



C. A. Track Club Youth Meet

March 22, 2008

LOCATION: Skyline High School, 12250 Skyline Blvd, Oakland

TIME: All field events will begin at 8:00am and running events will begin at 9:00am

ELIGIBLE ATHLETES:

<u>Age Division</u>	<u>Birth Year</u>
Sub Bantam	2000+
Bantam	1998 to 1999
Midget	1996 to 1997
Youth	1994 to 1995
Open	1990 to 1993

ORDER OF EVENTS:

Running Events:

1500M Racewalk (Bantam – Midget)
3000M Racewalk (Youth – Open)
4x100 Relay
1500M
80H/100H/110H (Midget – Open)
100M
800M (Bantam – Open)
200H (Youth Girls/Boys)
400M
★ Coaches/Parent Relay ★
200M
3000M (Midget – Open)
4x400 Relay

Field Events (3 attempts):

Long Jump
Triple Jump (Youth – Open)
Shot Put (Bantam – Open)
Discus (Midget, Youth, Open)
High Jump (Bantam – Open)
Mini Jav (Bantam, Midget)

REGISTRATION & ENTRIE FEES: Registration and meet entries should be completed at www.coacho.com/meet/entry/ca_catc/. You must enter your USATF or AAU member identification number to register. The deadline for all entries is midnight, Saturday, **March 15th**.

There will be **NO** day of meet entries!

All entries made by the deadline will be returned for verification (via email) by Tuesday, March 17th. Any changes/corrections necessary **MUST** be returned via email to adibrell@pacbell.net by **5pm Thursday, March 19th**.

Entry fee is **\$6.⁰⁰ per athlete**. Fees may be paid online or mailed to the address below. Personal Checks will not be accepted. Late entry fees are \$10.00 per athlete. There will be a \$25 fee added to any returned checks. Payments should be postmarked **by March 15th** to

C. A. Track Club
360 Grand Ave, Suite 73
Oakland, CA 94610

CHECK IN: There will be a 1st, 2nd, and Final Call for all events (running and field). All participants **MUST** check in with the clerk of the course by the Final Call. Any athlete not checked in by the Final Call, will be scratched from the event.

COACHES MEETING: The Coaches meeting will begin promptly at 8:00am on the field. Every team will need to send one spokesperson for their team for day of meet scratches.

RESULTS: All results will be posted following each event, at the top of the bleachers. The results will also be available after the meet at www.catrackclub.com.

AWARDS: Ribbons will be awarded to all finishers.

CONCESSIONS: Snack bar will be available.

MEET DIRECTOR: If you have any questions, contact Aliya Dibrell at adibrell@pacbell.net or (510) 220-4721

Tents will be allowed only at the top of the stands.

DIRECTIONS:

FROM THE SOUTH BAY:

Take I-880N toward Oakland. Merge onto I-238E Merge onto I-580W to Oakland. Merge onto CA-13N toward Berkeley. Take the Carson St exit. Turn RIGHT on Redwood Rd. Turn RIGHT onto Skyline Blvd. Take the first LEFT into the school at the light. Parking is past the track on the left.

FROM THE NORTH BAY:

Take I-80E towards Oakland. Merge onto I-580E. Take the 35th Ave exit. Turn LEFT onto 35th Ave which will turn into Redwood Rd. Turn RIGHT onto Skyline Blvd. Take the first LEFT into the school at the light. Parking is past the track on the left.