

**2014 USA Outdoor Track & Field Championships  
Sacramento, California**

**California Entrants**

**100m Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Jared	Ware	Meniffee	CA	28	
SoCal	Just'N	Thymes	Riverside	CA	20	
SoCal	Remontay	McClain	West Covina	CA	21	

**200m Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Bryshon	Nellum	Los Angeles	CA	25	
SoCal	Gil	Roberts	Los Angeles	CA	25	
SoCal	Just'N	Thymes	Riverside	CA	20	
SoCal	Remontay	McClain	West Covina	CA	21	

**400m Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Josh	Mance	Los Angeles	CA	22	
SoCal	Bryshon	Nellum	Los Angeles	CA	25	
SoCal	Gil	Roberts	Los Angeles	CA	25	
Central Cal	Michael	Taylor	Reedley	CA	20	
Central Cal	Akeem	Alexander	Visalia	CA	19	

**800m Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Christopher	Low	Canyon Country	CA	21	Long Beach St.
SoCal	Gabriel	Hilbert	La Palma	CA	22	
SoCal	Ryan	Martin	Lake Forest	CA	25	Asics
Pacific	David	Torrence	Oakland	CA	28	Nike
SoCal	Brandon	Johnson	Riverside	CA	29	

**1500 Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	AJ	Acosta	Berkeley	CA	26	
Pacific	David	Torrence	Oakland	CA	28	Nike
Ozark	Tommy	Schmitz	Santa Barbara	CA	30	Speed Factory Athletics

### **5000m Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	Erik	Olson	Novato	CA	22	Stanford

### **10,000 Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Christopher	Enriquez	Long Beach	CA	20	Long Beach St.

### **100m Hurdles Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Jason	Richardson	Inglewood	CA	28	adidas
SoCal	Aleec	Harris	Los Angeles	CA	23	Southern California
SoCal	Ryan	Wilson	Los Angeles	CA	33	
Pacific	Ray	Stewart	Oakland	CA	25	
San Diego-Imperial	Ronald	Brookins	San Diego	CA	24	
Pacific	Kevin	Craddock	San Pablo	CA	27	

### **20K Racewalk Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	John	Nunn	Bonsall	CA	36	U.S. Army
San Diego-Imperial	Nick	Christie	El Cajon	CA	22	Missouri Baptist
San Diego-Imperial	Emmanuel	Corvera	San Diego	CA	21	

### **3000m Steeple Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	Alex	McGuirk	Mountain View	CA	22	Cal St. Chico
Pacific	Jesus	Romo	San Francisco	CA	25	New Balance Silicon Valley

### **400m Hurdles Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
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SoCal	Slater	Ezell	Fontana	CA	23
SoCal	Reginald	Wyatt	Riverside	CA	23

### **Decathlon**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Central Cal	Gunnar	Nixon	Chula Vista	CA	21	adidas
Pacific	Derek	Masterson	Placerville	CA	24	
SoCal	Thomas	FitzSimons	Santa Barbara	CA	25	Santa Barbara Track Club
SoCal	J Patrick	Smith	Santa Barbara	CA	23	Cal St. Chico
SoCal	Mike	Torie	Simi Valley	CA	28	

### **High Jump Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
N. Carolina	Darius	Purcell	Van Nuys	CA	23	

### **Hammer Throw Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Remy	Conatser	Mission Viejo	CA	23	Southern California
SoCal	Caleb	Stuart	Riverside	CA	23	UC Riverside

### **Javelin Throw Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
NY	Craig	Kinsley	Chula Vista	CA	25	New York Athletic Club (NYAC)
San Diego-Imperial	Ryan	Young	Chula Vista	CA	27	
SoCal	Benjamin	Woodruff	Redondo Beach	CA	25	
Pacific	Chris	Kirkwood	Sacramento	CA	29	
San Diego-Imperial	Sean	Furey	San Diego	CA	31	
San Diego-Imperial	Nicholas	Howe	San Diego	CA	24	Team Movin Shoes
Pacific	Jesse	Elvrom	Union City	CA	23	

