

2018 PA USATF XC Grand Prix Schedule

	18th Annual UC Santa Cruz XC Challenge	26th Annual Phil Widener Empire Open	33rd Annual Golden Gate Park Open	8th Annual Rebels XC Challenge	14th Annual Garin Park XC Challenge	23rd Annual John Lawson Tamalpa Challenge	10th Annual Willow Hills XC Open	21st Annual Matt Yeo Memorial Aggies XC Open	19th Annual Excelsior Challenge	33rd Annual PA XC Championship
2018 Date	Aug 18, 2018	Aug 25, 2018	Sep 09, 2018 (Sunday)	Sep 15, 2018	Sep 22, 2018	Sep 30, 2018 (Sunday)	Oct 14, 2018 (Sunday)	Oct 20, 2018	Oct 27, 2018	Nov 25, 2018* (Sunday)
Women's Race (Time/Distance)	9:00am/4.0 mi	9:00am/3.4 mi	9:00am/6 km	9:00am/6 km	9:00am/5 km	9:00am/4.25 mi	9:00am/5 km	9:00am/4.2 mi	11:00am/5 km	9:00am/4 mi (2 loops)
Open Men's Race (Time/Distance)	10:30am/4.0 mi	10:30am/3.4 mi	10:30am/6 km	10:30am/6 km	9:45am/5 km	11:00am/4.25 mi	10:30am/5 km	10:30am/4.2 mi	9:00am/5 km	11:00am/6 mi (3 loops)
Masters Men's Race (Time/Distance)	9:45am/4.0 mi	9:45am/3.4 mi	9:45am/6 km	9:45am/6 km	10:30am/5 km	10:00am/4.25 mi	9:45am/5 km	9:45am/4.2 mi	10:00am/5 km	9:45am/6 mi (3 loops)
Location	Upper campus trails, UC Santa Cruz, Santa Cruz-- Crown College, Santa Cruz	Spring Lake Regional Park, Newanga Ave. entrance, Santa Rosa	Polo Field, Golden Gate Park, San Francisco.	Ancil Hoffman Regional Park, 6700 Tarshes Dr, Carmichael, CA	1320 Garin Ave. Garin Regional Park, Hayward, CA	Miwok Meadows, China Camp State Park, San Rafael	Willow Hill Reservoir Community Park, Folsom CA 95630	Shoreline Park, Martinez	San Bruno Mountain Park, 1100 Crocker Ave, Daly City, CA	Lindley Meadow, 30th Ave and JFK Drive, Golden Gate Park, San Francisco.
Directions	<p>Take Hwy 17 from San Jose to Santa Cruz.</p> <p>Take Hwy 1 North towards Half Moon Bay, turn right on Bay St. Proceed up to UCSC Main Entrance at the corner of High and Bay St., go straight into campus.</p> <p>Turn left on Hagar Dr. go past the Fieldhouse, turn left on McLaughlin Dr. and then turn right on Chinquapin Rd.</p> <p>Turn right just before the Firehouse into the Crown College parking lot.</p> <p>Registration is in the small parking area above the Firehouse.</p>	<p>From Hwy 101: Take Hwy 12, east toward Sonoma 1 mile until the highway ends at Farmers Lane stoplight. Cross intersection onto Hoen, 1.5 miles to Newanga stopsign.</p> <p>Left on Newanga 1/4 mile to Spring Lake Park entrance. \$7 parking fee.</p> <p>Right after entrance to Oak Knolls area parking.</p> <p>Race starts/finishes 1/4 mile from parking on west side of lake near Jackrabbit boat ramp.</p>	<p>Take Fulton Avenue, which runs along the north edge of the park, to 30th Ave. (stoplight). Turn south into the park</p> <p>RACE NOT AT LINDLEY MEADOW this year, so drive 300-400 meters west on JFK Drive to Spreckles Lake area. Park near there, enter Polo Fields on foot via North Tunnel near GG Park Horse stables.park.</p> <p>Race distance is approx. 6K.</p>	<p>From Hwy 50 take Watt Ave off-ramp. Head north to Fair Oaks Blvd, turn right.</p> <p>Follow Fair Oaks Blvd to Van Alstine and turn right.</p> <p>Turn left onto California Ave.</p> <p>Follow the signs. \$5 parking fee in the park.</p>	<p>From South Bay: I-880 N toward Oakland. Merge onto Industrial Pkwy SW via exit 24. Keep R at fork to continue onto Industrial Pkwy. Turn R onto Mission Blvd. Turn L onto Garin Ave. Garin Park is 1320 Garin Ave.</p> <p>From San Francisco: I-280 S. Merge onto I-380 E. Merge onto US-101 S. Merge onto CA-92 E toward Hayward. Merge onto I-880 S.</p> <p>Turn L onto Industrial Pkwy. Turn on R onto Mission Blvd. Turn L onto on Garin Ave. to Garin Park at 1320 Garin Ave.