



Usatf Region 14 youth cross country championship 2011.

Meet director:

Tikee Miller

Address:

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Bakersfield CA 93387

Phone: 661-444-6654

E-mail: tikeemiller@yahoo.com

Lawrence watson

Lawrencewatsonus@yahoo.com

661 3168357

Regional Director:

David lawrence

dlaw222@aol.com

November 27, 2011 sunday

Location:

Live oak park

600 N laspina

Tulare, ca 93274

Here are the directions
From Sacramento/Fresno:

South 99

Take exit 88 for Prosperity Ave/ Blackstone St Slight Left onto N. Blackstone St.
Take the 1st left onto E. Prosperity St.
Take the 3rd Right onto N Laspina St.
Live Oak Park

From Bakersfield

North 99

Take exit 87 - 137/Tulare Ave
Turn Right onto E Sierra Ave
Take 2nd left onto S. Laspina St.
Live Oak Park

Cost: \$15.00 per athlete
Entry deadline :November 22,2011
Start: 8:30 am course walk

9:00 am first race start
(sub-bantams first. See schedule below).
Package pick up: race numbers available the morning of the race.

Awards: medals to top 20 athletes.
Plaques to the top team in each division.
Top 25 athletes, top 3 clubs from association advance to region 14 cross country championship.

Top 20 athletes, top 3 clubs from Usatf region 14 youth cross country championship advance to Usatf national junior olympics youth cross country championship.

2k sub-bantams*	2003 or later
3k bantams	2001- 2002
3k midgets	1999-2000
4k youths	1997-1998
5k intermediates	1995-1996
5k young men women*	1993-1994

Teams/ scoring:

Usatf clubs. Team member must be from the same association and club.

No more than 8 or less than 5 athletes may be declared by a team (the first 5 declared members of each team shall count in that team's score).

Course: rolling hills on grass and varying dirt paths. The Weather is usually in 50's and 60's.

Waivers for high school athletes.
Request for waivers must be made To:
Regional Director
David Lawrence, dlaw222@aol.com

How to register for the meet:

*(get an Usatf membership at www.central-california.usatf.org Pacific association athletes at pa.youthvicechair@yahoo.com) or davidbayliss@yahoo.com
*New athletes need to verify their age (email your 2011 usatf number and birth certificate to Tikee miller at tikeemiller@yahoo.com or Orlando Daniels at orlando@customizedsvcs.com) (If you get an error message he did get the email).
Pacific association athlete at pa.youthvicechair@yahoo.com or davidbayliss@yahoo.com

*Register for meet at coach o:

How to Register

(2011 November 27, Sunday) :

Usatf region 14 Junior Olympics cross country Championships. Click below.

http://usatfregistration.com/meet/entry/ca_usaxcregion14/

* all athletes must print the Usatf waiver form from Coach O (signed by athlete) (parent must sign waiver also, if athlete is 17 years and younger) bring the waiver to the meet.

* Athlete will not be able to participate if they do not have a signed waiver.

Top 20 athletes, top 3 clubs from Usatf region 14 youth cross country championship advance to Usatf national junior olympics youth cross country championship.

Advancement information will be given at regional meet in Tulare.

Course map will be at the administrative table.

Protest at administrative table.

Protest in writing and directed to Lawrence Watson. Fee \$50.00. Fee refund if upheld. Only violation of Usatf 2011 rules. Judgement calls of officials cannot be protested.