### **Long Jump Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Ted	Hooper	Arcadia	CA	23	
San Diego-Imperial	Michael	Hartfield	Chula Vista	CA	24	adidas / Chula Vista Elite
San Diego-Imperial	Tyron	Stewart	Chula Vista	CA	24	Chula Vista Elite

San Diego-Imperial	Ronald	Taylor	Chula Vista	CA	23	
SoCal	Willie	Alexander	Long Beach	CA	20	Long Beach St.
San Diego-Imperial	Chris	Benard	San Diegp	CA	24	Chula Vista Elite

### **Pole Vault Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
SoCal	Dustin	DeLeo	Seal Beach	CA	28	
SoCal	Michael	Woepse	Villa Park	CA	23	

### **Shot Put Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	Joseph	Kovacs	Chua Vista	CA	24	Nike
San Diego-Imperial	Eric	Werskey	Chula Vista	CA	26	Chula Vista Elite
Central Cal	William	Irwin	Clovis	CA	22	

### **Triple Jump Men**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	Troy	Doris	San diego	CA	25	Chula Vista Elite
San Diego-Imperial	Chris	Benard	San Diegp	CA	24	Chula Vista Elite
Pacific	Eric	Sloan	Stockton	CA	20	

### **100m Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Central Cal	Jenna	Prandini	Clovis	CA	21	Oregon
SoCal	Carmelita	Jeter	Inglewood	CA	34	Nike
SoCal	Shalonda	Solomon	Inglewood	CA	28	adidas
Central Cal	Aurieyall	Scott	Los Angeles	CA	22	Nike
SoCal	Kenyanna	Wilson	Los Angeles	CA	25	
SoCal	Allyson	Felix	Santa Clarita	CA	28	Nike
SoCal	Mikele	Barber	Van Nuys	CA	33	
SoCal	Lekeisha	Lawson	Victorville	CA	27	

### **200m Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Central Cal	Jenna	Prandini	Clovis	CA	21	Oregon

SoCal	Shalonda	Solomon	Inglewood	CA	28	adidas
SoCal	Aurieyall	Scott	Los Angeles	CA	22	Nike
SoCal	Jeneba	Tarmoh	Los Angeles	CA	24	Nike

**400m Women** All CA's Scratched

**800m Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	Alysia	Montano	Berkeley	CA	28	Asics
Pacific	Maggie	Vessey	Beverly Hills	CA	32	
Central Cal	Dalanne	Zanotelli	Big Bear Lake	CA	20	
Pacific	Lauren	Wallace	Davis	CA	24	Oiselle
Pacific	Dominique	Jackson	Fairfield	CA	25	SRA Elite
Pacific	Lea	Wallace	Napa	CA	25	Nike
National	Brenda	Martinez	Rancho Cucamonga	CA	26	New Balance

**1500m Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	Amanda	Mergaert	Davis	CA	22	Oiselle
Pacific	Lea	Wallace	Napa	CA	25	Nike

**5000m Women**

Pacific	Shannon	Rowbury	San Francisco	CA	29	Nike
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**10,000m Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Pacific	Kelsey	Santisteban	Berkeley	CA	20	California
Pacific	Stephanie	Dinius	Palo Alto	CA	24	New Balance Silicon Valley
Pacific	Kim	Conley	West Sacramento	CA	28	New Balance / SRA Elite

**100m Hurdles Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	Sirena	Williams	Escondido	CA	26	
SoCal	Lauren	Blackburn	Los Angeles	CA	22	Southern California
SoCal	Dawn	Harper	Marina Del Rey	CA	30	Nike

SoCal	Nia	Ali	North Hollywood	CA	25	Nike
SoCal	Virginia	Crawford	Los Angeles	CA	30	Nike

### 3000 Steeple Women

Assoc.	First Name	Last Name	City	State	Age	Affiliation
Pacific	Megan	Rolland	Blue Lake	CA	25	Oiselle
Pacific	KaraLyn	DeWalt	Oakland	CA	25	Bay Area Track Club

