



Turns & Distances

A publication of the Officials Committee of the Pacific Association USA Track & Field
Dick Connors, 2065 Kings Lane, San Mateo, CA 94402... ☎ (415) 341-6781
Sunday, September 15, 2013



AWARDS AND RECOGNITIONS

USATF OFFICIALS HALL OF FAME

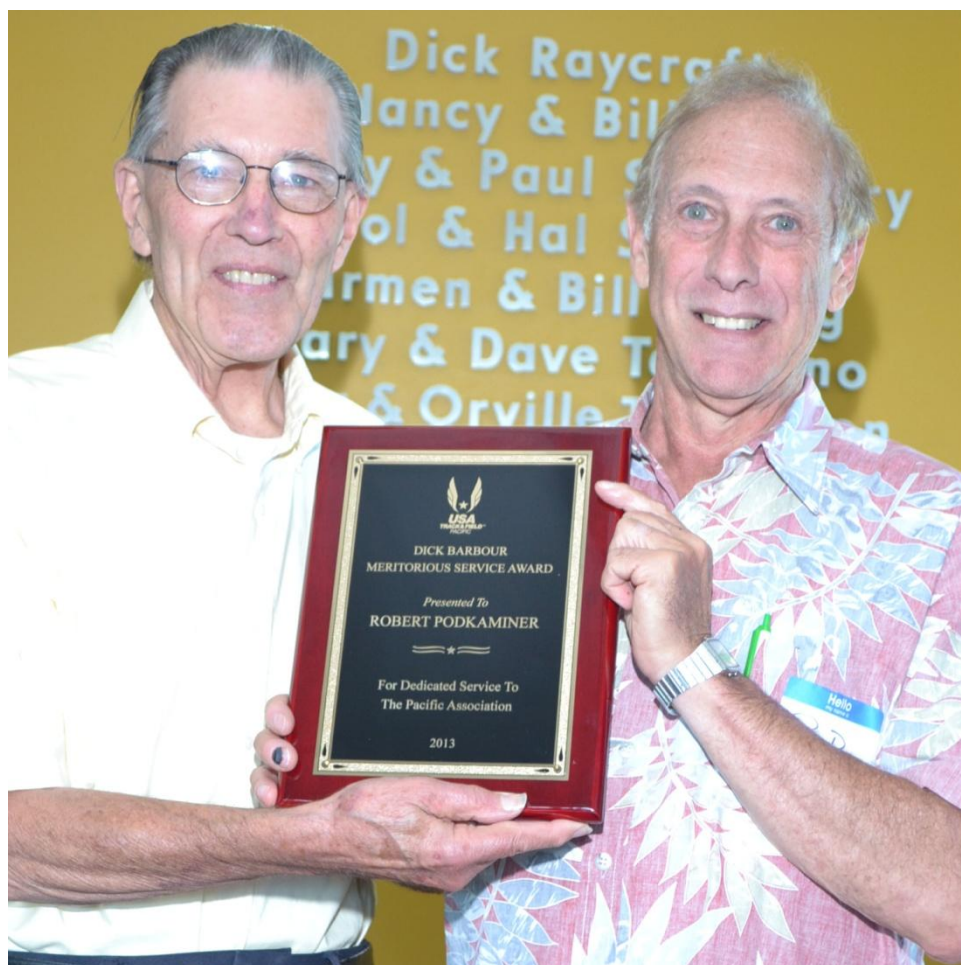
2007.....	Horace Crow Leo Costanzo
2008.....	Lori Maynard George Kleeman
2009.....	Dick Connors
2010.....	Bob Podkaminer

The Dick Barbour

Meritorious Service Award

1985.....	Hank Patton
1986.....	George Newlon Roxanne Anderson
1987.....	Dan Dotta Del Dotta
1988.....	Harry Young Henry "Hank" Weston
1989.....	Ed Parker Harmon Brown
1990.....	Horace Crow
1991.....	(No award)
1992.....	Dick Connors
1993.....	George Kleeman
1994.....	Tom Moore
1995.....	Charlie Sheppard
1996.....	Norm Morrison
1997.....	(no award)
1998.....	John Luppés
1999.....	Richard Zulaica
2000.....	Jim Hume Jim Wynn
2001.....	Bob Shor Rick Milam
2002.....	Bob Rauch
2003.....	Lori Maynard Sonny Maynard
2004.....	Gail Wetzork
2005.....	Phil Watkins
2006.....	Bill Edgar
2007.....	Ed Hicks
2008.....	Dick Iwamiya
2009.....	Bruce Colman
2010.....	Bobby Hughey
2011.....	Don Bailes
2012.....	Shirley Connors Margaret Sheehan
2013.....	Bob Podkaminer Dr. Leon Glover

U.C. Davis was the site of the 2013 Annual Meeting of Pacific Association Officials, Sunday, August 25th



At the 2013 Annual Meeting of the Pacific Association's Officials Committee, **Bob Podkaminer** was presented the **Dick Barbour Meritorious Service Award** by Awards Chair **Dr. Leon Glover**.