</p>	<p>Hwy 101 to San Rafael, take the North San Pedro Road exit and go east (toward the bay) for 5 miles to the park.</p>	<p>Take Hwy 50 east (toward Lake Tahoe) to Folsom.</p> <p>Take Prairie City Rd off-ramp, Exit 25. At light go left, over freeway onto Prairie City Rd.</p> <p>Follow 'XC Races' signs to lower high school parking lot.</p>	<p>From the South: 680 N Exit Waterfront Rd. Toward Marina Vista. Take Marina Vista West Right on Ferry St. into the Park.</p> <p>From the North: 680 S Exit Marina Vista toward Waterfront Rd. Take a left onto Marina Vista. Right on Ferry St. into the Park.</p>	<p>280 North: Take Junipero Serra Blvd exit in Daly City. Go straight then right on John Daly Blvd.</p> <p>Follow John Daly straight up to Hillside Blvd past Mission street. Go left on Bronswick Street and then right on Crocker Avenue.</p> <p>Follow Crocker (about a mile) up to the entrance on your right near Southern Hill Blvd.</p> <p>280 South: Take San Jose Ave/Mission Street exit in San Francisco.</p> <p>Go straight to follow CA-82 N/San Jose Avenue. Turn left on Wilson Street; right on Mission Street; and then left on Crocker.</p>	<p>Take Fulton Avenue, which runs along the north edge of the park, to 30th Ave. (stoplight).</p> <p>Turn south into the park. Road deadends at JFK Dr. at Lindley Meadow. (East end of JFK Drive is closed on Sunday, so use Fulton.)</p>

									Follow Crocker (about a mile) up to the entrance on your right near Southern Hill Blvd. Course map and description	
Open Team \$	\$100/\$75/\$50	\$75/\$50/\$25	\$150/\$75	\$125/\$75	\$75/\$50/\$25	\$120/\$75	\$75/\$50	\$150/\$75/\$50	\$75/\$50/\$25	\$150/\$75
Open Individual \$	\$50/\$30/\$20	\$150/\$75/\$25	\$200/\$100/\$50	\$125/\$75/\$25	\$150/\$75/\$50	\$120/\$75	\$100	\$100/\$75/\$50	\$150/\$75/\$50	\$200/\$100/\$50
40+ \$	Indiv. \$40/\$25 Team \$100/\$75/\$50	Indiv. \$75/\$25 Team \$75/\$25	Indiv. \$50/\$25 Team \$50/\$25	Indiv. \$75/\$25 Team \$75/\$25	Indiv. \$75/\$50 Team \$75/\$25	Indiv. \$75 Team \$75/\$50	Indiv. \$100 Team \$50/\$25	Indiv. \$50/\$25 Team \$50/\$25	Indiv. \$75/\$50 Team \$75/\$25	Indiv. \$50/\$25 Team \$50/\$25
50+ \$	Indiv. \$30/\$20 Team \$50/\$35	Indiv. \$50 Team \$50 (double dipping allowed)	Indiv. \$25	Indiv. \$50 Team \$50/\$25	Indiv. \$50 Team \$50	Indiv. \$45 Team \$30	Indiv. \$50 Team \$50/\$25	Indiv. \$30/\$20 Team \$30/\$20	Indiv. \$50 Team \$50	Indiv. \$25
60+ \$	N/A	Indiv. \$25 Team \$25	N/A	N/A	N/A	Indiv. \$35 Team \$25	Indiv. \$50 Team \$50/\$25	N/A	N/A	N/A
70+ \$	N/A	N/A	N/A	N/A	N/A	Indiv. \$25	Indiv. \$50 Team \$50	N/A	N/A	N/A
Sponsoring Organization	Santa Cruz Track Club	Empire Runners Club	SF Running & Walking	River City Rebels	West Valley Track Club	Tamalpa Runners	Buffalo Chips Running Club	HOKA Aggies Running Club	Excelsior Running Club	SF Running & Walking
Total Prize Purse	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)	\$1500 (1.5 points weighted race)
Race Director with email	Larry Berg	Bill Rogers	Tim Wason	Andy Harris	Karen Saxena	Tom O'Reilly	Arnold Utterback	Kevin Searls	Chikara Omine	Tim Wason
Telephone	831-465-4728	707-481-1924	415-823-2276	916-531-8503	650-856-6778	415-306-2859	916-541-3608	925-963-8534	415-269-1022	415-823-2276
Cost, Pre-Reg	\$20 if post-marked by Aug 12th Register Online	Mail-in --\$20, postmark by August 18. Online-\$20 (no fees), deadline Aug 22 Register Online	\$20 if received by Sept 5th. Online reg at Race Roster also by Sept. 5th, 11:59pm Register Online	\$20 if post-marked by Sept 7th Register Online	\$20 if postmarked by Sept. 16th. Register Online	\$20 if post-marked by Sep 24th. Register Online	\$20 if post-marked by Oct. 10th. \$20 online by Oct. 11th (no fee) Register Online	\$20 if post-marked by Oct 16th. Register Online	\$20 by Oct 20th. Register Online	\$30 if postmarked by 11/9, received by 11/13, or online at Race Roster by Wed 11/14. Register Online

