

# 2010 BRENTWOOD ALL-COMERS

**Located @ Heritage HS** 101 American Ave, Brentwood, CA 94513

Dates: Saturday, July 17<sup>th</sup> and 24<sup>th</sup>

Divisions: Bantam, Midget, Youth, Intermediate, Young M/W, Open

Track: 8 Lane All-Weather Track

Fee: \$5 for athletes (unlimited events), \$2 for spectators

*Note: USATF rules are in effect. Free parking is available on campus. Snack Bar will also be available. Gates open at 8:30 AM. Long Jump will only be contested on Saturday, July 17<sup>th</sup>, while the Triple Jump AND High Jump will only be contested on Saturday, July 24<sup>th</sup>. Meet will have a rolling schedule.*

## Running Events Order

(starts @ 9:30am)

3000M RUN

4X100M RELAY

800M RUN

200M

80M HURDLES

100M HURDLES

110M HURDLES

400M

100M

1500M

4X400M RELAY

## Field Events Order

(starts @ 10am)

LONG JUMP

(Open-Young M/W, Intermediate,  
Youth, Midget, Bantam)

SHOT PUT

(Bantam, Midget, Youth,  
Intermediate, Young M/W-Open)

DISCUS

(Open-Young M/W, Intermediate,  
Youth, Midget)

\*TRIPLE JUMP / HIGH JUMP

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