Bob has been an outstanding certified official for over 30 years and active for 40 plus years as a starter, clerk, and finish line official. He has held many Pacific Association jobs including Treasurer and Certification chair.

Bob was Director of Results for the Atlanta Olympic Games, the head starter at the 2000 Olympic Trials and head referee for the 2004 and 2008 Olympic Trials. Bob has been the Track Referee at both indoors and outdoors USATF championships for the last 6 years. He was one of the original IAAF Area Technical officials named in the fall of 1999 and served as a technical official to the Pan Am Junior championship and the Central America and Caribbean Games. (Continued on page 3)

Missing from the Track...Steve Green,

Thoughts from Bob Thompson, Steve's principal at Vacaville High.

Pacific Association officials suffered the loss of one of our finest when **Steve Green** passed away on August 9, 2013. Steve was a "bigger than life" presence in the association, not only physically but by his presence and vitality. Steve was born on August 16, 1956 in San Francisco as the second of three boys. Steve developed a reputation as a fierce competitor at an early age. In the 7th grade at Aptos Junior High, Steve was already 6'1" and excelled in basketball. By the time he reached Lowell High School, Steve was 6'5" and weighed 240 pounds. He was an outstanding athlete in both football and basketball through high school. Steve was heavily recruited out of high school and chose to attend the University of California at Davis.



After playing four years of football for the Aggies and graduating with a degree in history, Steve coached one year at Davis with coaching legend Jim Sochor. In 1979, Steve was hired as a teacher and assistant football coach at Vacaville High School in Vacaville, Ca. Steve coached and taught there for the next 33 years. During those 33 years Steve endeared himself to the Vacaville High School staff and students and to the Vacaville community at large. Steve was

passionate about working with challenging students and in many cases, challenging adults.

A deeply religious individual, Steve's most trying times elicited his frustration in the following manner: "Biscuithead" indicated a low level of irritation; "S.O.S." was the next level of frustration and was interpreted as "Stuck On Stupid"; and finally "Son of a biscuit eater" which indicated Steve's highest level of frustration.

Steve was passionate about his faith, family, education, and sports. Steve practiced "unconditional friendship" with all he met. He was a football coach, shot put coach in track and field, an English teacher, and the 9th grade Dean of Students (which involved counseling "off track" freshman). That was right up Steve's alley! Steve became a certified official in 2003 and immediately became fast friends with his fellow officials and the athletes. Who could miss Steve's great laugh, broad smile and his obvious enjoyment at being out on the field with the officials and the competitors! The consummate gentleman, Steve will be truly missed by all who were fortunate enough to have know him.

Steve is survived by his brother Philip as well as a number of nieces, nephews and cousins. A memorial scholarship has been established in Steve's name:

Steve Green Memorial Scholarship Fund,
Shiloh Baptist Church, 185 Chandler Street, Vacaville,
CA 95688.

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THE HORACE CROW**SPECIAL RECOGNITION AWARD — FIELD**

1995.....	Sonny Maynard
1996.....	Rich Zulaica
1997.....	(no award)
1998.....	Bill Edgar
1999.....	Joan M. Wilson
2000.....	Phil Watkins
2001.....	Dr. Leon Glover, Jr.
2002.....	Bruce Colman
2003.....	Dick Petruzzi
2004.....	Teddy Hayes
2005.....	Shirley Connors Margaret Sheehan
2006.....	John Murray
2007.....	Bill Hawkes
2008.....	John Shirey
2009.....	Jim Waldron
2010.....	Pat Randall
2011.....	Leon Wimbley
2012.....	John Lilygren
2013.....	Charles Murphy

THE GEORGE NEWLON**SPECIAL RECOGNITION AWARD — TRACK**

1995.....	Bob Mason
1996.....	Ben Morjig
1997.....	(no award)
1998.....	Jerry Colman
1999.....	Bobby Hughey
2000.....	Dan Davidson
2001.....	John Coie
2002.....	Gerry Collet
2003.....	Dick Iwamiya
2004.....	Rick Urband
2005.....	Joe Harper
2006.....	Richard Cabral
2007.....	Colin Campbell
2008.....	Jeannie White
2009.....	Rory Osborne
2010.....	Tiffany Banks
2011.....	Phil Leake
2012.....	Dennis Boyle
2013.....	Elisabeth Price Jonathan Price

The Lori Maynard**Special Recognition Award**

2009.....	Art and Becky Klein
2010.....	Deanna and Jon Vochatzer
2011.....	Keith Conning
2012.....	Dave Shrock
2013.....	(none)

(Continued from page 1)

Bob was the author for the first successful track and field meet management program, *Clerk of the Course* and acted as Director of Data, Seeding and Results for the '88, '92 and '96 Olympic Trials. In addition Bob has been very active in sharing his expertise as a frequent training instructor at both national and local clinics for the last 15 years.

These days he normally officiates either as a starter or referee at high school, community college and college events, although he is very knowledgeable in photo finish and FAT operations as well as clerking.



