

Diablo Valley College Winter All-Comer's Series Slated @ Diablo Valley College, Saturday January 2, 9, 16, 23, 30. 2:00PM

Where:	Diablo Valley College (3/16" spikes only!)
When:	January 2, 9, 16, 23, 30
Time:	2:00pm All other events, 1 st Running Event, Steeplechase (1:45pm)
Who:	OPEN, COLLEGE, MASTERS, HIGH SCHOOL AND YOUTH; BOYS & GIRLS; MEN AND WOMEN
Entry Fee:	\$6.00 PER ENTRANT, SPECTATORS \$2.00
Contact:	Head Track Coach, Daniel Cruz via e-mail at dvc412@yahoo.com
cc:	<i>ALL COACHES AND ATHLETES</i>

DIABLO VALLEY COLLEGE WILL HOST Winter ALL-COMER Track & Field Series on Saturday afternoon. Series will feature 2000 and 3000 meter steeplechase events for men and women. Last meet will be a Mile Run.

Head Coach Daniel Cruz has announced that DVC will host an all-comer track & field series with the steeplechase listed as a feature event each week. The Men and Women's Hammer Throw will also be contested at last meet (only if other activities on campus do not conflict with Hammer Throw Area). Coaches of HS and Club teams are encouraged to bring 10 or more entrants to receive a discount on entry fees. **Order of Events, Open Time Schedule (Running and Field Events), FAT (Fully Automatic Timing)**

5:45pm Steeplechase (2K or 3K)	Field Events 6:00pm
4 x 100R	LJ (Open Pit)
1500 (Mile, last meet)	HJ (5 Alive)
55M HH	PV
400	Discus (to follow SP)
100	SP
800	Triple to follow LJ
IH (300)	TJ (Open Pit)
200	Hammer (last meet)
2 Mile, 5000 last meet	
4 x 400R	