



Pacific Association USATF
1st Annual Shor / Sheppard Classic
Mt. Pleasant High School
1750 S. White Road
San Jose, CA 95127

Saturday – April 21, 2012

February 29, 2012

Dear PA/USATF Clubs, Coaches, Parents and Athletes:

Hello everyone!! The Pacific Association of USA Track and Field (USATF) welcomes you to the 1st Annual Shor/Sheppard Classic Track and Field track meet. We want to show our appreciation to these two lifelong gentlemen for their time, energy and dedication to the youth track and field athletes of the Pacific Association. The competition will be held Saturday, April 21st at Mt. Pleasant High School in San Jose. By the way, this is also the site for our Pacific Association Championship (PAC) meet, June 9-10.

I know that every one of you know who Bob Shor is. If you don't, I'm quite sure your student athletes does. Some of the athletes he "started" as athletes are now bringing their children to meets and he is doing the same thing for them. Wow!! Charlie Sheppard; what can we say. He has been instrumental in enabling us to evolve before so many other organizations because of his behind the scenes contributions to our association youth program. And where would the disabled athletes be without him! We have added two disabled exhibition events to our meet in his honor. Disabled athletes will register the day of the meet, not via Coach-O. **Coaches and parents, if you know of any disabled athletes please make them aware of this track meet. We would love their participaion.**

For all questions regarding the 1st Annual Shor / Sheppard Classic, please contact Meet Directors:

Alex Hill ahill@ebay.com or 408- 209-4386

Maria Castillo pa.youthvicechair@yahoo.com or 707-648-3423 or 510-612-6219

Joanne Slaton-Camargo pa.youthchair@yahoo.com or 510-535-2731 or 632-8004

NO LATE REGISTRATION – online registration will be available through – Coach-O

You must complete your registration process before 9 pm, April 17, 2012. Don't wait until the last minute.

Registration Deadline: before 9pm, April 17

- Cost is **\$6 per athlete** (no refunds) **This does not apply to disabled athletes**
 - Subbantam, Bantam, Midget can enter 1-3 events
 - Youth, Open can enter 1-4 events
 - Athletes are not allowed to compete in an older or younger age group
 - A relay counts as an event
 - **Unattached athletes cannot form a relay team**

- The Open age groups are no longer allowed any false starts, same as their high school rule. Subbantam, Bantam, midget and youth age groups are still allowed one false start.

Competition Age Groups

Age Group	Birth Year	Maximum Amount of Events
Subbantam	2004+	3 events
Bantam	2002-2003	3 events
Midget	2000-2001	3 events
Youth	1998-1999	4 events
Open	1994-1997, 1993 if after July 29 th	4 events

Results Posting

Results will be posted at a designated location during the meet as soon after the competition as possible. Check the Pacific Association website (www.pausatf.org) for final results after the meet is over

Awards

Awards will be available for pick up at the Awards table. Athletes can pick up their own awards. Medals are awarded to the overall top three places in each event. Ribbons will be awarded to all athletes in each event

Medical Services & Security

There will be qualified personnel available. Additional medical facilities are within minutes of the stadium. The local Fire Department Rescue Unit is located minutes from the stadium.

Track Events

Event	Age Group	Time
1500 meter run	Subbantam through Open	8:30
100 meter dash	Subbantam through Open	
1500 meter racewalk	Bantam, Midget	
3000 meter racewalk	Youth, Open	
4x100 meter relay	Subbantam through Open	
400 meter dash	Subbantam through Open	
100 meter disabled	All ages -- Exhibition event *	
BREAK		
400 meter wheelchair	All ages -- Exhibition event *	
800 meter dash	Subbantam through Open	
80 meter hurdles	Midget	
100 meter hurdles	Youth, Open Female	
110 meter hurdles	Open Men	
3000 meter run	Midget through Open	
4x200 meter relay	Subbantam through Open	

* **Disabled athletes will register day of the meet, not via Coach-O**

Field Events

Event	Age Group	Time
Long Jump	Subbantam through Open	8:00
High Jump	Bantam through Open	8:00
Shot Put	Open through Subbantam	8:00
Discus	Midget through Open	8:00
Mini Javelin	Subbantam through Midget	8:00

This meet cannot happen without your support! Therefore, to sign you or your club up for a volunteer role, please contact Don Harding, taujay@msn.com

This is the only Pacific Association Youth Committee sponsored meet that does not require USATF membership to participate.