Officials Chair **John Murray** surprised Awards Chair as he presented **Dr. Leon Glover** his own **Dick Barbour Meritorious Service Award**.

Dr. Glover was first certified in 1977, is a Master Level wind gauge operator who has worked a number of national level meets and has been nominated for the USATF Official's Andy Bakjian Award.

Dr. Leon C. Glover Jr. started helping his father (Dr. Leon C. Glover Sr.) with the wind gauge at the California/Modesto Relays in 1954 or '55 using a Taylor anemometer he'd rigged on a photo tripod for use in T&F. In the summer of 1955, Payton Jordan bought us a big, blue tube Cantabrian T&F anemometer (built for '48 London Olympics) for use at Stanford and elsewhere. The Pacific Association bought us one of the first electronic T&F anemometers in the mid-'60s

Dr. Glover has served for years as the Awards Chair for the Pacific Association officials.

Meet Mike Bower, PA's new Officials Chair.



Mike Bower

I was born in San Francisco when the Seals were the only baseball team in town. Attended Lowell High School – too short, too fat, too slow to play on any high school teams.

I attended City College of San Francisco, then San Jose State (too much fun) and was asked to “return home” and attend SF State where I received my BA in Geography and then graduate work in education receiving a Secondary and an Elementary credential. I received my Master’s in Counseling Psychology from the U. of La Verne.

Started teaching elementary school in Millbrae (Highlands) and coaching at the school through the Millbrae Recreation Department. A colleague introduced me to the Millbrae Lions Track Club: **Ed Parker, Dick Connors, Jim Hume, Rich Wheeler** and **Dr. Harmon Brown**. Conveniently, Jim and I became roommates until I met my future wife and my track career was over.

I have been a teacher since 1972 starting at elementary school, then middle school and high school, Mills and San Mateo. I became a high school counselor for 24 years and am now doing counseling very part-time at the College of San Mateo.

I did not coach again but I had become a basketball and soccer official...until that fateful day in 2009 when Jim Hume walked into our barbershop and uttered those immortal words, “What are you doing these days?” It was cross-country season and the timing crew at Crystal Springs cross country needed “another body.”

I was “coerced” into becoming a certified official by none other than JH.

Even though **Sonny Maynard** had me crew shot at my first meet (Stanford) and even though I have worked many field events since then, I have “turned to the dark side,” as Sonny would phrase it. My urge to be organized fits with being a clerk and I have gravitated in that direction.

I have had the opportunity to work with many, many quality officials and it has been a great learning experience.

As the chair, I hope to maintain that which my predecessors have created – “Not just the biggest, but probably the best” organization of officials in the USATF. One of my target goals is to engage more bodies to officiate.

I value the thoughts of others for I think we never have THE answer or THE way to do something.



Mike Bower and **John Coie** count heads while Howard Clement records chest numbers at Stanford.

USATF National Award Certificate**2013**

Jay Abbott (Vertical Jumps, Throws)
 David Ahn (LDR Referee)
 Deanna Bower (Throws)
 Charles Buettner (Starter)
 John Collins (Throws, High Jump)
 Robert Dietrich (Track Referee, Field Referee)
 James Hart (Throws)
 Ajay Padgaonkar (Race Walk Judge, Throws)
 James Starmer (Starter)
 Lloyd Stephenson (LDR Referee)

2012

John Busto (Starter)
 Ed Gordon (Vertical Jumps)
 Peter Guerrini (Competition Secretary and FinishLynx operator)
 John Pretto (Throws and Vertical Jumps)
 Karen Williams (Clerk)
 Stephanie Bolden (Clerk)

2011

Mike Aro (Throws)
 Dino Certa (Starter)
 Bruce Makinson (Horizontal Jumps/Starter)
 Elisabeth Price (Race Walk Judge/Lap Counting)
 Jon Price (Race Walk Judge/Lap Counting)
 John Wise (Starter)

2010

Robert Benoy (Horizontal Jumps)
 Steve Green (Throws)
 Dick Cochran (Throws)
 John (J. R.) Heberle (Jumps, Starter and Electronic Measurement)
 Ann Gerhardt (Race Walk and Jumps)
 Leroy Milam (Clerk and Starter)

2009

Sean Laughlin (FinishLynx Operator)
 John Lilygren (Vertical Jumps)
 Baird Lloyd (LDR and Horizontal Jumps)
 Leon Wimbley (Horizontal Jumps and electronic measurement)
 Mark Youmans (Horizontal Jumps and Throws)

2008

Katherine Berman (LDR)
 Richard Berman (LDR)
 Derwent "Deri" Bowen (Throws)
 Anthony Camargo (Competition Secretary)
 Sue Murray (Throws)
 Ted Waldo (Jumps and Throws)

2007

Irene Herman (LDR, Umpire)
 Jeanne Sanders (Horizontal Jumps)
 Mike Sands (Vertical Jumps)
 Robert Thompson
 Mark Winitz (LDR)

2006

Andy Anderson (Starter)
 Dennis Boyle (Vertical Jumps)
 Charles Des Jardins (LDR, Field Referee)
 Joe Keever (Throws)
 Jon Siegel (Vertical Jumps)



Elisabeth Price Received the **George Newlon SPECIAL RECOGNITION AWARD — TRACK** from Dr. Glover

Elisabeth and Jonathan Price are Master Level Race Walk officials first certified in 2005. They are National Level Umpires and Association Level horizontal jumps/vertical jumps/LDR officials. They have traveled to a number of national meets and organize/teach certification clinics in Northern Nevada.



