

Umoja Track Club

"...Not Just Track & Field, It's A Way Of Life"



Youth Cross Country Meet Sunday, October 11, 2009 USATF Sanctioned

- LOCATION:** Montgomery Hill Park, Yerba Buena @ Villa Vista Rd., east of Evergreen Valley College
- TIME:** 8:00 a.m. – Registration
9:00 a.m. – Course walk through
10:00 a.m. – Sub-Bantams race begins (after the last runner has completed the race for this age division the next age division, Bantam, will commence and so on)
- AWARDS:** Ribbons will be awarded for 1st - 6th place in each age group. Some races may be combined (depending on the number of runners), but the results and awards will be determined by sex and age group.
- AGE GROUPS/
DISTANCE:**
- | | | |
|--------------|--------------------|-------|
| Sub-Bantam | Born 2001 or later | 2000m |
| Bantam | Born 1999-2000 | 3000m |
| Midget | Born 1997-1998 | 3000m |
| Youth | Born 1995-1996 | 4000m |
| Intermediate | Born 1993-1994 | 5000m |
| Young | Born 1991-1992 | 5000m |
- COST:** \$6.00 per athlete
- REGISTRATION:** Pre-registration requested but same day registration available. Please use the form attached or supply information requested in form when mailing or emailing. Send cash, checks, or money orders; make checks or money orders payable to Umoja Track Club. Mail to:
Umoja Track Club
P.O. Box 2762
Santa Clara, CA 95055
- ADDRESS/
DIRECTIONS:** **3095 Yerba Buena Rd. San Jose, CA**
From US-101, Interstate 280/680 Interchange
1. Head south on US-101 / Los Angeles go 3.1 miles
2. Keep RIGHT onto Ramp (Capitol Expwy / Yerba Buena Rd)
3. Turn LEFT (North-East) onto Yerba Buena Rd go 3.3 miles
4. Park and parking is on the left
- QUESTIONS:** Blanca 408-386-1720 or Email: blanca_27@yahoo.com

