



10th Annual Subbantam Championships
Granada High School
400 Wall Street
Livermore, California 94550
June 14, 2014
10:00 a.m.

We have added a 50 meter “walker race” for those babies who are not quite full fledged runners yet. Make sure you bring your walker for them to compete. There is no \$8.00 entry fee for these babies. They will receive participation ribbons after their completion of the race.

Welcome to the 10th Annual Subbantam Championships Track and Field Meet of the Pacific Association. For this year subbantams are athletes born 2006 and later. The Youth Committee team members, family and friends, are hosting this meet again. To make this work, your volunteer services are still much needed and greatly appreciated. We want another successful Subbantam Championships meet this year, so again, let's make it happen!!

Athletes must be capable of contesting their event efficiently. We cannot allow exceptionally young children to participate in the longer races and most of the field events. Therefore, adjustments have been made for most of the meet events. The adjustments are noted next to the particular event below. Please adhere to these when making your athlete entries.

We're offering the 800 meter dash and 1500 meter run for our 7 and 8 year olds only. The shot put will be 4 pounds for this track meet. The mini jav is also being offered again so coaches, it is imperative that you train your subbantams in these three field event areas if you are going to have them contest the events! We want no unnecessary accidents.

Please pre-register via www.coacho.com. If you have any questions do not hesitate to contact Maria at castilloma25@sbcglobal.com or call (707) 648-3423 or Joanne at pa.youthchair@yahoo.com or (510) 535-2731 work, (510) 632-8004 home.

Your athlete can participate in up to 3 events. Awards for this track meet are medals 1-8 place overall for each age group for each event and ribbons 1-8 in each heat or flight. The outstanding male and female athlete of the day will be presented with a trophy at the end of the track meet. (7-8 year age group only). Each athlete will also receive a subbantam track meet t-shirt at the start of the track meet. Since the shirts are the same as in previous years, we will have a permanent marker to write your athlete's name and year on their shirt.

Entry fee is \$8 per athlete

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Registration – 8:00 a.m.
Meet Start – 10:00 a.m.

Events will be run in the order below based on their age group. There are no other age groups except subbantams involved in this meet. Therefore, we will have scheduled breaks between each event for recovery purposes.

- Awards (1-8 place medals overall in each age group, each event and 1-8 place ribbons will be given to each athlete after each heat or flight)
- A trophy will be presented at the end of the meet to the outstanding male and female athlete of the track meet. (7-8 year old age group only)

Meet Directors: Joanne Camargo
(510) 535-2731 or (510) 632-8004 or pa.youthchair@yahoo.com
Maria Castillo (707) 648-3423 or castilloma25@sbcglobal.net

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SCHEDULE OF EVENTS

1 and 2 year olds	3 and 4 year olds
Running and field events order	Running and field events order
50 meter	4x100 relay
Long jump	Mini jav
100 meter	200 meter
	50 meter
50 meter “walker race”	Long jump
Please bring your own walker	100 meter
exhibition race only	400 meter
no \$8.00 entry fee	
5 and 6 year olds	7 and 8 year olds
Running and field events order	Running and field events order
4x100 relay	1500 meter run
Long jump	4x100 relay
200 meter	Shot put
Shot put	200 meter
100 meter	Long jump
Mini jav	100 meter
400 meter	800 meter
4x400 relay	Mini jav
	400 meter
	4x400 relay