



Board of Athletics—Compiled Committee Reports ***January 20, 2015—Compiled by Association Secretary J.R. Heberle***

Masters T&F Committee

Joseph Ols (masterstf@pacific.usatf.org)

2014 USATF Annual Meeting

- Joseph Ols attended as MTF representative. All MTF sessions attended every day, all General Sessions, one PA Session.
- Pacific Athlete Irene Obera named USATF MTF Athlete of the Year
<http://www.usatf.org/News/USATF-announces-Youth-and-Masters-Athletes-of-the.aspx>

New PA MTF Homepage

- Problems encountered creating reposted USATF press releases, and questions forwarded to PA Web Lead
- Issues of what / how / who to create an MTF Meet Schedule, and questions forwarded to PA Web Lead
- Very large amount of time spent on many iterations of new MTF Operating Procedures, as requested by PA President.

2015 MTF PA T&F Championships

- After months of emails, commitment reached with Leroy Milam via Dave Shrock to be Meet Director for an honorarium to be Meet Director of MTF PA Championships.
- Checking with Bay Area Senior Games, Sonoma Country Senior Games, Western Region MTF Championships, and members of PA MTF Committee, commitment has been made by all for May 31, 2015.

LDR Committee

Tom Bernhard (ldr@pacific.usatf.org)

2014 LDR Grand Prix

All results are now final and payouts can be made.

2015 LDR Grand Prix Schedules

The Road and Ultra schedules are posted on the PA website. The XC schedule will be posted soon.

2014 Videos

Videos of the PA XC Championships and the Silicon Valley Turkey Trot, along with earlier videos, are available for viewing at: <https://www.youtube.com/user/tlbernhard/videos>

2014 LDR Awards Banquet

The Quicksilver RC has agreed to host, exact date and venue – TBD.

USATF Masters LDR Age Group AOY Awards for PA Masters Runners

M50-54 Iain Mickle
F55-59 Christine Kennedy

USATF Masters Hall of Fame

2014 Inductee Melody Ann Schultz

Race Walking Committee

Jon Price (jprice@unr.edu)

The Race Walking Committee of the Pacific Association has its schedule of Grand Prix races in 2015: (1) One-mile on January 24 in Berkeley, (2) One-hour on March 15 in Kentfield, (3) 5,000-meter on June 14 in San Mateo, (4) 3,000-meter on August 16 in South Lake Tahoe, (5) 10-kilometer on September 20 in Carmichael, and (6) 20-kilometer on October 25, also in Carmichael. The 20-kilometer race is also a USATF Western Region Championship. Grand Prix awards will be given at the end of the season to the top three places for women, men, age-graded individuals, and teams. In addition, race walks are scheduled at PA/USATF Youth meets on April 18, May 30, June 20, and June 27, and at the PA/USATF Masters Championship. Details of the schedule are updated on the PA/USATF website.

One set of Race Walking Officiating and Judging clinics was offered on January 10 in Sacramento, and another set will be offered on February 8 in San Mateo. The morning Introduction to Race Walking Officiating clinic covers the jobs of Recorder, Red Card Posting (DQ) Board Operator, and Head Lap Scorer (instructing volunteers how to record laps). The afternoon Introduction to Race Walking Judging clinic covers how to judge using the two style rules of race walking.

The most significant change in USATF rules for race walking is that road circuits of 2,500 meters are no longer allowed. Road courses are now limited to be no more than 2,000 meters and no less than 1,000 meters in length for races of 10 kilometers and longer. For road races less than 10 kilometers, the circuit is limited to at least 1,000 meters and nor more than 1,250 meters. IAAF is experimenting with a pit lane (similar to a penalty box) for youth meets; its implementation within USATF is unlikely, unless it is made a rule within IAAF.

Coaches Committee

Dave Shrock (coaches@pacific.usatf.org)

Winter is a busy time for the coaches committee loaded with schools, clinics, and meetings gearing up for the upcoming track and field season.

The Association just completed its level 1 coaching education school at Chabot College where 80 coaches completed the course. Eight coaches were awarded tuition scholarships from the Pacific Association Foundation to increase their effectiveness.

The annual Coaches Committee meeting will be held **Saturday, 31 January** at the HOKA OneOne SuperClinic to be held at Sacramento City College. Agenda items should be submitted to Dave Shrock at the e-mail above.



The association Legacy Coach Award for 2014 will be awarded to Coach **Darrell Hampton** at the HOKA SuperClinic. Coach Hampton personifies the ideal of coach with a lasting legacy by coaching the Oscar Bailey-ACORN TF club in the late 80's and making a purposeful difference in the Oakland-Berkeley communities. A tireless volunteer to our sport, Hampton has also served as a volunteer in the Association Youth Committee.

Upcoming Clinics

31 January (Sat) HOKA OneOne SuperClinic-Sacramento CC: Click on www.pausatf.org, then select 'services', and then coaches for additional information.

Coaches Committee meeting during lunch, (*meeting attendees do not need to register for the clinic to attend*).

7 February (Sat): Willie Davenport Olympian Learn-by-Doing Clinic-James Logan HS, Union City.

Additional information can be found at www.logantrackandfield.com website.

21 February (Sat): Pioneer Coaching Summit-CSU EastBay, Hayward. Additional information can be found at www.eastbaypioneers.com/mtrack.

Youth Cross Country

Charlotte Sneed (sneedspeed230k@yahoo.com)

2014 Cross Country:

- PA Cross Country Season a great success
 - Excellent participation in regular season meets and XC Grand Prix
 - 2 Championship meets in Folsom at the Willow Hills XC Course
- 409 Athletes entered for the Pacific Association XC Championships
- 369 Athletes entered for the Region 14 Junior Olympic XC Championships

Many Pacific Association clubs and athletes competed at National XC JO's at Myrtle Beach, South Carolina-Top 5 Finishes:

- Isabella Fauria-Oak Hill Racing: 5th 11-12 Girls
- Alexander Scales- Los Gatos TC: 1st 13-14 Boys
- Cooper Teare- Castro Valley TC: 2nd 15-16 Boys
- Rylee Bowen- BB Racing: 1st 15-16 Girls
- Jenica Dodge- BB Racing: 3rd 17-18 Women
- Emily Aiken-BB Racing: 4th 17-18 Women
- BB Racing also placed 1st in team scoring for the 17-18 women division

2015 Cross Country:

- Bids requested for 2015 XC regular season meets
- 2015 XC schedule to be approved at the February 28 Youth Committee Meeting
- 2015 National XC Junior Olympics scheduled to be held in Albuquerque, New Mexico

[2014 USATF Annual Meeting Delegate Reports](#)

click on the link above to read the detailed delegate reports