

USATF Masters Track & Field Championships - 6/13/2009

Pacific Association - 2009

Prairie City Stadium (Folsom, CA)

Meet Program

Event 2 Men 10000 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Robert Qualls	M57 Golden West	NT
2	Sylvester Coons	M35 Pacific Stri	NT

Event 3 Women 5000 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Carmel Papworth-Barnum	W43 unattached	19:07.00

Event 4 Men 5000 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Pip Smith	M53 Golden West	21.44
2	Michael Houar	M53 Nike Fleet F	18:29.00
3	Andy Harris	M49 River City R	21:09.00
4	Sylvester Coons	M35 Pacific Stri	NT
5	Robert Qualls	M57 Golden West	NT
6	Mike Hochderffer	M56 unattached	NT

Event 5 Men 5000 Meter Race Walk

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Joseph Ols	M45 unattached	NT

Event 6 Women 80 Short Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Liz Palmer	W48 Golden West	12.67

Event 7 Men 80 Short Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Gary Henderson	M70 unattached	18:00.00

Event 9 Men 100 Short Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
3	Roger Parnell	M60 Golden West	NT
4	Ronald Bolling	M57 unattached	15.56
5	John Newman	M50 unattached	17.00
6	Byron Duhon	M51 unattached	14.10
7	James Cameron	M63 unattached	NT

Event 10 Men 110 Short Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
4	Joseph Ols	M45 unattached	19.51
5	Rod Jett	M42 unattached	14.61
6	Richard Holmes	M42 unattached	16.34

Event 12 Women 800 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Mary Woo	W47 Nike Fleet F	NT

Event 13 Men 800 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 2 Finals			
1	William Brusher	M57 Pacific Stri	2:38.30

Lane Name	Age	Team	Seed Time
Section 2 of 2 Finals			
2	Fred Martin	M65 unattached	2:26.00
3	Frank Condon	M66 Golden West	2:27.00
4	Charles Lawson	M65 unattached	2:34.00
5	Abner Greene	M70 unattached	2:47.77
6	Irwin Faria	M77 Golden West	NT

Event 18 Women 400 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Debbie Zakerski	W47 unattached	1:07:00.00
6	Mary Woo	W47 Nike Fleet F	NT

Event 19 Men 400 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 3 Finals			
2	Matthew Spiller	M38 Tri-Valley A	NT
3	Sam Kumar	M42 unattached	NT
4	Rand Crippen	M46 unattached	NT
5	Matt Devine	M42 unattached	50.78
6	Donald Kalman	M45 unattached	59.39
7	Jeff Lawrence	M47 unattached	1:00.10
8	Tommy Baker	M47 unattached	1:02.80
9	Joseph Ols	M45 unattached	NT
10	Scott Claar	M39 unattached	NT

Section 2 of 3 Finals

Lane Name	Age	Team	Seed Time
Section 2 of 3 Finals			
3	Hal Tacker	M54 Nike Fleet F	NT
4	Parker White	M57 Nike Fleet F	1:05.23
5	Dan Weiser	M51 Nike Fleet F	1:00.60
6	Reginald Duhe	M54 unattached	59.00
7	David Kalb	M55 Golden West	1:06.70
8	Kevyn Renner	M52 unattached	1:08.00
9	Steve Hardison	M58 Golden West	NT

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Section 3 of 3 Finals...(Event 19 Men 400 Meter Dash)

3	Frank Condon	M66	Golden West	1:05.00
4	Matthew Pruitt	M63	Golden West	1:01.10
5	Larry Barnum	M65	unattached	59.36
6	Don Cheek	M79	unattached	1:25.93
7	Mel Brooks	M68	Golden West	NT
8	Dennis Duffy	M66	Golden West	NT
9	Frank Strouse	M68	Golden West	NT

Event 21 Women 100 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Liz Palmer	W48	Golden West

