

PAUSATF 20K Championships and 5K, Carmichael, CA, November 18, 2012

20K PAUSATF Championship Results:

First Name	Last Name	Age	Sex (M/W)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Mark	Green	56	M	Pegasus	yes	1:54:32	M1	79.41%	1
Alex	Price	30	M	PRO	yes	1:59:35	M2	64.70%	4
Joe	Berendt	57	M	Sierra	yes	2:18:37	M3	66.18%	3
Karen	Stoyanowski	57	W	Sierra	yes	2:26:30	W1	71.59%	2

Note: there were no DQ's, but one athlete did not finish the race

5K Race Results:

First Name	Last Name	Age	Sex (M/W)	Team	USATF Pacific Association?	Time	Place by speed	Age Graded %	Place by Age Graded %
Garland	Murphy	65	M	Marin	yes	38:52	M1	60.80%	4
Mary	Baglin	65	W	PRO	yes	34:53	W1	75.34%	2
Doris	Cassels	73	W	Marin	yes	36:48	W2	80.23%	1
Melissa	Woodburn	59	W	Marin	yes	38:13	W3	63.93%	3

Team Results: No team had the minimum 3 competitors to score points in the team grand prix in this race.

It rained heavily the night before, but the weather was calm, about 65F, and mostly sunny throughout the race, excellent racing weather. The race course in William Pond Park is an asphalt 1-kilometer loop, with a slight uphill in the middle and a downhill finish.

Judges: Sandy Backer (chief judge), Trish Caldwell, Ajay Padgaonkar, Dick Petrucci, Beth Price, and Jon Price

Race director: Ann Gerhardt

And numerous other volunteers - starter, timers, recorder, runner, lap counters, ... without whom this race would not have been possible.

Team Name Glossary:

Marin = Marin Race Walkers

Oak Hill = Oak Hill Racing

Pegasus = Pegasus Athletic Club

PRO = Pacific Racewalkers Organization

SCTC = Santa Cruz Track Club

Sierra = Sierra Race Walkers

SSS = Silver State Striders