



2012 All-Comer Track & Field Meets

Sept. 16th, Oct. 14th, Nov. 11th, Dec. 9th

Mens & Womens Decathlon Sept 15/16th

Divisions: High School and Open (Junior High, Open, Masters, Men & Women athletes)

Location: College of Marin's Eight lane, all weather track at the Kentfield Campus

Start time: Registration at the gate – 11 AM, Field Events – Noon, Running Events - 1 PM

Events/timing: Events schedule may vary slightly. FAT timing provided.

Track:

100/110mHH

3000m

400m

100m

800m

40yd Football Sprint

1500m

4 x 200m relay

Field:

Pole Vault

High Jump

Long Jump

Triple Jump

Shot Put

Discus

Javelin

Weight

Mens & Womens Decathlon Saturday Sept 15 and Sunday Sept 16 requires advance entry.

Decathlon entries limited. Register with Don Oliver mytc.coach@gmail.com

Hosted by College Of Marin Track & Field and Marin Youth Track Club.

Meet will be conducted under USATF rulings. Spike limitations on this track are 3/16" -1/4".

There are no locker room facilities open. Restrooms are available.

\$5.00 per athlete (unlimited events) Decathlon \$35 per athlete

\$3.00 per spectator/coach/children 12 and under

Questions: Contact George Adams – george.adams@marin.edu 415-485-9669