Event 22 Men 100 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 4 Finals			
1	Rand Crippen	M46	unattached
2	Joel Schlader	M41	unattached
3	Joseph Ols	M45	unattached
4	Nathan Woods	M33	Golden West
5	David Davis	M39	unattached
6	Rod Jett	M42	unattached
7	Etroy Nelson	M35	Rollout Trac
8	Dara Lon	M44	Phenom Elite
9	Rick Pruitt	M46	unattached
10	Matt Devine	M42	unattached

Section 2 of 4 Finals

1	Marty Krulee	M52	Sprint Force	11.60
2	Ronald Bolling	M57	unattached	13.28
3	John Mcnamee	M56	Golden West	12.90
4	Stephen Boland	M48	unattached	NT
5	Reginald Duhe	M54	unattached	12.60
6	Byron Duhon	M51	unattached	12.08
7	Kevin Morning	M52	unattached	12.72
8	Hulan Washington	M56	Golden West	13.01
9	Hubert Evans	M55	Golden West	12.39

Section 3 of 4 Finals

4	Donn Imrie	M59	Golden West	12.68
5	James Cameron	M63	unattached	NT
6	Roger Parnell	M60	Golden West	12.64
7	Lawrence Lettieri	M61	unattached	NT

Section 4 of 4 Finals

4	William Kaspari	M74	unattached	NT
5	Vernon Regier	M81	West Valley	18.00
6	Don Cheek	M79	unattached	16.52
7	Benson Ford	M78	unattached	16.80
8	William Ballantine	M84	unattached	NT

Event 24 Women 1500 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Lee D'Alessandro	W40	New Balance
2	Carmel Papworth-Barnum	W43	unattached
3	Zenith Gonzalez	W32	Fleet Feet E
			NT

Event 25 Men 1500 Meter Run

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
1	Jeffrey Adkins	M48	Golden West
2	Michael Houar	M53	Nike Fleet F
3	Fred Martin	M65	unattached
4	Frank Condon	M66	Golden West
5	Jim Bordon	M56	West Valley
6	Paul Tjogas	M55	Spartans Run
7	William Brusher	M57	Pacific Stri
8	Daniel O'Haver	M64	unattached
9	Matthew Spiller	M38	Tri-Valley A
10	Robert Qualls	M57	Golden West
11	Tom Bernhard	M57	New Balance
12	Irwin Faria	M77	Golden West

Event 30 Women 400 Long Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Debbie Zakerski	W47	unattached

Event 31 Men 400 Long Hurdles

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Joseph Ols	M45	unattached

Event 32 Women 200 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 1 Finals			
5	Liz Palmer	W48	Golden West

Event 33 Men 200 Meter Dash

Lane Name	Age	Team	Seed Time
Section 1 of 5 Finals			
4	Etroy Nelson	M35	Rollout Trac
5	Nathan Woods	M33	Golden West
6	David Davis	M39	unattached
Section 2 of 5 Finals			
1	Stephen Boland	M48	unattached
2	Sam Kumar	M42	unattached
3	Joel Schlader	M41	unattached
4	David Scharf	M46	Tamalpa Runn
5	Rod Jett	M42	unattached
6	Tommy Baker	M47	unattached
7	Rand Crippen	M46	unattached
8	Joseph Ols	M45	unattached
9	Jeff Lawrence	M47	unattached

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Section 3 of 5 Finals...(Event 33 Men 200 Meter Dash)

2	Reginald Duhe	M54	unattached	27.00
3	Steve Hardison	M58	Golden West	NT
4	David Kalb	M55	Golden West	28.20
5	Marty Krulee	M52	Sprint Force	23.90
6	John Mcnamee	M56	Golden West	26.00
7	Hubert Evans	M55	Golden West	26.02
8	Kevin Morning	M52	unattached	NT
9	Hulan Washington	M56	Golden West	26.60

Section 4 of 5 Finals

2	Matthew Pruitt	M63	Golden West	27.05
3	Daniel O'Haver	M64	unattached	42.13
4	Larry Barnum	M65	unattached	NT
5	James Cameron	M63	unattached	NT
6	Mel Brooks	M68	Golden West	NT
7	Frank Strouse	M68	Golden West	NT
8	Roger Parnell	M60	Golden West	26.51