Jonathan Price Received the **George Newlon SPECIAL RECOGNITION AWARD — TRACK** from Dr. Glover

Get dirty: some notes on Officiating Cross Country...By Irene Herman

Officiating a cross country meet is unlike officiating a track meet. On the track, you can see all the competitors through their whole race. Not so in cross country, where the course will take them over hills, behind trees, into gullies, out of sight. We face the wonders and perils of cross country racing. As with any of our sports, inadequate officials and volunteers are always a challenge.

Whether you are the only official who serves as a starter and finish line judge, or daddy or mommy, athletes rely on you to resolve their issues. You need to be Miss or Mr. Know it all or Know as much as you can about the course and the environment.

Preparation:

Know the course. Have the race director drive you around in a gator full of cones. You are the objective observer who can sense if there is a question of taking the wrong trail. Remember that flour or chalk fades and after a few races the athlete may no longer see these signs. If the race uses colored flags as notated in the rules, that would be great, but realistically, this doesn't happen unless it's a championship. Take all the potential out for a runner cutting the course short. Cone it.

Assess for safety:

Starting and finish area are subject to spectator cross over traffic. You need to ensure the least interruption possible. Use volunteers to clear the area and have several officials and volunteers count the number of runners at the line. Communicate with the lead and trailing bicyclists and have radios available so that you can talk to the "dark" side should a fall occur. Check for areas of poison oak, wasp nests and narrow trails. The PA XC race at Ancil Hoffman Park had a situation last year where a faster runner disturbed a wasp nest and the following runners got stung. Coming into the finish line the runners (women) were covered by yellow jackets. UC Santa Cruz has poison oak around the trails.

Ok, maybe you can't be a jack of all trades, but do have or have the EMT have available, **techno** (anti-poison oak wash), insect repellent, **StingEze** (Itch relief, immediately).



Irene Herman

Silver Medalist Team USA, WMA, 2011, Cross-country Runner, Master LDR Official, PA Vice President, Membership Chair 1998-current, 2015 Cross Country Club National Championship LOC Chair.

Clearly communicate to runners warming up not to run on the course. Somehow, they don't get it! There is nothing more irritating to women competing their race, than to have men come up behind them, chatting away. Warm-up runners should be running in the "opposite direction." In multiple races this is very important because an official or volunteer cannot tell the difference if the warm-up athlete is "pacing" in the race. I have seen a man run next to a women competitor over half a mile and swear that he doesn't know her. But, how can you tell unless they are running in the opposite direction?

The finish:

Keep the chute long and have it gradually narrow to a single lane so that runners stay in their places. Have a clear finish line. Know who is taking the spindle and tags. Where are the results posted? Who is your scorekeeper?

Thank you , officials!

PACIFIC ASSOCIATION AWARD RECIPIENTS

bold face = certified official

HALL OF FAME AWARD

- 2007 **George Kleeman**
Lori Maynard
Sonny Maynard
Horace Crow
Tom Moore
Dr. Harmon Brown
- 2008 Ed Miller
Richard Connors
- 2009 **Robert 'Pod' Podkaminer**
- 2011 **Don Bailes**

SERVICE AWARD

- 2003 **George Kleeman**
Charlie Sheppard
- 2004 Ron Daniels
John Mansoor
- 2005 **JoAnne Camargo**
Irene Herman
- 2006 Cyni Calvin
Robert 'Bob' Shor
- 2007 Tyler Abbott;
Robert 'Pod' Podkaminer
- 2008 **Mark Winitz**
Maura Kent
- 2011 Jack Leydig
Joy Upshaw
Lee Webb

TOM MOORE AWARD

- 2002 **Tom Moore**
- 2003 **Dr. Harmon Brown**
Herb Rodabaugh
- 2005 **Robert Bowman**
- 2009 **Robert 'Bob' Rush**
- 2011 **Sean Laughlin**

COACH'S LEGACY AWARD

- 2009 James "Jim" Hunt
- 2010 Bud Winter
Jim Santos



Charles Murphy Received the Horace Crow *SPECIAL RECOGNITION AWARD — FIELD* AWARD FROM DR. GLOVER

Charles Murphy is a Master Level Horizontal Jumps Official who has been selected to work a numerous national meets. In 2013 he was the head horizontal jumps official at the USATF T&F meet. First certified in 1989, Charles achieved his National Level Horizontal Jumps ranking in 1999.



