

Pacific Association Service Award

John Shirey



John has been a long time official for the Southern California, the Ohio and the Pacific Associations. He has been a certified official since 1974 (36 years). For the last three years he has administered every successful new officials mentoring program within the Pacific Association. He is a master level official in all of the field events as well as chief timer and chief umpire. He is often the lead pole vault officials at NCAA National and conference meets as well as USATF National Championships. He has acted as a vertical jumps referee at several major meets. As one of the leading pole vault officials in the US, he was a natural nominee for the National Official's Committee Horace Crow award who was also an outstanding pole vault official in the Pacific Association. John's contributions also extend in his role as being the Sacramento City Manager for many years. Though recently retired, John continually provides an essential line of communication between the city government, Sacramento Sports Commission and the Pacific Association leading to successful staging of national level competitions.

Pacific Assoc. Coaches Committee Legacy Coach Award

Will Pittman



The Coaches Committee is honored to award the 2017 Legacy Coaches Award to Will Pittman, founder and coach of Oakland's 3M Youth Track Club.

Coach Pittman founded the 3M club in 1983 originally to coach his two young daughters and word of the new club quickly spread through the East Bay.

Over the past 35 years, the 3M Track club has succeeded in keeping its athletes free of drugs and alcohol, abuse, criminal involvement, gang activity, and teen pregnancy. Athletes in the program gain a strong sense of character, confidence and personal responsibility which are vital ingredients to success in athletics, academics, and life.

- 89% of all former club members have achieved and maintained academic success with grades of B or better; with 35% of all team members earning academic and 48% earning academic/athletic scholarships.
- Through its history, the club has earned 48 individual championships and 23 relay championships.
- Over 1300 plus team members through the past 35 years have attended UC Berkeley, Stanford, USC, Ohio State, Columbia, Howard, Morris Brown College, Sacramento State, UD Davis, Univ. of Texas, Florida Ste, San Jose State, UNLV, DePaul, Michigan State, and a host of community colleges throughout the country.
- Coach Pittman has also inspired and mentored the following team members into coaching:
 - o Spencer Moore - 3M assistant track coach
 - o Kevin Craddock - Head track coach at Laney College
 - o Moses Jacko - Assistant track coach, St. Mary's High School & 3M Track Club
 - o Dominique Crosby - Head coach Tennessee High School

Pacific Association Tom Moore Award

Rob Dewar

Starting his 28th year of coaching, Rob is the consulate coach-event director contributing to the Pacific and Community College organizations. After Dewar began his coaching career at Stanislaus State, Rob moved to

UC Davis under the Vochatzers, before spending the last 14 seasons at Sacramento City College as the Men's T&F-Cross Country coach.



As an event administrator, Dewar was competition support crew chief for the 2000 and 2004 U.S. Olympic Track and Field Trials and the 2005, 2006 and 2007 NCAA Division I National Track and Field Championships. He is presently the President of the California Community College Cross Country Coaches Association after serving in many auxiliary roles, while has served six years on the California Community College Management Council which administers all of California's Community College Athletics.

In his coaching career, Dewar has coached 16 Conference Championships Team Titles (JC and NCAA), 4 Nor Cal Championship team titles and 1 California Community College State Championship while placing in the top 5 since 2006 (9th 2005, 3rd 2006, 1st 2007 first State Championship since 1942, 2nd 2008, 4th 2009, 2nd 2010, 5th, 2011, 3rd 2012, 15th 2013, 13th 2014 and 26th 2015).

Previously at the 4-year level Coach Rob coached 8 relay teams who have placed in the top ten at the NCAA National Outdoor Championships, three teams which placed 3rd and 4th; and in 2001, he guided the UC Davis Aggie men's 4x100 relay to its first-ever NCAA Championship berth. The squad posted a 6th place finish (40.56) and garnered All-American distinction and a school record. A native of Pasadena, California, Coach Dewar graduated from Alta Loma High School. He was an All-Conference prep sprinter in the 100, 200, 400, 4x100, and 4x400 meters and set school records in the 100, 200. He was Alta Loma's most valuable track athlete in each of his four years and also competed in football as a wide receiver and free safety. He spent his first two collegiate seasons at Mount San Antonio College (Mt. Sac) in Walnut, California, before transferring to California State University, Stanislaus. He earned NCAA All-American recognition at CSU-Stanislaus placing second in the 4x100 relay before receiving his bachelor's degree in physical education in 1990.