Section 5 of 5 Finals

3	William Kaspari	M74	unattached	NT
4	Benson Ford	M78	unattached	33.50
5	Don Cheek	M79	unattached	34.13
6	William Ballantine	M84	unattached	NT
7	Vernon Regier	M81	West Valley	50.00

Event 39 Men Pole Vault

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Chris Holloman	M35	Reno Tahoe A	NH	
2	Gary Wuest	M63	unattached	NH	
3	Joseph Ols	M45	unattached	8-11.75	
4	John Steinman	M72	Reno Tahoe A	9-02.00	
5	Mike Hochderffer	M56	unattached	9-06.00	
6	Paul Heglar	M61	Reno Tahoe A	9-09.00	
7	Bruce Hotaling	M65	unattached	10-00.00	
8	Arthur Ribbel	M67	North Coast	10-04.00	

Event 40 Women Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Mary Woo	W47	Nike Fleet F	ND	

Event 41 Men Long Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Rand Crippen	M46	unattached	ND	
2	Tony Williams	M30	unattached	ND	
3	Gregory Zunino	M43	Reno Tahoe A	ND	
4	Lawrence Lettieri	M61	unattached	ND	
5	Mike Hochderffer	M56	unattached	ND	
6	Sam Kumar	M42	unattached	ND	
7	James Cameron	M63	unattached	ND	
8	Daniel O'Haver	M64	unattached	10-00.25	
9	Parker White	M57	Nike Fleet F	11-03.00	
10	Darrell Horn	M69	unattached	11-05.75	
11	Steven Gold	M54	Golden West	15-03.50	
12	Joseph Ols	M45	unattached	16-03.25	
13	Rick Pruett	M46	unattached	19-00.50	

Event 43 Men Triple Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Sam Kumar	M42	unattached	ND	
2	Dennis Cameron	M60	Reno Tahoe A	ND	
3	Steven Gold	M54	Golden West	28-05.75	
4	Joseph Ols	M45	unattached	32-01.00	
5	Rand Crippen	M46	unattached	33-02.00	

Event 45 Men High Jump

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Gregory Zunino	M43	Reno Tahoe A	NH	
2	Chris Holloman	M35	Reno Tahoe A	NH	
3	Gary Wuest	M63	unattached	NH	
4	Gary Henderson	M70	unattached	4-02.00	
5	Jack Squires	M64	unattached	4-04.00	
6	John Burns	M68	unattached	4-07.00	
7	Steven Gold	M54	Golden West	4-09.75	
8	Edward Baskauskas	M58	unattached	5-01.75	
9	Rick Pruett	M46	unattached	5-03.00	
10	Joseph Ols	M45	unattached	5-05.00	
11	Rand Crippen	M46	unattached	5-06.00	
12	Thomas VanZandt	M47	Beach Track	6-03.50	

Event 46 Women Hammer Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Joan Stratton	W57	unattached	ND	
2	Tyrenda Beatty	W33	Castro Valley	139-11.75	

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Event 47 Men Hammer Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Dennis Cameron	M60	Reno Tahoe A		ND
2	Larry Munski	M49	unattached		ND
3	Joseph Ols	M45	unattached	65-07	
4	Parker White	M57	Nike Fleet F	80-02	
5	Gary Kelmenson	M59	unattached	114-10.25	
6	Edward Noyes	M47	unattached	125-07	
7	Mike Curry	M42	unattached	131-05	
8	David Swan	M49	Pacific Bay	150-11.25	
9	Michael Ostrom	M44	unattached	163-08.75	
10	Nick White	M40	Golden West	166-01.50	
11	Ed Burke	M69	unattached	173-11	
12	Zechariah Whittington	M29	unattached	207-06	
13	Luke Woydziak	M32	Pacific Bay	219-10	

Event 48 Women Weight Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Joan Stratton	W57	unattached		ND
2	Tyrenda Beatty	W33	Castro Valle	45-01.00	

