The Roseville Express Track Club (RETC) opened the first meet of the youth outdoor track & field season on March 1, 2008. Just under 400 youth athletes registered to compete representing 17 sanctioned youth clubs and 18 unattached athletes.

Field events began at 8:00 am. The starter's pistol could be heard at 9:00 am as the first heat of 80m hurdlers headed down the track. At one point the meet was progressing so quickly that several clubs asked RETC to take a 10-minute break so their athletes could rest between events. Engraved medals were given to the Top 3 overall finishers in each category. Ribbons were given to each athlete who completed an event. No athlete went away empty handed.

If you came hungry ... you ate well. RETC's snack bar, run by Chef Anoud, cooked up hot breakfast meal deals (couldn't make the breakfast burritos fast enough) to a variety of healthy meal deals for lunch. Crayfish w/corn on the cob, chicken or tuna salads along with the standard fare of hamburgers, hot dogs and polish dogs.

Breaking in a new-to-youth meet timing company, RETC was happy to report that Red Cap Timing was able to keep pace with the starter with a goal of no more than 60 seconds between finish of one race and beginning of the next. It showed ... the last runner, in the last heat, crossed the finish line at 3:05 pm. By 3:30 pm the last triple jumper was completed and stadium deserted by 4:00 pm.

Another new venture for RETC was the sale of finish line photos. For only \$15 a picture could be purchased that showed every athlete in the heat, their name, club affiliation and finish time. What a keep sake for your family scrapbook! Left the meet and wished you had purchased one? Contact Coach Maura at bookoutgen@yahoo.com to arrange to have one printed and delivered to you at a future meet.

All coaches should be commended as their athletes came ready to compete, had good attitudes, and stayed on task. As the clubs cleared out it was pleasing to see that everyone is stepping up to keeping their area clean and very little clean up was required before the high school maintenance staff gave the okay for RETC to head home.

RETC looks forward to your return next year!

Below are the highlights of early season standouts to watch out for as the 2008 outdoor track and field season progresses.

- Sub-Bantam Girls
 - o <u>Aaliyah Moore</u> (Hilltop Speed)
 - 100m (15.63) 1st place
 - 400m (1:26.49) 1st place
 - o <u>Alexis Surrell</u> (Mission Valley)
 - 100m (16.42) 2nd place
 - 200m (34.35) 1st place
 - Long Jump (7' 1 ½") 4th place

- Bantam Girls
 - o Aishah Ahmad (East Palo Alto Greyhounds)
 - 200m (29.82) 1st place
 - 400m (1:15.87) 3rd place
 - Ashanti Johnson (3M TC)
 - 200m (31.60) 4th place
 - 400m (1:12.85) 1st place
- Midget Girls
 - o NyErin Buckley (3M TC)
 - 100m (13.35) 1st place
 - 200m (27.30) 1st place
 - o <u>Jasmine Hardy</u> (3M TC)
 - 400m (1:09.14) 2nd place
 - 1500m (5:31.96) 2nd place
 - o Amihan Agustin (unattached)
 - 3000m (12:25.75) 1st place
 - Mackenzie Arnold (Roseville Express TC)
 - 80m Hurdles (16.79) 2nd place
 - 100m (14.29) 7th place
 - Long Jump (13' 9 1/4") 1st place
 - o Shannon Hardy (Central Valley Roadrunners)
 - Shot Put (16' 1") 2nd place
 - Turbo Javelin (44' 11 ½'') 2nd place
- Youth Girls
 - o <u>Jasiri Blake</u> (Hilltop Speed)
 - 100m (13.02) 1st place
 - 200m (27.44) 2nd place
 - 4x200m Relay (1:49.59) 1st place
 - o <u>Jackie Harvel</u> (Roseville Express TC)
 - 200m (27.93) 3rd place
 - 400m (1:04.55) 1st place
 - Sprint Medley (2:11.41) 2nd place
 - o <u>BreAnn Wilson</u> (Hilltop Speed)
 - 200m (26.41) 1st place
 - 4x200m Relay (1:49.59) 1st place
 - o Nijae Jones (3M TC)
 - 800m (2:30.66) 1st place
 - Triple Jump (28' 0") 3rd place
 - o Madeleine Ankelyi (Buffalo Chips)
 - 1500m (5:03.68) 1st place
 - 3000m (11:22.55) 1st place

