over, and Sandy will give detailed info to him tomorrow.
- 4. HOF: Interesting few years... MTF & LDR starting Jan 2015 shall have 2 Wings in same HOF. Anyone can nominate anyone for HOF. Issue is trying to verify old records. Jeff Davison, John Seto, NMN.
 - 3 current + 1 "old timer" have been nominated this year
 - HOF exists (is posted at) online on Jeff Brower's website. We should have a physical list at the Armory.
- 5. WMA: Phil Greenwald discusses
 - Budapest. 2nd track was not the wonderful track the first track was. ~\$10 surcharge (depending on exchange rates) for PT.
 - Leon: We have our own hotel w/ 50 rooms (charge 1/3 upfront, refundable). Same uniform process as before (shall be a back room caucus to refine this). New Nike deal should be better (free singlet?), maybe cheaper. June 1st is the deadline (*European Time!* even though not posted as such). Discussed Travel Cost Strategies
- 6. New Business
 - Records Set by Open Athletes
 - Certain designated meets in Rulebook (e.g. Olympics, World Championships) at which Open/Masters records are set automatically become Official Records without forms needed. Any other meets require forms (and possibly add'l membership in national Masters organizations – same for Americans wrt USATF)
 - WMA Relay Process
 - We should use same WMA process at NCCWMA meet
 - Timing Expense
 - o LLC pays part of timing expense, we pay rest. Last bill seemed high (\$8500 for 4 day meet). Q: Should we have a Qualified Timers List?
 - We need to see proposed contracts, before they become finalized, due to mistakes (e.g. forgotten wording that is deleted from what we specified)
 - o In future Bid Documents and Contracts for LOCs, we shall have the wording: "Fully Automatic Timing and Hytek (meet management

software data entry and operators) shall be contracted by the Games Committee. The LOC shall be responsible for \$2,000 for the Indoor USATF MTF Nat'l Championships and \$3,000 for the Outdoor USATF MTF Nat'l Championships." The remainder is to come from the Games Committee.

- o Motion that for future contracts the LLC pays the first \$2K for indoor and \$3K national championships. Seconded, and passed unanimously.
- O Q: Laser Measurement for Nat'l meets, to expedite throws? Seems to be strong support for this.
- o Andy Hecker discussed the 2 disparate Laser Technologies
- In future Bid Documents and Contracts for LOCs, we shall have the wording: "LOC shall supply a minimum of 3 Laser Measurement systems and operators for the Long Throws (Discus, Javelin, Hammer). Laser Measurement systems must comply with IAAF specifications.
- o 2017 Indoor Bids: Albuquerque Dan Ballau
 - o In response to Bob Weiner's question, Dan agreed Albuquerque would contribute \$1500 towards cost of Timing
- Winston-Salem & JDL/FastTrack Bonny Bernat & Craig Longhust
 - o 10% of proceeds shall be donated to Masters Track

By a vote of 28-26, Albuquerque was chosen over Winston-Salem Reports of Past and Future Indoor Championships

- Boston 13th time since 1997 (14th incl MIT in mid 80s) March 14-16 to accommodate Budapest 10 days later. Over 900 athletes (largest Boston meet ever). No major glitches.
- Winston Salem

2015 Budget

- Nat'l has 2 new CFOs so bottom lines TBD. Generally strong financial position.
- Hoping for add'l \$\$ from National

Mark Cleary spoke re many athlete performances re Invitational Committee (e.g. Drake Relays had their first MTF female competition in 103 years). In next 1-2yrs we will be near equality wrt male/female Invitational events.

Joy Upshaw spoke re getting a more full/complete fields (vs ~3 athletes) during invitational to promote MTF.

PA Irene Obera will receive overall MTF Athlete of the Year!!!

2017 Outdoor Bid – LSU / Baton Rouge (Visit Baton Rouge)

Presented, Proposed, Seconded, Approved by hand vote 38-2

Phil Greenwald - Budapest, Budapest went well

Don't count on what Time Zone is the deadline for Int'l Meets.

Day by day schedule is up

- 1. WMA: Phil Greenwald discusses
 - Budapest. 2nd track was not the wonderful track the first track was. ~\$10 surcharge (depending on exchange rates) for PT.
 - Leon: We have our own hotel w/ 50 rooms (charge 1/3 upfront, refundable). Same uniform process as before (shall be a back room caucus to refine this).

New Nike deal should be better (free singlet?), maybe cheaper. June 1st is the deadline (*European Time!* even though not posted as such). Discussed Travel In Jan, Caroll Treasurer says, we know if we can get a 2nd Trainer.

Winston-Salem

75 Applications for First Timers to Nationals. 60 awarded, and over 50 of those offered awards attended Nationals for the first time and accepted the awards. New Uniforms!

\$75K each year we are getting. TBD what styles, years, articles of clothing that entitles.

Joseph Ols shall contact Nat'l as Secretary to ask/insure we can review Bids before they go out on behalf of MTF.

Mary proposed we return to up to: "A maximum of 6 new HOF Inductees per year." This was seconded, and passed unanimously by voice vote.

Review of WMA Relay Selection Process

• Relays:

- o We out-medaled all other countries, so v. successful in this way
- o Selection process could be better / more fair
- o At worlds, we had 96 running athletes (plus alternates) at 24 Relays. Hard to know about relay-experience,

Discussion of Jacksonville FL 2015 Nat'l Outdoor Championships.

Attendees contributed ad hoc about hotels, local sights, beaches, track, weather, etc.

WMA Delegates Latasha Kay volunteered to be Women's Delegate to WMA in Lyon.

Chester Bradley -Officials want a new Award for MTF Official of the year.

Southwestern Association volunteered to sponsor this award.

Diversity

Joseph Ols volunteered to help James reach out to Max/other to get USATF demographic (e.g., athletes at Nat'ls, Regionals, Associations wrt their Age, Sex, Geography, Events [avg #, which ones, etc.]) info out of USATF.

