



## ***Board of Athletics - Compiled Committee Reports***

***November 16, 2016 - Compiled by J.R. Heberle and Dave Shrock***

### **Associations**

*Dave Shrock (president@pacific.usatf.org)*

**2016 USATF Annual Meeting-1-4 December in Orlando:** At this year's annual meeting the president's position is up for election along with all major committees. By merit of 8300+ members, Pacific is allotted 20 delegates, 16 of which will be funded \$900.00 in receiptable expenses. The Association caucus will be held at a nearby Earl of Sandwich shop following Thursday's Opening Session. Delegation Chair Irene Herman has been contacting all committees to assure representation. For full meeting details, go to: [www.usatf.org](http://www.usatf.org), then click on events, then Annual Meeting.

**Updated Sanctions pricing:** As of 1 November all USATF sanctions are under a new pricing scale. Refer to the sanctions link on the association website. Contact John or Heike if you have further questions.

**Final 2016 membership numbers:** Membership Chair Irene Herman reports that we completed 2016 with 8393 members, which is the most for nearly fifteen years...congratulations everyone for your hard work!

**Contract renewal with Jon and Heike Mansoor:** The Board of Directors are pleased to announce we have finalized an additional four-year contact with JJM and Associates: John and Heike Mansoor to manage our association until 2020. Having managed our association for 35+ years, much of our association's success and stability can be attributed to John's stewardship.

**Pacific Association elections:** A reminder that all Pacific officers and committee chairs election cycle begins in March of 2017 with nominations, and then a 30 day election period mid April-May. A sincere debt of gratitude goes to all current committee chairs who guide our Association's success, and all membership is asked to consider stepping up to lead our association into the Tokyo Quadrennium.

### **Women's Track & Field**

*Dena Evans (womenstrackandfield@pacific.usatf.org)*

Please mark your calendars for the **2017 PAUSATF Open Track & Field Meet on June 11**. Location finalized imminently.

If you have a meet to add to the 2017 Open Master Calendar, please email Bill Hawkes at [Flojo2134@gmail.com](mailto:Flojo2134@gmail.com). The initial draft will have already been created, but additions can always help.

Have any issues related to women's track and field that you would like brought forward or attended to at the Annual Meeting? Please email me so I can better represent the issues important to our constituents.

Don't forget, the **USA Outdoor Championships are going to be in Sacramento, June 22-25**. Mark your calendars and tell your friends – let's have lots of support in the stands for our local athletes and their competitors.

**2016 Open T&F GrandPrix results announced:** Congratulations to Olympian Stephanie Brown Tafton (discus) who won the women's division with 7626 points earning \$1700; and Kendall Spencer (long jump) who scored 6474 points for \$1700.00 in the men's division. Full results are on the open T&F page under GrandPrix.

## **Race Walking**

Jon Price ([jprice@unr.edu](mailto:jprice@unr.edu))

The results of the 2016 USATF Pacific Association Race Walk Grand Prix series and the schedule of race walks for 2017 are posted at <https://www.pausatf.org/race-walking/race-walk-event-schedule/>. Sierra Race Walkers took first place in the team division. Mark Green won both the age-graded (with an average of 82.18% for four races) and men's individual divisions. Karen Stoyanowski won the women's individual division.

Clinics for both **Recertification of Race Walk Judges** and **Introduction to Race Walk Judging and Officiating** are scheduled for 2017:

- **7 January 2017 (Saturday)**, 1:00 to 5:00 p.m., Reno, NV
- **14 January 2017 (Saturday)**, 9:45 a.m. to 2:00 p.m., American River College, Sacramento, CA
- **12 February 2017 (Sunday)**, 11:00 a.m. to 3:00 p.m., Junipero Serra High School, San Mateo, CA

We are working on the race schedule for 2017. We expect to have the following seven races (one more than 2016) in the Pacific Association Grand Prix Championship series:

- **One mile**, scheduled on **21 January 2017 (Saturday)**, at the University of California, Berkeley (at the beginning of their All Comers Track and Field Meet)
- **3,000-meter**, scheduled on **23 April 2017 (Sunday)**, at Mount Diablo High School, Concord, CA
- **1,500-meter**, probably 4 June 2017 (Sunday), in conjunction with the USATF Pacific Association Masters Track & Field Championships
- **5,000-meter**, possibly 18 June 2017 (Sunday), in conjunction with the USATF Pacific Association Open Track and Field Championships
- **One hour**, probably 13 August (Sunday), College of Marin, Kentfield, CA
- **20-kilometer**, probably 10, 17, or 24 September (Sunday), William Pond Park, Sacramento, CA
- **10-kilometer**, probably 8, 15, or 29 October (Sunday), William Pond Park, Sacramento, CA