Event 49 Men Weight Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Michael Ostrom	M44	unattached		ND
2	Dennis Cameron	M60	Reno Tahoe A		ND
3	John Burns	M68	unattached		ND
4	Joseph Ols	M45	unattached	27-06.50	
5	Edward Noyes	M47	unattached	34-01.50	
6	Mike Curry	M42	unattached	45-03.50	
7	Gary Kelmenson	M59	unattached	47-05.00	
8	David Swan	M49	Pacific Bay	50-10.25	
9	Nick White	M40	Golden West	51-08.25	
10	Ed Burke	M69	unattached	63-07.75	

Event 50 Women Javelin Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Lisa Kinimaka	W50	Pii Track Cl	85-04	

Event 51 Men Javelin Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Chris Holloman	M35	Reno Tahoe A		ND
2	Gary Wuest	M63	unattached		ND
3	Charlie Mendoza	M51	unattached		ND
4	Rand Crippen	M46	unattached		ND
5	Gregory Zunino	M43	Reno Tahoe A		ND
6	Dennis Cameron	M60	Reno Tahoe A		ND
7	Gary Kelmenson	M59	unattached	65-07.75	
8	Joseph Ols	M45	unattached	104-05.50	
9	Mike Curry	M42	unattached	114-10.25	
10	Edward Noyes	M47	unattached	117-03.25	
11	Jim Lewis	M56	unattached	138-01.25	
12	John Burns	M68	unattached	138-09.25	
13	Randy Wilson	M51	unattached	145-10	
14	Michael Ostrom	M44	unattached	159-06.50	

Event 52 Women Discus Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Joan Stratton	W57	unattached		81-10.50
2	Tyrenda Beatty	W33	Castro Valle	135-00.25	

Event 53 Men Discus Throw

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Nick White	M40	Golden West		ND
2	Matthew Spiller	M38	Tri-Valley A		ND
3	Dennis Cameron	M60	Reno Tahoe A		ND
4	Aaron Boren	M42	Golden West		ND
5	William Harvey	M63	unattached		ND
6	Brian Spencer	M62	unattached	90-00	
7	Edward Noyes	M47	unattached	94-05.25	
8	Joseph Ols	M45	unattached	104-10.25	
9	Mike Curry	M42	unattached	105-08.50	
10	Larry Munski	M49	unattached	107-08.50	
11	David Herbert	M51	unattached	124-08.25	
12	John Burns	M68	unattached	127-08.50	
13	Gary Kelmenson	M59	unattached	128-01.75	
14	Michael Ostrom	M44	unattached	128-01.75	
15	Jim Lewis	M56	unattached	138-01	
16	Aaron Volkman	M19	unattached	148-04	
17	Randy Wilson	M51	unattached	152-05.50	
18	Bill Victorino	M60	unattached	157-02	

Event 54 Women Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Liz Palmer	W48	Golden West	28-09.25	
2	Joan Stratton	W57	unattached	29-08.00	
3	Lisa Kinimaka	W50	Pii Track Cl	32-09.75	
4	Tyrenda Beatty	W33	Castro Valle	36-02.25	

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Event 55 Men Shot Put

Pos	Name	Age	Team	Seed	Mark
Flight 1 of 1 Finals					
1	Dennis Cameron	M60	Reno Tahoe A	ND	
2	Nick White	M40	Golden West	ND	
3	William Harvey	M63	unattached	ND	
4	Aaron Boren	M42	Golden West	ND	
5	Gregory Zunino	M43	Reno Tahoe A	ND	
6	Gary Kelmenson	M59	unattached	29-06.50	
7	John Burns	M68	unattached	32-08.25	
8	Edward Noyes	M47	unattached	33-01.75	
9	Joseph Ols	M45	unattached	34-02.00	
10	Larry Munske	M49	unattached	36-03.00	
11	Michael Ostrom	M44	unattached	36-06.75	
12	David Herbert	M51	unattached	39-04.50	
13	Mike Curry	M42	unattached	40-01.25	
14	Brian Spencer	M62	unattached	41-00.00	
15	Bill Victorino	M60	unattached	41-10.00	
16	Aaron Volkman	M19	unattached	48-06.25	
17	Randy Wilson	M51	unattached	49-11.75	