USATF National Convention (Dec 2-5, 2014) - Anaheim

Mike Bower

Tuesday - Dec 2

Rules Subcommittee

Youth Athletics - General Session

Opening General Session

Wednesday - Dec 3

Pacific Association Caucus

Officials - General Session #1

Officials - Electronic Measuring

Safesport Overview

Officials Hall of Fame Dinner

Thursday - Dec 4

Youth Athletics - General Session (Bids - JO T&F)

New Officials Certification Clinic

Officials- General Session #2

Friday - Dec 5

USATF Closing Session

All in all an interesting experience (s):

- 1) Safesport signed in stayed for whole session signed out-*Am now "Safesport" certified*
- 2) Electronic measuring new laser is "the way to go" obtained Laser manual
- 3) So. Cal Assoc collects dues, has contracts with 3 colleges, do not service high schools as an association, has at least 5 lasers and ordering more
- 4) Western Washington Assoc contracted to 2 colleges and only does high school regionals
- 5) Both associations service a much smaller geographic area than the Pacific
- 6) New Officials Cert clinic: several associations doing a shorter, "more relevant for newcomers" clinic about 4 hours long less overload for beginners... Ideas that I am going to incorporate into my Intro clinics
- 7) Hall of Fame dinner very impressive with the slide show in memory; bios of award winners An honor handing out the Horace Crowe to Robert Giradi (someone that I have seen in action extremely effective)
- 8) Closing session and the results and final decision "very interesting" –

Shirley Connors-At Large Official

The report below is a brief summary of the different meetings I attended at the USATF Convention in Anaheim during the week of December 1- $5^{\rm th}$, 2014.

Day One - 12/2/2014:

Rules Committee - A summary of the 2015 Rules changes. NCAA <u>- A</u>

<u>Conference book does NOT supersede the Rule Book;</u> "Assistance" rules all in one spot; "Taping" all in one spot in book and mirrors USATF Rules; **Referee**<u>cannot initiate a call;</u> Look at Rule 5, 5:52a [has to be flagrant], 5:52b [<u>2</u>

<u>consecutive steps].</u>

<u>IAAF, USATF, & NCAA Scoring: Pass=--; Foul=X; make=O.</u> USATF & NCAA can combine 2 flights, but meet management must set progression. Some "shall"s are being change to "should". <u>"Cones never replace a curb".</u> Specific rules for **"gun time"** and **"Net Time"** in Road Racing [\$ awards by gun time]. USATF: Rule 2 – looking at video, crossing the track, defining "<u>Competition Area",</u> inform athletes[Precompetition instructions]. Item 98: Hammer Throw – one-handed throw. #48: Pole Vault standards slipping.

YOUTH – Mentioned the Associations not in compliance. HERSEY: a sponsor, in violation of #18, grievance against USATF & CEO. Presentation on member power [Board ignoring/not listening to membership], representative on IAAF Board. Discussion about 15-18 Age Group – conflict with high school schedule, in violation of #18, grievance submitted. Presentation of possible removal of [have to choose team members in April], fitness of athletes for a World's Competition in July]. Youth RULES – <u>Aero javelin</u> for 11-12 & 13-14 age groups [where made, used; why better, \$\$, weight]. Voted-discussed-seconded-passed Rules: # 19, 23, 28,38, 47 49, 50, 57,76, 77, 78, 79. Returned to Rules Committee.

FACILITIES - Minutes M/S/P; OLD BUSINESS – Review Tech Manager in Best Practices; Care[lack of]of implements at High school level; rubber discus in high school, 80 % rejected. NEW BUSINESS – Rules: #5 consistent length of pegs in PV and relationship to qualifying for a higher level; #6-rewording; #36-electronic guns; #49 reject; #54-whole metal head; #56 & 81 related[Areo javelin]; #60-transponders; #61-finish Road Running only; #96-construction of circle; #97-inside measurement of hammer loop; #98-one hand release in hammer; #99-wording, handle on weight throw; #100- wire; #101; # 102. Shape of hammers – dents, do they affect distance of a hammer throw, "spherical & smooth" written in 1860. Bob Seamen – different hammer measuring device, Lou Zambrini – movie. Jan Johnson – PV safety; Plant Boxes – statistics, never have concrete around the box, "watch box slide back "- danger; shredded tire better than collar.

OFFICIALS: Voting – Vice Chair. Certification: Raymond Pierre vs Jimmy Stewart, Jimmy won; Treasurer: Doug Allen elected. Awards: E. Scott Rose vs Val Fross, Mr. Scott won. Reading of 2013 Minutes – m/s/p. TREASURER'S REPORT: m/s/p and on line. Straighten out USATF Office. On track for 2015. Extra \$\$ for Officials' in 2015 at National Meets. PRESIDENT REPORT – Jr. Worlds'=A+. CERTIFICATION – 7600 certified; USOC highly encouraging to take and pass SUPERSPORT test by December 2015 and is on line, and at National Meets in 2015. TRAINING: Report on line; Clinics – 50 minutes each, 2 – Laser, Finish line/timing, change after 50 minutes. Tomorrow one –Referee – sign up and assigned to one session of 12 people with 2 moderators. AWARDS – presentation of finalists. BEST PRACTICES: New look of web page, 110 documents, future- We need keep up to date/current. HALL OF FAME: Highest honor, Submit nominations by May31. IN 2015: \$ for young[under 40] to attend National Meets, **Lutus Tour Grant**. NEWSLETTER: Scott Rose – 9 newsletters, 7300 subscriptions, need information for newsletter. IAAF: Pin for all officials who worked Jr. Worlds. LOGO - important color, shape, size, star.

DECEMBER 3rd

** SPORTS MEDICINE[good information]**: International Team Staffing including Psychologists, Hierarchy of Psychological Skill Development, Building knowledge skills, abilities, "Why a gap in performance from high at Nationals to lower performance level at Worlds?, Appropriate Competitive Focus. Excellent and very informative.

