



A STAR ALLIANCE MEMBER



~ 2nd Annual ~

CORPORATE EKIDEN RELAY

**Saturday, March 7th, 2009, 10:00 AM
Golden Gate Park, San Francisco**

30th Ave & Kennedy Drive, Lindley Meadow,
a quarter of a mile East of Spreckles Lake

Four member corporate relay teams each run a scenic two mile cross country course in Golden Gate Park, passing a colorful satori sash at the end of each relay leg. Men's, women's and co-ed divisions.

Over \$20,000 in random and other prizes!

Random team prizes: Economy round trip tickets from San Francisco to Tokyo are drawn from each team division: Male, Female, Co-ed (6 total tickets, 2 each division).

Random individual prize: One winner of two economy round trip tickets on ANA from San Francisco to Tokyo from all individuals in the race who put their business card in the proverbial "fish bowl".

Fastest team prizes: Fastest team in each category gets a \$100 American Express Certificate and reservations for two at a Hilton Hotel in SF for one night.

Free Picnic Breakfast, Souvenir T-shirt, Great prizes!

Team Criteria: All runners on a team must work for the same corporation. Sorry, no school or club teams.

Register on Active.com, search for "ANA Corporate" direct link: (closes February 28, 2009, 11:59 p.m.)

http://www.active.com/page/Event_Details.htm?event_id=1634642&assetId=34502701-f925-4c36-b5ae-8407457b6047

Mail-in registration: Mail application below to 4475 23rd St. #4, SF, CA 94114. Must be received by Saturday, February 28.

Only \$100 for each four person team. Each company can enter one team per division. A captain fills out and pays for each team entry on web site.

Contact: Tim Wason, President, SF Running & Walking - 415-647-2276/ tim@sfrunning.com. Referrals are most appreciated!

Benefits: Girls on the Run, a non-profit prevention program that encourages preteen girls to develop self-respect and healthy lifestyles through running. www.gotrbyarea.org



Race is run rain or shine, and there are no refunds if the race is contested. Sponsor reserves the right to cancel the event if there are not enough teams, in which case team fees will be refunded.

Corporate Ekiden Relay - Mail-in application (Entry must be received by Saturday, Feb. 28, 2009)

Team Criteria: All runners on a team must work for the same corporation. Sorry, no school or club teams.

Corporate/Company Team Name: _____ (Apple, Google, etc)

Division: Male (4 men) Female (4 Women) Co-ed (2 Men, 2 women) A Company may enter only one team in each division.

Each team member must sign his or her own form below and team captain sends all four team forms together with total check payment of \$100 payable to **SF Running & Walking**, at this address: 4475 23rd Street #4, San Francisco, CA 94114, call (415) 647-2276 for questions. See website on **Active.com** above for more information, including course map, search for "ANA Corporate".

Name _____ **Title** _____

Business Address _____

Business Phone _____ **Email** _____

I am team captain, and our runners will be running in this order:

1 _____ 2 _____ 3 _____ 4 _____ (put captain's form on top of team and clip all team members forms together)

WAIVER: The following must be signed to enter the race. Runners must be current employees at your business. In consideration of your accepting my entry, I, intending to be legally bound, do hereby for myself, my heirs, executors and administrators waive and release forever any and all rights and claims or damages I may accrue against any and all organizations, sponsors, and/or individuals connected with this event, including The City and County of San Francisco, the San Francisco Parks and Recreation Department, San Francisco Running & Walking, ANA, All Nippon Airways, their representatives, successors and assigns for any and all injuries suffered by me in connection with this event including pre and post race activities. I understand the course is a marked cross country course, which will include a variety of surfaces and terrains, including dirt, grass, gravel, and uneven surfaces, and a log jump. I have sufficiently trained for this event, and assume all risks inherent to the event, including the risk of injury or death. Participation in this event constitutes acceptance of these risks.

I also understand that ANA may contact participants to notify them of services and products offered by ANA. Information collected will not be shared in any manner with any outside company. I also agree that images taken at the event may be used without individual permission for publicity and marketing purposes for future events.

Signed _____ **Date** _____