PA XC Championships LDR Committee Meeting Minutes 11/16/2014
Meeting called to order 12:05 PM.
Attendance: Irene Herman, association Vice President and Membership Committee Chair, Bill Dodson, ultra co-chair, Don Porteous, XC co-chair, Tamalpa; Tom Bernhard, Men's LDR chair; Chikara Omine, Excelsior; Nakia Baird, Excelsior; Hollis Lenderking, ultra co-chair; John Gieng, Pamakids; Jason Reed, Excelsior; Lisa Renteria, Wolfpack; Jerry Flanagan, Pamakids; Kerry Koller, Impala RT

12:10 Motion to approve 9/7/14 Meeting Minutes – approved by acclimation

Road Grand Prix: Bids
3/22/2015, Excelsior has bid on new flat course, needs certification.
Xmas Relays – always a conflict with Club Nationals – does not want to change date.
Chair asked for a motion that all other received bids, with the exception of the 4/26/2015 races, be approved (3/22/14, 5/10/14, 7/12/14, and 10/18/14). Don P. moved; Kerry K. seconded – vote approved by acclimation.
Chair asked for comments on new Clarksburg course – Don P. moved that Clarksburg be accepted; Bill D. seconded - vote approved by acclimation.
Discussion on the two races wishing to have race on 4/26/14 – Across the Bay (12 or 15K), who have not yet submitted a formal bid, and Capitol City Classic 12K, who have. Bill D. moved for a vote; Don P. seconded – ATB, 1 vote; CCC 12K 7 votes.
Chair stated that the SACTOWN Ten was considering hosting 10 Mile National Masters Championship.

XC Grand Prix:
Don P. asked about 2015 Schedule – we moved the PA XC Championship to 11/16 to accommodate the SVTT. This will not be possible in 2015.

Ultra GP:
Chair asked for motion to approve the MUT Committee's proposal (work done by Hollis L. & Nakia B.) for time-based racing. (See Appendix A). Hollis L. moved; bill D. seconded. Motion approved by acclimation.

Revising LDR Guide Rule 4.6
Remove the Note in 4.6(a): 'Note: Both clubs for which the athlete is competing must have mutually exclusive programs in respect to head-to-head competition. For example, Club A competes in road running only. Club B competes in road running and MUT running. Member of Club A cannot join Club B for only MUT running, but must join Club B for road running also.'
Also remove the phrase 'and has no intention of doing so'
Rule 4.6(a) would then read: (a) The club for which the athlete is competing does not in the current season field a team or teams in the MUT Grand Prix.
No other changes to Rule 4.6.
Hollis L. made motion to vote; Bill D. seconded. Vote: 5 in favor; 7 opposed.

MUT Committee:
Tamalpa 50K (Diana Fitzpatrick, RD) has bid for USATF 50K Trail Championship.
Megan Arbogast was selected to Team USA for 2014 World 100 km Championship

LDR General:
Discussion of the meaning of the word event – does it mean a single heat. Don P. made a motion to vote; Nakia L. seconded. 9 confirm, 0 opposed.

New Business:
Jenny Hitchings did not wear an SRA singlet at Clarksburg. SRA wants to score her. Don P moved for a vote, Hollis L. seconded. Vote 8 votes not to score her; 1 vote to score her.

Proposed Meeting schedule for 2015:
3/22/2015, Reach for a Star 5K (Brisbane)
5/25/2015, MMD 10K (Kentfield)
9/13/2015, GGP XC (San Francisco)
11/22/2015, PA XC Champs (San Francisco) if needed

Don P moved for a vote, Bill D. seconded. Approved by acclimation
Meeting adjourned – 1:43 PM