SAFESPORT[an area of interest] – watched video for over an hour. Left to attend and work at Officials' clinic – Leicra electronic measurement for field events. ASSOCIATIONS-WEST: Hope to have effective communication with National Office., Volunteer Recognition of the Year Award – Paul Mahoney/south, George Rehemet/Pacific; Vice Chair of Region – newsletter, award, enhance to a national award, Vin Lananna and Circuit of 5 meets on Wednesday night over a 4-5 week period in July. 10 year schedule of AAU and USATF, Run Jump Throw example in Anahiem attended by only 4 convention attendee, Pacific Grand Prix for Youth and Masters, SafeSport – 90% predators NOT caught by background check. [*Pick up a packet on how to set up an cross country site*]

DECEMBER 4th

AWARDS BREAKFAST – Irene Obera received Master's Athlete of the year award. YOUTH – Sacramento received JO's 2016 Bid. Good presentation within time limit. OFFICIALS' CLINIC – REFEREES – a group of 12 officials' with 2 Mont orators answering situations.

OFFICIALS - Katz's said Jr. Worlds' officials earned a lot of international respect; Look up *Transponder Judge* in rule books; Senior Games in Minnesota; What is the Training Committee? – duties and requirements; ATO-NTO-ITO: 40 new NTOs; Level 2 course is new for ATO's in Caribbean the week before Christmas; NATIONAL LDR Championships will be held together, except for men's 10K at the Peach Tree and women's 10 K at Boston; MEETS in need of officials – Jacksonville has Masters + JO's for 13 days straight; LOGO – new shirt in 2016 by Nike and in women's sizes, hats by 2017, Logo's may be slightly different, BUT set in stone; VIN LANANNA – We have the best officials, 2015 World qualifying Nationals, NCAA's until 2021, 2016 World Indoors in Portland and 2016 Olympic Trials. RULES – Approved #46,11,14. #15 withdrawn; #2 canNOT cross track-may look at video-games committee decision of what the "competition area" is; #34 "assistance" starting blocks, starter designates who assists; #302.5 yes collar in PV; POD: NCAA – Check for changes; time limit for protest down to 15 minutes posted and announced vy flight/heat; on line Guidelines for staging an event – What is legal for indoor running event/field event? Next year 2016 entire rule book redone.

PARALYMPICS: a new committee; physical disabilities; included in JO's since 2015; Test on line; Put on clinics. ELECTIONS FOR 2016 – President, L & L; Training, Secretary. SPECIAL OLYMPICS – 2015, 7000 athletes at USC; Worlds. CLOTHING & EQUIPMENT – on line some inventory in shirts; 2016 JO in Sacramento; 2015 Hersey in Illinois. APPEALS – ON LINE; 6 appeals; apply for what you have officiated.

Anaheim USATF Annual Meeting Report

from Dave Shrock

Associations:

Associations Committee is working on revising the ten accreditation standards to which associations are held annually. One important change would be removing the coaching education requirement of each association hosting one Level 1 School every quadrennium. This revision was agreed upon by both Coaching Ed and Associations Committees. The Coaches Ed Committee said they no longer need this incentive to promote schools as the Coaching Ed program is established.

Associations will hold their annual workshop the day before the annual meeting starting next year in Houston.

USATF Logo use and branding:

Jill Geer and the USATF marketing team once again rolled out the new USATF logo/mark with more stringent usage requirements. Pacific ComCom Chair Cynci Calvin will be our association contact. Any committee chair wishing business cards, email signatures or logo guidance, contact Cynci.

SafeSport Program:

The USOC mandated program training was offered during the Anaheim meeting and it is proposed that all Coaches Registry members, officials and association committee chairs undergo the training by 31 January, 2015. The 45-60min online training is available via:

http://training.teamusa.org/categories/details?categoryId=2. Once successfully completed, each association will be notified of a member's completion.

Coaching Education:

The Level 1 program curriculum has undergone revision with a new text published by Human Kinetics to be used from 1 January.

With the new Level 1 curriculum comes a move to require all Level 1 coaches to undergo a recertification every five years. The recertification program is still in development, though will most likely constitute a 25-30 online question exam.

The Coaching Education Committee revised the regional Level 1 School coordinators to better serve Associations. The regional coordinator are: West-Dave Shrock, NorthWest-Matt Lydum, SouthEast: Shawn Venable, MidWest: Dave Pavlansky, East: Jonathan Hill.

The site of the annual summer Level 2 schools is yet to be determined

Coaches Advisory Committee:

The Coaches advisory committee is establishing a strategic plan to better outreach to constituents at all levels.

Pacific Association members who received awards: USATF President Award: John Mansoor

Master's Athlete of the Year: Irene Obera USATF Hall of Fame Inductee: Stacey Dragilla Officials Chair Award: Tiffany Banks, Teddy Hayes, Ajay Podgaonkar

Planning ahead: 2015 Annual Meeting:

2-6 December (Wed-Sun) at the Houston Hyatt Regency

Reported by Tom Bernhard, Rep to Men's LDR

USATF 2014 Championships Men's Long Distance Running

Houston Half-Marathon	January 19	\$41,500
1. Meb Keflezighi (1:01:23)	\$13,500	
2. Aaron Braun (1:01:38)	\$11,500	
3. Josphat Boit (1:01:41)	\$8,500	
Gate River 15km (Jacksonville)	March 8	\$26,500
1. Ben True (43:04)	\$12,000	
2. Chris Derrick (43:16)	\$5,000	
3. Tim Ritchie (43:24)	\$3,000	
<u>Cherry Blossom 10Mile</u> (D.C.)	April 6	\$14,200
1. Christo Landry (46:41)	\$5,900	
2. Girma Mecheso (47:22)	\$3,000	
3. Mo Traheh (47:27)	\$2,000	
Grand Blue Mile (Des Moines)	April 22	\$12,500
1. Leonel Manzano (4:05.71)	\$5,000	
2. Pat Casey (4:05.81)	\$2,500	
3. Garret Heath (4:06.39)	\$1,500	
Fifth Third 25km (Grand Rapids)	May 10	\$15,100
1. Christo Landry (74:18)	\$8,500	(American Record)!
2. Shadrack Biwott (74:31)	\$3,000	
3. Chris Solinsky (76:43)	\$1,500	
Peachtree 10km (Atlanta)	July 4	\$30,000
1.Christo Landry (28:25)	\$15,000	
2. Tyler pennel (28:30)	\$3,000	
3. Shadrack Biwott (28:52)	\$1,500	

