

# B# Sharp Track Relays

Supported by First Light Christian Center

**29 March 2008**



San Rafael High School

\*See attached directions\*

San Rafael, CA. 94901

## ALL WEATHER STATE OF THE ART TRACK

Start Time: 9:00 am

Coach's Meeting 8:30 a.m.

\$6.00 PER ATHLETE

Send money orders or cashier's check payable to:

**B SHARP**

P.O. Box 6333

Springstowne Station

Vallejo, CA 94591

**Fees are non-refundable/Meet will take place rain or shine**

Ribbons will be awarded

NO COOKING OR GRILLING ALLOWED ON CAMPUS

For more information:

Contact Coach Pugh @ (707) 208-3558

Email: [Lewis.pugh@med.va.gov](mailto:Lewis.pugh@med.va.gov)

Lewis Pugh, Head Coach/Director

LaWanda Young Asst: Coach/Director