



The 1st Big Valley Track Club Meet

Sponsored by Big Valley Ford of Stockton.

"There is no better place to be, but right here today..."

Saturday, March 15th, 2014

Edison High School

1425 S Center St, Stockton, CA 95206

What do you need to know?

® USATF Membership: Not required but desired

® * Registration into the meet must be received by midnight March 12th, 2014

Registration:

* Clubs / schools register at **Coach O**

* http://coachoregistration.com/track/entry/ca_valley

® **No same day registration ... no exceptions!**

® **Cost:**

* \$7 per athlete

* Free for spectators

* Payment will be collected at time of online registration

® Awards: Top 6 in each heat / flight will receive a ribbon (given after each heat / flight is completed). Trophies to overall 1st place winners in Shot Put and medals to overall 1st, 2nd and 3rd finishers in each age group and event. Top 3 overall finishers trophy or medal can be picked up at the award table after event results have been posted.

Medals can be picked up by coaches or parents

An Overall Team Plaque will be given to the top scoring Team in each age group, this plaque can be picked up following the meet (time permitting) or will be distributed to winning Team Coach at the next meet

® Results: Results will be posted after each event is over and on the PA/USATF website within 2-days after the meet is completed; field event results will be posted as soon as they are loaded into the computer

® Snack Bar: Snack bar will open at 7:00 am (**Edison High School does not allow BBQs to be used anywhere on campus, not even in parking lots**)

® Access to clerking area: Coaches are encouraged to come with their athletes to the Clerking area for 1 and 2 age groups. Clerking area is only for running events. All field events check in at the field event location

® Access to infield: No coaches on infield except coaches clearly displaying 2014 PA/USATF membership ID cards and assisting Group 1 and 2 long jumpers setting marks. Coaches must leave when the event begins

® Questions: Contact Coach Emosi Raura @ earaura@gmail.com or (209) 647-9164

Driving Directions

® From Reno/Sacramento: Take I-5 South towards LA. Exit on Dr. Martin Luther King Blvd making a right on the Light. Make a right on Turnpike Rd and make an immediate Left to the parking Lot.

® From Elk Grove/Sacramento: Take I-99 South towards Fresno then Take 1-4 towards I-5 going to I-5 South towards LA. Exit on Dr. Martin Luther King Blvd making a Left on the Light. Make a right on Turnpike Rd and make an immediate Left to the parking Lot.

® From Bay Area: Take I-580 East towards Livermore/Stockton. Keep left to take US-205 towards Tracy/Stockton. Stay left and take I-5 North towards Downtown Stockton. Exit on Dr. Martin Luther King Blvd making a Right on the Light. Make a right on Turnpike Rd and make an immediate Left to the parking Lot.

Meet Timeline

* Packet pick-up opens 7:00 am

* Club coach's / Unattached parents meeting (infield) 8:00 am

* Field events begin (Rolling Schedule) 8:30 am

* Running events begin (Rolling Schedule) 9:00 am

Age Groups

* 1, 2 and 3 can compete in up to 3 events

* 4 and 5/6 can compete in up to 4 events

Age Group	Birth Year	Age Group	Birth Year
1	2006 or Later	4	2000 - 2001
2	2004 - 2005	5/6	1996 - 1999
3	2002 - 2003		(1995 if 18 on or before July 27)

Depending on number of Athletes in each Event the 800m and 1500m races will be combined with boys and girls for each age group to compete in one heat, during designated time in Schedule. All Field Events will begin at 8:30am and it will be on a rolling schedule. All Running events will begin at 9:00am and will be on a rolling schedule also unless advised during the Meet.

Running Events

- 1500m (All age groups)
- 4 x 100m Relay (All age groups)
- 80m Hurdles (3)
- 100m Hurdles (4M/W, 5/6 Women)
- 110m Hurdles (5/6) Men
- 800m Run (All age groups)
- 100m Dash (All age groups)
- 400m Run (All age groups)
- 4 x 200m Relay (All age groups)

Field Events

- Discus (5/6, 4,3)
- Turbo Javelin (3,2,1)
- Shot Put (2,3,4,5/6)
- Long Jump (1,2,3,4,5/6)
- High Jump (5/6, 3,4,2)
- Javelin (4, 5/6)