



Board of Athletics—Compiled Committee Reports ***September 20, 2016—Compiled by Association Secretary J.R. Heberle***

Associations

Dave Shrock (president@pacific.usatf.org)

New background check for coaches and officials: USATF has ended its contract with TLogic and has been using NCSI (NCSU.com) as of 1 July. All TLogic checks will remain valid until the individual's next check which will be done by NCSI. Cost should remain the same.

NCSI has several levels of clearance, and Pacific is investigating if a higher level of check to meet the California Dept. of Justice threshold which necessitates us to also use LiveScan. All members will be notified of developments.

Termination of the National Master Non-Sanctioned Official's liability insurance: As of 1 November USATF will drop its official's national liability insurance. As a service to its membership the Pacific BoD proposes to enter into an association specific Non-sanctioned liability or Wrap Around Insurance policy for officials at a shared cost approximately at \$5-6.00 per official to be covered by the association for its officials. At this time no NCAA, NAIA, Community College or high school offers liability coverage for officials, and without 'blanket' coverage, each official would have to find their own coverage. This covers officials and starters even if you are paid a stipend.

Association's Grant for 2017: South Lake Tahoe's Anthony Davis (*Meet Director*) and Irene Herman (*Diversity and Leadership Chair, USATF*), along with the Youth, Open, Race walk, & Master's committees have submitted a grant proposal to help fund an association diversity event in South Lake Tahoe the first week in August to combine all age groups in events and activities. Determination will be made at the Annual Meeting. This is going to be an inaugural event, the first of its kind, known as the So. Shore Tahoe Diversity Relays.

2016 USATF Annual Meeting-1-4 December in Orlando: At this year's annual meeting the president's position is up for election along with all major committees. By merit of 8200+ members, Pacific is allotted 20 delegates, 16 of which will be funded \$900.00 in receiptable expenses. The Association caucus will be held at a nearby Earl of Sandwich shop following Thursday's Opening Session. Delegation Chair Irene Herman has been contacting all committees to assure representation. For full meeting details, go to: www.usatf.org, then click on events, then Annual Meeting.

Pacific Association elections: A reminder that all Pacific officers and committee chairs election cycle begins in March of 2017 with nominations, and then a 30 day election period mid April-May.

A sincere debt of gratitude goes to all current committee chairs who guide our Association's success, and all membership is asked to consider stepping up to lead our association into the Tokyo Quadrennium.

Women's Track & Field

Dena Evans (womenstrackandfield@pacific.usatf.org)

It's a good year to be a women's track & field athlete in the Pacific Association!

At the elite level, Olympians Kate Grace and Kim Conley led the charge to Rio for the Pacific Association, and the largest contingent yet of PAUSATF Foundation grantees headed to the trials in Oregon (*see Foundation report for more details*).

Within the association, the PAUSATF / USATF West Region meet was held at UC Berkeley on June 19th, with the number of participants holding steady and with room to grow as we hope to host future West Region competition. Tremendous institutional support and officiating participation helped to provide the athletes with a top notch competitive opportunity. An effort was made to provide an additional date for endurance athletes to compete with favorable conditions for association championships at the USF West Coast Last Chance Meet. While that initiative didn't net a sizeable increase in participants, it met the secondary goal of adding new stakeholders to our PAUSATF Track & Field family, with both USF and Cal serving as hosts for association events this spring.

With a variety of collegiate meets welcoming open athletes as well as primarily open opportunities, such as the December 10K and the SF Pride Meet, providing competition dates for our athletes, we have a broader schedule than many associations. Still, we need to continue to find ways to provide meaningful opportunities for our athletes to put together a strong local season. Adding masters events to open meets has provided a great benefit to association athletes, and increased communication with the masters committees will hopefully allow us to provide good, targeted, and well-recruited opportunities for that constituency alongside our open competitors. The same principle applies to event areas seeking help to create a unique competitive opportunity in a favorable venue or on a favorable date. Please keep in touch if you have a need! We welcome creative ideas and energy toward ways to improve each event area in our association.

