



GOLDEN GATE RACE WALKERS
20Km Trials Qualifier and Club Race



Sunday, June 15, 2008

TIME: 8:00 a.m. (Number pickup and race day registration from 7:00 a.m. to 8:00 a.m.)

PLACE: Martin Luther King Jr. Regional Shoreline, **Oakland, California** (Arrowhead Marsh)

COURSE: Certified 2.5 km loop

ENTRY FEE: Pre-registration: \$20; **Postmarked by June 13. Race Day: \$25**

ELIGIBILITY: This is a judged race; all are welcome. This race can be used as a qualifier for the Olympic Trials.

DIVISIONS: M/F 60+, 50-59, 40-49, 20-39, 16-19, 13-15, 12 & under. (GGRW Awards only.)

INFORMATION: Laura Cribbins, Phone: 408-621-5857, Fax: 603-737-1120, email: lcwalk@aol.com

DIRECTIONS: From intersection of Route 880 and Hegenberger Road, go west on Hegenberger toward airport, 3/4 mile to Pardee Drive. Turn right past the post office, 1/4 mile to Swan Way. Left on Swan Way 0.1 mile to entrance of ML King Regional Shoreline Park (Arrowhead Marsh). Enter gate, proceed to parking lot at end of road.

VOLUNTEERS: Needed—Lap Counters, Check-in, Aid Station. Contact Laura if you can help!

MAIL PRE-ENTRIES TO: Laura Cribbins 2937 El Sobrante St. Santa Clara CA 95051

ENTRY FEE: \$20 postmarked by June 13.

Athlete's Name: _____ Male ☐ Female ☐ Age: _____
(PLEASE PRINT) (Race Day)

Address: _____ Birth Date ____/____/____

City: _____ State _____ Zip _____ Phone # (____) _____

T&F Club affiliation: _____ USATF # _____
(Optional)

Waiver: In consideration of the acceptance of my entry, I do hereby, for myself, my heirs, executors and administrators, or anyone else who might claim on my behalf, waive, release, and forever discharge any and all rights and claims for damages which I may have or which may hereafter accrue to me against the Golden Gate Race Walkers; The Pacific Association or USATF; Martin Luther King Park (Arrowhead Marsh) and its employees and agents, the race directors, organizers and volunteers; or their respective officers, agents, representatives, successors, and/or assigns, from any and all damages which may be sustained and suffered by me in connection with my said participation or arising out of my traveling to, participating in and returning from said event. This event is sanctioned by the Pacific Association. I further attest that I am physically fit and have trained to participate in this event. **All athletes entered in any USATF sanctioned competition are subject to drug testing in accordance with USATF & IAAF rules.**

SIGNATURE: _____ **DATE:** _____
(Signature of parent or guardian if under 18)

Form: GGRW Olympic Trials Quals Entry Form 9-15-08 [L. Cribbins]