

The 2022 Credit Union SACTOWN Run, in addition to being the third event in the Pacific Association Road Grand Prix, will be the site of the USATF Masters 10 Mile Championships!

This dual championship status will mean there will be several changes that PA Masters runners need to be aware of. These changes include: Masters registration, the Masters prize purse, Masters teams configuration and submittal, and Masters team apparel.

First, this is what does not change regarding the race and the PA Road Grand Prix.

- All PA Masters runners competing in the race will still be scored as they normally would in a Road GP event. Individuals and teams will receive their usual allotment of points depending on their performance against other PA Masters runners and teams. These points will also count in the PA Long Series Standings for individuals and the Team Standings for teams.
- As in the past, the race allows double-dipping, so PA Masters are eligible for PA Open prize money as well.
- Open scoring and prize money is unchanged from previous years.
- USATF championship team scoring is separate from PA team scoring. Team captains should submit their teams as they normally would after the PA results are posted.

Because this is also a USATF Championship these items will be different:

- All PA Masters runners **must** register for the race on the USATF website. To find the registration page, go to **EVENTS** then scroll down to “USATF Masters Ten Mile Championships”, then click **REGISTER NOW**. **Do not register for the race at the Credit Union SACTOWN Run website!** There will be a post on the PA site when registration opens on the USATF website.
- All PA Masters runners must be 2022 USATF members before signing up for the race.
- USATF Rule 341.5 states:
Competitors in a Championship must be current members of USATF. Only US. Citizens shall be allowed to win USATF medals and other Championship awards or to score on a team.
- There is no PA Masters prize purse (\$1290) for the race There will be a \$7000 Masters prize purse for the USATF Masters LDR 10 Mile Championships. For the breakdown see page 3.
- The designated club representative must make team submittals **prior to the race**. These submittals can be made/updated until the day before the race (see below).
- For each USATF championship, there is a Status of Entries page. Club reps should use this page to determine their team submissions.
- USATF Rule 341.1 states:
*Team scoring for road racing Championships shall be as follows:
All teams, men and women, in all 10-year age divisions, three (3) individuals shall score with a maximum of five (5) individuals declared per team.*
- And from the USATF Masters LDR Championship Technical Instructions:

As part of the online registration system, there is unlimited team registration (A, B, C. etc.) However, only five athletes are allowed to be on the final team declaration per team respective of team division. If you have listed more than five athletes on your team’s online declaration form, only the first five listed shall comprise your club's declared scoring team unless you revise your team declaration form. Revisions may be made by a team representative using the online team portal prior to the close of online registration at midnight on Thur., March 31, 2022. Additionally, a hard copy revision to final team declarations may be submitted in-person at packet pick-up between 10:00AM and 6:00PM on Saturday, April 2, 2022, only. No email, phone or fax declarations will be accepted.

Team revision forms will be available at packet pick-up. Questions should be directed to Perry Jenkins the Championship Referee.

- The apparel requirements for USATF Masters LDR championships are the same as cross country which are described in Rule 251.3.

The jersey or singlet worn by the members of a team in cross country shall be basically identical for each member in color and style, and must be clearly visible throughout the race, i.e., worn as the outer garment if other apparel items are worn underneath by one or more team members. Because of the nature of cross country running, the preferences of individual athletes in certain weather situations will allow other apparel items to vary widely without penalty. Individuals not complying may be disqualified from scoring for a team.

If, after reading this document, you still have questions please email Tom Bernhard at: tibernhard@gmail.com

The complete 2022 USATF Masters LDR Grand Prix Schedule may be found [here](#).



USATF Masters Ten Mile Championships
Sunday, April 3, 2022
Sacramento, CA

PRIZE PURSE
Seven Thousand Dollar Master Prize Purse

USATF Masters Age-Graded
\$2500
Based on USATF 2020 Age-Grading Tables

Men		Women	
1 st	\$500	1 st	\$500
2 nd	\$300	2 nd	\$300
3 rd	\$200	3 rd	\$200
4 th	\$150	4 th	\$150
5 th	\$100	5 th	\$100

USATF Masters Overall

\$1000

Men		Women	
1 st	\$250	1 st	\$250
2 nd	\$150	2 nd	\$150
3 rd	\$100	3 rd	\$100

USATF Masters 5-year Age Division Champions

\$2000

Starting at Division 40-44 & continuing to the 5-year age division of the oldest finisher

Men		Women	
1 st	\$100	1 st	\$100

USATF Masters Teams

\$1500

Divisions: 40+, 50+, 60+, 70+ and 80+

Men		Women	
1 st	\$150	1 st	\$150

Championship medals will be awarded to the top 3 places in each 5-year individual division for both Master Men and Women (40-44, 45-49, 50-54, 55-59, etc.), the top 3 Age Graded Master Men and Women and the top 3 Overall Master Men and Women.

All Master athletes must be citizens of the United States and eligible to represent the United States in international competition to be eligible for team scoring and for USATF medals and prize money. Prize money will be awarded to member USATF Masters runners who have appropriately entered the Championship competition.

Non-citizens who are USATF members are welcome to compete but may not score for a team nor win USATF medals and prize money. Non-citizens can qualify for Elite Performance Medals.

All prize money will be mailed to clubs or individuals following the race.

Elite Performance Medals will be given to all competitors achieving at least 80% age graded in accordance with the USATF tables. You can find a link to a calculator consistent with the 2020 tables at: [MLDR Road age-grading calculator \(howardgrubb.co.uk\)](http://mlldr.com/age-grading-calculator/howardgrubb.co.uk)
Gold medals will be given to 90% or better; Silver for 85-89.99%; Bronze for 80-84.99%