## Date:

Saturday $24^{\text {th }}$ of May, 2014
Sunday $25^{\text {th }}$ of May, 2014
Location: Turlock High School
1600 E. Canal Dr. Turlock CA 95380


Roadrunners

Meet Director: Coach Carl Bryant
ceebeerev@sbcglobal.net or call (209) 765-9840
Age Group: ** Effective 2013, we can no longer use the age group names of sub-bantam, bantam, midget, youth, intermediate, young women and young men.

| Age Group | Birth Year | Maximum Amount of Events |
| :--- | :--- | :--- |
| 8 and under | $2006+$ | 3 events |
| $9-10$ | $2004-2005$ | 3 events |
| $11-12$ | $2002-2003$ | 3 events |
| $13-14$ | $2000-2001$ | 4 events |
| $15-18$ | $1996-1999,1995$ if after July | 4 events |
|  | $28^{\text {th }}$ |  |

Packet Pick Up: begins at 7:00 a.m.
Coach Meeting: Infield 7:45am
Starting Time - The field events and first running event both start at 8:30 a.m.

## Snack Bar

There will be a snack bar with breakfast and lunch items available for purchase.

## Turlock High Campus Rules:

- NO PETS (of any kind)
- No seeds of any kind (pumpkin, watermelon, sunflower, etc.)
- No chewy candy of any kind (gum, mumba, starburst, now and later, etc.)
- No food or beverages (other than water) on the track


## Entries-

Deadline: Wednesday May $21{ }^{\text {st }} 9: 00 \mathrm{PM}$ - All entries must be processed through CoachO Registrations
**Please double check entries
Fees - $\$ 4.00$ per event $\$ 16$ per relay NO DAY OF MEET ENTRIES/NO CHANGES


## Awards

$1^{\text {st }}$ Place Trophies

- 100 m dash
- 1500 m
- Long Jump
- Shot Put

Medals: Given to top 3 overall in each event (field and running)

## Accommodations and Restaurants

Holiday Inn Express: http://hiexress.com

- 3001 Hotel Dr Turlcok CA (209) 664-9999

Fairfield Inn: http://marriott.com

- 3301 Countryside Dr. Turlock, CA (209) 668-3800

Fairfield: http://fairfieldinn.com

- 4342 Salida Blvd. Salida CA (209) 543-2157


## Best Western: http://bestwestern.com

- 5025 N. Golden State Blvd. Turlock CA (209) 667-2827


## Directions

## From **SF/East Bay

**Take Bay Bridge I-80E
Merge onto I-580 E towards Hayward/Stockton
Merge onto I-205 E towards Tracy/Stockton
Merge onto I-5 N towards Sacramento
Exit CA-120 E towards Modesto/Sonora


Exit 99 South towards Modesto
Exit Fulkerth Rd
Right N Golden State Blvd
Left West Canal
School is on the right

## From South Bay

Take I-680 N toward Sacramento
Exit I-580 E towards Stockton
Merge onto I-205 E towards Tracy/Stockton
Merge onto I-5 N towards Sacramento
Exit CA-120 E towards Modesto/Sonora
Exit 99 South towards Modesto
Exit Fulkerth Rd
Right N Golden State Blvd

## Left West Canal

School is on the right

## From Sacramento/Reno

Take I-5 S towards Los Angeles
Exit 120 E towards Tracy/Stockton
Exit CA-120 E towards Modesto/Sonora
Exit 99 South towards Modesto
Exit Fulkerth Rd
Right N Golden State Blvd
Left West Canal
School is on the right

## SATURDAY May 24, 2014: Events Schedule

NOTE: Saturday 80/100/110 hurdle events will be run as finals if no heats are required
No false starts for Intermediate girl/boy and Young women/men. Subbantam, bantam, midget and youth age groups are still allowed one false start.

## TRACK EVENTS 8:30AM

3000 meter run finals
200 meter trials
800 meter finals
1500 meter race walk
finals
3000 meter race walk
finals
200 meter finals
80 meter hurdle trials
100 meter hurdle trials
100 meter hurdle trials
110 meter hurdle trials
400 meter run finals

G/B 11-12, G/B 13-14, G/B 15-18
G/B 8 Under through 15-18
G/B 8 Under through 15-18
G/B 11-12, G/B 13-14
G/B 13-14 and G/B 15-18
G/B 8 Under through 15-18
G/B 11-12
G 13-14 and 15-18
B 13-14
B 15-18
G/B 8 Under through 15-18

FIELD EVENTS- Saturday 8:30AM

| Event | Age Group | Time |
| :---: | :---: | :---: |
| Javelin | G 13-14 | 8:30am |
| Javelin | B 13-14 | Rolling Schedule |
| Javelin | G/B 15-18 |  |
|  |  |  |
| Shot Put | G/B 8 Under | 8:30am |
| Shot Put | G/B 9-10 | Rolling Schedule |
| Shot Put | G/B 11-12 |  |
| Shot Put | G/B 13-14 |  |
| Shot Put | G/B 15-18 |  |
|  |  |  |
| High Jump | G/B 15-18 | 8:30am |
| High Jump | B 13-14 | 8:30am |
| High Jump | G 13-14 | Rolling Schedule |
|  |  |  |
| Long Jump | G/B 8 Under | 8:30am |
| Long Jump | G/B 9-10 | Rolling Schedule |
| Long Jump | G/B 11-12 |  |
| Long Jump | G/B 15-18 |  |
|  |  |  |
| Triple Jump | G 13-14 | After Long Jump |
| Triple Jump | B 13-14 |  |
| Triple Jump | G/B 15-18 |  |

## SUNDAY May 25, 2014: Events Schedule

## TRACK EVENTS 8:30 am

1500 meter run finals
100 meter trials
**Ages 2-6 50m Race 200 meter hurdle finals 400 meter hurdle finals $4 \times 100$ relay finals $4 \times 800$ relay finals 80 meter hurdle finals 100 meter hurdle finals 100 meter hurdle finals 110 meter hurdle finals 100 meter finals
$4 \times 400$ meter relay finals

8 Under through 15-18
8 Under through 15-18
NO Registration Needed
G/B 13-14
Men 15-18
8 Under through 15-18
G/B 11-12, G/B 13-14, G/B 15-18
G/B 11-12
G 13-14 and 15-18
B 13-14
B 15-18
8 Under through 15-18
8 Under through 15-18

8:30
Rolling Schedule
**Finals if needed for all Hurdle events

FIELD EVENTS- Sunday
8:30AM

| Event | Age Group | Time |
| :--- | :--- | :--- |
| Discuss | G/B 15-18 | 8:30am |
| Discuss | G/B 11-12 |  |
| Discuss | G 13-14 | Rolling Schedule |
| Discuss | G 13-14 |  |
|  |  |  |
| Long Jump | G 13-14 | 8:30am |
| Long Jump | B 13-14 | Rolling Schedule |
|  |  |  |
| High Jump | G/B 11-12 | 8:30am |
| High Jump | G/B 9-10 | Rolling Schedule |
|  |  |  |
| Mini Javelin | G/B 11-12 | 8:30am |
| Mini Javelin | G/B 9-10 | Rolling Schedule |
| Mini Javelin | G/B 8 Under |  |