Masters Track & Field

Joseph Ols (masterstf@pacific.usatf.org)

1.) PA MTF has had a successful Outdoor T&F season, with 6 major MTF meets (plus a 9th upcoming):

- 2 PA MTF Championships:
 - *USATF PA MTF T&F Championships* June 5 in San Mateo
 - *USATF Western Region MTF Combined Events Championships* June 5 in Kentfield (Marin)
- 2 Independent major MTF meets
 - *Sierra Gold MTF Festival* June 25 in Grass Valley
 - *Pride Meet* July 23 at SF State
- 2 Senior Games (for those 50+)
 - *Bay Area Sr Games* May 29 in San Mateo
 - *Wine Country Sr Games* June 18 in Santa Rosa

2.) The biggest headline of all these was Clyde Lehman's SGMTEFF, which was brand new this year, and which has been aimed as being a world class MTF meet. Also a slightly different format from other PA meets, as an evening/twilight meet "under the stars" in a lit summertime stadium. Clyde wrote the following to convey to the PA BOA at this meeting:

How does one measure the success of the first Sierra Gold Masters Track & Field Festival? We had 196 registered athletes from 13 states. Three American Records were set (McEnroe in the discus and Upshaw in the 200m & 80m hurdles). We also had an athlete qualify for the Olympic Trials in the hammer throw. We had 22 performances at 90% age graded (world class), 89 performances at 80+% age graded (national class), and 133 All American standard performances. I had so many athletes tell me personally at the meet, email me, and phone me to express their gratitude for the meet. When it comes to answering my original question, "How does one measure the success of the first Sierra Gold Masters Track & Field Festival"; I truly believe the answer lies with each of the athletes who attended our meet. We are looking forward to making the 2017 meet even better.

3.) The upcoming meet is BASG's Encore Meet, giving Bay Area / other 50+ athletes another chance to qualify for their national Sr Games T&F meet next summer. November 13 in San Mateo.

- 4.) Congratulations to Joy Upshaw who was awarded \$1000 to assist her attendance at USATF MTF National Championships. <https://www.pausatf.org/wp-content/uploads/2014/07/2016-Masters-TF-Compeition-Assistance-Grant-Info-App.pdf>
- 5.) The PA MTF Grand Prix will run through 2016 with awards (compiled and evaluated by Clyde Lehman) thereafter. <https://www.pausatf.org/wp-content/uploads/2016/06/mtf2016PAGrandPrix-3.pdf>
- 6.) PA MTF has been interested for years in procuring a set of Ultraweights (esp 300lb, 200lb, 98lb) in order to hold an Ultraweight Pentathlon in PA. We finally ordered these about a month ago.
- 7.) Approx simultaneous to ordering the Ultraweight Set, PA MTF was able to get a commitment from MTF Nat'l to reimburse MTF PA 50% of the cost (incl S&H) for procuring PA's Ultraweight Set. They did so with the expectation (though not as a condition) that we allow the weight set to be housed with a Throwing Club, so that this weight set can get maximum use.
- 8.) As with other years, MTF wishes to reimburse Officials to our T&F Championships gas money, with a minimum of \$10 and maximum \$50. Also, any officials who did not get the free lunches/drinks from the vendor we arranged to have there to serve them shall be reimbursed \$10.
- 9.) Our *incomplete* P&L of our PA MTF T&F Championships (does not include expenses for Mario, MDir Leroy Milam, officials' gas/lunches, etc.) from John Mansour as of Thurs Sept 15, our cost was \$1733.84, our revenue was \$5,032.14 and profit was \$3,298.30.

LDR

Tom Bernhard (LDR@Pacific.usatf.org)

- General LDR – committee meeting was held at the GGP XC Meet 9/11/13. Minutes will be posted shortly.
- Road GP – 7 events completed, no open issues
- XC GP – 4 events completed, no open issues
- Ultra GP - 13 events completed, Individual Standings through PCTR will be posted soon.
- Pending M80-84 American Records for 24 hours, 100 miles, and 48 hours were set by Bill Dodson (81) at the 2nd Annual "A Race for the Ages" held in Manchester, Tennessee, Sept 1 – Sept. 5. He ran in first place until he had to stop at 125 miles due to a shin problem, and he still placed 41st overall for distance. Tamalpa's Bob Cowdry (age 72) finished fifth overall with a total distance of 170 miles. About "A Race for the Ages" from Race Director Lazarus Lake: For those who are not familiar, the Race for the Ages is not exactly a handicapped event. The race ends at noon on Labor Day, and every runner is allotted one hour for every year of age... with a minimum of 24 hours.

Race Walking

Jon Price (jprice@unr.edu)

The 2016 Pacific Association Race Walking Grand Prix includes the following remaining races:

- 10-kilometer (September 18 at William B. Pond Park in Carmichael/Sacramento)
- 20-kilometer (October 23, also at William B. Pond Park in Carmichael/Sacramento).
This year there will be opportunities for adult walkers to race a 5-kilometer event and for youth walkers to race a 2-kilometer event, simultaneously with the 20-kilometer road race.

