









**Umpires’ Positions**

USATF-Pacific v.3May2018

**Hurdle Infractions**:

 Foot or leg below top of hurdle (hooks hurdle) [168.3(a)] [SC 169.4(b)]

 Didn’t jump each hurdle (ran around or hand pushed over) [168.3] [SC 169.4]

 Deliberately knocked down hurdle [168.3(b)]

 Didn’t stay in lane (interfered {with whom?} or shortened race) [168.3]

 Stepped to one side or the other of water jump or SC hurdle [SC 169.4(a)]

**Interference** – who did it and who was impacted?

 Jostled, ran across, or obstructed so as to impede another competitor [163.4]

**Assistance** – who provided it to whom? [144.2]

 Pacing by persons not participating or lapped or about to be lapped [144.3(a)]

 Possession or use by athlete of video, audio, or communication device [144.3(b)]

 Aided by technology or appliance [144.3(c)] Personal assistance marker [163.2]









[Rule 170.5]

**Lane Violations**:

 USATF: 1 step of either foot on or over inside line [163.5]

 NCAA: 2 consecutive steps of any feet

 NFHS: 3 consecutive steps of any feet

 Cut in before breakline [163.5]

 Did not finish in correct lane [163.5]

**Relay Violations**:

 Exchanged baton before or after zone [170.17]

 Accelerated before zone [170.13]

 Incorrect recovery of dropped baton [170.16]

 Impeded/did not maintain lane position [170.18]

 Assisted outgoing runner by pushing [170.19]

 Baton not carried by hand [170.16]

**Failure to participate** [142.3], except youth [302.2(g)]

**Left track voluntarily and returned** [163.6(a)] **Unsporting conduct** [125.10]











**Umpires’ Positions**

USATF-Pacific v.16Dec2019

**Hurdle Infractions**:

 Foot or leg below top of hurdle (hooks hurdle) [168.3(a)] [SC 169.4(b)]

 Didn’t jump each hurdle (ran around or hand pushed over) [168.3] [SC 169.4]

 Deliberately knocked down hurdle [168.3(b)]

 Didn’t stay in lane (interfered {with whom?} or shortened race) [168.3]

 Stepped to one side or the other of water jump or SC hurdle [SC 169.4(a)]

**Interference** – who did it and who was impacted?

 Jostled, ran across, or obstructed so as to impede another competitor [163.4]

**Assistance** – who provided it to whom? [144.2]

 Pacing by persons not participating or lapped or about to be lapped [144.3(a)]

 Possession or use by athlete of video, audio, or communication device [144.3(b)]

 Aided by technology or appliance [144.3(c)] Personal assistance marker [163.2]









[Rule 170.5]

**Lane Violations**:

 USATF: 1 step of either foot on or over inside line [163.5]

 NCAA: 2 consecutive steps of any feet

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 Did not finish in correct lane [163.5]

**Relay Violations**:

 Exchanged baton before or after zone [170.17]

 Accelerated before zone [170.13]

 Incorrect recovery of dropped baton [170.16]

 Impeded/did not maintain lane position [170.18]

 Assisted outgoing runner by pushing [170.19]

 Baton not carried by hand [170.16]

**Failure to participate** [142.3], except youth [302.2(g)]

**Left track voluntarily and returned** [163.6(a)] **Unsporting conduct** [125.10]

**Hurdle Placement and Height Comparison – Outdoor Meets**

Organization/Age Group Distance Number Height To 1st Between Last to Finish

Standard color

**MEN Order**

Junior High 110 10 33” 13.72 m 9.14 m 14.02 m **BLUE**

High School 110 10 39” 13.72 m 9.14 m 14.02 m **BLUE**

NCAA, USATF 110 10 42” 13.72 m 9.14 m 14.02 m **BLUE**

Junior High 200 5 30” 50 m 35 m 10 m

High School 300 8 36” 45 m 35 m 10 m

NCAA, USATF 400 10 36” 45 m 35 m 40 m

NCAA, USATF 3000 SC 28 (7 water) 36” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

Boys 11-12 80 8 30” 12 m 7.5 m 15.5 m **#8**

Boys 13-14 100 10 33” 13 m 8.5 m 10.5 m YELLOW **#5**

Boys 15-16/Men 17-18 110 10 39” 13.72 m 9.14 m 14.02 m **BLUE #1,2**

Boys 13-14 200 5 30” 20 m 35 m 40 m

Boys 15-16/Men 17-18 400 10 36” 45 m 35 m 40 m

Boys 15-16/Men 17-18 2000 SC 18 (5 water) 36” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

**MASTERS MEN**

30-49 110 10 39” 13.72 m 9.14 m 14.02 m

50-59 100 10 36” 13 m 8.5 m 10.5 m

60-69 100 10 33” 12 m 8 m 16 m

70-79 80 8 30” 12 m 7 m 19 m

80+ 80 8 27” 12 m 7 m 19 m

30-49 400 10 36” 45 m 35 m 40 m

50-59 400 10 33” 45 m 35 m 40 m

60-79 300 7 30” 50 m 35 m 40 m (same locations as 400)

80+ 200 5 27” 20 m 35 m 40 m (same locations as 400)