We will also plan to have Judges at the following other meets in our area:

- During the **Shor-Sheppard Class Youth Meet**, on a Saturday in the springtime, with 1,500-meter and 3,000-meter distances
- During the **Bay Area Senior Games**, with 1,500-meter and 5,000-meter distances
- During the **Pacific Association Youth Championships**, with 1,500-meter and 3,000-meter distances
- 22-25 June 2017, during the USATF National **Open/Senior** and **Junior** Outdoor Championships, Sacramento, California – some of our Pacific Association Judges will be at this meet, and the Pacific Association Race Walking Committee will be providing the bulk of the materials needed for the races (10,000-meter track race for Junior women and men, 20-kilometer road race for Open/Senior women and men).
- During the **Pacific Association Junior Olympic Track & Field Championships**, with 1,500-meter and 3,000-meter distances
- During the **Region 14 Junior Olympic Track & Field Championships**, with 1,500-meter and 3,000-meter distances
- 24-30 July 2017 – during the **USATF National Junior Olympics** in Lawrence, Kansas.
- 4-6 August 2017 (Friday-Sunday) – as part of the **Lake Tahoe Track & Field Festival and Diversity Relays**, South Lake Tahoe, CA (including 4x100-meter and 4x200-meter race walks, plus possibly other race-walk distances)

## **Officials**

Mike Bower ([mike.pausatf@gmail.com](mailto:mike.pausatf@gmail.com))

Robert Benoy has retired from the Clinic Coordinators role, and Bill Bartels has assumed the role...thank you both!

With the Tokyo quadrennium upon us, all officials need to recertify. Below is a list of recert and introduction clinics. If you have not received an email from Certification Chair Jim Hume regarding the recert

procedures, be sure to email Jim at: [jimhume@comcast.net](mailto:jimhume@comcast.net)

## **2017 Rectification Clinic Schedule:**

### **Sat, Jan 7<sup>th</sup> / Sun, Jan 8<sup>th</sup> – Reno**

- ✓ *Sat, Jan 7<sup>th</sup> – All Levels Race Walk ReCert and Training [1:00 p.m. to 5:00 p.m.]*
- ✓ *Sun, Jan 8<sup>th</sup> – All Levels for Track & Field ReCertification [1:00 p.m. to 5:00 p.m.]*

### **Sat, Jan 14<sup>th</sup> – Sacramento, CA – American River College**

- ✓ *T&F National / Master Level ReCertification [8:45 a.m.– 12:30 ± p.m.]*
- ✓ *T&F Apprentice / Association Level ReCertification [ 9:45 a.m. – 2:00 p.m.]*
- ✓ *Race Walk All Levels combined for ReCertification [ 9:45 p.m. – 2:00 p.m.]]*
- ✓ *LDR and Cross Country All Levels combined for ReCertification [8:45 a.m. – 12:00 a.m.]*
- ✓ *SafeSport Training [ 2:30 – 4:00]*
- ✓ *T&F Referee/Combined Event ReCertification Clinic [1:00 p.m. – 3:30 p.m.]*

### **Sat, Jan 21<sup>st</sup> – Salinas, CA - Hartnell College**

- ✓ *All Levels for Track & Field ReCertification; (Probably 9:00 a.m. – 1:00 p.m.)*

### **Sat, Jan 28<sup>th</sup> – Oakland, CA – Merritt College**

- ✓ *All Levels for Track & Field ReCertification; (Probably 9:00 a.m. – 1:00 p.m.)*

### **Sat, Feb 4<sup>th</sup>, Chico, CA – Pleasant Valley High School**

- ✓ *All Levels for Track & Field ReCertification; (Probably 9:00 a.m. – 1:00 p.m.)*

### **Sunday, Feb 12<sup>th</sup>, San Mateo, CA – Junipero Serra High, 451 West 20<sup>th</sup> Avenue, San Mateo, CA 94403**

- ✓ *T&F National / Master Level ReCertification [10:00 a.m. – 1:30 ± p.m.]*
- ✓ *T&F Apprentice / Association Level ReCertification [11:00 a.m. – 3:00 p.m.]*
- ✓ *Race Walk All Levels combined for ReCertification [ 11:00 p.m. – 3:00 p.m.]]*
- ✓ *LDR and Cross Country All Levels combined for ReCertification [9:45 a.m. – 1:00 p.m.]*
- ✓ *T&F Referee/Combined Event ReCertification Clinic [1:45 p.m. – 4:00 p.m.]*
- ✓ *SafeSport Training [ 3:30 p.m. – 5:00 p.m.]*