Prizes for the 2016 season will be awarded following the race on October 23.

Clinics for both **Recertification of Race Walk Judges** and Introduction to Race Walk Judging and Officiating are scheduled for 2017:

- **7 January 2017 (Saturday)**, 1:00 to 5:00 p.m., Reno, NV
- **14 January 2017 (Saturday)**, 1:00 to 5:00 p.m., American River College, Sacramento, CA
- **12 February 2017 (Sunday)**, 1:00 to 5:00 p.m., Junipero Serra High School, San Mateo, CA

We are working on the race schedule for 2017. We expect to have the following seven races (one more than 2016) in the Pacific Association Grand Prix Championship series:

- **One mile**, scheduled on **21 January 2017 (Saturday)**, at the University of California, Berkeley (at the beginning of their All Comers Track and Field Meet)
- **3,000-meter**, probably 23 or 30 April 2017 (Sunday), at Mount Diablo High School, Concord, CA
- **1,500-meter**, probably 4 June 2017 (Sunday), in conjunction with the USATF Pacific Association Masters Track & Field Championships
- **5,000-meter**, possibly 18 June 2017 (Sunday), in conjunction with the USATF Pacific Association Open Track and Field Championships
- **One hour**, probably 13 or 20 August (Sunday), College of Marin, Kentfield, CA
- **10-kilometer**, probably 10, 17, or 24 September (Sunday), William Pond Park, Sacramento, CA
- **20-kilometer**, probably 8, 15, or 29 October (Sunday), William Pond Park, Sacramento, CA

We will also plan to have Judges at the following other meets in our area:

- During the **Shor-Sheppard Class Youth Meet**, on a Saturday in the springtime, with 1,500-meter and 3,000-meter distances
- During the **Bay Area Senior Games**, with 1,500-meter and 5,000-meter distances
- During the **Pacific Association Youth Championships**, with 1,500-meter and 3,000-meter distances
- 22-25 June 2017, during the USATF National **Open/Senior** and **Junior** Outdoor Championships, Sacramento, California – some of our Pacific Association Judges will be at this meet, and the Pacific Association Race Walking Committee will be providing the bulk of the materials needed for the races (10,000-meter track race for Junior women and men, 20-kilometer road race for Open/Senior women and men).
- During the **Pacific Association Junior Olympic Track & Field Championships**, with 1,500-meter and 3,000-meter distances
- During the **Region 14 Junior Olympic Track & Field Championships**, with 1,500-meter and 3,000-meter distances
- 24-30 July 2017 – during the **USATF National Junior Olympics** in Lawrence, Kansas.
- 4-6 August 2017 (Friday-Sunday) – as part of the **Lake Tahoe Track & Field Festival and Diversity Relays**, South Lake Tahoe, CA (including 4x100-meter and 4x200-meter race walks, plus possibly other race-walk distances)

Youth

Charlotte Sneed (pa.youthcommittee@gmail.com)

2016 Track and Field

In July the Pacific Association Youth Committee wrapped up a successful track and field season hosting the National Junior Olympics at Sacramento State in July. The broad ranging support of Pacific Association members made the meet a resounding success. Over 7000 athletes traveled to Sacramento to compete in the seven day event.

The Pacific Association Junior Olympic qualifying meet hosted over 2300 Pacific Association youth athletes hoping to qualify for the National meet. Club hosted meets also showed an increase in participation over previous years.

2016 Cross Country

The 2016 Pacific Association Youth Cross Country Season will commence in October with seven club-hosted meets. The Pacific Association Junior Olympic Championships(11/20/2016) and Region 14 Junior Olympic Championships(11/27/2016) will be held at Willow Hills Cross Country Course in Folsom, CA.

