



9th Annual Distance Runners, Race Walkers and Field Events Carnival



**Saturday 8:30 am June 04, 2011 at Granada High School
Livermore, California
Hosted by the Tony Williams Track Club - USATF Sanction Meet**

Please type or print legibly. Make many copies as needed for each age group.

Full USATF Club Name _____ Check this box, if your are an unattached Athlete

USATF Club Number _____ / _____ USATF Association _____ Phone #: _____

USATF Region # _____ Coach Name _____ Email: _____

DIVISION: Sub-Bantam Bantam Midget Youth Intermediate Young Open Adults **Gender:** Male Female

Entry Fees: \$6.00 per athlete: Please make check or money order payable to: Tony Williams Track Club

Send to: Tony Williams Track Club P.O. Box 1673 Patterson, Ca 95363 **Deadline mailed by 28 MAY 2011**

Questions: call (510) 206-5403 Email: tony_youth_membership_chair@yahoo.com

NO Refunds Late Registration Day of meet \$2.00 per athlete

Awards for 1st 2nd 3rd 4th 5th & 6th **Special Events: Race Walk 4x100 relay and 6 co-ed Distance relay**

Please complete entry form for each age group and gender.

Athlete Name	5000 M	3000M Race Walk	3000 M	800M	1500 M Race Walk	1500M	400M SBG/B - Bantam only	Shot Put	Discus	Javelin or Mini Jav.	LJ	TJ	HJ	PV

Volunteers working the meet: 1) _____ 2) _____

3) _____ **doing our best for the season**

Distance Runners, Race Walkers and Field Events Carnival

Please complete an entry form for each age group

TRACK EVENTS – 9:00 am

3000 meter run finals	9:00 AM	MG, MB, YG, YB, IG, IB, YW,OW
3000 meter race walk finals	9:00 AM	YG, YB, IG, IB, YW, YM,OW,OM
5000 meter run finals	9:30 AM	YM,OM
800 meter run finals	9:50 AM	All age groups starting with BG
400 meter run finals	10:45 AM	SBG,SBB, BG, BB
1500 meter race walk finals	11:15 AM	BG, BB, MG, MB
1500 meter run finals	11:30 AM	All age groups starting with BG
4x100 RACE WALKING relay finals	12 NOON	CO-ED, All Males or All Females Team
4x100 relay finals	12:10 PM	SBG, SBB, BG, BB, MG, MB ONLY!!!!
4x400 meter relay finals	12:20 PM	All age groups starting with SBG
4x800 relay finals	12:30 PM	MG, MB, YG, YB, IG, IB, YW, YM
CRAZY DISTANCE MEDLEY 6 (SIX) PERSON RELAY: 600-700-800-600-500-300 (2.25 MILES)	12:45 PM	CO-ED, All Males or All Females Team

SPECIAL NOTES:

400 Meters are for Sub-Bantam and Bantam only

FIELD EVENTS – 8:30 am – OPEN PITS

Long Jump	Triple Jump	High Jump	Shot Put	Discus	Pole Vault	Javelin	Mini Jav.
SSG	YG	BG	BG	MG	YB	YG	SBG
SSB	YB	MG	BB	MB	IB	YB	SBB
BG	IG	YG	MG	YG	YM	IG	BG
BB	IB	IG	MB	YB	YG	IB	BB
MG	YW	YW	YG	IG	IG	YW	MG
MB	YM	BB	YB	IB	YW	YM	MB
YG	OW	MB	IG	YW	OW	OW	***TWTC**
YB	OM	YB	IB	YM	OM	OM	***TWTC**
IG	***TWTC***	IB	YW	OW	***TWTC***	*TWTC*	***TWTC**
IB	***TWTC***	YM	YM	OM	***TWTC***	*TWTC*	***TWTC**
YW	***TWTC***	OW	OW	TWTC*	***TWTC***	*TWTC*	***TWTC**
YM	***TWTC***	OM	OM	TWTC*	***TWTC***	*TWTC*	***TWTC**
OW	***TWTC***	***TWTC***	**TWTC**	TWTC*	***TWTC***	*TWTC*	***TWTC**
OM	***TWTC***	***TWTC***	**TWTC**	TWTC*	***TWTC***	*TWTC*	***TWTC**

SPECIAL NOTES:

HIGH JUMP WILL START AT 8:50 AM

POLE VAULT WILL START AT 9:00 AM and 12NOON