

**2014 Pacific Association Olympic Training Grant  
Marathon & Racewalk**

General Information and Instructions

Submit by 6.15.2014

What is the Pacific Association Olympic Training Grant?

The Pacific Association of USATF established the Olympic Training Grant for 2016 Olympic hopefuls competing in Racewalk and Marathon. Grants for training and competition are awarded to athletes that live and compete within the jurisdiction of the Pacific Association, show potential for representing the U.S. at the 2016 Olympic Games, and show financial need.

How is the grant administered?

Applications are distributed and processed by the Pacific Association Grant Selection Committee. General responsibility for management of the grant, including all award decisions, resides with the selection committee.

What can the grant be used for?

Grants are intended for training and competition expenses. Examples of approved grant uses: training costs, coaching, travel to competitions.

Are the grants sufficient to pay all training and competition costs?

Because training and competition costs vary widely, these grants are intended to provide only partial support.

Who is eligible?

General athlete eligibility requirements:

- Be a 2014 member of PAUSATF and eligible to represent the USA at all levels of international competition. All applicants will need to renew membership before grant award is considered.
- Must have exhausted remaining athletic eligibility at NCAA colleges and universities prior to or at the end of the 2013-2014 seasons. Athlete is responsible for determining their eligibility to receive grants with their NCAA Compliance team.
- Not exceed the committee's established annual income level of \$40,000 (from all sources)
- Have performed at an elite level in the past 24 months (e.g. met the Olympic Trials "A" or "B" standard)
- Have a clean drug testing record with no history of drug-related suspensions

- Compete in race walk or marathon events that will be contested at the 2016 Olympic Games
- Live at a valid residential address within Pacific Association jurisdiction
- Compete in at least one USATF sanctioned event within PA jurisdiction during the 2013 or 2014 season

How can I find out what my 2014 USATF membership number is?

Go to <http://www.pausatf.org/data/members.php?cmd=search> and enter your information. Your membership number will be listed. To be eligible for this grant you must have a "Y" in the 2014 column, indicating that your membership has been renewed for 2014.

If a grant is awarded, how much can an athlete expect to receive?

Depending on the amount of applicants and their potential to qualify for the Olympic Games, the amount awarded to each applicant can vary between \$500 and \$1,000. Primary consideration will be given to athletes in the following order: International A standard, International B standard, Olympic Trials A standard, Olympic Trials B standard.

How does an athlete apply?

Athletes must complete the attached application, personal essay and a letter of recommendation and submit it via email (preferred method) or First Class mail, UPS, etc. POSTMARKED by May 2nd, 2014 to the following address:  
 Email: [Pausatf@aol.com](mailto:Pausatf@aol.com)  
 RE: Olympic Training Grant  
 Pacific Association Office, 120 Ponderosa Court, Folsom, CA 95630

What should be included in the essay?

The essay should address why the athlete is a worthy grant recipient. In particular the athlete should explain:

- Competitive goals for the next year and for the next 4 years
- His or her background in the sport, including competition results
- Financial need/circumstances affecting the athlete's ability to train and compete
- How this grant, if awarded, would "make a difference"
- What it means to be able to practice/participate in the chosen sport

Who should write the letters of recommendation?

This is entirely up to the athlete but teachers, coaches, and employers are good choices since they can usually comment on overall character, achievement, and promise. The recommendation letters must contain the name, address, and telephone number of the writer.

When will applicants be notified?

Applicants will be notified of the award decision after the selection committee meeting in late May. We anticipate that decisions will be finalized around May 20th, 2014. Applicants will be notified by mail and email confirmation.

#### Terms and Conditions of Grant

An award will be paid in one installment. If selected, the applicant will receive the award with a notification letter. In addition to an acknowledgement to the Pacific Association Board of Athletics, the athlete will be asked to provide a competition schedule that includes at least one USATF or NCAA sanctioned meet within the Pacific Association jurisdiction. Examples of meets that are historically sanctioned are: Stanford Invitational Open, Payton Jordan Invitational, and Pacific Association Championships. At the completion of your 2014 competitive season you will be asked to submit an update of your progress and how you were able to accomplish your athletic goals. The Pacific Association salutes your efforts and hard work in pursuing your Olympic dreams. Please email any questions to [throwertrainer@gmail.com](mailto:throwertrainer@gmail.com).