- o Sasha Wallace (3M TC)
 - 100m Hurdles (15.95) 1st place
 - 200m Hurdles (29.00) 1st place
 - Triple Jump (32' 2 ½") 1st place
- Jasmine Lacy (Full Stride)
 - 100m (13.54) 3rd place
 - 200m (28.30) 4th place
 - Long Jump (15' 8") 1st place
- o <u>Jaleyah Douglass</u> (3M TC)
 - 400m (1:09.04) 6th place
 - Shot Put (30' 8") 1st place
 - Discus (69' 7") 1st place
 - Javelin (72' 0") 2nd place
- Open Women
 - o <u>Ariel Moore</u> (Central Valley Roadrunners)
 - 200m (30.37) 1st place
 - 100m Hurdles (18.98) 1st place
 - High Jump (4' 2") 1st place
 - o Shirlana Pugh (Oakland PAL)
 - 100m (14.60) 2nd place
 - 200m (31.66) 2nd place
 - 400m (1:19.41) 3rd place
- Sub-Bantam Boys
 - o <u>Dior Walker</u> (Oakland PAL)
 - 100m (15.59) 1st place
 - 4x200 Relay (2:31.32) 1st place
 - Long Jump (10' 2") 2nd place
 - o <u>Kawassia Burns</u> (Oakland PAL
 - 100m (15.94) 2nd place
 - 4x200 Relay (2:31.32) 1st place
 - Long Jump (8' 6 ½") 6th place
 - Jacob Williams (MP Striders)
 - 200m (34.23) 1st place
 - 400m (1:19.71) 1st place
 - Payton Young (Mission Valley TF)
 - 100m (16.78) 7th place
 - Long Jump (10' 4") 1st place
- Bantam Boys
 - o Matthew Runels (Mission Valley TF)
 - 100m (14.10) 1st place
 - 200m (30.26) 1st place
 - Long Jump (14' 1") 1st place

- o Bryan Morris (3M TC)
 - 400m (1:07.19) 1st place
 - 800m (2:45.07) 1st place
 - Turbo Javelin (79' 6") 2nd place
- Otis Statum (3M TC)
 - 200m (30.77) 2nd place
 - Shot Put (26' 3") 1st place
 - Turbo Javelin (101' ½") 1st place
- Midget Boys
 - o Aaron Jones (Mission Valley TF)
 - 100m (13.26) 1st place
 - 200m (28.20) 3rd place
 - o Kirk Johnson (UMOJA)
 - 100m (13.48) 2nd place
 - 200m (27.92) 2nd place
 - 400m (1:13.24) 6th place
 - o Nathaniel Moore (Mission Valley TF)
 - 200m (27.08) 1st place
 - 400m (1:02.82) 1st place
 - Long Jump (16' 5 1/4") 1st place
 - o <u>Roc Johnson</u> (Unattached)
 - 800m (2:41.57) 1st place
 - 1500m (5:20.64) 2nd place
 - Tristyn Martin (Buffalo Chips)
 - 800m (2:48.68) 3rd place
 - 1500m (5:18.39) 1st place
 - 3000m (11:28.70) 1st place
 - o Samson Moore (Central Valley Roadrunners)
 - 80m Hurdles (14.52) 1st place)
 - 100m (13.72) 3rd place
 - Long Jump (15' 10") 2nd place
 - o Armand Shyne (3M TC)
 - 80m Hurdles (17.58) 3rd place
 - Shot Put (33' 1") 2nd place
 - Turbo Javelin (132' 4") 1st place
- Youth Boys
 - o <u>Deon Ransom</u> (MP Striders)
 - 100m (12.56) 1st place
 - 200m (25.80) 2nd place
 - 400m (1:01.44) 1st place
 - o <u>Larry Moore</u> (Palo Alto Greyhounds)
 - 100m (12.81) 2nd place
 - 200m (25.54) 1st place

- o <u>Andrew Osgood</u> (Central Valley Roadrunners)
 - 1500m (4:40.61) 1st place
- o Lovell Samual (3M TC)
 - 100m Hurdles (15.63) 1st place
 - 200m Hurdles (27.31) 1st place
 - Long Jump (18' 4 ³/₄") 1st place
 - Triple Jump (36' 10 ½") 1st place
- o Mariano Roy (3M TC)
 - 800m (2:24.33) 1st place
 - 200m Hurdles (30.55) 2nd place
 - Shot Put (25' 3 ½") 1st place
 - Javelin (73' 2") 3rd place
- o Mariano Roy (3M TC)
 - 800m (2:24.33) 1st place
 - 200m Hurdles (30.55) 2nd place
 - Shot Put (25' 3 ½") 1st place
 - Javelin (73' 2") 3rd place
- Open Men
 - o Marcell Tapia (Full Stride)
 - 200m (24.48) 1st place
 - 400m (54.77) 1st place
 - Long Jump (18' 8 ½") 1st place
 - Triple Jump (41' 3/4") 1st place
 - o Scott Phillips (Unattached)
 - 100m (11.83) 1st place
 - Shot Put (43' 3") 1st place
 - Discus (122' 7") 1st place
 - Javelin (93' 10") 1st place