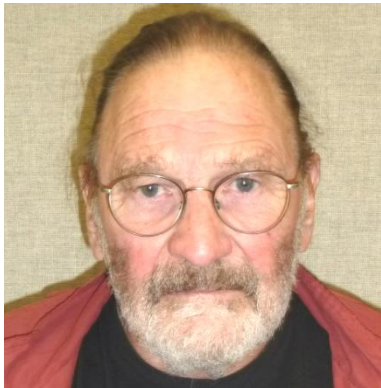
Master of ceremonies **Sonny Maynard** leads the annual *How Would You Make the Call?* discussion of officiating incidents and rules.

Inside and Outside: Richard Hotchkiss

"O wad some Power to giftie gie us, To see oursels as ithers see us!," said poet Robert Burns.

A short article about track and field participation from two perspectives:

Somebody has to measure the distance, shoot the gun and work the stop watch. As competitors, I think most athletes tend to be myopic about the support system that allows their particular venue to have credence. False starts and crossbars that fall to the ground are mostly



Richard Hotchkiss

obvious; whereas, flat throws in the javelin and toe touch fouls in the ring events can be very subtle. As an official, the most important issue for me has always been to have a level playing field for all and that field be justly regulated by competent officials.

I have played the game from both sides of the fence for sixty years. For some reason, when I was not participating in events, I was doing duty at some official level. To me, the organization of a competition was the same as the participation, all athletes and officials, coaches and observers, all part of a recognized band of ruffians that demand fair play. There will always be bad calls and cheaters.

That stated: I have not always agreed with the established rules or the interpretation of what is allowed or disallowed under the guise of those rules. From an athlete's point of view, a slight brush on the top of a toe board or a flat landing of a javelin 200 feet out in a field has to be called by an on the spot official that only has that job. Having a foul or a flat call made by someone sitting in a chair some distance from impact zone or throwing circle creates controversy. There are times when a lack of training or understanding of the rules specific to an event causes unhappiness.

As a competitor:

The flat call in the javelin event is probably the toughest of all the impact zone judgments to make. In the Los Gatos Masters National Championships of 1987 I lined a superb throw down the right sector line. I watched as the implement turned over at the last moment and struck point first. It was close to being the best throw of the competition and I was ecstatic. The flat call official was

sitting in a chair on the opposite side of the field approximately one hundred and fifty feet from where the throw touched down. He held his arms out with the palms of his hands up in a questioning gesture, shrugging his shoulders. Looking around for some back up from the marker who was also on the far side of the field, he found none. He disallowed the throw. His call was booed by many in the gallery of fans. The scenario is indelibly etched in my neural network. It is one of the reasons I decided to pursue certification a few years later.

As an Official:

The biggest athlete/ coach /official controversies I have been involved with have been centered around the certification stations. Mostly by irate coaches protesting judgment calls on altered or sub standard throwing equipment. Normally I am pretty mild mannered and quite busy trying to get all of the (sometimes hundreds) of throwing units through the system and onto the competition field. High school coaches are the worst. A few years back I found a 1.5 kilo discus being submitted by an athlete from a nearby high school. I disqualified it and put it in the bad crate. The kid asked: " why?" I explained the weight and rim discrepancies. He cursed and said he had just set a school record with the discus and it was fine then. He left in a huff. A very short time later a bristling and quite burly father/coach got in my face. Attempting to remain professional, I explained the situation to him. He was having none of it and wanted the implement allowed. I smiled my smile and told him "No." I thought he was going to come over the table and swing on me. I sent one of my helpers to find a person of higher authority who came quickly and backed up my call. The impounded discus stayed in my custody until after the meet. As I was finishing up after the meet, the involved coach and his athlete son came demanding I release the discus, I complied. I was called a name I cannot repeat. All in a day's work.

T&D Editor's Note: in Javelin, standard practice is to have an official stationed outside the sector to call flats. This is required by the NCAA rules (Rule 6, Section 10, Article 3). In this case, where neither official could positively affirm an illegal landing, it appears that the throw should have been ruled legal.

Richard Hotchkiss lives in Grass Valley; he has been a PA official since 1999. Richard is certified in Implement Inspection, vertical jumps and horizontal jumps.

2013 Nominees for USATF Track & Field Officials *National Outstanding Officials Award*

With the recommendation of each local association, the USATF National T&F Officials Committee honors outstanding officials from each association. In order to be eligible for the USATF National Track & Field Officials Outstanding Service Award, an official must be a national or a master level official and must be very active within their association. We were pleased to recommend the following recipients.



Jay Abbott

Vertical Jumps, Throws



David Ahn

LDR Referee



Deanna Bower

Field Events...Throws



Charles Buettner

Starter



John Collins

Throws and High Jump



Robert Dietrich

Track/Field Referee



James Hart

Throws



Ajay Padgaonkar

Race Walk Judge, Throws



James Starmmer

Starter



Lloyd Stephenson

LDR Referee

Recipients of 2013 Pacific Association Officials Outstanding Service Award

Within the Pacific Association, the Officials Committee recognizes the outstanding work of some of our younger officials.



