The Roseville Express Track Club (RETC) opened the first meet of the youth outdoor track \& field season on March 1, 2008. Just under 400 youth athletes registered to compete representing 17 sanctioned youth clubs and 18 unattached athletes.

Field events began at 8:00 am. The starter's pistol could be heard at 9:00 am as the first heat of 80 m hurdlers headed down the track. At one point the meet was progressing so quickly that several clubs asked RETC to take a 10-minute break so their athletes could rest between events. Engraved medals were given to the Top 3 overall finishers in each category. Ribbons were given to each athlete who completed an event. No athlete went away empty handed.

If you came hungry ... you ate well. RETC's snack bar, run by Chef Anoud, cooked up hot breakfast meal deals (couldn't make the breakfast burritos fast enough) to a variety of healthy meal deals for lunch. Crayfish w/corn on the cob, chicken or tuna salads along with the standard fare of hamburgers, hot dogs and polish dogs.

Breaking in a new-to-youth meet timing company, RETC was happy to report that Red Cap Timing was able to keep pace with the starter with a goal of no more than 60 seconds between finish of one race and beginning of the next. It showed ... the last runner, in the last heat, crossed the finish line at $3: 05 \mathrm{pm}$. By $3: 30 \mathrm{pm}$ the last triple jumper was completed and stadium deserted by $4: 00 \mathrm{pm}$.

Another new venture for RETC was the sale of finish line photos. For only $\$ 15$ a picture could be purchased that showed every athlete in the heat, their name, club affiliation and finish time. What a keep sake for your family scrapbook! Left the meet and wished you had purchased one? Contact Coach Maura at bookoutgen@yahoo.com to arrange to have one printed and delivered to you at a future meet.

All coaches should be commended as their athletes came ready to compete, had good attitudes, and stayed on task. As the clubs cleared out it was pleasing to see that everyone is stepping up to keeping their area clean and very little clean up was required before the high school maintenance staff gave the okay for RETC to head home.

RETC looks forward to your return next year!
Below are the highlights of early season standouts to watch out for as the 2008 outdoor track and field season progresses.

