

# Lake Tahoe Masters Track & Field Meet (30& up) Pacific Association USATF Masters Championships

Registration [WWW.ADSportsTahoe.com](http://WWW.ADSportsTahoe.com)

South Lake Tahoe ~ California

**Race Day Registration!! 7:00am to 12:00pm at the Track Facility**

Sunday, May 30, 2010 Start: 10:00am Field / 11:00am Running

Name \_\_\_\_\_

Gender: Male or Female      Birth date \_\_\_\_\_      Age on May 30, 2010 \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ Country if not U.S. \_\_\_\_\_

Day Phone (\_\_\_\_) \_\_\_\_\_ Evening Phone (\_\_\_\_) \_\_\_\_\_

E-mail: \_\_\_\_\_

Welcome to the Lake Tahoe Masters Track & Field Meet hosting 2010 Pacific Association USATF Masters Championship in South Lake Tahoe, CA	1 <sup>st</sup> Event \$20.00	2 <sup>nd</sup> Event \$10.00	3 <sup>rd</sup> Event \$10.00	4 <sup>th</sup> Event FREE!	TOTAL FEE
<b>Entry Fee post marked by Tuesday, 25 May 2010</b> <b>Race Day Registration 7:00am- 12:00pm</b>	<b>Race Day \$30.00</b>	<b>Race Day \$10.00</b>	<b>Race Day \$5.00</b>	<b>Race Day \$5.00</b>	
<b>Throws Events (List one event per box)</b> Shot Put, Discus, Hammer & Javelin added May 24, 2010 at Whittell HS , Zephyr Cove, NV (15 min from Track Facility) <i>(Age weight specifications (3 attempt/reorder final 3))</i>					
<b>Jumps Events (List one event per box)</b> LJ, TJ, HJ, PV <i>(3 attempt/reorder final 3 LJ/TJ)</i>					
<b>Running Events (List one event per box)</b> 100m, 200m, 400m, 800m,					
<b>Distance Events (List one event per box)</b> 1500m, 3000m, 5000m					
<b>Hurdle Events (List one event per box)</b> 80m-W/M, 100m-W/M, 110m-M, 300/400m-W/M					
<b>Race Walk (List one event per box)</b> 1500m, 3000m, <i>(Starts simultaneously TBA)</i>					
<b>Exhibition Relays (Bring your team or team with new friends at the Lake Tahoe Masters Meet)</b> 4x100m & 4x400m (Open) <i>FREE! if entered in 1 event</i>	1 <sup>st</sup> Event \$20.00	<b>Free Relay!</b>	<b>Free Relay!</b>	<b>Free Relay!</b>	
<b>Post Meet Dinner Party 6:30pm</b> Mo's Place Pub-Grill-Sports 3600 Lake Tahoe Blvd, next to Super 8 Motel. <b>No Host Bar &amp; Dinner Menu</b> <b>10% off with Post Race Drink Specials!</b>					
<b>T- Shirt (List Size)</b> <b>XS – S – M – L – XL – XXL (Add \$3.00)</b>	\$15.00 each				
<b>Total Fees Due:</b> Check Payable to Lake Tahoe Track Club					

Pre-Race Registration post marked by Tuesday, 25 May 2010

**Payable to: Lake Tahoe Track Club, PO Box 5941, Stateline, Nevada 89449**

Race Day Registration!! 7:00am to 12:00pm at the Track Facility

Do not mail any entries after Tuesday, 25 May 2010. Register Race Day!

Total \$ \_\_\_\_\_ Check # \_\_\_\_\_ Date \_\_\_ / \_\_\_ / \_\_\_

Mail entry and check to: Lake Tahoe Track Club, PO Box 5941, Stateline, Nevada 89449

Waiver: Must be signed by all entrants. I know that running a track race or competing in jumping and throwing events are potentially hazardous events. I am medically able and properly trained for these events which will be conducted between 6200' and 6500' elevation. I assume all risks associated with competing in any of these events including, but not limited to, fall, contact with other participants, effects of weather including heat and humidity, cold and ice, effects of altitude, facility conditions, all such risks of competing being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of acceptance of my entry I, for myself, and heirs, executor, or anyone entitled to act on my behalf, waive and release all race sponsors, officials, volunteers, employees, the City of South Lake Tahoe, County of El Dorado, States of California and Nevada, Lake Tahoe Unified School District, the Lake Tahoe Visitors Authority, the Lake Tahoe Track Club, Anthony Davis Sports Tahoe, and all government entities, and any of their representatives and successors from all claims or liabilities of any kinds arising out of my participation in this event. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. I grant my permission to all of the foregoing to use any photographs, motion pictures, video or sound recordings, or any other record of this event for any legitimate purpose. There are no refunds for any reason including the cancellation of the event. The meet schedule is subject to changes by meet management. I will enjoy the scenery and competition. I will check for changes and updates on the internet web site at [www.adsportstahoe.com](http://www.adsportstahoe.com).

Signature: \_\_\_\_\_ Date: \_\_\_\_\_ All entrants must sign  
waiver (parent/guardian if under 18).

**Lodging Information:**

Super 8 Motel [www.super8tahoe.com](http://www.super8tahoe.com)  
Mo's Place (post Meet Dinner Party 6:30pm)

Best Western Station House Inn [www.stationhouseinn.com](http://www.stationhouseinn.com)

Lakeland Village [www.lakeland-village.com](http://www.lakeland-village.com)

To find the above visit the Lake Tahoe Visitors Authority  
web site: [www.bluelaketahoe.com](http://www.bluelaketahoe.com)