Bix 7Mile (Davenport, Iowa)1. Sean Quigley (33:28)2. Christo Landry (33:32)3. Maverick Darling (33:43)	July 26 \$12,500 \$4,000 \$2,500	\$25,000
Faxon 20km (New Haven) 1. Girma Mecheso (1:01:26) 2. Christo Landry (1:01:27) 3. Luke Puskedra (1:01:32)	September 1 \$9,000 \$5,000 \$2,000	\$21,500
CVS 5km (Providence)1. Diego Estrada (13:57)2. German Fernandez (13:57)3. Maverick Darling (13:58)	September 21 \$1! \$8,000	5,000
Twin Cities Marathon 1. Tyler Pennel (2:13:32) 2. Jared Ward (2:14:00) 3. Scott Smith (2:14:40)	October 5 \$25,000 (\$26,500) \$15,000 \$10,000	\$72,500
.US 12km (Alexandria, Virginia) 1. Brian Shrader (34:11) 2. Diego Estrada (34:12) 3. Aaron Braun (34:14)	November 16 \$20,000 \$10,000 \$7,500	\$50,000

2014---Eleven Championships \$323,800 Prize Money

USATF Men's LDR 2015 Championships

January 18	Houston Half-Marathon		\$41,500
March 14 (Also 3/12/16)	Gate River 15km (Jacksonville)		\$26,500
March 15	Los Angeles Marathon (Also Olympic Trials-2/13/16-\$250,000)		\$75,000
May 9	Fifth Third 25km (Gra	and Rapids)	\$15,100+
May (TBD) (Also 2016-TBD)	Minnesota Road Mile		\$12,500
July 4	Peachtree 10km (Atla	anta)	\$30,000
September 7	New Haven 20km		\$21,500
November 15	.US 12kn (Alexandria	ı, Virginia)	\$50,000
	Additional Future	Championships:	
Columbus Half-Marathon (2016, 2017) \$42,300			
Cherry Blossom 10 Mile (4/12/2015, 4/13/2016) OR			\$14,400
Twin Cities 10 Mile (10/4/15, 19/16)			\$40,500+
Carlsbad 5000 (3/2	29/15, 3/27/16)	OR	\$7,500
CVS Providence 5k	m (9/19/15, 9/17/16)	OK	\$19,050

2015 Championships---Ten Championships---up to \$331,650+

USATF Cross Country Masters Harrier of the Year Award

The USATF Cross Country Council shall select one male and one female athlete at the Annual Meeting to receive the USATF Cross Country Masters Harrier of the Year Award for that year.

Past Winners

Year Women's Winner	Men's Winner
2000 Carolyn Smith-Hanna	Tom Dalton
2001 Carolyn Smith-Hanna & Joan Ottaway	Tom Dalton
2002 Kathryn Martin	Tom Dalton
2003 Shirley Matson & Kathryn Martin	Tom Dalton & Robert Winn
2004 Kathryn Martin	Tom Dalton
2005 Carmen Ayala-Troncoso	David O'Keeffe
2006 Kathryn Martin	David O'Keeffe
2007 Kathryn Martin	Peter Magill
2008 Kathryn Martin	Peter Magill
2009 Carmen Ayala-Troncoso	Simon Gutierrez
2010 Carmen Ayala-Troncoso	Rick Becker
2011 Kathryn Martin	Peter Magill
2012 Kathryn Martin	Matt Ebiner
2013 Carmen Ayala-Troncoso	Peter Magill & Ray Pugsley

2014 Winners

2014 Kathryn Martin Simon Gutierrez

USATF Masters Hall of Fame

Class of 2014 - LDR

Active athletes:

Coleen De Reuck	2004-2014	Born 4/16/1964
COICCH DC LICUCK	20012011	20111 1/10/100

Honors

Masters LDR Female AOY 2009 (shared with Joan Samuelson)

Masters LDR Age Division Runner of the Year 2013, F45-49

Masters LDR Age Division Runner of the Year 2012, F45-49 (shared with Trina Painter)

Masters LDR Age Division Runner of the Year 2011, F45-49

Masters LDR Age Division Runner of the Year 2009, F45-49

Masters LDR Age Division Runner of the Year 2009, F40-44

Masters LDR Age Division Runner of the Year 2008, F40-44 Masters LDR Age Division Runner of the Year 2005, F40-44

Masters LDR Age Division Runner of the Year 2004, F40-44

American Records

Division	Distance	Performance	Location	Date
40-44	12 km	40:47	Spokane, WA	5/2/2004
40-44	5 km	15:48	Albany, NY	6/5/2004
40-44	10 km	32:50	New York, NY	6/12/2004
40-44	15 km	49:51	Jacksonville, FL	3/12/2005
40-44	25 km	1:25:15	Grand Rapids, MI	5/14/2005
40-44	20 km	1:08:47	New Haven, CT	9/5/2005
40-44	Marathon	2:28:40	Chicago, IL	10/9/2005
40-44	H Mar	1:11:50	Philadelphia, PA	9/17/2006
45-49	15 km	50:51	Jacksonville, FL	3/13/2010
45-49	Marathon	2:30:51	Copenhagen,	5/23/2010
			DEN	
45-49	H Mar	1:16:26	New York, NY	4/25/2010

National Championships

USA Women's 5 km Championships, F40-44, 2004

USA Masters 10 km Championships, F 40-44, 2005

USA Masters 10 km Championships, F 40-44, 2008

USA Masters Half Marathon Championships, F 40-44, 2009

USA Masters Marathon Championships, F45-49, 2009

USA Cross Country Championships, F45-49, 2010

USA Cross Country Championships, F45-49, 2011

USA Cross Country Championships, F45-49, 2014

Average age-grade of top 25 performances - 97.56%

Joan Samuelson 1997-2014 Born 5/16/1957

Honors

Masters LDR Female AOY 2009 (shared with Coleen De Reuck)