Officials

Mike Bower (mike.pausatf@gmail.com)

1) Re-Certification Clinics (*assuming the interest is there*) to be held:

- Jan 7 – Reno
- Jan 8 - Race Walk & Race Walk Re-Certification Clinics- Reno
- Jan 14 – American River (Sacramento) - *Tentative*
- Jan 21 – Hartnell (Salinas)
- Jan 28 – Merritt (Oakland)
- Feb 4 – Chico
- Feb 12 – Serra H.S. (San Mateo)
- Various dates - private residences (*TBD*)

2) Intro to Track & Field Classes also to be offered at each clinic *if the interest is there*

Coaches

Dave Shrock (coaches@pacific.usatf.org)

- **Level 1 Schools:** The Pacific Assoc. Level 1 Schools trained 126 coaches this year, with the 2017 Association Level 1 scheduled for 14-15 January (MLK weekend) at Chabot College. Once again the Pacific Foundation will offer eight full tuition scholarships for association coaches. Details of the school and scholarships can be found on the Association Coaches page.
- **HOKA SuperClinic, Sat., 4 February:** The Pacific Association Coaches Committee will once again co-sponsor the 12th annual SuperClinic at Sac City on Saturday, 4 February. Confirmed speakers thus far include Adam Nelson, Duncan Atwood, Rob Johnson, and Jeremy Fischer, Check the association coaches page for details.
- **SafeSport Training and Requirements:** Youth club coaches, volunteers and officials need to complete the SafeSport Program. Youth Coaches must meet this requirements before your club's membership will be approved and activated in the USATF system. The following 90min training sessions will be provided free of charge:
 - Sat, 15 October** (*approx. 2:00-3:30pm*) after Youth Committee Fall Meeting at Logan HS Cafeteria, Union City.
 - Sat, 4 February** (*3:30-5:00pm*) during HOKA Coaches SuperClinic at Sacramento CC
 - Sun, 12 February** (*time TBA*) during official's Clinic at Serra HS, San MateoEveryone may also complete the SafeSport training on line (*allow 3 hours with exam questions interspersed*). Refer to the SafeSport page on the www.usatf.org website.

Youth & High School Coaches

Jennifer Oliver (sportyjoliver@gmail.com)

2016 Coaches Survey Results

In April a Coaches Survey was emailed out via Constant Comment to approx. 500 Youth and High School Coaches within the Pacific Association. The goal of the survey was to find out what the needs are of the coaches, how aware they are of Pacific Association and USATF, as well as how Pacific Association can be of better assistance to them.

We received 44 coach responses back which is almost a 9% response rate. More than half of who responded were high school coaches; more than a quarter of who responded served as both high school and youth coaches; and a smaller number served as youth coaches only.

The majority of coaches who responded had coached for 21 years or longer followed by the 6-10 years of coaching category. In the 1-5 years of coaching category only three responded.

Surprisingly, of the 44 respondents, 16 were not yet USATF Certified, although 27 were either Level 1 or 2 Certified and one was Level 3 Certified. Eighteen percent of the coaches (8) were not aware that Pacific Association provides Coaching Certification Schools.

The majority of Coaches felt that the most important resource they would benefit from is Training and Workout plans, followed by Meet Management information, Insurance Liability information and lastly, First Aid training.

More than half did not know they could post their meets on the National USATF calendar free of charge. More than a third did not know how to sanction a meet and why sanctioning a meet could be beneficial. More than a third were not aware of the internet availability of the High School and Youth Rules/Revisions.

With regards to funding "breaking-even" was the most common response followed closely by funding "shortages".

The most important funding sources were Pay-to-Play where parents/guardians pay for their youth to participate in sports, followed by funding from school Athletic Boosters, which was followed by team fundraising events where "hosting meets" was the number one choice for "hands-on" fund raising.

Bright note, a majority of Coaches responded that they do advise their youth of preseason and post-season meets.

With regards to Certified Officials, more than a third of the Coaches were not aware they could obtain a list of Certified Officials from Pacific Association and more than a third were not aware of the Certification Clinics available for parents and volunteers.

Overall, the survey reflects that while there is some established knowledge among coaches, especially with the more experienced coaches, there is still a need to reach out more often to coaches in general about how Pacific Association and National USATF can help them and what tools are available to do so. Also, providing more coach-to-coach and mentor-to-coach networking events, training seminars, educational clinics and grant opportunities/financial aid to help pay for such programs are needed. A consistent "Get the Word Out" campaign to Coaches to express the importance of Certification and staying on a path of ongoing education in the sports of Track & Field and Cross Country are important. In addition, it would be wonderful if a financial aid program could be developed where specific costs, such as school uniforms, equipment needs, bus transportation to/from meets and meet application fees could be applied for through Association, National and Sponsor levels.

