

PALO ALTO LIGHTNING

Cross Country Meet

November 9th, 2014

At

Bayfront Park, Menlo Park

Registration 8:00-9:00AM

Course Walk 9:00AM

First Race 10:00AM

Awards will be given to the top finishers in each division

Entry: \$7

Age Division	Distance	Age Description
Group 1	2K	Born 2006 or later
Group 2	3K	Born 2004 or 2005
Group 3	3K	Born 2002 or 2003
Group 4	4K	Born 2000 or 2001
Group 5	5K	Born 1998 or 1999
Group 6	5K	Born 1996 or 1997

For more information contact Coach Young:

STY3000@aol.com or (650) 321-2175

PaloAltoLightningTrack.com

Directions

From San Francisco:

Go South on 101 to Marsh Road make a left toward the Bay and go straight in the the back of the Park.

From San Jose:

Go North on 101 to the Marsh Road Exit turn left and go straight to the back of the Park.