$11^{\text {th }}$ Annual Subbantam Championships Granada High School 400 Wall Street<br>Livermore, California 94550<br>June 13, 2014<br>10:00 a.m.

## There's a 50 meter "walker race" for those babies who are not quite full fledged runners yet. Make sure you bring your walker for them to compete. There is no $\$ 8.00$ entry fee for these babies. They will receive participation ribbons after their completion of the race.

Welcome to the $11^{\text {th }}$ Annual Subbantam Championships Track and Field Meet of the Pacific Association. For this year subbantams are athletes born 2007 and later. The Youth Committee team members, family and friends, are hosting this meet again. To make this work, your volunteer services are still much needed and greatly appreciated. We want another successful Subbantam Championships meet this year, so again, let's make it happen!!

Athletes must be capable of contesting their event efficiently. We cannot allow exceptionally young children to participate in the longer races and most of the field events. Therefore, adjustments have been made for most of their meet events. The adjustments are noted next to the particular event below. Please adhere to these when making your athlete entries.

We're offering the 800 meter dash and 1500 meter run for our 7 and 8 year olds only. The shot put will be 4 pounds for this track meet. The mini jav is also being offered again so coaches, it is imperative that you train your subbantams in these three field event areas if you are going to have them contest the events! We want no unnecessary accidents.

Please pre-register via www.coacho.com. If you have any questions, do not hesitate to contact Charlotte Sneed at sneedspeed230@yahoo.com or call (925) 628-0273. You may also contact Joanne at pa.youthchair@yahoo.com or (510) 632-8004 home.

Your athlete can participate in up to 3 events. Awards for this track meet are medals 1-8 place overall for each age group for each event and ribbons 1-8 in each heat or flight. The outstanding male and female athlete of the day will be presented with a trophy at the end of the track meet. (7-8 year age group only). Each athlete will also receive a subbantam track meet t-shirt at the start of the track meet. The shirts are the same as in previous years. They will change in 2016 so we are looking for a new design for our subbantam t-shirt in 2016. If you know someone who can come up with a new design for our coming year, please contact Joanne or Charlotte.

## Entry fee is $\$ 8$ per athlete

# Pacific Association <br> $11^{\text {th }}$ Annual Subbantam Championships <br> Granada High School - Livermore 

Saturday June 13, 2015
Registration - 8:00 a.m.
Meet Start - 10:00 a.m.
Events will be run in the order below based on their age group. There are no other age groups except subbantams involved in this meet. Therefore, we will have scheduled breaks between each event for recovery purposes.

- Awards (1-8 place medals overall in each age group, each event and 1-8 place ribbons will be given to each athlete after each heat or flight)
- A trophy will be presented at the end of the meet to the outstanding male and female athlete of the track meet. (7-8 year old age group only)


## Meet Directors:

Charlotte Sneed (925) 628-0273 or sneedspeed230k@yahoo.com Joanne Camargo (510) 535-2731 or (510) 632-8004 or
pa.youthchair@yahoo.com

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## SCHEDULE OF EVENTS

| 1 and 2 year olds | 3 and 4 year olds |
| :---: | :---: |
| Running and field events order | Running and field events order |
| 50 meter | $4 \times 100$ relay |
| Long jump | Mini jav |
| 100 meter | 200 meter |
|  | 50 meter |
| 50 meter "walker race" | Long jump |
| Please bring your own walker | 100 meter |
| exhibition race only | 400 meter |
| no $\$ 8.00$ entry fee |  |
| 5 and 6 year olds | 7 and 8 year olds |
| Running and field events order | Running and field events order |
|  |  |
| $4 \times 100$ relay | 1500 meter run |
| Long jump | $4 \times 100$ relay |
| 200 meter | Shot put |
| Shot put | 200 meter |
| 100 meter | Long jump |
| Mini jav | 100 meter |
| 400 meter | 800 meter |
| $4 \times 400$ relay | Mini jav |
|  | 400 meter |
|  | $4 \times 400$ relay |
|  |  |
|  |  |

## LISTED BELOW IS THE ORDER OF EVENTS FOR THIS TRACK MEET GIRLS FIRST, THEN BOYS

We ask that you PLEASE stay away from the front of the finish line. We are happy to answer any questions if you would please go around to the back of the tent. Do not cross in front of the camera. Look out for the yellow caution tape.

Coaches and parents, please allow your athletes to finish their race and run past the finish line. Do not pick them up at the line as you will be in the way of the camera and we cannot capture times for your athletes. Even though we do not try to attempt timing the 1-4 year olds, we still experience parents at the finishline. If you are in front of the camera we will miss the times of that entire heat. Therefore, please look out for all the athletes and let the last runner cross before you remove your athletes from the finish line.

FYI: when it comes to the awards, we try to give them the right places. However, sometimes they will want a color that matches their uniform or just their favorite color. So please do not get upset if they come back with the wrong place. We are here to make the athletes happy.

We need everyone's help to make this a fun and safe meet. Therefore, please step up and help us make this happen for our little ones. Volunteers are the heart of our event. We couldn't do it without volunteers.

The 10 minute break is needed in order to get the next event ready for the track and rest for our up and coming future athletes.

1500 Meter run $7 \& 8$
$4 \times 100$ relay 3 to 8
relays can be made up of any of the 4 age groups
listed; no mixed gender, all girls or all boys
10 min break
200 meter 3 to 8
50 meter $1,2,3,4$
50 meter "walker race"
100 meter 1 to 8
800 meter 7 \& 8
10 min break
400 meter 3 to 8
10 min break
$4 \times 400$ relay 5 to 8
relays can be made up of any of the 4 age groups
listed; no mixed gender, all girls or all boys

