



## Stockton Saints 4<sup>th</sup> Annual Track Meet

Date	Time	Site	Age Divisions
April 30 2011	8:30 A.M. Start	A.A. Stagg High School	Sub-Bantam 2003 to Later
Package pick up	7:30 A.M.	1621 Brookside Road	Bantam 2001 to 2002
	<b>First Call 30 min before start</b>	Stockton, CA 95207	Midget 1999 to 2000 Youth 1997 to 1998 Open 1993 to 1996

<b>Meet Director:</b>	<b>If you have any questions, contact Alicia Kirton-Loung at 209-922-4503 or email <a href="mailto:akloung@yahoo.com">akloung@yahoo.com</a></b>
<b>Entry Fee:</b>	\$6.00 per athlete. Entry fees are not refundable.
<b>Entry:</b>	<b>All entries will be done on-line at <u>Coach-O Entries</u>. All entries must be paid on-line. The on-line registration deadline is Midnight Wednesday April 27th. (PST) Corrections may be made by midnight April 28th, thru the meet director. After this time, there will be a \$5 charge per event for changes or additions, including those done at packet pickup. Scratches are encouraged the morning of the meet.</b>
<b>Coach's Meeting:</b>	No Mailed, Faxed, E-mail, or day of meet entries will be accepted. There will be short coach's meeting Saturday April 30th at 7:30 A.M. on the in-field at Stagg High School Track.
<b>Entry Limits:</b>	Sub-Bantam, Bantam, and Midget - three events including relays. All others - four events including relays.
<b>Facilities:</b>	Nine lanes all weather track. Runway and high jump area are all weather. Shot Put and Discus are concrete. Spikes <b>3/16</b> pyramid or less will be allowed. <b>ABSOLUTELY NO SPIKES ALLOWED ON THE IN-FIELD.</b> Tents will only be allowed in the top rows of the stands, and on the area around the track. Please do not block the announcers' booth.
<b>Awards:</b>	Medals will be awarded to the first, second and third place finishers in each event, including relays. Ribbons will be awarded to the 4th thru 8th place finishers. (this is not per heat, but per overall finals).
<b>Team Awards:</b>	Team trophies will be awarded to the first, second, and third place teams overall.
<b>Rules:</b>	Current USA Track and Field rules will govern. Only competing athletes will be permitted on the track or in-field area, except for medical emergencies.
<b>Check in Track:</b>	Two calls will be given for each event. Athletes in running events must report to the clerk of the course, ready to compete, and stay in the area. Athletes must notify the official in charge of their field event, before leaving to report to the clerk for their running event. Athletes must report back to their field event within 5 minutes of completion of their running event.
<b>Check in Field:</b>	Field event athletes will check in directly to the official in charge of their event. All contestants will be given three trials in each field event, (except the High Jump). The athletes attaining the best nine marks will advance to the finals, for three additional attempts. Each athlete will be given a maximum of 3 warm up attempts prior to the start of the event.
<b>Results:</b>	Complete results will be available on our web site @ <a href="http://eteamz.com/stocktonsaints">eteamz.com/stocktonsaints</a> .

***Absolutely no BBQ pits or dogs allowed on the campus.***

The Saints are Marching In...



# Stockton Saints Track and Field Club

## **If you need a hotel in the Stockton Area**

This is the 4 hotels that are reserved. Teams may call locations until 4/20 under Stockton Saints Track Club

### Residence Inn

3240 W. March Ln. Stockton, Ca. 95219 209-472-9800 (res:M00000001253987)

\$99 per night 10 rooms 2 bedroom kitchen, breakfast, pool

### Courtyard

3252 W. March Ln. Stockton, ca. 95219 209-472-9700 (Res:M00000001254015)

\$79.00 per night 10 rooms Queen bed, sofa sleeper, breakfast, pool

### Extended Stay

2844 W. March Ln. Stockton, CA 95219 209-472-7588

\$69.00 per night 9 rooms, queen bed, kitchen, no breakfast, no pool

### Quality Inn

2717 west march Ln. Stockton, Ca. 95207 209-478-4300

\$60.00 per night 9 rooms, Queen or 2 double, continental breakfast



**SATURDAY - Events Schedule**  
**April 30, 2011**

**NOTE:**

- No false starts for Open division. Subbantam, bantam, midget and youth age groups are still allowed one false start.

**TRACK EVENTS – 8:30 am**

1500 meter run	All age groups starting with SBG	
200 meter	All age groups starting with SBG	
800 meter	All age groups starting with SBG	
80 meter hurdle	MG, MB	
100 meter hurdle	YG, Open Female	
100 meter hurdle	YB	
110 meter hurdle	Open Male	
400 meter run	All age groups starting with SBG	
1500 meter race walk	BG, BB, MG, MB	
3000 meter race walk	YG, YB, Open Female/Men	
4x100 relay	All age groups starting with SBG	
**4x100 relay	Throwers Relay	
**4x100 relay	Parent/Coaches Relay	
50 meter	Lollipop Race (ages 2-5) (no need to register for this event)	
100 meter	All age groups starting with SBG	
4x400 meter relay	All age groups starting with SBG	

We reserve the right to start an event 30 minutes before scheduled time

**\*\* do not need to register for these events\*\***

The Saints are Marching In...



# Stockton Saints Track and Field Club

## FIELD EVENTS – 8:30 am

Event	Age Group	Time	Event	Age Group	Time
High Jump	Open Women/Men	8:30	Shot Put	Subbantam Girl/Boy	8:30
High Jump	Youth Girl/Boy		Shot Put	Bantam Girl/Boy	
High Jump	Midget Girl/Boy		Shot Put	Midget Girl/Boy	
High Jump	Bantam Girl/Boy		Shot Put	Youth Girl/Boy	
			Shot Put	Open Women/Men	
Long Jump	Midget Girl	8:30			
Long Jump	Midget Boy		Mini Javelin	Midget Girl/Boy	8:30
Long Jump	Bantam Girl		Mini Javelin	Bantam Girl/Boy	
Long Jump	Bantam Boy		Mini Javelin	Subbantam Girl/Boy	
Long Jump	Subbantam Girl				
Long Jump	Subbantam Boy		Javelin	Youth	Immed
Long Jump	Youth Girl/Boy		Javelin	Open Women/Men	After tj
Long Jump	Open Women/Men				
			Pole Vault	Youth Girl/Boy	8:30
Triple Jump	Youth Girl/Boy	immed	Pole Vault	Open Women/Men	
Triple Jump	Open Women/Men	After lj			
Discus	Midget Girl/Boy	8:30			
Discus	Youth Girl/Boy				
Discus	Open Women/Men				

*Now in effect, the Intermediate Girl / Boy and Young Women / Men age groups are no longer allowed any false starts, same as their high school rule. Subbantam, Bantam, midget and youth age groups are still allowed one false start.*

**NOTE: Coaches please check-in your athletes for all the sprints in the morning as you pick up your packages.**