### 400m Hurdles Women

Assoc.	First Name	Last Name	City	State	Age	Affiliation
SoCal	Kori	Carter	Claremont	CA	22	Nike
SoCal	MacKenzie	Hill	Long Beach	CA	28	
National	Christine	Spence	Panorama City	CA	32	Nike
SoCal	Lashinda	Demus	Toluca Lake	CA	31	

### Discus Throw Women

Assoc.	First Name	Last Name	City	State	Age	Affiliation
Central Cal	Alex	Collatz	Bakersfield	CA	21	Southern California
Oregon	Elizabeth	Podominick	Chula Vista	CA	29	
San Diego-Imperial	Beth	Rohl	Chula Vista	CA	23	Chula Vista Elite
Pacific	Stephanie	Brown Trafton	Galt	CA	34	Nike
Pacific	Jere	Summers	Hayward	CA	27	
SoCal	Tera	Novy	Los Angeles	CA	20	Southern California
SoCal	Whitney	Ashley	Moreno Valley	CA	25	
Pacific	Summer	Pierson	Sunnyvale	CA	35	

### Heptathlon Women

Assoc.	First Name	Last Name	City	State	Age	Affiliation
SoCal	Allison	Reaser	El Segundo	CA	21	San Diego St.
SoCal	Shana	Woods	Long Beach	CA	25	
SoCal	Sharon	Day-Monroe	Los Angeles	CA	29	Asics
SoCal	Kiani	Profit	Pasadena	CA	24	Maryland
SoCal	Barbara	Nwaba	Santa Barbara	CA	25	Santa Barbara Track Club

### High Jump Women

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Florida	Maya	Pressley	Chula Vista	CA	23	
SoCal	Tiana	Wills	Moreno Valley	CA	24	
SoCal	Alexis	Walker	Pasadena	CA	21	UCLA
San Diego-Imperial	Linda	Rainwater	San Diego	CA	25	Team Movin Shoes
Pacific	Susan	Jackson	Yountville	CA	24	

### **Hammer Throw Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	Jessica	Cosby Toruga	El Cajon	CA	32	Nike
Pacific	Amy	Haapanen	Manteca	CA	30	
San Diego-Imperial	Britney	Henry	San Diego	CA	29	Oiselle
Pacific	Meagan	McKee	San Jose	CA	22	Weight City
N. England	Lisa	Wilson	Santa Ana	CA	26	Greater Boston Track Club

### **Javelin Throw Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
NY	Brittany	Borman	Laguna Niguel	CA	24	Nike /NYAC
N. England	Leigh	Petranoff	Vista	CA	25	

### **Long Jump Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
San Diego-Imperial	Brittney	Reese	Chula Vista	CA	27	
SoCal	Shana	Woods	Long Beach	CA	25	
Pacific	Malaina	Payton	Oakland	CA	22	California
National	Toni	Smith	San Diego	CA	29	
Pacific	Alitta	Boyd	Union City	CA	22	

### **Pole Vault Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
Illinois	Melissa	Gergel	San Luis Obispo	CA	25	Team Pacer
SoCal	Megan	Jamerson	Trabuco Canyon	CA	28	

### **Triple Jump Women**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>
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San Diego-Imperial	April	Sinkler	Chula Vista	CA	24
SoCal	Blessing	Ufodiana	Manhattan Beach	CA	32
National	Toni	Smith	San Diego	CA	29
Pacific	Alitta	Boyd	Union City	CA	22

**SCRATCHES**

<i>Assoc.</i>	<i>First Name</i>	<i>Last Name</i>	<i>City</i>	<i>State</i>	<i>Age</i>	<i>Affiliation</i>	<i>Event</i>
SC	Jeneba	Tarmoh	Los Angeles	CA	24	Nike	100
SC	Allyson	Felix	Santa Clarita	CA	28	Nike	400
SC	Amy	Weissenbach	Los Angeles	CA	20	Stanford	800
PA	Shannon	Rowbury	San Francisco	CA	29	Nike	800
PA	Shannon	Rowbury	San Francisco	CA	29	Nike	1500
PA	Kelsey	Santisteban	Berkeley	CA	20	California	5000
SC	Deena	Kastor	Mammoth Lakes	CA	41	Asics	10000