



**2nd Annual Youth Sectional
Saturday, Mar 15, 2008
St. Francis High School
1885 Miramonte Ave.
Mountain View, CA 94040**

Starting Time – The field events and first running event both start at 9:00 a.m.

Packet Pick-up – begins at 7:30 a.m.

Coaches Meeting – begins at 8:30 a.m. to go over meet rules and day of meet scratches.

Track Equipment – Spikes must be compression (Xmas tree) spikes, no longer than 1/4.” Pin spikes will not be allowed, as a condition of our use of the facility. Spikes will be checked when athletes check-in for events – if replacement spikes are needed, they will be available for purchase.

Entries

Fees - \$6.00 per athlete before deadline or \$10.00 per athlete after deadline.

Number of Events – Sub-bantams, Bantams, and Midgets may participate in three events. Open may participate in four events.

Entries Deadline – Entries must be postmarked no later than March 7th or emailed by March 12 using Club Manager to sylvia.j@sbcglobal.net

Payment Information – All payments must be:

- Club Check, Certified Check, or Money Order only
- Made payable to: **East Palo Alto Greyhounds**
- Postmarked by Mar 7th to: East Palo Alto Greyhounds 2008 Track Meet,
P. O. Box 50957, East Palo Alto, CA 94303

Meet Directors:

Sylvia Jones
650-324-3929
sylvia.j@sbcglobal.net

Eric Stuart
510-812-6703
eeej@nextel.blackberry.net

Order of Events

<u>Age Division</u>	<u>Birth Year</u>
Sub Bantam	2000+
Bantam	1998 to 1999
Midget	1996 to 1997
Youth	1994 to 1995
Open	1990 to 1993 (1989 if 18 after July 30)

Starting Time – The field events and first running event both start at 9:00 a.m.

All races will begin with the youngest age group, first girls, and then boys. Field events have three jumps or throws; no finals.

Awards – All participants will receive ribbons for their events.

Track Events are on a rolling schedule, beginning at 9:00 a.m.

1500m Racewalk (Bantam, Midget)
4x200m Relay (Sub-Bantam – Open)
800m Run (Bantam – Open)
100m Dash (Sub-Bantam – Open)
400m Dash (Sub-Bantam – Open)
80m Hurdles (Midget)
100m Hurdles (Youth)
50m Dash (*5&under – no pre-registration or timing – ribbons will be awarded*)
200m Dash (all age groups)
1500m Run (Bantam – Open)
4x100m Relay (Sub-Bantam – Open)

Field Events begin at 9:00 a.m. as listed below:

Pit 1 – Girls

Long Jump (Subbantam – Open)

Pit 2 – Boys

Long Jump (Subbantam – Open)

Infield

Shot Put (Bantam – Open)

Field Area)

Turbo-Jav (Bantam – Midget)

Directions

Driving Directions:

From I-580

Take I-580 W to I-680 N exit toward San Jose/Sacramento.

Keep left at the fork, follow signs for San Jose / I-680 S and merge on I-680 South. (17.3 mi)

Take the Mission Blvd/I-880/CA-262 exit. (0.2 mi)

Keep right at the fork, follow signs for I-880/Mission Blvd Warm Springs District UC Extension and merge onto CA-262 W Mission Blvd. (1.0 mi)

Merge onto I-880 S via the ramp to San Jose. (3.9 mi)

Take the exit onto CA-237 W toward Mtn View (9.8 mi)

Continue on Grant Road past Cuesta Dr. (1.5 mi)

Turn right on South Dr. (0.4 mi)

Proceed until end and turn right into school parking lot

From I-880

Merge onto I-880 S via the ramp to San Jose.

Take the exit onto CA-237 W toward Mtn View (9.8 mi)

Continue on Grant Road past Cuesta Dr. (1.5 mi)

Turn right on South Dr. (0.4 mi)

Proceed until end and turn right into school parking lot

From Highway 280 (traveling North or South):

Exit onto Foothill Expressway toward Grant Road (1.7 mi)

Exit onto Fremont Ave toward Loyola/Miramonte Ave. (0.1 mi)

Turn right at Miramonte Ave. (1.1 mi)

From Highway 101 South:

Take exit 398B to merge onto CA-85 S toward Cupertino/Santa Cruz. (1.8 mi)

Take the exit toward Grant Rd/Mountain View/CA-82 N/El Camino Real. (0.3 mi)

Merge onto CA-237 W. (0.2 mi)

Continue on Grant Road past Cuesta Dr. (1.5 mi)

Turn right on South Dr. (0.4 mi)

Proceed until end and turn right into school parking lot.