## Stanford R.C. Track Events All-Comers Sunday, May 18 - Palo Alto High School

Corner of El Camino & Embarcadero (across the street from Stanford Stadium)

Gates open at 12:00PM Events start at 1:00PM concluding around 5:00PM at the latest

Participants: All ages and abilities welcome

youth through masters: unattached, high school, college athletes welcome

**Entry fee:** \$7 for athletes, \$2 for spectators

Registration: on site...no pre-entries

## Order of events (rolling schedule, Women's followed by Men's):

100m dash

4x800m relay

200m dash

3200m run

400m dash

1600m run

800m run

4x400m relay

Full-automatic timing by an experienced Lynx timer USATF Sanctioned fund raiser for the <u>Stanford Running Club</u>

Further Information: Contact Zach Weinstein zacharyw@stanford.edu