Masters LDR Age Division Runner of the Year 2002, F45-49

Masters LDR Age Division Runner of the Year 2007, F50-54

Masters LDR Age Division Runner of the Year 2009, F50-54

Masters LDR Age Division Runner of the Year 2010, F50-54

American Records

Division Distance Performance Location Date 50-54 10 Mile 1:00:32 Flint, MI 8/22/2009

National Championships

USA Masters Marathon Championships, F45-49, 2005

Average age-grade of top 25 performances - 97.76%

John Tuttle 1998-2011 Born 10/16/1958

Honors

Masters LDR Age Division Runner of the Year 1999, M40-44

Masters LDR Age Division Runner of the Year 2000, M40-44

Masters LDR Age Division Runner of the Year 2005, M45-49

Masters LDR Age Division Runner of the Year 2006, M45-49

Masters LDR Age Division Runner of the Year 2010, M50-54

American Records

 Division
 Distance
 Performance
 Location
 Date

 M40-44
 8 km
 23:25
 Chicago, IL
 3/28/1999

 M40-44
 5 km
 14:19
 Clarksville, TN
 9/11/1999

National Championships

USATF National Club Cross Country Championships, M45-49, 2005

USA Masters 15 km Championships, M50-54, 2010

USA Masters 5 km Championships, M50-54, 2010

USATF National Club Cross Country Championships, M50-54, 2010

Average age-grade of top 25 performances – 94.26%

Legends athletes:

Bill Olrich 1982-1996 Born 9/13/1935

Honors

Masters LDR Age Division Runner of the Year 1988, M50-54 Masters LDR Age Division Runner of the Year 1992, M55-59 Masters LDR Age Division Runner of the Year 1996, M60-64 Average age-grade of top 25 performances – 92.96%

Stephen Lester 1986-1998 Born 12/29/1942

Honors

Masters LDR Age Division Runner of the Year 1988, M45-49
Masters LDR Age Division Runner of the Year 1998, M55-59

American Records

Division	Distance Performance	Location	Date
45-49	12 km 41:24	Spokane, WA	5/3/1998

Average age-grade of top 25 performances – 96.10%

OFFICIALS RULES COMMITTEE

The NCAA says that officials must enforce the NCAA rules, even if they are not part of the crew, but are an official at the meet. The NCAA rules supersede any conference or league rules. A referee can no longer initiate an infraction. He/she can get assistance from any of the officials on the crew. In 2015, officials working the senior indoor championships and the senior outdoor championships will receive a \$100-a-day stipend.

COMMUNITY COLLEGE MEETINGS

Terry Crawford, Coaches' Advisory Chair, asked that the community college coaches attending the meeting send her a list of all colleges in their state with track and field/cross country programs. She will send them information about USATF's program for community colleges. She hopes to gain more members from the community college community. The Coaches Advisory Committee will be offering clothing for coaches who are a part of the coaches registry and USATF.

All level one coaches must recertify between 2015 and 2020. Coaches not certified after 2020 will be removed from the level one coaches list.

MENS TRACK AND FIELD EXECUTIVE COMMITTEE MEETING-subbing for Ralph Jones

The 2015 Indoor Championships will be held in Boston. They will run odd events with the hopes of setting some American records in the 300y, 600y, 1,000y, and mile events. They will qualify on a formula based on the 200m and 400m for the 300y and 600y, the 800m for the 1,000y, and the 1,500m for the mile. They are going to try and schedule some meets with those events in them. Proposed new rules that affect Open Track and Field must closely match IAAF Rules as they will most likely not be adopted.

There is now a single standard for all the big championship meets. There are no longer A and B standards.

The USOC has increased our funding by 18% from the previous three years.

The USOC looked at which athletes won medals for the USA. They discovered that the number of NCAA athletes who have won medals at the World Championships and the Olympic Games is very small, as compared to tier 1 and tier 2 athletes.

COACHES ADVISORY COMMITTEE BROAD EVENT MEETING

The Broad Event Committee discussed its proposed Mission Statement. They would like to have meeting attendees review the Mission Statement and provide input and ideas to improve the statement before adoption. A question was raised as to how coaches can join the Coaches Advisory Committee. After discussion it was decided that all coaches on the Coaches Registry will be members of the Coaches Advisory Committee.

MENS TRACK AND FIELD MEETING-subbing in for Ralph Jones

It was noted that the qualifying standards for the World Championships and the Olympics will come from the top 75% of qualified athletes' times. The size of the field will then be determined. If the size of the field does not meet the standard, than the field will be filled with selected athletes who have won a USATF Championship or a Diamond League Championship.

Respectfully submitted,

Al Hernandez PAUSATF Delegate Coaches Committee

Elisabeth M. Price

As the PA-USATF Women's Long Distance Running Delegate, I attended all the national Women's LDR meetings (except the executive committee) during the annual meeting in Anaheim, CA, December 2-5, as well as the following meetings: Officials Rules Subcommittee (Tuesday morning), Opening General Session (Tuesday evening), Pacific Association Caucus (Wednesday morning), Officials Hall of Fame Banquet (Wednesday evening), Awards Breakfast (Thursday morning), Youth athletics opening general session (Tuesday morning to afternoon), Race walking sessions as possible, SafeSport (Wednesday 10-11:30 session), and Closing Session (Friday morning). The following are what I consider to be significant items that are of interest to PA-USATF members, particularly women's LDR athletes.

In highlights, the Women's Long Distance Running committee (WLDR) discussed the schedule of championship races, partners such as Collegiate Running Association, and use of increased money from USATF to support the athletes.

For 2014, the WLDR had 12 national championship races plus the Cherry Blossom 12K (USATF race).

For 2015, there are 12 championship races expected to be scheduled, in various lengths and locations, including the .US 12 K. The races are listed on the WLDR website.

The Collegiate Running Association, a group working with the USATF, was created a year ago to support runners who are taking at least one college course. This provides opportunities and money to runners who have perhaps recently ended their collegiate track careers to continue development and to broaden their interest through LDR.