Maura Kent

Youth Competition
Secretary/Field
Events



Dolton Simmons

Youth Competition
Secretary/Field
Events



William SooHoo

Open
Pole Vault



Helen Storrs

Race Walk
Judge & Official



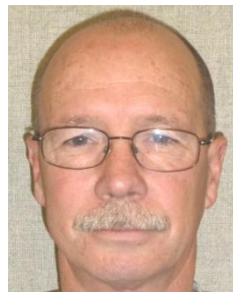
Dennis Stroiney

Horizontal Jumps,
High Jump, Throws



Cindy Teague

High School
Competition
Secretary



Gary Teague

High School
Start/Finish Line



Craig Wilson

FinishLynx
Operator



Maria Worthge

High School
Pole Vault



Walt Worthge

High School
Pole Vault

Mentor Program Update by **Mike Aro**, PA Officials Mentor Coordinator.

"Mentoring is a brain to pick, an ear to listen, and a push in the right direction" – JC Crosby

Mentoring new officials is essential in helping them jump-start their officiating careers. Mentoring helps beginning officials achieve success and ensures the consistent application of rules and officiating experiences for athletes, coaches, and spectators. Each new Pacific Association USATF APPRENTICE LEVEL OFFICIAL IS



Mike Aro

encouraged to become involved in the Association's Mentoring Program. While the Program is voluntary, it has been proven to be useful in introducing new members into the officiating community.

Mentors Help New Apprentice Officials By:

- ✓ Introducing them to fellow officials, meet directors, and coaches.
- ✓ Assisting them in determining what uniform items, rulebooks, equipment, and supplies they will need to help them perform their duties as an official.
- ✓ Guiding them in the selection of meets and training clinics, the maintenance of their resume, and what they need to do to advance as an official.
- ✓ Sharing with them documents, forms, and links to best practices, which will help them to become more comfortable with their new role.

- ✓ Providing opportunities for them to work with experienced officials who will help them become familiar with officiating protocols.
- ✓ Contacting them on a regular basis to see how they are doing and offer assistance as needed.
- ✓ Providing them guidance in how to properly apply the rules.

This past year the Pacific Association had 69 new Apprentice Officials certified as track and field officials for the 2013 season. During that period, 28 of the 69 Apprentice Officials requested to be mentored by a veteran Official, which works out to be approximately 40%. While we are pleased with this number, our goal for the 2014 season will be to enroll an even larger percentage of our Apprentice Officials in this program. Ultimately, the goal is to have all new officials be mentored during their first year of the Apprentice program.

For the 2013 season, we'd like to recognize the following officials for supporting the program and volunteering to be Mentors: **Jay Abbott, Mike Aro, Robert Benoy*, John Bowen*, Deanna Bower, Dennis Boyle, Bruce Colman, Shirley Connors, Joe Harper, Jim Hart, Dick Iwamiya, Joe Keever, Sonny Maynard, Sue Murray, Rory Osborne, John Pretto*, Chuck Sheley, and Dave Soeth** (*denotes willing to help, but no one in area requested to be mentored). While most Mentors were assigned 1-2 new officials, **Dennis Boyle** and **Chuck Sheley** were able to jointly work with 10 new officials from the Redding/Chico area. Great job Dennis and Chuck!

If you are a National or Master level official, and want to be a Mentor helping new officials start their career in officiating, please contact: Mike Aro at maro.mentor@gmail.com.

A preview of the 2014 Training Clinics

The Officials' Training Committee, under the guidance of Training Chair Shirley Connors, is currently putting together the 2014 schedule. This is what it looks like so far. The issue of *Turns & Distances* which will be published after the USATF Convention the first weekend of December, will have all the information you need and instructions on how to sign-up for a class.

We currently have 96 Apprentice Level Officials, 27 of whom were certified in 2011, and 106 Association Level Officials. **IF** you are interested in advancing and **IF** you have a resume which shows that you have been active, and **IF**



Shirley Connors

you have taken the pre-requisite advanced clinics, or **IF** you take your prerequisite class this year—this is a good year for you to upgrade your certification.

Here is a list of clinics which will probably be offered in 2014 and their date and site. **Clinics in bold** are for sure, *clinics in italics* are probable.

*Clinics with a star before them will be offered if there are enough students. An electronic survey will be distributed in order to assess interest.

This is not a "rules year" for USATF and the NCAA will not publish a new rule book. The NCAA does update its rules as necessary. Every clinic will include a "rules update" as appropriate, but there will not be a specific "rules update clinic."

First comes an explanation of each class. Second comes a chart showing where the classes will be held.

1. Saturday, January 11, 2014, American River College (**ARC**), Sacramento, CA;
2. Saturday, January 25, 2014, TBD, Chico, CA;
3. Saturday, February 8, 2014, TBD, Santa Cruz, CA;
4. Sunday, February 9, 2014, Serra High School (**Serra**), San Mateo, CA;
5. TBD, Reno, NV (their season starts later than the one in the SF Bay Area).

