



California Golden Bears

2010 ALL-COMERS TRACK & FIELD MEETS

- Meet Dates:** January 16, February 6 & 20
- Divisions:** Youth, High School, Open, Masters, Men & Women
- Rules:** USATF
- Facility:** University of California @ Berkeley World-Class Edwards Stadium and Goldman Field
TRACK AND RUNWAY'S ARE TARTAN, AND ONLY 1/4 SPIKES WILL BE ALLOWED
- Entry Fee:** \$5/athlete & \$3/spectator (anyone who enters the stadium)
- Waivers:** All participants must sign Waiver of Liability, Assumption of Risk, and Indemnity Agreement
- Meet Info:** calmeets@gmail.com

Time Schedule & Order of Events

FIELD EVENTS

RUNNING EVENTS

| | | | |
|----------|--|----------|-------------------------------|
| 9:00 AM | Weight Throw (Jan 16 only) Hammer (Feb 6 & 20 only) | | |
| 10:30 AM | High Jump | | Rolling Schedule |
| 11:00 AM | Shot Put | 11:00 AM | 400m Relay |
| | Long Jump followed by Triple Jump | | 1500m |
| 12:00 PM | Javelin followed by Discus | | 60mHH/(110HH on Feb 20 only) |
| | Pole Vault | | 400m |
| | | | 60m/(100 on Feb 20 only) |
| | | | 800m |
| | | | 300mIH/(400IH on Feb 20 only) |
| | | | 200m |
| | | | 3200m |
| | | | 1600m Relay |

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