- Sub-Bantam Girls
- Aaliyah Moore (Hilltop Speed)
- $100 \mathrm{~m}(15.63) 1^{\text {st }}$ place
- $400 \mathrm{~m}(1: 26.49) 1^{\text {st }}$ place
- Alexis Surrell (Mission Valley)
- $100 \mathrm{~m}(16.42) 2^{\text {nd }}$ place
- $200 \mathrm{~m}(34.35) 1^{\text {st }}$ place
- Long Jump (7’ $1 \frac{1}{2}$ ") $4^{\text {th }}$ place
- Bantam Girls
- Aishah Ahmad (East Palo Alto Greyhounds)
- 200m (29.82) $1^{\text {st }}$ place
- $400 \mathrm{~m}(1: 15.87) 3^{\text {rd }}$ place
- Ashanti Johnson (3M TC)
- $200 \mathrm{~m}(31.60) 4^{\text {th }}$ place
- $400 \mathrm{~m}(1: 12.85) 1^{\text {st }}$ place
- Midget Girls
- NyErin Buckley (3M TC)
- $100 \mathrm{~m}(13.35) 1^{\text {st }}$ place
- $200 \mathrm{~m}(27.30) 1^{\text {st }}$ place
- Jasmine Hardy (3M TC)
- $400 \mathrm{~m}(1: 09.14) 2^{\text {nd }}$ place
- $1500 \mathrm{~m}(5: 31.96) 2^{\text {nd }}$ place
- Amihan Agustin (unattached)
- $3000 \mathrm{~m}(12: 25.75) 1^{\text {st }}$ place
- Mackenzie Arnold (Roseville Express TC)
- 80 m Hurdles (16.79) $2^{\text {nd }}$ place
- $100 \mathrm{~m}(14.29) 7^{\text {th }}$ place
- Long Jump (13' $91 / 4$ ") $1^{\text {st }}$ place
- Shannon Hardy (Central Valley Roadrunners)
- Shot Put ( $16^{\prime} 1{ }^{\prime \prime}$ ) $2^{\text {nd }}$ place
- Turbo Javelin ( $44^{\prime} 111 / 2{ }^{\prime \prime}$ ) $2^{\text {nd }}$ place
- Youth Girls
- Jasiri Blake (Hilltop Speed)
- $100 \mathrm{~m}(13.02) 1^{\text {st }}$ place
- 200m (27.44) $2^{\text {nd }}$ place
- $4 \times 200 \mathrm{~m}$ Relay $(1: 49.59) 1^{\text {st }}$ place
- Jackie Harvel (Roseville Express TC)
- $200 \mathrm{~m}(27.93) 3^{\text {rd }}$ place
- $400 \mathrm{~m}(1: 04.55) 1^{\text {st }}$ place
- Sprint Medley (2:11.41) $2^{\text {nd }}$ place
- BreAnn Wilson (Hilltop Speed)
- $200 \mathrm{~m}(26.41) 1^{\text {st }}$ place
- $4 \times 200 \mathrm{~m}$ Relay $(1: 49.59) 1^{\text {st }}$ place
- Nijae Jones (3M TC)
- $800 \mathrm{~m}(2: 30.66) 1^{\text {st }}$ place
- Triple Jump ( $28^{\prime} 0^{\prime \prime}$ ) $3^{\text {rd }}$ place
- Madeleine Ankelyi (Buffalo Chips)
- $1500 \mathrm{~m}(5: 03.68) 1^{\text {st }}$ place
- $3000 \mathrm{~m}(11: 22.55) 1^{\text {st }}$ place
- Sasha Wallace (3M TC)
- 100 m Hurdles (15.95) $1^{\text {st }}$ place
- 200 m Hurdles (29.00) $1^{\text {st }}$ place
- Triple Jump ( 32 ' $21 / 2^{\prime \prime}$ ) $1^{\text {st }}$ place
- Jasmine Lacy (Full Stride)
- $100 \mathrm{~m}(13.54) 3^{\text {rd }}$ place
- $200 \mathrm{~m}(28.30) 4^{\text {th }}$ place
- Long Jump ( $15^{\prime} 8^{\prime \prime}$ ) $1^{\text {st }}$ place
- Jaleyah Douglass (3M TC)
- $400 \mathrm{~m}(1: 09.04) 6^{\text {th }}$ place
- Shot Put ( $\left.30^{\prime} 8^{\prime \prime}\right) 1^{\text {st }}$ place
- Discus ( $\left.69^{\prime} 7^{\prime \prime}\right) 1^{\text {st }}$ place
- Javelin (72' 0 ") $2^{\text {nd }}$ place
- Open Women
- Ariel Moore (Central Valley Roadrunners)
- $200 \mathrm{~m}(30.37) 1^{\text {st }}$ place
- 100 m Hurdles (18.98) $1^{\text {st }}$ place
- High Jump ( $4^{\prime} 2^{\prime \prime}$ ) $1^{\text {st }}$ place
- Shirlana Pugh (Oakland PAL)
- $100 \mathrm{~m}(14.60) 2^{\text {nd }}$ place
- 200m (31.66) $2^{\text {nd }}$ place
- $400 \mathrm{~m}(1: 19.41) 33^{\text {rd }}$ place
- Sub-Bantam Boys
- Dior Walker (Oakland PAL)
- $100 \mathrm{~m}(15.59) 1^{\text {st }}$ place
- $4 x 200$ Relay $(2: 31.32) 1^{\text {st }}$ place
- Long Jump ( 10 ' 2 ") $2^{\text {nd }}$ place
- Kawassia Burns (Oakland PAL
- $100 \mathrm{~m}(15.94) 2^{\text {nd }}$ place
- $4 x 200$ Relay $(2: 31.32) 1^{\text {st }}$ place
- Long Jump ( $\left.8^{\prime} 61 / 2^{\prime \prime}\right) 6^{\text {th }}$ place
- Jacob Williams (MP Striders)
- $200 \mathrm{~m}(34.23) 1^{\text {st }}$ place