Communications

Cynci Calvin (ccrun@ncbb.net)

2016 USATF Pacific Communications Committee Annual Meeting Minutes

Committee members: Cynci Calvin, Chair; Dena Evans, Open Track & Field; Joseph Ols, Masters Track & Field, Fred Baer, Media; Tom Bernhard & Bill Dodson, LDR; Mike Bower, Officials, Dave Shrock, Coaches & PA President; Michael Davidson, Youth; George Rehmet, Para Athletics; Johnathon Price, Race Walk; Jere Summers, Elite; George Kleeman, At Large; Mark Winitz, At Large

Advisory members: John Mansoor, Executive PA Director; Thomas Vincent, Website Meeting "called to order" via emails on August 8, 2016 and finalized by August.

Action Item: Pacific Association Communication Committee 2016/2017 Annual Budget Proposal was approved for submission with a few comments listed below.

Up to \$3,000: Website Content Manager (performs updates and social media posts that are not handled by the PA committees website volunteer reps)

Up to \$1560: Annual website hosting fees (includes Cloudflare service and firewall security fees)

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Note: The current host has had too much down time and has had hacking attacks. We need to migrate pausatf.org to a Managed WordPress Host which will be secure, reliable, fast, and has 24/7 technical support. Thomas Vincent, Jeff Teeters and myself have checked a number of hosts and are settling on a company called Pantheon, based in San Francisco. They may have a not-for-profit rate.

\$2,400: Annual fee for Constant Contact email service.

Up to \$1,000: Photographs, videos, articles, press releases to target USATF Pacific athletes' accomplishments.

Total Approved Budget Submission = \$7,960

Comments:

- Joseph Ols suggested we consider using a less expensive host and recommended IPower which he has used for 10+ years, and it has a ProPlan for \$12/month.
- Thomas Vincent's explanation of why a host like Pantheon is a better option:

“One of the reasons we chose a professional host such as Pantheon is they provide 24x7 support. Right now I am a bottleneck in terms of support. Which takes me away from developing things such as new features for the website and troubleshooting existing issues with user facing parts of the web site. Pantheon is a host who all they do is Wordpress and Drupal. Their whole infrastructure is designed around giving Wordpress maximum performance and availability. It's why Cornell and UC Berkeley are using them for all there Wordpress Sites. Our site has grown in terms of traffic and features. Right now our traffic doubles when we host a major event, youth or otherwise. The site uses Cloudflare as a CDN (content delivery network) and also blocks bad actors who are trying to hack the site. Our site isn't huge , but it's big enough that we attract some attention. Right now we host through digital ocean. Which has been a mixed bag. The biggest issue is we can't get the support we need from them. We need a host who can grow with it and grow with us.”

- Dena Evans suggested we explore a less expensive group email service.
- Dave Shrock mentioned that we could consider using the email service that the National Office uses (Salesforce Marketing Cloud - aka Exact Target), although it is not as robust as Constant Contact and would not allow us to use it to send emails to nonmembers.
- Cynci: these are all suggestions worthy of ongoing investigation.

2. Cal Track & Running News e-zines/print publications

We need to work on clarifying our role in this - deadline schedule for material submissions, etc.

3. Social Media Task Force

At the Strategic Plan meeting this was discussed in the Communications Committee's session. Larry Eder, Michael Davidson, Jennifer Oliver, Thomas Vincent, and Verity Breen all volunteered to work on this, but as far as I know have not acted on it. I will outreach to them to remind them of their interest in doing this.

4. Seeking Volunteers

Masters Track & Field and the Youth Committees continue to need CONTENT Managers for their Web pages.

Updates on USATF Pacific's Website – pausatf.org

Since the budget approval, and undoubtedly due to the tech skills of Thomas Vincent and Jeff Teeters, the current hosting situation has had no problems. We all continue to monitor it closely, and there are still a few WordPress issues we hope to fix. Also, after several discussions with the representatives at Pantheon, at this time we have decided to not use them as a host because:

- They do not offer discounts to not-for-profits
- They do not support SSH access to the server (which we need for our LDR scoring systems)
- They don't support custom PHP scripts (needed for membership list updates and LDR scoring)
- They don't offer any development services although offered a list of companies they use for this.

An option we have is to use a WordPress-specific trouble shooting online company on a case-by-case basis when we have a need for immediate support. We can use the funds budgeted for a more expensive host to pay this company as needed. All that said, Pantheon could still be an option; Thomas and Jeff are having discussions about ways around the SSH and script issues.