### **THE 2017 SCHEDULE OF PACIFIC ASSOCIATION “INTRO” CLINICS**

*Sat, Jan 7<sup>th</sup> – Introduction to Race Walk Officiating [1:00 p.m. to 5:00 p.m.]*

*Sat, Jan 14<sup>th</sup> – Sacramento, CA – American River College*

- ✓ *Introduction to T&F Officiating [9:00 a.m. – 2:15 p.m.]*
- ✓ *Introduction to Race Walk Officiating [10:00 a.m. – 2:15 p.m.]*
- ✓ *Introduction to LDR Officiating [ 10:45 a.m. – 2:15 p.m.]]*
- ✓ *SafeSport Training [ 2:30 – 4:00]*

*Sunday, Feb 12<sup>th</sup>, San Mateo, CA – Junipero Serra High, 451 West 20<sup>th</sup> Avenue, San Mateo, CA 94403*

- ✓ *Introduction to T&F Officiating [10:00 a.m. – 3:15 p.m.]*
- ✓ *Introduction to Race Walk Officiating [10:45 a.m. – 3:15 p.m.]*
- ✓ *Introduction to LDR Officiating [11:45 a.m. – 3:15 p.m.]*
- ✓ *SafeSport Training [ 3:30 p.m. – 5:00 p.m.]*

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## Coaches

Dave Shrock ([coaches@pacific.usatf.org](mailto:coaches@pacific.usatf.org))

- **Level 1 Schools:** The Pacific Assoc. Level 1 Schools trained 126 coaches this year, with the 2017 Association Level 1 scheduled for 14-15 January (MLK weekend) at Chabot College. Once again the Pacific Foundation will offer eight full tuition scholarships for association coaches. Details of the school and scholarships can be found on the Association Coaches page.
- **HOKA SuperClinic, Sat., 4 February:** The Pacific Association Coaches Committee will once again co-sponsor the 12<sup>th</sup> annual SuperClinic at Sac City on Saturday, 4 February. Confirmed speakers thus far include Adam Nelson, Duncan Atwood, Rob Johnson, and Jeremy Fischer, Check the association coaches page for details.
- **SafeSport Training and Requirements:** Youth club coaches, volunteers and officials need to complete the SafeSport Program. Youth Coaches must meet this requirements before your club's membership will be approved and activated in the USATF system. The following 90min training sessions will be provided free of charge:  
**Sat, 4 February (3:30-5:00pm)** during HOKA Coaches SuperClinic at Sacramento CC  
**Sun, 12 February (time TBA)** during official's Clinic at Serra HS, San Mateo  
Everyone may also complete the SafeSport training on line (*allow 3 hours with exam questions interspersed*). Refer to the SafeSport page on the [www.usatf.org](http://www.usatf.org) website.

## Communications Committee

*Communications Committee Chair, Cynci Calvin ([ccrun@ncbb.net](mailto:ccrun@ncbb.net))*

**USATF Member Association Email Program:** USATF is encouraging its member associations to use the free mass email program it has provided. President Dave Shrock believes recommends that we become acquainted with the program and evaluate it for our use. I have begun this process and so far have discovered the following pros and cons:

- **Pros:** It's free; has a relatively straightforward learning curve; allows the sender to target current members in varying degrees of committee/sport specificity; promotes USATF branding with the use of set templates.
- **Cons:** The templates do not allow the user to modify them in ways that are unique to each association (they look like the emails are coming from the national office); the messages can only be sent to members in the association's database, which limits the ability to publicize news and activities to those who are not members; the sender must have a "@pacific.usatf.org" email address; the emails can be read by all USATF members who are using the program.

Dave and I both believe there could be some useful applications of this program. As Communications Committee Chair I now have a compliant email ([communications@pacific.usatf.org](mailto:communications@pacific.usatf.org)) that I will be using with this program as I continue to evaluate it. For now we will continue to use Constant Contact for the bulk of our eblasts.

**Email Lists on the USATF Pacific's Constant Contact Email Account:** Cynci has been working with Heike at the office to have current member email lists for the different PA sport and support committees. They will soon be available in a folder labeled PA 2016 Member Emails on the Constant Contact "contact" page.