Leroy Milam



Leroy has been involved with Track and Field since 1988, but not always as a certified official. Prior to becoming certified, Leroy gave a hand helping his brother Rick at some meets for a few years. During that time he met some great people, one of them was Dick Connors when Milam helped him clerk. The two worked together for 4 or 5 years and Connors asked why didn't Milam get certified so he could work at Stanford. Milam took his test and obtained his card on a Monday, and Dick called on Tuesday and said "I see you are now certified, what are you doing this next weekend" Milam said, "I have no plans". "Good" was his answer "we will see you at Stanford on Friday". And so started a new adventure in Milam's life.

Milam is now doing about 60 to 75 meets a year most of the time as starter but also whatever is needed at a meet. He has started the CIF meet in Clovis, worked major meets at Sacramento State, Olympic Trials, Texas Relays for 14 years, in addition to being meet director of the Masters and Open association T&F championships for many years.

Pacific Assoc Hall of Fame Inductees

Stacy Dragila



Stacy Dragila has amassed a collection of firsts in an inspiring and storied career during the rise of women's pole vault. The Auburn (Placer HS), native and Idaho State alumna garnered track and field successes in the U.S. and abroad. During a 10-year span from 1996-2005, she was an eight-time U.S. Indoor champion and nine-time U.S. Outdoor champion. Internationally, she won the 1997 World Indoor Championship and two World Championships in 1999 and 2001. In 2001, Dragila won gold medals at the Goodwill Games and IAAF Grand Prix Final Championships. She won the first women's pole vault competition held at an Olympic Games, clearing 4.60 / 15-1 at the Sydney 2000 Games to equal her own world record set in 1999. Dragila stayed on top of the world for nearly four years, re-setting the world record four more times before

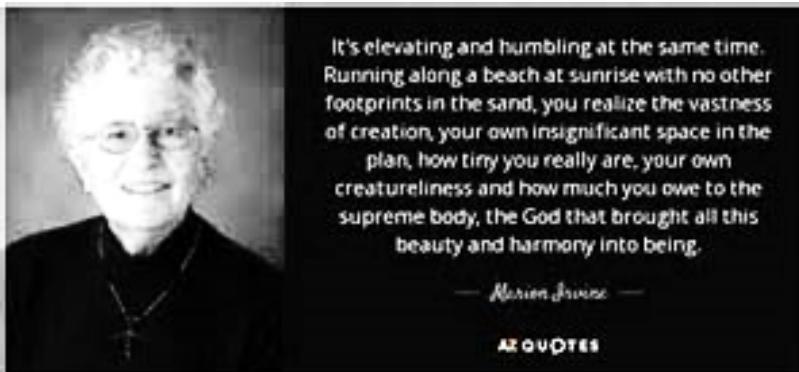
2017 Pacific Association Hall of Fame Inductees, continued

Yelena Isinbayeva took over the record in July 2003. Dragila is the 2000 and 2001 recipient of the Jesse Owens Award, USATF's annual honor for the athlete of the year.

After Dragila won the Women's Olympic pole vault in 2000 the feat landed her on the cover of the Wheaties box. Dragila competed twice in the California state HS meet in the hurdles and placed 2nd in the 1990 Golden West meet in the 400mH (63.70). The late Yuba College coach John Orogren recruited her to Yuba and trained her for the heptathlon. As a junior at Idaho State, Dragila and the rest of the women heptathletes were told by coach Dave Nielsen to try to vault over 6 feet which started her vaulting career. In 1999 at the IAAF World Outdoor Championships in Seville, Dragila became the first woman ever to win a pole vault outdoor title by equaling the world record of 15-1. The city of Pocatello has named a street after her, Dragila Way which is located on the campus of Idaho State University. Currently Dragila resides in Idaho with husband and former world class thrower Ian Waltz where they are building a vault training center.

Career Highlights: Nine-time U.S. Outdoor champion ('96, '97, '99-'05); 2000 Olympic gold medalist; Two-time World champion (1999 & 2001); 1997 World Indoor champion; Eight-time U.S. Indoor champion ('96-'01, '03, '04); 2001 Goodwill Games and IAAF Grand Prix Final champion; Two-time Jesse Owens Award winner ('00, '01)

Marion Irvine



Irvine became the then-oldest person to participate in the United States Olympic Trials in track and field in 1984, when she was 54 years old. Following the Trials, she regularly ran on the marathon circuit and gained attention from the media, along with the nickname "The Flying Nun". Irvine broke numerous age-group records in distance running events during her career, and has been inducted into multiple running halls of fame.