Introduction to Track & Field Officiating...the beginning level for new officials;

Fundamental Classes (a **PREREQUISITE** for advancement from the APPRENTICE LEVEL → ASSOCIATION LEVEL or from the ASSOCIATION LEVEL → NATIONAL LEVEL if you became an official before our APPRENTICE LEVEL certifications. *The class includes rules, paper work, procedures, how to "set-up" the venue and a hands on experience of running the event.*

❶ **Fundamentals** ☺ of **Horizontal Jumps** and **Throws** Officiating

❷ **Fundamentals** ☺ of **Vertical Jumps** Officiating

❸ **Fundamentals** of Track Event Officiating (With half the time devoted to **CLERKING** and the other half devoted to **Umpiring** and **Lap Counting**...for Umpiring/Lap Counting to be complete, mentored practice is required.)

☺ *Note that we have separated Vertical Jumps from the Horizontal Jumps/Throws Clinic*

Advanced classes in

❶ Horizontal jumps

❷ Vertical jumps

❸ Throws.

Race Walk

❶ Introduction to Race Walk Officiating

❷ Introduction to Race Walk Judging

LDR (Long Distance Running)

❶ Intro to LDR Officiating

❷ **Fundamentals of LDR Referring**...both already certified and those who want to become certified...at Serra

Athletics for the Disabled (mental disabilities = Special Olympics; Para-Olympics = Cathy Seller's on-line instruction and on-line test with Sellers grading and advancing). **Note - the Pacific Association is in line to host several Para-Olympic meets in 2014.**

(Before the following classes are scheduled, a survey will be e-mailed to everyone to determine the degree of interest.)

✳ **Referees for Track & Field**

❶ **Experienced Track & Field Referees** (already certified)

❷ **Prospective Track & Field Referees** (not yet certified)

✳ **Laser measurement** for long throws with the Leica Measurement System

The Leica Measurement system offers a cost effective method of measuring long throws...if only we can get someone to operate the system.

✳ **Hy-Tek's Meet Manager** for advanced users

✳ **Hy-Tek's Meet Manager** training for newbies comes as mentoring during meets...but we're not getting many takers

Proposed Officials' Clinics - 2014

Saturday, January 11, 2014, American River College (ARC), Sacramento, CA;					
Saturday, January 25, 2014, TBD, Chico, CA;					
Saturday, February 8, 2014, TBD, Santa Cruz, CA;					
Sunday, February 9, 2014, Serra High School (Serra), San Mateo, CA;					
TBD, Reno, NV					
	ARC	Chico	Santa Cruz	Serra	Reno
Introduction to Track & Field Officiating	X	X	X	X	X
Fundamentals Classes					
Fundamentals of Horizontal Jumps and Throws Officiating	X	X		X	X
Fundamentals of Vertical Jumps Officiating	X	?		X	X
Fundamentals of Track Event Officiating	X	?		X	X
Advanced Horizontal Jumps	X	?		X	?
Advanced Field Event Officiating Classes					
Advanced Horizontal Jumps	X			X	
Advanced Vertical Jumps	X			X	
Advanced Throws	X			X	
Race Walk...including judging and officiating	X			X	X
Race Walk Judging					
Race Walk Officiating					
LDR (Long Distance Running)					
Introduction to LDR	X			X	
LDR Referees				X	
Athletics for Disabled	X			X	
Classes which will be offered if a survey indicates interest					
Experienced Track & field Referees	X			X	
Prospective Track & Field Referees	?			?	
Using Leica Laser Measurement for the long throws	X			X	
Using Hy-Tek's Meet Manager to run your track meet	X			X	

The following clinics will be offered as "Learn by Doing Clinics" (a.k.a. Practicum) in conjunction with a T&F Meet.

U.C. Davis...Saturday, February 8, 2014			
U.C. Berkeley...Saturday, February 8, 2014			
Los Gatos A/C Meets...Saturdays of January and February, 2014			
	Davis	Cal	Los Gatos
Starting	X		
Umpires	X	X	
Starting	X		X
Implement Inspection	X	X	

Helping coach US World Junior T&F Team...by Lee Webb



Lee Webb

This was my 3rd US team. I was on the last World Youth Team in 2011 as a jumps coach. That team was considered the best ever before this one. I also have served on a NACAC team in 2005.

There is a great article and pictures in this issue of *Track and Field News* (October 2013, pp 6-13) about the TEAM.

After the trials were held in Edwardsville, Illinois, we traveled to Chicago for the training camp. Forty-three athletes were selected for the TEAM. Some winners of their events did not make the team. It is too bad, but we just can't take 2 athletes in each event!!

We left for Ukraine on July 4th and arrived July 5th in Donetsk. We had more training until July 10th when the meet started. We were treated with great respect and the Ukrainians were tremendous hosts. We had a great group of athletes who just competed to the max.

