



Pacific Association
Grand Prix One-Hour Postal
USATF Western Regional
One-Hour Postal



Hosted by: **Marin Race Walkers**
Sunday, April 6, 2014

TIME: **9:00 AM** (Number pick-up and race day registration from 7:30 AM to 8:30 AM)

VENUE: College of Marin Track, Kentfield, CA

COURSE: Certified 400 meter track – **(no curb on inside lane)**

ENTRY FEE: **Pre-registration: \$35 (Postmarked by March 28) – checks payable to Marin Race Walkers**
Race Day: \$45

ELIGIBILITY: This is a judged race, all are welcome, but only PA/USATF registered athletes are eligible for PA awards and Grand Prix Points. **(PA/USATF registration available on-line at www.pausatf.org)**

DIVISIONS: M/F 60+, 50-59, 40-49, 20-39, 16-19, 13-15, 12 & under

INFORMATION: Sandy Backer, (Phone) 415-663-8677 / E-mail: sandy.backer@att.net

DIRECTIONS: **From Highway 101 (North & South)**

Take San Anselmo/Kentfield off ramp, drive west on Sir Francis Drake Blvd., turn left on College Ave. and left at Woodlands gas station into campus parking lot. Track straight ahead.

VOLUNTEERS: Needed - Lap Counters, Check-In, Aid Station, etc. – **Contact Sandy if you can help**



Mail Pre-Race Entries to: **Sandy Backer, PO Box 1256, Point Reyes Station, CA 94956**
Pre-Race Entry Fee: **\$35 Must be postmarked by March 28**
Race Day Fee: **\$45**

Athlete's Name: _____ Male: Female: Age (Race Day) _____
(PLEASE PRINT)

Address: _____ Birth Date ____/____/____

City: _____ Sate _____ Zip _____ Phone # (____) _____

T&F Club Affiliation: _____ PA/USATF # _____
(Optional) (Mandatory for PA/USATF Grand Prix Events)

Waiver:

By signing below, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge the Marin Race Walkers, Pacific Association, College of Marin Track Authorities, the race director(s), organizers, volunteers, officials and the USATF from any and all claims or liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this event. I further attest that I am physically fit and have trained to participate in this event. All athletes entered in any USATF sanctioned competition are subject to drug testing in accordance with USATF & IAAF rules.

Signature: _____ Date: _____

(Signature of parent or guardian if under 18)