While on a religious retreat, Irvine ran for the first time, and within four months of starting to run, she was posting times of seven minutes per mile in her two-mile runs, and soon she started entering five-kilometer and 10-kilometer races. Irvine's first race at a longer distance was a 15-kilometer run at a park; she posted the second-fastest time among the women who took part. In 1980, she joined her niece in running at the Avenue of the Giants Marathon, posting a time of 3:01. Irvine then started to regularly take part in marathons, at the rate of four per year. In the previous year, Irvine had run in the Boston Marathon, winning the women's 50–59 age group in a time of 3:11.00.

Many records for female runners over 50 years old were set by Irvine. She was the first woman in her age group to run under 20 minutes in the 5-kilometer run, 38 minutes in the 10-km, and 3:00 in the marathon. In 1983, Irvine competed in the California International Marathon, held in Sacramento, California. Her time of 2:51.01 set a world record for female runners over 50; it was over eight seconds faster than the previous record time, which she held, and about 13 minutes ahead of the next-fastest time by an over-50 woman. The time also bettered the 2:51.16 that was required to participate in the United States Olympic Trials. At the time, Irvine was the oldest competitor ever in a U.S. track and field Olympic Trials; by the time of the Trials, she was 54

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years old. In the 1984 Trials, which qualified runners for the inaugural Olympic women's marathon, Irvine posted a time of 2:52.02.

Nicknamed "The Flying Nun", Irvine gained recognition from her U.S. Olympic Trials run. She made appearances on the television programs Good Morning America, The Phil Donahue Show, and Today, and received profiles from major American magazines. Irvine continued her running career and gained a sponsorship from Nike, Inc. With her travel costs covered by Nike, she entered marathons in Europe as well as the U.S., and occasionally took part in track events. In one event held in Europe, the 1985 World Veterans Games in Rome, Italy, Irvine earned four medals: one gold and three silver. As Irvine grew older, she broke further age-group records for 55–59- and 60–64-year-old female runners. At the 1989 World Veterans Games, she won five gold medals. In the fall of 1989, Irvine broke her right leg while training, forcing her into an extended break from running.

In 1993, Irvine ran her final competitive race. She ran in a half marathon, but her time of 1:59.53 was approximately half an hour slower than she anticipated. Following the race, she retired from competition.

During her career, Irvine was recognized as the leading runner in her age group eight times between 1981 and 1992. Irvine gained induction into the Road Runners Club of America Hall of Fame in 1994. In addition, she is in the USATF Masters Hall of Fame. Irvine is featured in the 1987 Oscar-nominated documentary film, *Silver into Gold*.

Career Highlights:

10 time world champion; competed from 800m to the Marathon at a high percentage level
 WAVA World Championship Titles: F55 1st XC, 2nd 800m, 5000m, 10,000m '85; 2nd 10,000m, 3rd 5000m, XC '87; 1st 1500m, 5000m, 10,000m, 10k road, XC '89; F60 1st 1500m, 5000m, 10,000m, XC '91
 USA T&F Championship Titles: F60 1st 5000m, 10,000m, 2nd 1500m '92
 USA LDR Championship Titles (1st): F50 10XC '80, 10XC '81, 15K '83
 Masters Track Age-Group Athlete of the Year: F55 1985; F60 1991
 Masters LDR Runner of the Year: F50 1984; F55 1987, '89; F60 1991, '92

Magdalena Lewy – Boulet



At the 2008 Olympic Women's Marathon Team Trials, Lewy Boulet ran far ahead of the pack for the first half of the race. Her lead at 14 miles was 1:55. She made her first Olympic Team, finishing second to 2004 Olympic bronze medalist Deena Kastor in a personal-best time of 2:30:19. About one week prior to the 2008 Olympic Games, Lewy Boulet suffered from a stiff knee after hitting it on the arm of an Olympic shuttle bus. She was forced to drop out of the Olympic Marathon at approximately 20 km. She had passed 10 km in 37:24. In the IAAF World Cross Country championships, she has earned two bronze medals representing the USA in the team competition, in 2010 and 2011. Individually, she finished 20th in the 2010 race and 18th in the 2011 race.

The native of Poland and mother to a nearly 3-year-old boy, Lewy Boulet's time improved on her personal best of 2:30:50, which she ran in placing fifth at the 2004 Olympic Trials in St. Louis. More recently 'Madga has been having success as an ultra-runner exemplified by winning the Western States 100-Mile Endurance Run (*Squaw Valley to Auburn*) in 2015, her debut 100-mile race, in a time of 19:05:21.