Updates on USATF Pacific's Constant Contact Email Service

Dave Shrock informed Cynci that the National Office is offering it's email service (Salesforce Marketing Cloud - aka Exact Target) for free to all Associations. Cynci is going over the tutorial to find out more specifics on how the system works and compares to Constant Contact. Cynci's preliminary findings:

- The system is conveniently linked to the association's membership database, so that is how email lists are formulated. The downsides of this are that a) it does not allow any other emails other than members emails to be uploaded and used; and b) whomever is in control of formatting and sending an email has access not just to the members email, but all the other information submitted on the membership form.
- The templates are very generic with a "locked" header that does not give the regional association good visibility. Here is an example of one of the headers they recommend using for event updates.



Cynci will finalize the Exact Target report next week.

Membership

Irene Herman: iherman49@yahoo.net

Total membership as of Sunday, 18 September: 8212

History membership: 2008-5755, 2009-6237, 2010-7102, 2011- 6846, 2012-6836, 2013- 6910, 2014-7304, 2015-7655

Youth athletes: total 4408

Track & Field: 4320, XC: 1896(*some cross over*), Race Walk: 247, Paralympic: 4

Adult athletes: total 3077

LDR: 2385, T&F: 692, Race Walk: 131, Paralympic: 15

Coaches: total 574

Fundamental: 26

Level 1: 313, level 2: 100, level 3: 21

Officials: total 357

Apprentice: 81 (LDR-31), Association: 162, National: 48, Master: 66

Truly shows that putting on events help with the growth of our membership. Thank you everyone of the BOA for all your dedication and hard work. Any committee wishing for more detail numbers of membership, you can contact me.

Track & Field Grand Prix

Fred Baer (frdbaer@aol.com)

The 2016 season marked a solid increase in participation for the Pacific Association Track & Field Grand Prix for the 2016 Olympic year, which also featured the PA hosting the West Regional Championships in conjunction with our PA Championship meet. That meet provided double point opportunities for GP participants. Final results will be posted by 1 October.

2016 WOMEN GP PARTICIPANTS

Annie Beck

Stephanie Brown Trafton

Laura Carlyle

Alycia Cridebring

Jen Freemas

Chris Frias

Ayla Granados

Amy Haapanen

Dominique Jackson

Theresa Kroll

Vanessa Lordi

Meagan McKee

Laura Rombach Rau

Lauren Elizabeth Schultz

Brysun Stately

Robyn Stevens

Joy Upshaw

2016 MEN GP PARTICIPANTS

Scott Bauhs

Ross Blanchard

Sean Davidson

Chris Kirkwood

Erik Olson

Jesus Romo

Nicholas Spector

Kendall Spencer

Darius Terry

Andrew Tran

Rubin Williams

DaVon Wilson-Angel

Dimitry Yakoushkin

Pacific Association Foundation

George Kleeman (george_kleeman@comcast.net)

We awarded 12 \$1000 Olympic Trials Training Grants in February. Nine of the twelve qualified for the Trials. Six made it to the final round in their respective events. Kaitlin Goodman made it to the finals in both the 5000m and the 10,000m. Kate Grace became the 800m champion and made it all the way to the Olympic finals and placed 8 overall. See the summary table below.

Last Name	First Name	Sex	Age	Event	Club	Home Town	Trials	Games
Goodman	Kaitlin	F	29	5000/10000	Stravia TC	Davis	16:07.52 R1 22 nd & 32.55.21 11 th place in Final	
Grace	Kate	F	27	800/1500	Oiselle-CA	Sacramento	Won 800m 1:59.10	W800 PR 1:58.79 Kate Grace 8/18
Haapanen	Amy	F	32	Hammer	Golden West Athletic	Manteca	66.13. 11 th Place	
Patterson	Elizabeth	F	27	High Jump	Unattached	Santa Cruz	1.89, 6 th Place	
Purvis	Ashton	F	23	100/200	East Oakland Youth Dev.	Richmond	23.87 R1, 37 Place	
Stevens	Robyn	F	32	Race Walk	Wolfpack Running	Mt. View	1:52:05 11 th Place	
Stewart	Ray (Tamas)	M	26	110 H	Unattached	Oakland	No	
Summers	Jere'	F	28	Discus	Unattached	Berkeley	47.37, 23 rd Place.	
Trafton	Stephanie	F	36	Discus	Nike	Galt	59.65, 5 th Place	
Wallace	Lauren	F	25	800m	Oiselle-CA	Fairfield	2:05.52 R1 30 th Place	
Wallace	Lea	F	27	800/1500	SRA Elite	Sacramento	No	
Williams	Rubin	M	32	100/200	Heritage TC	San Jose	No	

For 2017 we plan on offering 10 training grants for 2017 for the Championships at Sacramento.