Here were the five goals we had for our trip: win 20 Medals, win 7 Gold Medals, achieve 43 PR's, meet someone new from another country each day, bring something home to your parents/coach/friends--the ones who helped you get the meet. Each athlete also wrote down five of their own goals for the trip. I still have their goals and the TEAM goals chart.

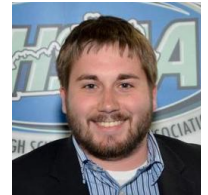
In Summary: We won 17 medals, the most ever. Four athletes were 4th. We had a few injuries and not the best athletes came to the qualifying meet...for example Mary Cain in the distance races. We had the most finalists of any team ever. We had over 43 PR's. Many athletes had more than one PR.

Overall it was a incredible experience which I will cherish forever. The athletes were priceless and just incredible people.

Lee Webb became a certified official in 2012; until June of 2012, he was head track coach at James Logan High.

Heard at the Track

- **Joe Mangan** of the College of San Mateo was voted the 2013 Men's Head Track & Field Coach of the Year by the California Community College Track and Field Coaches Association.
- **Chuck Foss** reports that Monterey Peninsula College has a new coach, **Marcus Carroll** from San Diego Mesa.
- **Peter Urda** is a visiting official from Kentucky. His job responsibilities will see him living in the Pacific Association for the next year or so. Peter is both a starter and a FinishLynx operator.
- **U.C. Berkeley** – The Cal track and field staff has added two veteran assistant coaches to its staff in **Mohamad Saatara**, who will oversee the throwing events and pole vault, and **Lissa Olson**, who will be a volunteer coach for the Golden Bear jumpers. **Nkosinza Balumbu**, who joined the staff mid-season in 2013, is continuing as an assistant coach. **John Dagata** has left Cal for a position at University of Oklahoma.
- **Colin Campbell** passed away on September 13, at home, under hospice care, after a short illness. If officials with memories to share of Colin, will send them to Jim Hume, *Turns and Distances* will to publish them in the next issue: jimhume.certchair@sbcglobal.net.



Peter Urda

- **Jennifer Oliver** has been named by Officials Chair Mike Bower to join Bob Thompson in representing the PA Officials Committee on the Board of Athletics. Officials have two seats on that board; only Bob chose to run in the 2013 elections.



Jennifer Oliver

- **San Francisco State changes coaches:** since mid-April, **Tom Lyons** has been serving as interim head track and field coach at SFSU, while continuing as head coach for Cross Country. This arrangement is expected to remain in place through the 2014 track.

More Heard at the Track

- **Bill Hawkes** is working on the 2014 Association track and Field meet calendar. If **you** are aware of any dates please forward them to him. (flojo1049@yahoo.com)
- Complete minutes from the Annual Meeting are available on the Pacific Association web site (PAUSATF.org) under officials.
- NCAA Regional CxC Preview, Friday, October 4th, 2013. (In need of course umpires). **Phil Leake**, is coordinating officials. (Pgal1@sbcglobal.net).
- **NCAA Regional CxC**, Friday, November 15th, 2013, Sacramento, CA (In need of course umpires).). **Phil Leake**, is coordinating officials. (Pgal1@sbcglobal.net).
- SF State's Johnny Mathis is March 22nd and SF State's Distance Carnival is April 4th/5th, expanding to a two day meet with distance on Friday and all other events on Saturday.
- **John Bowen** reports that the **Nevada State High School Meet** will be in the Reno area on May 23rd/24th. If you are interested in working the meet, contact John Bowen at John.Bowen@dri.edu

PRINCIPAL CONTACT INFORMATION YOU MIGHT FIND USEFUL

Turns & Distances Publisher Dick Connors...to submit text or photos and for hot leads or gossip...650-341-6781 or Richard.Connors@att.net

USATF National Website:
<http://www.usatf.org/>

National Officials Website:
<http://usatfofficials.com/>

Pacific Association Office:
(916) 983-4715

Pacific Association website:
<http://pausatf.org/>

OFFICIALS EXECUTIVE COMMITTEE - ELECTED OFFICES



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(916) 359 6394
@ Mike.PAUSATF@gmail.com



Phil Leake, Vice-Chair
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John Lilygren, Secretary
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Jennifer Oliver, Representative to
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SUB-COMMITTEE CHAIRS APPOINTED



Shirley Connors, Training Chair
@ soc.tnf@att.net



Jim Hume, Certification Chair
jimhume.certchair@sbcglobal.net



Dr. Leon Glover, Awards Chair
@ lglover@tycoelectronics.com

The Official's Committee makes up for some lost time

The Pacific Association Officials' Committee made up years of oversight and presented to our past chairs, a plaque with gavel in recognition of their service to the committee as Vice-Chair Phil Leake did the honors. Only Immediate Past Chair **Bruce Colman** was absent.



Gail Wetzork



Dick Connors



Out going Chair John Murray

Dick Connors

2065 Kings Lane,
San Mateo, CA 94402



Change of command from John Murray to Mike Bower