



Board of Athletics—Compiled Committee Reports ***March 18, 2014—Compiled by Association Secretary J.R. Heberle***

Para Athletics Committee

George Rehmet (georgerehmet@yahoo.com)

US Paralympics National Track and Field Championships:

- Meeting held with Cathy Sellers of USOC on 3/11. Many details worked out. Next meeting on 4/21.
- George Rehmet talked with College of San Mateo Chancellor Ron Galatoto who is very pleased to have the college be the site of event.
- Sonny Maynard and Charlie Sheppard are recruiting local officials. 5 officials from Southern CA will come up who have experience with athletes with disabilities.
- George Rehmet and Sharon Kelleher are working on online volunteer sign-ups.

Para LDR:

- Marin Memorial 10K will provide free entries to runners with disabilities who contact George Rehmet at georgerehmet@yahoo.com at least a couple weeks before the event.
- Humboldt 1/2 marathon and Brisbane 5K have been contacted for physically challenged divisions.

Masters Track and Field Committee

Joseph Ols (josephols@verizon.net)

We have scheduled & announced the MTF Championships for June 14th at College of San Mateo. However, we do not yet have a Meet Director. We have scheduled & announced MTF Decathlon Championships for Sept 13-14.

We have scheduled & NOT YET announced MTF Icosathlon (Double Decathlon) for Aug 16-17. This will be IAUM (Int'l. Assoc. of Ultra Multievents) Americas Championships for North/Central/South America. USATF Pacific would have no legal liability and no responsibilities...in theory, all the "glory". However, a problem with the venue (cannot host 2 of 20 events) has put this on hold for the moment—trying to find another venue to host the missing 2 (or all 20).

USATF Masters Indoor Championships was March 14-16 with many PA athletes doing well (e.g. 4 WR + 1 AR for 2 PA athletes at [http://www.usatf.org/News/0-\(30\).aspx](http://www.usatf.org/News/0-(30).aspx)).

More on PA athletes (and two other Western Region athletes) at: [http://www.usatf.org/News/1100-\(13\).aspx](http://www.usatf.org/News/1100-(13).aspx)

We attempted to arrange a PA MTF Winter Championships, but could not this year.

LDR Committee

Tom Bernhard (tlbernhard2@gmail.com)

Road GP

- Two races completed (NorCal 10 Mile & ATB 12K)
- 1 open protest from NorCal 10 Mile
- 2014 Road GP schedule finalized - <http://www.pausatf.org/data/2014/RRSchedule2014.html>

XC GP

- 2014 Road GP schedule finalized - <http://www.pausatf.org/data/2014/xcschedule2014.html>

Ultra GP

- Two races completed (Jed Smith 50K & Way Too Cool 50K)
- 2014 Ultra GP schedule finalized - <http://www.pausatf.org/data/2014/mutsched14.html>

LDR Banquet

- Banquet was held on 2/16 in San Francisco - hosted by the LDR Committee (no club volunteered)
- Jon Olsen, 2013 USATF Male Ultra Runner of the Year - guest speaker
- 85 awards given out
- Runners of the Year:
 - Road – Kim Conley & Brian Pilcher
 - XC – Jenny Bergren & Iain Mickle
 - Ultra – Rory Bosio & Jon Olsen
 - Lifetime Service Award – Mark Winitz
 - Club of the Year – Impala RT

2014 AADP

- Criteria for Road GP chosen – top Purdy-Garner score through the first 3 races of each series, long/short
- Eligible races:
 - Short
 - 7/4 USA 10K - Peachtree
 - 9/21 USA 5K - CVS
 - Long
 - 7/26 USA 7 Mile – Bix 7
 - 9/1 USA 20K – New Haven
 - 10/5 USA Marathon – Twin Cities

LDR Committee Chairs:

- Sarah Broyles, XC co-chair, has left CA - will be replaced if appropriate volunteer found

Race Walk Committee

Jon Price (jprice@unr.edu)

The results of the first Grand Prix race walks of the season and the schedule for the remainder of the season, through October, have been posted on the website. Clinics in Sacramento, Fresno, and San Mateo attracted several new apprentice judges.

Officials Committee

Mike Bower (mike.pausatf@gmail.com)

- 1) 51 new officials based on attendance of our scheduled clinics.
- 2) S. Connors will be offering 1 1/2 hr. mini-clinics for coaches and volunteers to cover proper scoring, proper measuring, safety & clerking. One in the works at Serra H.S. and a potential one in the Sacramento area.
- 3) USA Outdoor Championships (June 25-29) & Golden West (June 28) to be both held at Sacramento State. John Murray is looking for volunteers for both. Interested? Contact jmurray@surewest.net.
- 4) Officials Executive Committee to review Officials Committee Operating Procedures for changes/updates (effort led by G. Kleeman)
- 5) Looking into the updating of the info on Officials section of the PAUSATF website.
- 6) Sonny Maynard is looking for officials for the Association Open Champs at San Mateo on Sunday, 1 June:

sonny22@att.net

While Dave Shrock is looking for officials for the Association Master's Champs also at San Mateo on Saturday, 14 June: coachshrock@gmail.com

Membership Report

Irene Herman (iherman49@yahoo.com)

Membership as of 18-Mar-14

Total	6836		
Adult Athletes	1979	Coaches	342
Racewalking	97	Level I	251
40 & Older TF	1612	Level II	73
T&F 19-39 yrs.	866	Level III	15
MUT-Ultra	1019	Fundamental	12
LDR	1494		
Cross Country	1323	Officials	343
Youth 3-18 yrs	1706	Apprentice	45
RW youth	71	Association	178
TF	1517	National	48
XC	646	Master	65
Para Ath. Adult	5		
Para Ath. Youth	0		

Other, Fan, Parent 279

Coaches Committee

Dave Shrock (coachshrock@gmail.com)

The Coaches Committee has just concluded its **two annual Level 1 Schools** with 121 coaches undergoing the 21 hour Level 1 curriculum this past winter (*41 at Sacramento City College in mid-December, and 80 at Chabot College mid-January*) Five Association coaches took advantage of the eight Level 1 full scholarships available. There are plans for the Level 1 curriculum to be revised this summer and then published by Human Kinetics for use in the Level 1 School and available for sale . There is still no determination on where the Level 2 Schools will be this summer. Updates will be posted on the Assoc. website.

