



Coaches Report

PAUSATF Association Board Meeting - 13 November, 2012

Level One Schools:



Level 1 Certification-New! The USA Track & Field Level 1 Coaching Education course has officially been certified by the National Council for Accreditation of Coaching Education. NCACE promotes and facilitates coaching competence within all levels of amateur sport by overseeing and evaluating the quality of coaching education programs. Level 1 Schools, the most comprehensive track and field training in the nation, consist of 21 hours of instruction focused on the events of track & field and related sport science. The course consists of classroom instruction as well as hands-on training. The Level 1 program covers all events by emphasizing fundamentals, rules, safety/risk management, and instruction techniques in addition to specific event group training of endurance, sprints/hurdles, throws and jumps. Upon passing the exam, participants will be issued a Level 1 Coaching Certificate.

15-16 December, 2012: at Sacramento City College

Refer to: <http://www.pausatf.org>, then click on 'coaches' in the right pane, and then 'schools/clinics'

19-20 January, 2013: at Chabot College, Hayward

Refer to: <http://www.pausatf.org>, then click on 'coaches' in the right pane, and then 'schools/clinics'

PAUSATF Level 1 School Scholarships Available:

To facilitate the goal of producing well educated coaches, the Pacific Association of USATF (including San Luis Obispo, San Benito, Stanislaus, Tuolumne, counties north to the Oregon border in California, and central/northern Nevada) has made available fourteen (14) scholarships to pay the tuition to attend a PA-USATF Level 1 Coaching Education School. Pacific Association registered coaches who complete and submit the application by Sunday, 25 November, 2012 at 5:00pm will become eligible to have their tuition fee paid to the Sacramento CC or Chabot College Level 1 Schools. Recipients are responsible for their own transportation, USATF membership fees, accommodation, and meals. Contact association coaches chair Dave Shrock at coachshrock@gmail.com, or for further information and application refer to: <http://www.pausatf.org>, then click on 'coaches' in the right pane, and then 'schools/clinics'

Call for nominees for the Pacific Association Legacy Coach Award:

In recognition of the many influential coaches who have served in our association who have selflessly strengthened our sport(s) through teaching, mentoring, and promoting our profession, the Coaches Committee is asking for nominees for the Legacy Coach Award. Long time Humboldt State coach **Jim Hunt** was our inaugural award recipient in 2010, with **Jim Santos** of Hayward State and **Bud Winter** of San José State (*posthumously*) receiving the 2011 award at the VS SuperClinic.

Criterion will be weighted heavily on coaches who were not only great coaches, but who also inspired and trained/mentored many of us to become coaches ourselves...hence the idea of a Legacy Coach Award. Coaches submitted for consideration should have mentored former athletes to become successful coaches in their own right, in addition to:

- mentored former athletes
- having coached for a period of time in the Pacific Association
- exhibited qualities of ethical coaching
- contributed to several aspects of the association, while promoting the sports of USATF
- candidates could come from any level of coaching

The deadline for submission of nominees is 31 December 2012, with announcement of the recipient 2 February at the VS Athletics West Coast SuperClinic. For the nomination form and further info. refer to the PA Awards page at: <http://www.pausatf.org/data/awards.html>

VS Athletics West Coast SuperClinic:

Saturday, 2 February, 2013 - Sacramento City College. Come join us in improving your coaching effectiveness in a one-day clinic devoted solely to maximizing your athlete's success. Twenty nationally recognized clinicians will provide information that you will be able to apply immediately to your program's improvement in the event group areas of sprints/hurdles, endurance, throws, and jumps. Spread the word to all coaches! Last year's clinic was a great success with over 300 coaches gaining practical information to begin their seasons, and this year the clinic features London Olympic athletes' coaches Harry Marra, Bob Larsen, Jeremy Fischer with many top coaches in our sport. For further info. refer to: <http://www.pausatf.org>, then click on 'coaches' in the right pane, and then 'schools/clinics', or go to <http://www.vsathletics.com/clinic>.

Looking for track and field schedules:

Bill Hawkes has again volunteered to collect data for the 2013 Association track and field calendar. Meet directors please send all dates to Bill by 15 November. Bill's email address is: Flojo1049@yahoo.com. The master association schedule with youth, high school, college, open and master competitions will be available at www.pausatf.org in late November.