In 1988, following her father who had gone ahead to make the journey possible, she moved with her mother and brother to Kiel in the north of Germany, before ending her voyage for freedom in Long Beach, California, in 1991. She became a U.S. citizen on September 11, 2001, 'Magda lives in Oakland with her husband Richie,

2017 Pacific Association Hall of Fame Inductees, continued

one of the United States' best milers in the 1990s. They have a son, Owen, and she graduated from UC Berkeley with a degree in human biodynamics.

Career Highlights:

Event: Marathon **PR:** 2:30:19 (2008)

Current Residence: Oakland, **High School:** Lakewood HS '92

College: University of California Berkeley '97

Coach: Jack Daniels **Club:** Bay Area Track Club

Joan Ottoway



Female winner of Indy Life Age-graded competition 1997, '98, '99. Ran and won her events in British Veterans championships: indoor 3000m '95; outdoor 10,000m '96; outdoor 5000m '99. Has won numerous USATF Pacific Association championship titles since becoming a member in 1982, and was named Pacific LDR Runner of the Year in 1998. A member of the West Valley Track Club, she served on the board for many years as Women Master's and Senior's Representative and helped publish the club newsletter for 2 years. The Union Democrat Newspaper in Sonora named her 1999 "Sports Figure of the Year". Running Times Magazine named her "Outstanding Masters Runner of the Year" for her age group in 1989, '96, '97, '98, and '99. She won the Dipsea Race (a handicapped trail event) in 1987 and was 4th in both 1990 and '92.

Age Group Records: F45, 50 **Competed:** 1986-2000

Three-time (and only) age-graded winner of Indy Life Circuit; consistently excels in national and international competition whether on the roads or on a track.

WAFA World Championship Titles: F45 1st 2k SC, 5000m, 2nd 1500m '89; 2nd 2k SC, 5000m, 10,000m '91; F50 1st 5000m, 10,000m, 10k XC, 2k SC '95; F55 1st 10k XC, 2nd 5000m '99

WAFA Regional Championship Titles: F50 1st 5000m '96

WAFA World Road Championship Titles: F50 1st 10K '94

USA T&F Indoor Championship Titles: F50 1st 1500m, 3000m '95; F55 1st Mile, 3000m '00

USA T&F Championship Titles: F50 1st 2k SC, 5000m, 4x800, 3rd 1500m '94; 1st 1500m, 2k SC '95; 1st 5000m, 10,000m '97; F55 1st 5000m, 2nd 1500m '00

USA LDR Championship Titles (1st): F45 Mar '89; F50 5k, 10kXC, 12k, & HMar '96; 5k, 15k, & HMar '97; 5k, 10M, & HMar '98; 12K '99; F55 5k, 15k, 10M, & HMar '99; 5k '00

Masters Track Age-Group Athlete of the Year: F45 1989, '90, '91; F50 '94, '95

Masters LDR Runner of the Year: F45 1989; F50 1996, '97, '98; F55 1999

Ian Reed



Ian was born in Melbourne, Australia in July, 1927. In High School he was an all around track and field champion and swimming champion in his school year age group. He was also cricket and Australian Rules football teams captain and was introduced to the discus a year after high school graduation.

Competing for the state of Victoria he won three Australian Championships leading up to winning gold for Australia at the Commonwealth games in New Zealand in 1950 and setting a new British Empire record. That same year he graduated from Melbourne Technical Institute with a Bachelor's Degree in Chemical Engineering.

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In 1950 he attended Stanford where he competed on the Track team for two years with the great Bob Mathias before leaving to represent Australia at the Olympic games in Helsinki in 1952. After the Olympics he returned to Australia, and married Iris Haines of London who he had met on the ship returning from Helsinki. In 1954 he won the Australian Discus Championship for the fourth time then retired from track & field competition. For two years he taught High School Science and Biology in Melbourne then returned to the United States in 1955 finally settling in the San Francisco Bay Area.

Ian competed in the USTA Seniors Tennis circuit and in 2013 was ranked number one in Nor Cal Singles, 85 age group, and Eight in the United States.

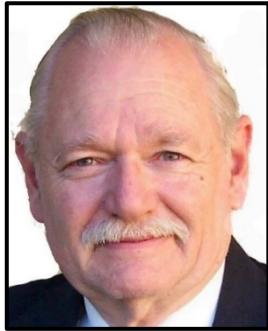
Later in 2013 a friend told him about Masters Track & Field so he borrowed shoes and a discus to see if he could still throw after the 60 year lay-off. That year he was ranked Number One in the World followed with the same One ranking in years 2014, 2015, 2016 and Two in 2017.

