



## REGION 14 COMBINATION EVENTS

This is the only Multi-Events competition to qualify for the National Junior Olympics in Houston, Texas

This event will be hosted by the Youth Division of the Central California Association

Saturday & Sunday, June 14 & 15, 2014  
Hanford High School     Hanford, California

Meet Directors: Tikee Miller  
(661) 444-6634 tikeemiller@yahoo.com

### ENTRY FEES:

Region 14 JO's Multi's	Group 2, 9-10 year olds	\$15
	Group 3, 11-12 year olds	\$15
	Group 4, 13-14 year olds	\$15
	Group 5, 15-16 year olds	\$20
	Group 6, 17-18 year olds	\$20

**Deadline to register for the Region 14 Multi's is Monday, June 9<sup>th</sup> at 9 pm**

National JO's Multi's registration process for the National JO's:

You will need to go back on [www.coacho.com](http://www.coacho.com), within 24 to 48 hours of our June 14 & 15 Multi's event to enter your athletes in the National JO Multi Events. It will be up to you to register for the Nationals as registration is now done on-line. If you have any questions please contact us before you leave Hanford High School on June 14 or 15.

<http://www.usatf.org/Events---Calendar/2014/USATF-National-Junior-Olympic-Track---Field-Champi.aspx>

## Registration Process

- Prior to attempting registration with Coach-O, each team or unattached athlete must have the following in place:
  1. USATF membership number **THERE WILL BE NO EXCEPTIONS TO THIS RULE** .
  2. Central California Athletes : Email birth Certificate /age document to [tikeemiller@yahoo.com](mailto:tikeemiller@yahoo.com)
  3. Pacific Association Athletes : [www.pausatf.org](http://www.pausatf.org)
    - Click on the “Join Now” button near the top of the page
    - Athlete must register using full legal name (no nicknames)  
Birth verified on PAUSATF website. Verification consists of the athlete’s age in **bold** and underlined (age should look like this **16**). You can fax or email your birth certificate to Heike Mansoor fax 916-983-4624 or [heikemansoor@aol.com](mailto:heikemansoor@aol.com) please write your athlete name and membership number on each birth certificate. You will need to check the website within 24 to 48 hour for the update.
  4. Club must be a current 2014 USATF sanctioned club (if you want to compete as a club team member)

If these three items are not in place, the system will not allow you to register via Coach-O.

The top two finishers in each age group will qualify for the National JOs in Houston, Texas, and any other who meet the performance standard at the Regional Championship.

Group 2, 9-10 year old girls – 918 points,  
Group 2, 9-10 year old boys – 639 points,

Group 3, 11-12 year old girls – 2243 points,  
Group 3, 11-12 year old boys – 1975 points,

Group 4, 13-14 year old girls – 2720 points,  
Group 4, 13-14 year old boys – 2458 points,

Group 5, 15-16 year old girls – 3757 points,  
Group 5, 15-16 year old boys – 5279 points,

Group 6, 17-18 year old girls – 4253 points,  
Group 6, 17-18 year old boys – 5858 points,

## **Region 14 Combined Events Championships Schedule of Events**

### **Saturday, June 14**

9:00 - Group 5 boys 15-16 years old / Group 6 boys 17-18 years old -- Decathlon  
100m – Long Jump – Shot Put (12 lbs) – High Jump – 400m

9:00 – Group 2 boys 9-10 years old – Triathlon  
Shot Put (6 lbs) - High Jump – 400m

10:00 – Group 5 girls 15-16 years old / Group 6 girls 17-18 years old -- Heptathlon  
100m Hurdles – High Jump – Shot Put (4 kilo) – 200m

12:00 – Group 2 girls 9-10 years old – Triathlon  
Shot Put (6 lbs) – High Jump – 200m

### **Sunday, June 15**

9:00 – Group 5 boys 15-16 years old / Group 6 boys 17-18 years old -- Decathlon  
110m Hurdles – Discus Throw (1.6k) – Pole Vault – Javelin Throw (800g) – 1500m

9:00 – Group 5 girls 15-16 years old / Group 6 girls 17-18 years old -- Heptathlon  
Long Jump – Javelin Throw (600g) – 800m

9:15 – Group 3 girls 11-12 years old - Pentathlon  
80m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 800m

10:15 – Group 3 boys 11-12 years old - Pentathlon  
80m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 1500m

11:15 – Group 4 girls 13-14 years old - Pentathlon  
100m Hurdles – Shot Put (6 lbs) – High Jump – Long Jump – 800m

12:15 – Group 4 boys 13-14 years old - Pentathlon  
100m Hurdles – Shot Put (4k) – High Jump – Long Jump – 1500m