The **5th Annual West Coast SuperClinic** was held once again at Sacramento City College, with over 300 coaches listening to iconic coaches such as Sprint coach Tom Tellez, Jumps Coach Boo Schexnayder, and endurance coaches Peter Thompson, Walt Lange.

Annual Coaches Committee Meeting: Was held at the West Coast SuperClinic with topics such as impending HS and NCAA rule changes and the designation of part-time coaches as independent contractors responsible for their own insurance.

2013 PA Legacy Coach Award Recipients

The Legacy Coach Award has been initiated by the Pacific Association's Coaches Committee in recognition of the many influential coaches who have served in our association, and have selflessly strengthened our sport(s) through teaching, mentoring, and promoting our profession. Criterion is weighted heavily on coaches who were not only great coaches, but who also inspired and trained/mentored many of us to become coaches ourselves. Previous recipients are: Jim Hunt (Humboldt State), Jim Santos (Hayward State), Bud Winter (San José State), Margaret Dixon (Oakland PAL), and Walt Lange, (Jesuit HS).

Kirk Freitas (*Chico State*)

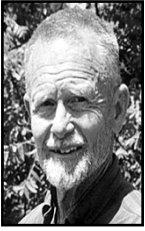


One of the most beloved coaches in the history of Chico State athletics, men's track and field coach Kirk Freitas oversaw Chico State's men's and women's track and field programs for 33 years from 1979 to 1998. The results were astounding. The men's track and field team has won nine consecutive California Collegiate Athletic Association titles and has been ranked in the top 30 nationally each of the last 11 seasons, including four consecutive top-10 finishes from 2007 to 2010. He's coached 64 individual CCAA champions, 47 All-Americans and six NCAA champions during that time.

Throughout his tenure he has taught, trained, mentored and most importantly, genuinely cared for the student-athletes who chose Chico State. His network of alumni, friends and colleagues know he poured his heart and soul into this program. His legacy reaches beyond the student-athletes he coached to colleagues within and outside the Acker hallways. "Freit" also coached and mentored many of California's top coaches who include Oliver Hanf - Butte JC, and now Head Men's Coach at Chico State, Gary Towne - Head XC/Asst. Track Chico State,

Rob Dewar - former assistant at CSU Stanislaus, UC Davis, and now head Men's coach at Sacramento CC, Robert Nooney - Head Women's Coach Chico State, Brian Beeman - Asst. Track Coach Chico State, Carlos Suarez - Head Coach at College of Marin, Kyle Robinson - Head Coach Chabot College, and David Wellman - Head Coach Santa Rosa Junior College, in addition to countless others whom he influenced to continue to contribute to our sport. This is Kirk Freitas's legacy as he enters into retirement as an assistant coach at Butte College in Chico.

Ed Parker (*Mills HS and Millbrae Lions TC*)- posthumously



Coach Ed Parker personified what good coaching is about: Dedication, confidence building, analytical intelligence, and a respect for individuals. Parker affected many lives positively during his 35 years coaching at Mills HS and the Millbrae Lions TC from 1960 to 1995, including many athletes who were not even accomplished athletes but nonetheless to whom he showed respect and inspired by his example. He was a respected leader in track and field coaching, and was sought out by elite athletes from around the country. Parker was in the 1960's and 70's one of the nation's leading women track and field coaches, and his honors included serving as the 1964 Tokyo U.S. Olympic Women's Pentathlon coach, and 1992 Barcelona U.S. Olympic Assistant Women's Team coach. In addition Parker coached Olympians in approximately 8 consecutive Games from 1964 to 1992. Notable former athletes or assistant coaches who have gone onto either coach or contribute to our sports include Pat Connolly, Leslie Maxie, Marilyn King, Debi Braun, Cathy Sulinski, Jim Hume, Dick Connors, Matt Freidman, and Dave Shrock. Coach Parker retired to the Sacramento Valley in 1993, and he continued to coach the pole vault at Carmichael's Jesuit HS until his passing in 2009. The stadium at his beloved Mills High School was named in his honor in 2010.

A tireless organizer of clinics and coaching education schools, Coach Parker's legacy will be known as a man of the highest character who touched countless lives.

Awards Committee

Leroy Milam (leroy1888@aol.com)

A reminder to submit nominations for the Hall of Fame Award, the Tom Moore Award, and the Association Service Award. The criteria and procedures for these awards are on the Association web site, by clicking on the "Awards" tab in the right hand frame.

Nominations are open until 13 May BoA Meeting, with presentations at the September Annual Meeting.

Men's and Women's Track and Field Committee

Ralph Jones (ralph.jones@csueastbay.edu) and Fred Baer (frdbaer@aol.com)

All T&F competitors have been e-mailed the master GrandPrix list of meets for the open athletes along with the 2014 GrandPrix information for the upcoming season.

The Sat., 1 June Association Open Track and Field Championships at CSM planning is going well. Have secured a good number of officials with Sonny Maynard acting as the Officials coordinator as well as secured Record Timing to administer the timing and Hytek.