The USATF will be increasing their support of LDR. This money needs to be spent to support the athletes. Athletes suggested that the most important help would be in health insurance. The chair suggest updating the Athlete Development Program (ADP)

There were few proposed rule changes. The proposed consideration of using gun versus net chip time in road racers should not affect elite racers because gun time is used for the first finishers of road races.

The chair suggested more contact between the various USATF associations so ideas of successful races and development can be shared.

The USATF Cross Country Sports Council presented a Best Practices guide that will help associations host cross country races. Other associations and people are encouraged to write procedures to help others put on races of various lengths.

2014 USATF ANNUAL MEETING NOTES, ANAHEIM

From: Fred Baer

WOMEN'S TRACK & FIELD COMMITTEE

(Including some notes from Men's T&F Exec Committee and High Performance Committee meetings, which I also attended).

Chair Sue Humphrey provided a year in review; expressed concern about Board of Directors appointees & terms of office. There will be more money in track & field in 2015 Subcommittee reports:

Development budget will be increased to between \$280K and \$290K (up from \$200K). Juniors: Megan Watson: Junior Pan AM Games in Canada in 2015; World Juniors 2016 in Russia Law & Legislation: Wendy Truvillion reported

Qualifying period for most events opened Oct. 1 and continues through Aug. 10, 2015.

Field sizes: 56 for 100 & 200; 48 for 400 & 800; 45 for 1500 & steeplechase; 16 for relays; no limit in 5K & 10K; 32 in all field events. Championships are Aug. 22-30 in Beijing. World Relays return to Bahamas, May 2 & 3. IAAF likes having the meet in a country with "relay success" Future World Relays are planned for odd years (2017 & 2019)

NACAC will have a senior championship meet in 2015 in San Jose, Costa Rico Event winners will qualify for World Championships – This will provide an opportunity for automatically qualifying in those few events where USA (or any country) doesn't have a qualifying mark.

The IAAF's World Athletics Series has a renovation project. "Our (T&F) audience is "old" The large steering committee met in February and September and has created four working groups.2015 USATF indoor championships will be at Reggie Lewis Center in Boston area, a 3-day meet (Friday through Sunday).

Indoor championships can be innovative with event distances. So the 2015 championships will run the 300, 600, 1000, mile, and two mile – in order to add some excitement to the indoor championships.

Staffs for 2015 and 2016 teams were selected during M&W closed Executive Committee meetings but have not yet been announced (subject to review by USATF Board of Directors and also USOC (for Olympic Games).

HIGH PERFORMANCE DIVISION:

Some additional notes:USATF training camp for 2015 World Championships will be in Japan, opening Aug. 10 and continuing until Aug 24 or 25 – with athletes then going to Beijing. For the 2016 Olympics in Rio, the USA team will train in Texas since USOC processing will be in Texas. For the 2015 Pan AM Game, USATF will use the U.S. ranking list as of May 31 to select the U.S. team, since games entry deadline is early (before US champs).

Paralympic Athletes Committee- Charlie Sheppard

2014 USATF annual meeting Anaheim

- 1. Attended both the opening and closing sessions.
- 2. Attended some of the youth division meetings.

The main order of business was bidding on the upcoming meets when I was there.

3. Attended both the sessions for the para-athletics committee.

The para committee is still pushing for inclusion of disabled athletes in all areas of competition including public and private schools. Emphasis mainly for now is the high schools.

Cathy Sellers from US Paralympics gave a quick review of the new para coaches training. It looks good. We at the local level should encourage our coaches to take this training as a follow-up session of the level 1 coaches training.

Charlie Sheppard

REPORT from the 2014 USATF Annual Meeting

Jonathan G. Price 2210 Andromeda Way Reno, NV 89509-3802 Email: jprice@unr.edu Home: 775-329-8011

Cell: 775-200-8077

As the PA-USATF Race Walking Committee Chair and Delegate, I attended all the national Race Walking Committee meetings during the annual meeting in Anaheim December 2-5, as well as the following meetings: Officials Rules Subcommittee (Tuesday morning), Opening General Session (Tuesday evening), Pacific Association Caucus (Wednesday morning), Officials General Session (Wednesday morning until the Race Walking session started), Officials Hall of Fame Banquet (Wednesday evening), Awards Breakfast (Thursday morning), Rules General Session (Thursday morning until the Race Walking General Session started), and Closing Session (Friday morning). The following are what I consider to be significant items that are of interest to PA-USATF members, particularly race walkers and judges.

There was considerable discussion about the goals of the USATF National Race Walking Committee, which is organized under the auspices of elite athletics. That is, although members of the national Race Walking Committee are engaged in various aspects of race walking (masters, youth, officiating, rules, etc.) and other track and field events, the primary focus of the committee is to increase the likelihood of Olympic medals for US citizens. Accomplishing this requires education of athletes and coaches about the opportunities for race walking, encouraging top endurance athletes (i.e., those who excel in long-distance running) to compete in race walking, and providing resources and opportunities for elite and potentially elite athletes to improve their performance through appropriate training.

For the US to be competitive in international race walking, we need to encourage youth athletes to try race walking. Most athletes who excel in race walking are also great at long-distance running, and vice versa. The hip and leg motions needed for race walking are excellent cross-training exercises for developing the flexibility that elite long-distance runners have. The US has the talent among its athletes to win medals in Olympic race walking; we just need to give more athletes the opportunities to participate in race walking.

At the national level, there will likely be new opportunities for elite athletes to train as groups at two U.S. race-walking training centers (one in South Carolina and one in the San Diego area) as well as at race-walking training centers in other countries. There will also be more funding for sending elite athletes to international competitions.

At the Pacific Association level, some ideas include:

- Hold post-race clinics on race walking technique for athletes after the PA Youth Championships, PA JOs, Region 14 JOs, and PA Cross Country Championships. This should be an action item for the PA Youth Committee and PA LDR Committee to help implement.
- Hold a post-race clinic on race walking technique after the 2015 USATF Team Cross Country Championships in December or after the 2015 PA Cross Country Championships. This should be an action item for Irene Herman to help implement.
- Include a detailed discussion of and handouts on coaching race walkers in the Coaches Level 1 training sessions offered by the Pacific Association. The PA Race Walking Committee can provide digital copies of the handouts and race walking officials, as needed. This should be an action item for Dave Shrock to help implement.