Cost, Late/Race Day	\$25	\$25 (Race day substitution -- \$10)	\$25 (Race day substitution - \$10)	\$25	\$30	\$30	\$25	\$30	\$25 late or race day	\$35 (cash or check)
Check Payable to:	SCTC	Empire Runners Club	SF Running & Walking	River City Rebels	WVTC	Tamalpa Runners	Buffalo Chips Running Club	Aggies Running Club	Excelsior Running Club	SF Running & Walking
Registration Address & Phone Number	SCTC, c/o Larry Berg 155 Molly Way Santa Cruz CA 95065	Empire Runners Club, c/o Jerry Lyman, 2345 Hilltop Court, Santa Rosa, CA 95404	SF Running & Walking, c/o Homer Chan, 874 Filbert St. San Francisco, CA 94133	River City Rebels, P.O. Box 189667, Sacramento, CA 95818-9667	Karen Saxena, 3814 Magnolia Dr. Palo Alto, CA 94306	Tom O'Reilly, 194 Pelican Lane, Novato, CA 94949	Arnold Utterback, P.O Box 19908, Sacramento, CA 95819	Kevin Searls 4110 Canyon Way Martinez CA 94553	Chikara Omine, 238 Grand Blvd. Apt10, San Mateo, CA 94401	SF Running & Walking, c/o Homer Chan, 874 Filbert St. San Francisco, CA 94133
Misc. Info	<p>Merchandise to top 3 in Open division and 4 age group divisions.</p> <p>Additional parking at the East Remote Parking Lot near the Fieldhouse.</p> <p>Allow extra time--parking is limited and the additional parking is close to one mile away from registration.</p>	<p>"Top 10" performance t-shirts awarded to first 10 finishers of each race.</p> <p>Optional team multiple entry form available for download on club website.</p>	<p>Ample parking on JFK Drive near 30th Ave.</p> <p>Some picnic tables available on a first come, first serve basis. Excellent competition.</p> <p>Volunteers greatly appreciated--call 415-823-2276.</p> <p>Please pre-register! Race day reg is not the best way to go!</p>	<p>All comped athletes must pre-register. Cash or checks only on race day.</p>	<p>PA course records: Open men: Chris Frias 15:21 (2014). Open women: Teresa McWalters 17:36 (2017). 40+ men: Neville Davey 16:00 (2015). 40+ women: Valerie Young 18:57 (2011). 50+ men: Brian Pilcher 17:28 (2008). 50+ women: Cathy Dubay 20:25 (2014). 60+ men: Jacob Nur 18:33 (2017). 60+ women: Joannie Siegler 21:46 (2017). 70+ men: Hans Schmid 22:15 (2013). 70+ women: Melody-Anne Schulz 25:42 (2013).</p> <p>Plenty of parking available. Picnic area in park.</p>	<p>China Camp course, Directions, course map and details, a 4.25 mile eyeloop course, rolling with lots of single track. About 1/4 mile of road.</p> <p>Make sure car is parked off the roadway.</p> <p>This race is a memorial to John Lawson, a Tamalpa Runner who, at 44, died suddenly of a heart attack in 2000.</p>	<p>Loop course, rolling hills.</p>	<p>2 x 2 mile loops with .2 mile initial grass start.</p> <p>Flat course with a mix of grass, groomed dirt trails, and path.</p> <p>New memorial name for recently deceased club member, Matt Yeo.</p>	<p>Allow for time to walk to the start.</p> <p>Parking is limited at the Guadalupe Canyon Parkway parking lot and costs \$6 for vehicle entry.</p> <p>The park requires that the race not take up the entire lot so please plan to park on streets near the entrance at 1100 Crocker Avenue in Daly City (cross street Southern Hill Blvd).</p> <p>There should be plenty of spaces there. The race site is about 0.85-0.9 miles on the paved path from that entrance.</p>	<p>Traditional course. Start and finish in Lindley Meadow. Two-mile loops in Polo Field area of GGP.</p> <p>Please pre-register! Race day reg is not the best way to go!</p> <p>*rescheduled from 11/18/18</p>