#### 2013-2014 Pacific Association Olympic Training Grant

##### Marathon & Racewalk Application Form

Applications must be POSTMARKED by 6.15.2014

Name\_\_\_\_\_ Gender \_\_ Male \_\_ Female

Address\_\_\_\_\_

City\_\_\_\_\_ State\_\_\_\_\_ Zip\_\_\_\_\_

Social Security Number\_\_\_\_\_ Birth date\_\_\_\_\_

Telephone Number\_\_\_\_\_ Email Address\_\_\_\_\_

Sport\_\_\_\_\_ USATF Membership Number\_\_\_\_\_

Have you met the IAAF or Olympic Trials standard in the past 24 months? (check one) IAAF "A" Standard Olympic Trials "A" Standard IAAF "B" Standard Olympic Trials "B" Standard Event\_\_\_\_\_

Date of Performance\_\_\_\_\_

Result\_\_\_\_\_

Location of Performance\_\_\_\_\_

Order of finish at USA Championships:

Event\_\_\_\_\_

2013\_\_\_\_\_ 2012\_\_\_\_\_

Event\_\_\_\_\_

2013\_\_\_\_\_ 2012\_\_\_\_\_

International Teams (Olympic, World Championship, Other Team USA event):

Year\_\_\_\_\_

Team\_\_\_\_\_

Year\_\_\_\_\_

Team\_\_\_\_\_

Year\_\_\_\_\_

Team\_\_\_\_\_

Are you a college graduate? Yes\_\_ No\_\_

Name of School\_\_\_\_\_

Year of Graduation\_\_\_\_\_

Degree(s) Held\_\_\_\_\_

Do you have a clean drug testing record with no history of drug--related suspensions? Yes\_\_ No\_\_ (Continued on next page) 4

Income & Expense\* - 2013 Income 2014 Income (estimate)

Prize money, appearance fees commercial contracts, shoe contracts, grand prix, etc.  
\$\_\_\_\_\_ \$\_\_\_\_\_

Grants, scholarships, etc. \$\_\_\_\_\_ \$\_\_\_\_\_

Primary employment (full or part-time) \$\_\_\_\_\_ \$\_\_\_\_\_

Gross Annual Income \$\_\_\_\_\_ \$\_\_\_\_\_

2013 Expense 2014 Expense (estimate)

Travel, transportation (competition & practice) \$\_\_\_\_\_ \$\_\_\_\_\_

Coaching, therapy, massage \$\_\_\_\_\_ \$\_\_\_\_\_

Equipment, uniforms, supplements \$\_\_\_\_\_ \$\_\_\_\_\_

Other ( \_\_\_\_\_ ) \$\_\_\_\_\_ \$\_\_\_\_\_

Expense Total \$\_\_\_\_\_ \$\_\_\_\_\_

\*You may submit a detailed budget of estimated costs related to travel and training on a separate form. Please indicate the gross income and expense on this sheet.  
Reminder: Athlete is required to submit an essay and a letter of recommendation as part of this application. Applications must be complete to receive consideration.

Complete signed application Essay Letter of Recommendation Certification

I certify that I am a U. S. citizen and that the information on this form is true and complete to the best of my knowledge. I also certify that I am drug free and not currently the subject of anti-doping official investigation, nor have I been sanctioned for an anti-doping violation in the past. I agree to repay the grant in full if I do not complete the terms of the grant.

If asked by or on behalf of the Pacific Association of USA Track and Field, I agree to provide documentation in support of information on this form.

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Applicant (Signature) Date

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Applicant (Printed Name)

2014 Olympic Training Grant, Pacific Association Office, 120 Ponderosa Court,  
Folsom, CA 95630