Appendix A
Redesigned Duration Races
Overview: Keep 24 hour races and eliminate all other duration races. Replace minimum distance requirements with scoring as follows:
All runners will be ranked according to the distance covered in the race. All runners completing a distance of at least 100K will be credited with a score equal to the placement points multiplied by a distance factor of 2.0. In addition, runners completing 100M or more will be credited with a score equal to the placement points multiplied by a distance factor of 3.3. At most one of these two scores may be included in the runner"s total Grand Prix score. In other words, the race can count as a 100K or 100M but not both. Those running less than 100K will not be scored.
Following is an example of individual scoring. Runner A and Runner B use the 24-hour score with the 3.3 distance factor in their total GP score. Runner C, on the other hand, uses the 24-hour score with the 2.0 factor, because Runner C scored more than 79.2 points at another race with a 3.3 distance factor.
Points scored at PCTR 24 hour (100M+)
Distance Factor = 3.3
40-49
1. 132 Runner A 121 miles
2. 102.3 Runner B 117 miles
3. 79.2 Runner C 101 miles
Points scored at PCTR 24 hour (100k+)
Distance Factor = 2.0
40-49
1. 80 Runner A 121 miles
2. 62 Runner B 117 miles
3. 48 Runner C 101 miles
4. 38 Runner D 89 miles
5. 32 Runner E 72 miles
6. 24 Runner F 62 miles

Points scored at RDL 100M
Distance Factor = 3.3
40-49
1. 132 Runner C 22:00:00
2. 102.3 Runner A 23:00:00
Women 40-49
PCTR24 PCTR24 RDL
100k+ 100M+ 100M
2.0 3.3 3.3
1. Runner A (80) 132 (102.3)
2. Runner B (62) 102.3
3. Runner C 48 (79.2) 132
4. Runner D 38
5. Runner E 32
6. Runner F 24
Team scoring will be similar to individual scoring.
Also revise the rule for the number of races to be used for different distances as specified in the wording for Rule 3.
Wording Changes to Ultra GP Rules: (New wording is highlighted in red)
Rule 3: Replace: "Only five of these may ultimately be in races longer than 50 K. Moreover, if an athlete scores in more than one 100-mile race in the Grand Prix, only the higher of his scores will ultimately be used."
with: "ultimately, no more than five of these may be in races longer than 50K, no more than 3 may be in races of 100K or longer, and no more than 1 may be in a race of 100M or longer."
The effect of this will be that you can score three 100K"s if you don"t score in a 100M. The limits can be summarized as:
At most one race of 100M or longer.
At most three races of 100K or longer.
At most five races longer than 50K.
This will allow individuals and teams that don"t score a 100 miler to use three 100K"s. In many years, this is the case with the women's division and "older" runners.
Also replace:
"Teams will compete on the same basis as individuals: they will be scored for every race in which they qualify for points, but in the end only their seven (10 for 2000-01) highest scores will count towards their Grand Prix total. Only five (5) of these scores may be in events longer than 50 K."
with:
"Teams will compete on the same basis as individuals, including the same limitations on the number of races scored for the specified distances."
Rule 4: Replace "For duration ultras, the multipliers shall be 2.0 for 12-hour runs (same as 100K) and 3.3 for 24-hour runs (same as 100M)"
with: "For duration races, see Rule 7"
Rule 7: Replace Rule 7 with the following:
"7. DURATION RACES
Only 24 hour duration races will be included in the Ultra Grand Prix.
Individual scoring for a 24 hour race:
All runners participating in a 24 hour race will be ranked according to the distance covered in the race. All runners completing a distance of at least 100K will be credited with a score equal to the placement points multiplied by a distance factor of 2.0. In addition, runners completing 100M or more will be credited with a score equal to the placement points multiplied by a distance factor of 3.3. At most one of these two scores may be included in the runner"s total Grand Prix score. In other words, the race can count as a 100K or 100M but not both.
Team scoring for a 24 hour race:
Team scoring is similar to individual scoring. Teams are ranked according to the total distance covered by the top three members in each division. If all three scoring members cover a distance of 100K or more, the team will be credited with placement points multiplied by a distance factor of 2.0. In addition, division teams with all three members completing 100M or more will be credited with placement points multiplied by a distance factor of 3.3. Within each division, at most one of these two scores may be included in the team's total Grand Prix score for that division. In other words, the race can count as a 100K or 100M but not both."