



Coaches Report

PAUSATF Association Board Meeting 17 January, 2012

Successful Coaching Education Level 1 Schools:

The Pacific Association hosted two level 1 schools at Chabot College and Clovis West HS in Fresno with a total of 136 attendees. For the fifth year, through the availability of scholarships from the PA Board of Directors offering full tuition, seven association coaches were able to have their tuition paid.

2012 USATF Level 2 Schools:

8-14 July: Event Specific Level 2 School at Univ. of Nevada, Las Vegas.

29 July-2 August: Youth Specialization Level 2 School will be held once again after Junior Olympics at Morgan State. Applications and additional information will be available in February.

Refer to the national coaches' education website for further information and to register for schools:

<http://www.usatf.org/groups/Coaches/education/>

VS Athletics SuperClinic- Saturday, 21 January at Sacramento City College

Come join us in improving your coaching effectiveness in a one-day clinic devoted solely to maximizing your athletic success. Nationally recognized clinicians will provide information that you will be able to apply immediately to your programs improvement! Featuring one of America's top endurance coaches Dr. Joe Vigil!

9:15am-5:30pm-four 90 minute sessions in five areas: endurance -sprints/hurdles - jumps - throws - special topics

Further information: www.vsathletics.com/clinics

Nor-Cal All Sports Clinic 29-30 January at Burlingame Hyatt

All sport clinic with T&F speakers. Jim Ryun, Olympic medalist and the first 4 minute miler will be the featured speaker. Full information with schedule refer to: www.allsportsschool.com. Volunteer Youth coaches may attend free of charge. To attend free of charge, return registration sheet marked complimentary with your USATF youth team name, USATF number, with club head coaches name and e-mail. For further information, contact Jim Harryman at jharryman@allsportsschool.com

Willie Davenport Olympians Learn-by-do Clinic

Saturday, 11 February at Logan High School, Union City:

Excellent one day learn-by-do clinic instructed by many past and current Olympians plus leading area coaches geared towards youth and high school athletes. Refer to: <http://logantrackandfield.com/category/olympians-clinic/>, or contact coach Lee Webb at: lee_webb@nhusd.k12.ca.us

World Throws Center Phase 1 & 2 Clinic for Coaches and Athletes

Sat-Sun, 18-19 February at Sacramento State University:

Phase 1 Clinic info: http://worldthrowscenter.com/?page_id=1514&event_id=24

Phase 2 Clinic info: http://worldthrowscenter.com/?page_id=1514&event_id=26

Trials SuperClinic - Eugene, Oregon - Tuesday, 26 June

Boulevard Grill and Convention Center, 800m from Hayward Field

This quadrennial clinic is back on the first rest day of the Olympic Team Trails, and will feature many of the country's top coaches revealing methods how they trained athletes to qualify to the Trials.

Info to follow in February, or contact Dave Shrock at dshrock@pacbell.net, or Peanut Harms at: nutboy51@yahoo.com

Olympic Training Grants:

The Pacific Association of USATF established the Olympic Training Grant for 2012 Olympic hopefuls competing in Track and Field events. Grants for training and competition are awarded to athletes that live and compete within the jurisdiction of the Pacific Association, show potential for representing the U.S. at the 2012 Olympic Games, and show financial need. Applications

and criteria can be found at <http://www.pausatf.org/indexelite.html>. The deadline for the spring 2012 cycle is March 2, 2012. Please contact Stephanie Trafton with questions at skbrown44@gmail.com.