**Cloud Account for California Track & Running News Contributions:** Per a Strategic Plan item to work more closely with CTRN (the PA's official publication), we are exploring the use of a dropbox.com business account which can be accessed by up to five different individuals. This would allow CTRN editor Christine Johnson to have an ongoing supply of Pacific Association news and photos to use as needed for their online and print publications. They would be uploaded by up to four PA members assigned with access. We currently have a free trial account that will end the first week of December. So far myself, Dave Shrock and Christine are the only ones with access and we are trying this out and comparing it to using our personal dropbox.com accounts. The dropbox.com business account would cost \$525 per year, which includes a not-for-profit discount. Using our personal accounts would not cost the PA anything, but they are a bit more cumbersome to use since each requires sending a code to whomever needs access to specific items.

## Youth Committee

Charlotte Sneed ([pa.youthcommittee@gmail.com](mailto:pa.youthcommittee@gmail.com))

### Cross Country

The 2016 Pacific Association Youth Cross Country Season continues with the Junior Olympic qualification series beginning this Sunday, November 20 at the Willow Hills XC Course in Folsom. The Region 14 Junior Olympic XC meet will be hosted by the Pacific Association this year and will be held at Willow Hills on November 27. The National Junior Olympic Cross Country Championships will be held in Hoover Alabama on December 10.

The Pacific Association has submitted a bid to host the 2018 Junior Olympic Cross Country Championships in partnership with the Reno Tahoe Winter Games Coalition. The competing bid has been submitted by the Pacific Northwest Association to be held in the Seattle area. The bids will be considered this December at the USATF Annual Meeting.

## LDR Committee

Tom Bernhard ([LDR@Pacific.USATF.org](mailto:LDR@Pacific.USATF.org))

- General LDR – committee meeting was held at the PA XC Championship Meet 11/13/16. Minutes will be posted shortly.
- Road GP – 10 events completed, no open issues. Status of 2017 bids below.

Status of 2017 PA Road  
GP Bids

| Race Name  | Date       | Distance | Divisions   | Short/Long | Prize Money | Points | Vote Result |
|--|------------|----------|-------------|------------|-------------|--------|-------------|
| NorCal John Frank Memorial<br>10 Mile              | 3/4/2017   | 10 Mile  | all         | Long       | \$2,900     | 1      | Accepted    |
| REACH FOR A STAR 5K                                | 3/12/2017  | 5K       | all         | Short      | \$2,900     | 1      | Accepted    |
| SACTOWN 10 Mile Run                                | 4/2/2017   | 10 Mile  | all         | Long       | \$2,900     | 1      | Accepted    |
| TBD (Impala 5K)                                    | 4/23/2017  | 5K       | all         | Short      | \$2,900     | 1      | Accepted    |
| Marin Memorial Day 10K                             | 5/29/2017  | 10K      | all         | Short      | \$2,900     | 1      | Accepted    |
| The One Mile Bang                                  | 6/25/2017  | 1 Mile   | all         | Short      | \$2,900     | 1      | Accepted    |
| Morgan Hill Freedom Fest 5K                        | 7/4/2017   | 5K       | all         | Short      | \$2,900     | 1      | Accepted    |
| Buffalo Stampede 10 Miler                          | 9/10/2017  | 10 Mile  | 40+ M/F     | Long       | \$1,500     | 1      | Rejected    |
| Humboldt Redwoods Half<br>Marathon                 | 10/15/2017 | H Mar    | all         | Long       | \$2,900     | 1      | Accepted    |
| Clarksburg H Mar (bid<br>expected within the week) |            | H Mar    | all<br>Open | Long       | \$2,900     | 1      |             |
| SVTT (asked for more time)                         |            | 5K       | M/F         | Short      | \$2,900     | 1      |             |
| CIM  | 12/3/2017  | Marathon | all         | Long       | \$2,900     | 1      | Accepted    |
| Christmas Relays                                   | 12/17/2017 | 4.45 x 4 | all         | N/A        | \$2,900     | 1      | Accepted    |

No bids received from either the TherX 5K or the Miracle Mile and do not expect them.

- XC GP – Season successfully completed, with the PA Champs on Sunday. Videos of that race have been posted online with links on the PA site.
- Ultra GP - With one more race to go (Quad Dipsea) the Ultra Grand Prix has the following numbers of race finishes by PA members and teams: Women 223, Men 410, Teams 119. We have had a total of 10 PA Clubs fielding teams. We have sent emails with contract forms to the 2017 Race Directors for the 2016 GP races, inviting them to participate in 2017. As we get responses we will develop the 2017 schedule. Looking forward to 2018, we expect to evolve from an Ultra Grand Prix to a MUT Grand Prix by adding Mountain and Trail 'sub ultra' races. The transition will be a pretty major undertaking so our MUT sub-committee will be working on defining and implementing it.