- $400 \mathrm{~m}(1: 19.71) 1^{\text {st }}$ place
- Payton Young (Mission Valley TF)
- $100 \mathrm{~m}(16.78) 7^{\text {th }}$ place
- Long Jump ( $10^{\prime} 4^{\prime \prime}$ ) $1^{\text {st }}$ place
- Bantam Boys
- Matthew Runels (Mission Valley TF)
- $100 \mathrm{~m}(14.10) 1^{\text {st }}$ place
- $200 \mathrm{~m}(30.26) 1^{\text {st }}$ place
- Long Jump ( $14^{\prime} 1^{\prime \prime}$ ) $1^{\text {st }}$ place
- Bryan Morris (3M TC)
- $400 \mathrm{~m}(1: 07.19) 1^{\text {st }}$ place
- $800 \mathrm{~m}(2: 45.07) 1^{\text {st }}$ place
- Turbo Javelin ( $79^{\prime} 6$ ") $2^{\text {nd }}$ place
- Otis Statum (3M TC)
- $200 \mathrm{~m}(30.77) 2^{\text {nd }}$ place
- Shot Put ( 26 , 3 ") $1^{\text {st }}$ place
- Turbo Javelin ( $101,1 / 2^{\prime \prime}$ ) $1^{\text {st }}$ place
- Midget Boys
- Aaron Jones (Mission Valley TF)
- $100 \mathrm{~m}(13.26) 1^{\text {st }}$ place
- $200 \mathrm{~m}(28.20) 3^{\text {rd }}$ place
- Kirk Johnson (UMOJA)
- $100 \mathrm{~m}(13.48) 2^{\text {nd }}$ place
- 200m (27.92) $2^{\text {nd }}$ place
- $400 \mathrm{~m}(1: 13.24) 6^{\text {th }}$ place
- Nathaniel Moore (Mission Valley TF)
- $200 \mathrm{~m}(27.08) 1^{\text {st }}$ place
- $400 \mathrm{~m}(1: 02.82) 1^{\text {st }}$ place
- Long Jump ( 16 ' 5 1/4") $1^{\text {st }}$ place
- Roc Johnson (Unattached)
- $800 \mathrm{~m}(2: 41.57) 1^{\text {st }}$ place
- $1500 \mathrm{~m}(5: 20.64) 2^{\text {nd }}$ place
- Tristyn Martin (Buffalo Chips)
- $800 \mathrm{~m}(2: 48.68) 33^{\text {rd }}$ place
- $1500 \mathrm{~m}(5: 18.39) 1^{\text {st }}$ place
- $3000 \mathrm{~m}(11: 28.70) 1^{\text {st }}$ place
- Samson Moore (Central Valley Roadrunners)
- 80 m Hurdles (14.52) $1^{\text {st }}$ place)
- $100 \mathrm{~m}(13.72) 3^{\text {rd }}$ place
- Long Jump ( 15 , 10 ") $2^{\text {nd }}$ place
- Armand Shyne (3M TC)
- 80 m Hurdles (17.58) $3{ }^{\text {rd }}$ place
- Shot Put (33' 1 ") $2^{\text {nd }}$ place
- Turbo Javelin (132’ 4") $1^{\text {st }}$ place
- Youth Boys
- Deon Ransom (MP Striders)
- $100 \mathrm{~m}(12.56) 1^{\text {st }}$ place
- $200 \mathrm{~m}(25.80) 2^{\text {nd }}$ place
- $400 \mathrm{~m}(1: 01.44) 1^{\text {st }}$ place
- Larry Moore (Palo Alto Greyhounds)
- $100 \mathrm{~m}(12.81) 2^{\text {nd }}$ place
- $200 \mathrm{~m}(25.54) 1^{\text {st }}$ place
- Andrew Osgood (Central Valley Roadrunners)
- $1500 \mathrm{~m}(4: 40.61) 1^{\text {st }}$ place
- Lovell Samual (3M TC)
- 100 m Hurdles (15.63) $1^{\text {st }}$ place
- 200m Hurdles (27.31) $1^{\text {st }}$ place
- Long Jump ( $18^{\prime} 4^{3} / 4^{\prime \prime}$ ) $1^{\text {st }}$ place
- Triple Jump ( $36^{\prime} 101 / 2{ }^{\prime \prime}$ ) $1^{\text {st }}$ place
- Mariano Roy (3M TC)
- $800 \mathrm{~m}(2: 24.33) 1^{\text {st }}$ place
- 200m Hurdles (30.55) $2^{\text {nd }}$ place
- Shot Put ( $25^{\prime} 31 / 2^{\prime \prime}$ ) $1^{\text {st }}$ place
- Javelin (73' $2^{\prime \prime}$ ) $3^{\text {rd }}$ place
- Mariano Roy (3M TC)
- $800 \mathrm{~m}(2: 24.33) 1^{\text {st }}$ place
- 200 m Hurdles (30.55) $2^{\text {nd }}$ place
- Shot Put ( $25^{\prime} 31 / 2$ ") $1^{\text {st }}$ place
- Javelin ( 73 ' 2 ") $3^{\text {rd }}$ place
- Open Men
- Marcell Tapia (Full Stride)
- 200m (24.48) $1^{\text {st }}$ place
- $400 \mathrm{~m}(54.77) 1^{\text {st }}$ place
- Long Jump ( $18^{\prime} 81 / 2$ ") $1^{\text {st }}$ place
- Triple Jump ( $41^{\prime} 3 / 4^{\prime \prime}$ ) $1^{\text {st }}$ place
- Scott Phillips (Unattached)
- $100 \mathrm{~m}(11.83) 1^{\text {st }}$ place
- Shot Put ( 43 ' 3 ") $1^{\text {st }}$ place
- Discus ( $\left.122^{\prime} 7^{\prime \prime}\right) 1^{\text {st }}$ place
- Javelin (93' $10^{\prime \prime}$ ) $1^{\text {st }}$ place