Changes in the 2015 USATF rule book are largely following changes made by IAAF. Below are some that are specific to or particularly relevant to race walking in the Pacific Association. Items with strikethrough are deleted from the rules, and items highlighted in yellow are added to the rules.

Item 9 – Submitted by Steve Vaitones, Rules Committee on behalf of Bill Quinlisk, and Dan Pierce, Rules Committee on behalf of Mike Scott. Amend Rule 7.9(b) as follows: Ties between two or more teams shall be resolved ((by determining which team wins the most one-on-one match- ups among their five scoring members, comparing first to first, second to second, and so on through the final scoring place)) in favor of the team whose last scoring member finishes nearer to first place.

Reason: The current tie breaker does not work in all instances. There are some Long Distance Running, Cross Country and Race Walking Championships that allow for teams composed of less than five scoring members. (i.e., three or four) This change would create a tie breaking procedure that falls in line with current IAAF procedure, uses the IAAF wording and will work in all instances.

Item 17 – Submitted by Dan Pierce, Rules Committee on behalf of Dave Talcot. Amend Rule 25.1(b) as follows [, to add these as indoor championship options in race walking]:

Junior Men -- 3000 Meters Junior Men -- 5000 Meters Junior Women -- 3000 Meters Junior Women -- 5000 Meters

Reason: To provide competitive opportunities for Junior athletes, at indoor distances longer than a mile.

Item 26 – Submitted by Bob Podkaminer, Rules Committee. Amend Rule 144.3(a) as follows: Pacing in running or walking events by persons not participating in the event, by competitors lapped or about to be lapped, or pace setting by any kind of technical device other than those permitted under Rule 144.3(i).

Reason: The prohibited activity is the act of pacesetting by a device.

Item 58 – Submitted by Dan Pierce, Rules Committee on behalf of Ron Daniel. Amend Rule 232.5(a) as follows: In Road Championships, the circuit for events of 10km and longer shall be a maximum of ((2500m)) 2000m. The circuit for events of less than 10km shall be a maximum of 1250m. No circuit should be shorter than 1000m. *Reason: IAAF conformance.*

The following race walks were selected by the Site Selection Subcommittee of the Race Walking Committee for championships in 2015:

1-mile, February 14, at Millrose Games, New York, NY

2-mile, February 27-March 1, at USATF Indoor Championships, Boston, MA

20-km (Open) and 10-km (Junior), Pan Am Cup Trials, April 12, Whiting, NJ

20-km (Open) and 10-km (Junior), Pan Am RW Cup, May 9-10, Arica, Chile (on the coast at low elevation)

15-km (Open and Junior), May 17, Riverside, CA

5,000-m (Open and Junior), May 31, Albany, NY

10-km (Open), June 7, St. Louis, MO

20-km (Open) and 10-km (Junior), June 26-28, at USATF Outdoor Championships, Eugene, OR

10-km (Youth), July 15-19, at IAAF Youth World Championships, Cali, Colombia

July 20-26, Pan Am Games, Toronto, Canada

One-Hour (Open and Junior), probably August 9, Boston, MA

20-km (Open), August 22-30, IAAF World Championship, Beijing, China

40-km (Open & Masters), September 20, Ocean Township, NJ

30-km (Open & Masters) and 20-km (Junior), October 25, Valley Cottage, NY

Noting that these next two will be part of the Grand Prix in 2016,

50-km (Open and Masters), November 22, 2015, Santee, CA

5,000-m Indoor (Open), December 26, 2015, Rochester, NY

For more information on race walking opportunities, please see Dave McGovern's website, http://www.racewalking.org/american.htm.

Gary Westerfield and Diane Graham-Henry are working on an update to the 2008 Race Walking Officials Handbook.

As reported last year, IAAF is investigating a significant change to race walking – having a "pit lane" or penalty box. See the attached IAAF memo for additional information about how to manage a pit lane. It will be used in the World Youth Championships in the summer of 2015 and in the IAAF Junior Championships in 2016. This will have little impact on Pacific Association race walks for several years, because the current recommendation is for using pit lanes for youth meets at distances of 5,000 to 10,000 meters, and our youth meets have only been at shorter distances.

As reported last year, IAAF is funding developmental research and possible use of a (loss of) contact device.

Bob Hersh noted that IAAF is also looking into a possible "leisure walking" category, similar to the non-judged power walking category in the Senior Games.

Gary Westerfield makes and sells (at approximate costs) yellow and red Judge's paddles. According to the rules, yellow paddles must now have the same symbol (loss of contact or bent knee) on both sides. Please contact Gary at garywesterfield@verizon.com.

As with last year, Ron Daniel and Gary Westerfield discussed judging. A new video on race walk judging and techniques is under preparation by USATF and should be available sometime in 2015.

For international events, IAAF has an unwritten policy that judges must give a yellow paddle before writing a red card, even if it is obvious that the athlete is not walking properly, except if it is near the end of the race, and the judge will not see the athlete again. In the USATF Junior Olympics, judges should use the same philosophy, but judges may give a yellow paddle and write a red card at the same time. If the judge is unable to give the yellow paddle at the time the possible violation is seen, and if the athlete is walking properly on the next lap, the judge should not give a yellow paddle and say "on the last lap." Judges shouldn't give yellow paddles on the last 50 meters of the race; instead, write red cards if there is a violation. The chief judge may move multiple judges to the last 100 meters or near the finish line to assure that athletes don't run at the end of the race. If an athlete obviously breaks into a run after passing the judge's viewing zone, the judge should write a red card.

Both Ron Daniel and Gary Westerfield stressed that judges should first look for (loss of) contact before looking to see if the leg is straightened at contact and through the vertical position. Fast race walkers, including most elite athletes, are much more likely to violate the lifting (loss of contact) rule than the bent knee rule. Ron noted that IAAF is finally realizing that many of the judges' calls at international elite races have been wrongly for bent knee.

The following USATF Western Region Championships for 2015 have been finalized.