Also in 2017 he set a new 90-94 age bracket discus World Record of 28.49 m in San Diego and he is still trying to improve both his technique and his world record, all supported by Iris, his wife of 66 years, 3 children and 4 grandchildren.

Career Highlights:

- Commonwealth Games Gold, Discus 1950, Auckland.
- Olympic Games Discus, 1952 Helsinki representing Australia.
- Australian Discus Champion 1948, 1949, 1950, 1954
- No throwing for 59 years until I discovered Masters T&F in 2013
- Ranked One in World ,85-89 age bracket, Discus 2013, 2014, 2015, 2016, 2017
- Ranked One in World, 90-94 age bracket, Discus, 2017

Charlie Sheppard



For 49 years, Charles "Charlie" Sheppard has been an active USATF official and contributor to the sport. He has worked all levels of competition as a starter, field event official, race walk judge and Competition Secretary. Much of his emphasis has been on Youth Athletics and Wheelchair Ambulatory Sports. Charlie has twice been recognized by the Pacific Association Officials Committee for his outstanding contributions in 1995 the Dick Barbour Meritorious Service Ward, and in 2016 with the Dick Connors Meritorious Service Award.

Outside USATF, Charlie's contributions to wheelchair sports earned him recognition when in 2000 he received an Appreciation Award from Wheelchair Sports USA for games management software; 2011 Charlie was inducted into the Wheelchair Ambulatory Sports Hall of Fame for his work developing and maintaining and operating the software used to run the Wheelchair Ambulatory Games. The software package does everything from registration, competition sheets, to final results for all the sports supported by WASUSA. WASUSA is now known as Adaptive Sports USA; In 2011 the National Officials Committee recognized Charlie's work with the John Davis Award in recognition for excellence and achievement by an individual who espouses through humanitarian efforts by leadership, fellowship, and developmental welfare of others through USATF and its various programs.

In 2016 he received the Jan Elix Legacy Award from Adaptive Sports USA for long time service to the organization and in 2016 Charlie received the Spirit of Excellence Award from Adaptive Sports USA for many years of dedicated service as an official.

Charlie has not hoarded his knowledge for he has been an active mentor.

2017 Pacific Association Hall of Fame Inductees, continued

Bob Shor (*posthumously*)



Every runner who had raced in the Bay Area, knew him, if not by name at least by his familiar figure, poised before the starting line, pistol raised to the sky, booming voice commanding every attention, "Runners, ON your mark!" over 120 times a year. No one in north San Francisco bay history has done more to support track and cross country than Bob Shor. He had been ubiquitous in the 48 years of his contributions to Pacific Association track and cross country.

"Born, raised, and thrown out of Brooklyn," Bob's interest in running began in high school where he ran cross country and track (4:45 mile), but even then he often helped out by firing the gun at the start of races. Bob continued running cross country and the one and two-mile track events at Pennsylvania Military College, graduating in 1962 as a 2nd Lieutenant.

After college he served in Vietnam and obtained the rank of US Army Infantry Captain. Even in the military, Bob started races, volunteering at high school meets while doing a stint at Ft. Polk in Louisiana. After the military Bob moved to Arcata where he lived for 7 years and worked as assistant track and cross country coach at Humboldt State University. In Arcata, he served as starter at local high school and college meets and for AAU events in Oregon. In 1976, Bob moved to Santa Rosa and continued running for health and recreation but not as a competitor. Several years later, Bob encouraged his daughter to join the Santa Rosa Express. She eventually lost interest in running, though Bob did not. In 1989 he began assisting Doug Courtemanche who was then the Express head coach. In 1992, he took over Doug's position which he held for over two decades.

Locally, hundreds of young runners from 7 years old to high school age, including several who went on to gain college scholarships and become running super stars, began their careers with the Santa Rosa Express. Those athletes mentored by Bob included **Sarah Bei** (2001 Pan Am Games steeplechase winner) and **Julia Stamps** (six-time All American in cross country and track at Stanford, six-time national team member) and **Kim Conley** (US Olympian at 5,000 meters in 2012) and local top runner **Tina Cox**.

Bob was also the Pacific Association's Youth Committee Chair for many years, and was active in the committee with its cross and track programs up to the end.

In 2010 Bob lost a third of one lung in surgery to remove a cancerous tumor which leaves him a bit short-winded as he peddled his bike up and down the hills of Howarth and Spring Lake Parks on workouts with his young Santa Rosa Express protégés.

Sadly, liver cancer took Bob from us in August of 2017 at the age of 76.