



## Stockton Saints Annual Track Meet

<b>Date</b> April 12 <sup>th</sup> 2014	<b>Time</b> 8:30 A.M.	<b>Site</b> San Joaquin Delta College 5151 Pacific Ave. Stockton, CA 95207	<b>Age Divisions</b> 8 and under 9-10 11-12 13-14 15-18
	<b>First Call</b> <b>30 minutes before start</b>		

**Entry Fee:** \$7.00 per athlete. Entry fees are not refundable. Spectators are free.

**Entry:** All entries will be done on-line at Coach-O Entries. All entries must be paid on-line. The on-line registration deadline is 10pm April 9th. (PST). After this time, there will be a \$5 charge per event for changes or additions, including those done at packet pickup. Scratches are encouraged the morning of the meet.  
No Mailed, Faxed, E-mail, or day of meet entries will be accepted.

**Timeline:** Packet pickup at 7:00am, Coaches meeting at 8am.  
Track and field events start at 8:30am.

**Entry Limits:** **NOTE THE AGE GROUP AND NAME CHANGES EFFECTIVE JANUARY 2013**

Age Group	Birth Year	Maximum Amount of Events
8 and under	2006+	3 events
9-10	2004-2005	3 events
11-12	2002-2003	3 events
13-14	2000-2001	4 events
15-18	1996-1999 (or 18 before 07/27/1995)	4 events

Athletes are not allowed to compete in an older or younger age group. A relay counts as an event (**Unattached athletes cannot form a relay team**)

The 15-18 age groups are no longer allowed any false starts, same as their high school rule. 8 and under, 9-10, 11-12, 13-14 age groups are still allowed one false start. Depending on number of athletes in each event of the 1500m and 3000m races may have multiple age groups compete in one heat, during designated time in schedule. Additional races could be combined depending on number of athletes. Order of running and field events are **Girls** then **Boys**.

The Saints are Marching In...



# Stockton Saints Track and Field Club

- Facilities:** Eight lanes all weather track. Runway and high jump area are all weather. Shot Put and Discus are concrete. Spikes **3/16** pyramid or less will be allowed. **ABSOLUTELY NO SPIKES ALLOWED ON THE IN-FIELD.** Tents will only be allowed in the top rows of the stands, and on the area around the track. Please do not block the announcers' booth.
- Awards:** Medals will be awarded to the overall first, second and third place finishers in each event, including relays. Ribbons will be awarded to the 1st thru 8th place finishers. Medals can be picked up by coaches or parents.
- Rules:** Current USA Track and Field rules will govern. Only competing athletes will be permitted on the track or in-field area, except for medical emergencies. There will be qualified personnel available. Additional medical facilities are within minutes of the school. The local Fire Department Rescue Unit is located across from the school.
- Check in Track:** Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Athletes must notify the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.
- Check in Field:** Field event athletes will check in directly to the official in charge of their event. All contestants will be given three trials in each field event, (except the High Jump).
- Snack Bar:** SSC will provide a snack bar with hot meals for breakfast and lunch. (Absolutely no BBQ pits or dogs are allowed on the Cesar Chavez High School campus or in the parking lots.
- Results:** Complete results will be available on the Pacific Association website ([www.pausatf.org](http://www.pausatf.org)). During the meet, results will be posted at a designated location as soon as possible.
- Contact Us:** **Alicia Jones 209-565-9089 or email [stocktonsaints@yahoo.com](mailto:stocktonsaints@yahoo.com)**

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# Stockton Saints Track and Field Club

**Events Schedule  
April 12th, 2014**

**TRACK EVENTS – 8:30 am**

1500 meter run	8 and under through 15-18	8:30
100 meter	8 and under through 15-18	
80 meter hurdle	11-12 Girls/Boys	
100 meter hurdle	13-14 Girls/Boys, 15-18 Female	
110 meter hurdle	15-18 Male	
4x100 relay	8 and under through 15-18	
400 meter	8 and under through 15-18	
1500 meter race walk	9-10, 11-12	
3000 meter race walk	13-14, 15-18	
<b>**50 meter</b>	<b>5 and under (Easter Egg Race)</b>	
200 meter	8 and under through 15-18	
<b>**4x100 relay</b>	Parent/Coaches Relay	
800 meter	8 and under through 15-18	
4x400 meter relay	8 and under through 15-18	

**\*\* do not need to register for these events\*\***

**FIELD EVENTS – 8:30 am**

Event	Age Group	Time	Event	Age Group	Time
High Jump	15-18 Girl/Boy	8:30	Shot Put	9-10 Girl/Boy	8:30
High Jump	13-14 Girl/Boy		Shot Put	11-12 Girl/Boy	
High Jump	11-12 Girl/Boy		Shot Put	8 and under Girl/Boy	
High Jump	9-10 Girl/Boy		Shot Put	15-18 Girl/Boy	
			Shot Put	13-14 Girl/Boy	
Long Jump	8 and under Girl/Boy	8:30			
Long Jump	9-10 Girl/Boy		Turbo Jav	11-12 Girl/Boy	8:30
Long Jump	11-12 Girl/Boy		Turbo Jav	9-10 Girl/Boy	
Long Jump	13-14 Girl/Boy		Turbo Jav	8 and under Girl/Boy	
Long Jump	15-18 Girl/Boy				
			Jav	13-14 Girl/Boy	8:30
			Jav	15-18 Girl/Boy	
Triple Jump	15-18 Girl/Boy	Following			
Triple Jump	13-14 Girl/Boy	Long Jump			
			Discus	15-18 Girl/Boy	8:30
			Discus	13-14 Girl/Boy	
			Discus	11-12 Girl/Boy	

**NOTE: Coaches please check-in your athletes for all the sprints in the morning as you pick up your packages.**