- The Pacific Association will host one of these races. The following were approved: 15-km on May 17 (Sunday) in Riverside, CA, hosted by the Southern California
 - 15-km on May 17 (Sunday) in Riverside, CA, hosted by the Southern California Association
 - 20-km on October 25 (Sunday) in Sacramento, CA, hosted by the Pacific Association 3-km on January 17 (Saturday), in San Diego, hosted by the San Diego-Imperial Association
 - 10-km (tentative) on date on June 13 (Saturday, tentative) in San Diego, hosted by the San Diego-Imperial Association
 - 50-km, November 22, 2015, Santee, CA, hosted by the San Diego-Imperial Association, in conjunction with the USATF National 50-km.

Jon Price has written to Arthur Fuldauer of the New Mexico Association to see if their association would want to host one or more of the following:

5-km or 10-km (San Diego-Imperial could do either one)

1-hour

1-mile

30-km

40-km.

He will wrote to the Arizona, Hawaii, and Nevada Associations, which currently have nobody identified as chairs of their race-walking committees.

IMPRESSIONS OF THE ANNUAL MEETING

Dave Shrock asked us to write impressions about the meeting; below are a few of my views.

- A SafeSport overview session at 6:00 a.m. on Wednesday was cancelled, but no announcement of the cancellation was made the evening before during the opening session; that meant losing an hour's sleep.
- The Officials Awards Ceremony was too long.
- There were no exhibitors/booths at this year's meeting; I missed having them.
- The closing session was poorly organized, in that delegates were not told in advance that they had to be present when ballots were collected; many were given ballots, voted, and left (although all the PA delegates did stay). Also, the fact that ballots were collected before discussion of procedures was completed was a procedural mess, which wasted time.
- Otherwise, the meeting was highly informative and well worth attending.

International Association of Athletics Federations



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M/10/14 Monaco, 31 January 2014

TO: MEMBER FEDERATIONS

Copy: Council Members

Committee and Commission Chairpersons Members of the IAAF Race Walking Committee

Area Headquarters RDCs/HPTCs AMS/Dentsu

Dear General Secretary,

Re. IAAF Race Walking "Pit Lane Rule"

Following a proposal from the IAAF Race Walking Committee in April 2013 the IAAF Council decided that, starting in 2014, all National Level Race Walk competitions for athletes under 16 be conducted, as much as possible, with some form of "Pit Lane Rule" principally aimed at reducing (if not eliminating altogether) disqualifications.

A Working Group was established to develop an adequate framework for the practical implementation of the Pit Lane Rule and we are pleased to now attach a set of operational guidelines.

These Guidelines are designed for a competition held on a track over the distance of 5000m or 10,000m (common for youth athletes) and conducted in accordance with IAAF Rule 230.2(e), i.e., with six Race Walking Judges including the Chief Judge. Should the competition be held on the road, in the interest of fairness, conditions similar to those of a track event (number and position of judges, length of loop, position of pit lane, etc.) should apply.

Please note that, during this testing phase, results achieved with the Pit Lane Rule are considered as not valid for the purpose of entry standards.

Please do not hesitate to contact us should you have any queries.

Kind Regards,

Essar Gabriel
General Secretary

Enclosure: Pit Lane Rule Operational Guidelines



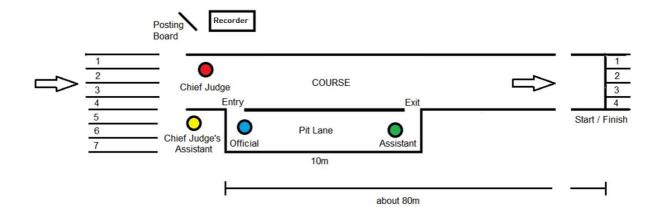
International Association of Athletics Federations

IAAF Race Walking Pit Lane Rule - Guidelines

Penalty Area set up (for track events – see below)

- It should be located in the final straight, in lanes 5 to 7, close to the 80m start line and in front of the Posting Board.
- It shall have one entrance and one exit at opposite ends (both of the same size) and be of 10m in length (maximum). The width can vary but should be such to allow up to 5 athletes at the same time.
- Small barriers or cones should be used to clearly identify the penalty area.
- The athlete is free to stop or continue moving inside the penalty area however there shall be no benches and no access to refreshments, drinking, sponging or other kind of assistance but communication with coaches is allowed.
- Set up for road events should be similar though compatible with existing space constraints.

Example of set-up for a track event



M/10/14

Additional Officials

- There must be 2 red-card collectors next to each Race Walking Judge to ensure the fastest possible delivery of the red cards to the recorder.
- 1 official and 1 assistant will be required to manage the operation of the Penalty Area (in charge of the athletes' entry and exit, plus the control of the penalty time).
- 1 Chief Judge's Assistant will be required to help the Chief Judge communicate the penalty times to the athletes concerned, especially in the last laps.

Judging

IAAF Race Walking Rules (230) must be applied with the following adaptations:

- When one athlete receives 3 Red Cards, he must receive a communication from the Chief Judge or his Assistant showing him a paddle with the time penalty on both sides and he must stop in the penalty area at the first opportunity. Depending on the race distance, the following penalty times shall apply:
 - Races up to 5000m

60 seconds

Races longer than 5000m and up to 10,000m

120 seconds

- After the time penalty, and following the instructions of the official in charge of the penalty area, the athlete shall re-enter the event.
- The athlete is not judged in the Penalty Area.
- If the athlete then receives any additional Red Card(s) (from the judges who had not previously sent him one), he shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives 4 or more Red Cards before stopping in the penalty area, the athlete shall be disqualified and the Chief Judge or his assistant must notify the disqualification as soon as possible.
- If an athlete receives the third Red Card at the late stage of the race and it's not possible for the Chief Judge or his assistant to notify the athlete that he must stop in the penalty area, the athlete shall finish the race and the penalty time (60 or 120 seconds) shall be added to his official time.
- The Chief Judge maintains the power to immediately disqualify the athlete in the last 100m of a race (no time penalty) if he tries to gain an unfair advantage.

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