30-59 3000 SC 28 (7 water) 36” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

60+ 2000 SC 18 (5 water) 30” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

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Organization/Age Group Distance Number Height To 1st Between Last to Finish Standard Color

**WOMEN Order**

Junior High 100 10 30” 13 m 8.5 m 10.5 m

High School 100 10 33” 13 m 8.5 m 10.5 m

NCAA, USATF 100 10 33” 13 m 8.5 m 10.5 m

Junior High 200 5 30” 50 m 35 m 10 m

High School 300 8 30” 45 m 35 m 10 m

NCAA, USATF 400 10 30” 45 m 35 m 40 m

NCAA, USATF 3000 SC 28 (7 water) 30” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

Girls 11-12 80 8 30” 12 m 7.5 m 15.5 m **#7**

Girls 13-14 100 10 30” 13 m 8 m 15 m red tape **#6**

Girls 15-16/Women 17-18 100 10 33” 13 m 8.5 m 10.5 m **YELLOW #3,4**

Girls 13-14 200 5 30” 20 m 35 m 40 m

Girls 15-16/Women 17-18 400 10 30” 45 m 35 m 40 m

Girls 15-16/Women 17-18 2000 SC 18 (5 water) 30” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

**MASTERS WOMEN**

30-39 100 10 33” 13 m 8.5 m 10.5 m

40-49 80 8 30” 12 m 8 m 12 m

50-59 80 8 30” 12 m 7 m 19 m

60+ 80 8 27” 12 m 7 m 19 m

30-49 400 10 30” 45 m 35 m 40 m

50-59 300 7 30” 50 m 35 m 40 m (same locations as 400)

60-69 300 7 27” 50 m 35 m 40 m (same locations as 400)

70+ 200 5 27” 20 m 35 m 40 m (same locations as 400)

All ages 2000 SC 18 (5 water) 30” 5 jumps/lap after fin. line passed 1st time; water jump 4th BLACK

 [from USATF Best Practices]

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**Hurdle Placement and Height Comparison – Indoor Meets**

Organization/Age Group Distance Number Height To 1st Between Last to Finish

**MEN**

USATF 50 4 42” 13.72 m 9.14 m 8.86 m

High School 55 5 39” 13.72 m 9.14 m 4.72 m

NCAA, USATF 55 5 42” 13.72 m 9.14 m 4.72 m

NCAA, USATF 60 5 42” 13.72 m 9.14 m 9.72 m

**BOYS YOUTH USATF**

 Boys 11-12 50 4 30” 12 m 7.5 m 15.5 m

 Boys 11-12 55 5 30” 12 m 7.5 m 13.0 m

 Boys 11-12 60 5 30” 12 m 7.5 m 18.0 m

 Boys 13-14 33”

 Boys 15-16/Men 17-18 39”

**MASTERS MEN**

30-49 60 5 39” 13.72 m 9.14 m 9.72 m

50-59 60 5 36” 13.00 m 8.50 m 13.00 m

60-69 60 5 33” 12.00 m 8.00 m 16.00 m

70-79 60 5 30” 12.00 m 7.00 m 20.00 m

80+ 60 5 27” 12.00 m 7.00 m 20.00 m

**Hurdle Placement and Height Comparison – Indoor Meets**

Organization/Age Group Distance Number Height To 1st Between Last to Finish

**WOMEN**

USATF 50 4 33” 13 m 8.5 m 11.5 m

High School 55 5 33” 13 m 8.5 m 8 m

NCAA, USATF 55 5 33” 13 m 8.5 m 8 m

NCAA, USATF 60 5 33” 13 m 8.5 m 13 m

**GIRLS YOUTH USATF**

 Girls 11-12 50 4 30” 12 m 7.5 m 15.5 m

 Girls 11-12 55 5 30” 12 m 7.5 m 13.0 m

 Girls 11-12 60 5 30” 12 m 7.5 m 18.0 m

 Girls 13-14 30”

 Girls 15-16/Women 17-18 33”

**MASTERS WOMEN**

30-39 60 5 33” 13 m 8.5 m 13 m

40-49 60 5 30” 12 m 8 m 16 m

50-59 60 5 30” 12 m 7 m 20 m

60+ 60 5 27” 12 m 7 m 20 m

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**Hurdle Placement and Height Comparison – Indoor Meets**

Organization/Age Group Distance Number Height To 1st Between Last to Finish

**MASTERS MEN**

30-49 60 5 39” 13.72 m 9.14 m 9.72 m

50-59 60 5 36” 13.00 m 8.50 m 13.00 m

60-69 60 5 33” 12.00 m 8.00 m 16.00 m

70-79 60 5 30” 12.00 m 7.00 m 20.00 m

80+ 60 5 27” 12.00 m 7.00 m 20.00 m

**MASTERS WOMEN**

30-39 60 5 33” 13 m 8.5 m 13 m

40-49 60 5 30” 12 m 8 m 16 m

50-59 60 5 30” 12 m 7 m 20 m

60+ 60 5 27” 12 m 7 m 20 m

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**Placements of Cones at the Breakline and for Alley Starts**



**Placements of Hurdles Relative to Track Markings**



